

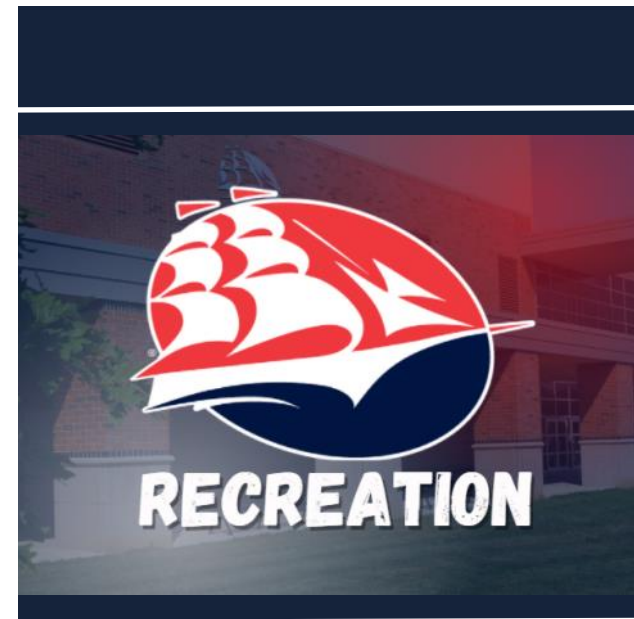
# STUDENT EMPLOYMENT

The department offers a few on-campus student employment opportunities:



**REC CENTER DESK STAFF**  
**LIFEGUARD**  
**GROUP FITNESS INSTRUCTOR**  
**INTRAMURAL STAFF**

When positions become available, employment applications are posted in Handshake at [www.ship.edu/career](http://www.ship.edu/career).



# STAY CONNECTED!



*Join our email newsletter distribution list to receive info about department programs, special events, & facility schedules!*



**SHIPREC**  
**SHIPPENSBURG UNIVERSITY**  
**1871 OLD MAIN DRIVE,**  
**SHIPPENSBURG, PA 17257**  
**WEBSITE: [WWW.SHIP.EDU/RECREATION](http://WWW.SHIP.EDU/RECREATION)**  
**EMAIL: [REC@SHIP.EDU](mailto:REC@SHIP.EDU)**  
**PHONE: 717-477-1755**  
**REC HOTLINE: 717-477-1561**  
**INTRAMURALS: [IMLEAGUES.COM/SHIP](http://IMLEAGUES.COM/SHIP)**  
**CLUB SPORTS: [SHIP.CAMPUSGROUPS.COM](http://SHIP.CAMPUSGROUPS.COM)**  
**INSTAGRAM: [@SHIPRECREATION](https://www.instagram.com/SHIPRECREATION)**



**23 - 24**  
*[www.ship.edu/recreation](http://www.ship.edu/recreation)*

The Department of Recreation is committed to inspiring active and healthy lifestyles through quality recreational programming, services, and facilities. By providing diverse opportunities outside of the classroom, the department promotes student success and engagement, leadership development, and teamwork and sportsmanship.



## SHIPREC:

64,000 sq ft Rec Center

4 Multi-Purpose Courts  
200m Elevated Track  
2 Racquetball Courts  
1,800 sq ft Studio  
Cardio/Strength Area  
Locker Rooms



Undergraduate students enrolled in on-campus classes are members of ShipRec. Additional membership information is available at [www.ship.edu/recreation](http://www.ship.edu/recreation).

## HEIGES FIELD HOUSE POOL:

25 Yard/6 Lane Facility

Open rec swim is available for the University community upon presentation of SU ID.



## STUDENT REC COMPLEX:

A fully lighted, 12-acre multi-purpose facility:

1/2 Mile Walking Path  
2 Basketball Courts  
2 Sand Volleyball Courts  
2 Softball Fields  
2 Pavilions  
Street Hockey Rink  
Disc Golf Course



# GROUP FITNESS

Stay motivated and have fun in fitness classes designed to provide a variety of instructional activities for all fitness levels. All equipment is provided. ShipRec access policies apply.



# INTRAMURALS

**SOCCER**  
**SOFTBALL**  
**VOLLEYBALL**  
**FLAG FOOTBALL**  
**SAND VOLLEYBALL**

**DODGEBALL**  
**BASKETBALL**  
**KICKBALL**  
**SPIKEBALL**

Intramural leagues and tournaments are held on-campus and are open to the University community.



Intramurals range from one-day tournaments to leagues scheduled 4-6 weeks in length.

Eligible individuals may form a team, or request to be a free agent and the department will attempt to connect the individual with a team.

All intramural programs are managed at [www.imleagues.com/ship](http://www.imleagues.com/ship) (requires SU Login). A summary of policies and procedures is found in the *Intramural Participant Handbook* located at [www.ship.edu/recreation](http://www.ship.edu/recreation).



# CLUB SPORTS

**BASS FISHING**  
**BOXING**  
**CYCLING**  
**EQUESTRIAN**  
**FENCING**  
**ICE HOCKEY**  
**IN-MOTION DANCE TROUPE**  
**LACROSSE - MEN'S**  
**RUGBY - MEN'S**  
**RUGBY - WOMEN'S**  
**SOCCER - MEN'S**  
**STREET HOCKEY**  
**TABLE TENNIS**  
**ULTIMATE FRISBEE - MEN'S**  
**ULTIMATE FRISBEE - WOMEN'S**  
**VOLLEYBALL - MEN'S**



The Shippensburg University Club Sports program provides opportunities for students to participate in competitive sports against outside institutions. Each club is formed and governed by students within guidelines established by the SU Student Government Assoc. and the Department of Recreation. Within this framework, the focus and programming of each club will vary with the dynamics of student leadership. Club sport activity is typically the duration of the entire academic year. A summary of club sport policies and procedures is found in the *Club Sports Handbook* located at [www.ship.edu/recreation](http://www.ship.edu/recreation).

# BIKE SHARE



A free bike share program available to the University community. Venture downtown or enjoy nearby routes/trails. Visit ShipRec with SU ID and check-out a bike for 3 hours!