The PSAC is governed by the Pennsylvania State System of Higher Education. The PSAC currently comprises 16 members: 10 NCAA Division II institutions, two schools of engineering, 3+2 engineering programs, and two allied health programs. The Pennsylvania State System of Higher Education is an equal opportunity educator and employer.
Shippensburg University shapes its athletic program to fit within the overall academic goals of the university—maintaining a balance between athletics and academics. Since 1984, the university's Office of Institutional Research has monitored the progress of our athletes in the classroom. The original study found that Shippensburg was ahead of many institutions in meeting the standards of Propositions 48 and 64—two NCAA resolutions designed to set minimum educational levels in collegiate athletes.

Proposition 64 of the NCAA established a minimum score of 700 in the SAT and a 2.0 grade point average in 11 core curriculum courses in high school. Proposition 48 carries those minimums even further and outlines availability of scholarships to freshmen athletes based on their school performance.

Incoming freshmen athletes show preparation levels comparable to those of all incoming students. In 2009, the average SAT score for incoming freshmen athletes was 993, only slightly below the SAT average for new incoming students of 1013. Both groups average in the upper two-fifths of their graduating high school classes.

Today Shippensburg University athletes continue to uphold the study's findings. The quality point average (QPA) for all athletic teams in 2009-10 was 2.51 on a 4.0 scale. The ten women's teams had a 2.10 overall average while the eight men's teams averaged 2.51. This can be compared to the fall 2008 figures: the total student body QPA averaged 2.80, females were slightly higher at 2.92, and males were slightly lower at 2.67.

Shippensburg's athletes continue to show high six-year graduation rates. Sixty-two percent of those receiving athletically related financial aid graduate within six years of enrolling. The 2009 NCAA Graduation Rate Report found that nationally, among public Division II institutions, the graduation rate was 47 percent with athletes graduating at 55 percent. Retention studies by the Office of Institutional Research and Planning show male athletes at Shippensburg graduated at 58 percent and those receiving athletically related financial aid graduated at 57 percent. In addition, female athletes graduated at 74 percent and those receiving athletically related financial aid graduated at a rate of 80 percent.

Shippensburg, since 1975, 45 athletes have earned Academic All-America honors and five athletes have earned NCAA Postgraduate scholarships. Many more of Shippensburg's fine athletes have been nominated for these and other similar awards.

Excused Absences

Excused absence from class for the purpose of engaging in a University sanctioned activity is to be considered as an excused absence.

These sanctioned activities include such extra-curricular functions as debating tournaments, theatrical and musical productions, intercollegiate sporting events, etc. The policy also extends to absences resulting from students' participation in course required field trips. All faculty should receive a schedule of the games and a roster of team members.

It will be the responsibility of the activity's sponsor to provide that office with details of dates and names of the participants so that the information will be available to inquiring faculty.

Student-Athlete Advisory Committee (SAAC)

The SAAC is geared toward empowering student athletes in the realm of constructive input within the athletics department, university, PSAC and NCAA. The committee is composed of representatives from each varsity team. See your team's representatives or coach to find out more about this committee.

NCAA Student-Athlete Affairs (SA)
Shippensburg University established the Office of Academic Support Services for Student-Athletes to provide the best possible resources for enhancing the academic experiences of student-athletes. Through the coordinator, a variety of academic assistance services are available, including academic advising support, academic progress monitoring, academic counseling and referral, and assisting graduating student-athletes in researching and pursuing employment and/or opportunities for graduate education.

The Office of Academic Support Services for Student-Athletes has strong links with the Learning Center and other campus-wide programs to support the academic well being of student-athletes. All student-athletes have the opportunity to participate in the NCAA Student Athletic Affairs. This program is committed to promoting excellence in academics, athletics, career and personal development, and community service. In addition, all incoming first-year student-athletes have the opportunity to voluntarily participate in the PACES program. PACES (Personal, Academic, and Career Exploration Seminar) is open to all incoming undeclared first-year student-athletes who want to gain greater insight into campus majors, possible careers paths, campus resources, technology, scheduling concerns, and wellness issues.

The office provides information and informed advice about academic matters to all student-athletes, and all student-athletes are strongly encouraged to use the services. The Office of Academic Support Services for Student-Athletes is located in Davis House. Please contact the coordinator at (717) 477-1699 with any questions or concerns or visit our website at www.shipraiders.com.

**COORDINATOR** of Academic Support Services

Kurt Dunkel, Coordinator of Academic Support Services for Student-Athletes

Kurt Dunkel is responsible for providing academic advisement, monitoring academic progress, counseling and referral, and assisting graduating student-athletes in researching and pursuing employment or opportunities for graduate education. In addition, he directs the Study Table Program, Laptop Loan Program, and facilitates programming associated with the CHAMPS/Life Skills Program.

During his graduate studies, Mr. Dunkel completed his practical counseling experiences at Shippensburg University’s Counseling Center and at the Counseling Center at the University of Edinburgh in Scotland. He received a MS in college counseling from Shippensburg University.

He has worked at Shippensburg in two other capacities previously. Most recently he has served as Academic Liaison/Counselor in the Academic Success Program. Dunkel also served as a mental health counselor in the Student Counseling Center.

Dunkel also enters his 13th year as a part time assistant coach of track and field and has coached over 100 conference placewinners and 14 All-American athletes. As a student-athlete, Dunkel was an All-PSAC and All-American javelin thrower – finishing second at the NCAA championships in 1997 and 1998. He lives in Shippensburg with his wife and two young sons.
Field Hockey

Coach Bertie Landes is an institution at Shippensburg University. She is a national-recognized coach and her reputation of producing well-rounded student-athletes is unparalleled. Coach Landes understands the values of academic development, success, commitment, and personal development. SU’s field hockey team is a perennial NCAA powerhouse – but more importantly – it is an academic powerhouse as well. 2013 graduate Kristen Brooks symbolizes the values of Coach Landes’s program. Kristen graduated with a 3.9 and a double major in communications and marketing. Kristen was a captain on a team that played in the national championship game in the fall of 2010. She was also a two-time Elite 88 winner – an honor bestowed upon the athlete competing with the highest GPA at a national championship event. The team also finished the Spring 2011 season with a 3.29 semester GPA.

Lacrosse

Third year coach Mia Hall is arguably more passionate about the topic of academic success than any other coach. She brings that enthusiasm with her from alma mater (fellow PSAC institution Millikin), where academic success was a hallmark of the lacrosse team’s reputation. The results have been seen instantly. Coach Hall’s team has had an immediate improvement in team GPA. Academic success has become a part of her team’s vocabulary and their academic goals have become just as talked about as their on-field goals.

Athletes of Note: Ali Cross (3.55 QPA – Elementary Education), Liz French (3.96 QPA – Business Administration), Sarah Chernick (3.58 QPA – Accounting)

Softball

The women’s softball team has one of the most outstanding traditions of on-field excellence of any SU program. Coach Bob Brockners inherited a tremendous program and has taken it to new heights both on and off the field. SU softball’s academic reputation is strong – which is even more impressive given the intense nature of the sport in terms of travel and games. This speaks to the ability of team members to multi-task: plan, focus and maintain the discipline to work in the classroom, outside of the classroom and develop all important working relationship with SU faculty. One athlete who embodied these characteristics was Heather Charletis – the 2005-06 PSAC Scholar Athlete of the Year. In Spring 2011, the team earned a 3.02 average GPA.

Athletes of Note: Hilary Lyons (4.0 QPA – Accounting), Jenn Deandorf (3.48 QPA – Biology), Emily Parker (3.49 QPA – Management)

Swimming

Year in and year out, coach Tim Verge’s women’s swimming squad is recognized as the highest achieving team on campus from an academic standpoint. For his teams, competitiveness in the classroom and in the pool is hand in hand. This tradition has existed since the program’s inception and is truly a legacy. The program has a lengthy list of former swimmers who have achieved at a high level academically and gone on to put their Shippensburg educations to work – earning prominent positions in their fields of work and making a difference in their communities. In 2009, former Lady Raider swimmer Theresa Simcic was awarded the prestigious NCAA postgraduate scholarship. This award is given to outstanding student-athletes who are continuing their educations beyond the baccalaureate level. In Spring 2011, the team’s average QPA was 3.45.

Athletes of Note: Kristen McCandless (3.88 QPA – Elementary Education), Nicole Capozzi (3.10 QPA – Exercise Science), Rachael Ballard (3.88 QPA – Communication/Journalism)

Tennis

Education comes first for the tennis team. That has been the tried and true approach, as the program continually racks up ITA Scholar Athletes. The women’s tennis team achieves at a very high level academically and there is no indication that will change in the foreseeable future. The tennis program plays in two seasons (fall and spring) and does well to balance the athletic and academic demands.

Athletes of Note: Hannah Wolfe (3.31 QPA – English), Cassie Sidone (3.21 QPA – Chemistry)

Volleyball

The volleyball program is one of the most consistent performing teams on the court and in the classroom. Coach Foschiery places an emphasis on preparation for post-collegiate life, which includes a focus on how a strong educational experience prepares students-athletes to earn meaningful jobs in rewarding careers. Many of the players on the team engage in their educational experiences and are active learners, which is a critical part of getting the most out of an educational experience.

Athletes of Note: Rashid Smicker (3.917 QPA – Supply Chain Management), Karla Petroni (3.854 QPA – Biology), Erin Flick (3.612 QPA – Communication/Journalism)

TEAM-BY-TEAM OVERVIEW

Women’s Sports

Basketball

Head coach Kristy Tennyson and assistant coach Jen Grassel understand the challenge of balancing the demands of a high level intercollegiate sport with the demands of being a successful student-athlete. Both Tim and Jen Grassel are Shippensburg alumni who competed at a high level on the court and in the classroom. In 2001, the Lady Raiders earned a trip to the Final Four and also finished 18th* in the nation with a 3.41 team GPA. This strong tradition has continued throughout the years under Coach Tennyson’s guidance with stellar student athletes such as Lauren Breideley, the all-time PSAC scoring leader and a two-time S.U. Student-Athlete of the Year.

Athletes of Note: Lindsey Howard (3.0 QPA – Exercise Science), Caitlin Bamberger (3.35 QPA – Human Communications Studies), Erin Varley (3.67 QPA – Chemistry)

Cross Country

Head coach Steve Spence has always placed a great deal of emphasis on balancing the commitment of athletics with academics. The results can be seen in the discipline, success, accolades, and academic engagement of cross country runners. As a Shippensburg University alum and All-American, Spence understands the importance of academic success as it relates to a career path. Spence was one of the few Shippensburg athletes to earn a living as a professional athlete. However, after his professional career came to an end, Spence was able to use his SU undergraduate and graduate education to propel him into the coaching ranks. Mary Dell is a recent example of the success of the cross-country program. Mary was an All-American and also the winner of the prestigious 2009-10 PSAC Pete Nevin Scholar Athlete of the Year Award. Cross country finished the spring 2011 semester with a team QPA of 3.42.

Athletes of Note: Nerly Spence (3.866 QPA – Human Communications studies), Heather Weiss (4.0 QPA – Exercise Science), Katie Spradlin (3.36 QPA – Exercise Science)

Lacrosse

Former SU All-American and Dave Osantish is the overseer of the largest roster of any women’s sport. In academic reputation is stellar, and has been since the programs inception in the late 1970s. Year in and year out, the Lady Raider track athletes produce the most PSAC scholar athletes of any team. Coach Osantish has done well to continue this legacy in his coaching career. In Spring 2011, the Lady Raiders saw 27 track athletes earn the prestigious PSAC Scholar Athlete award, which is awarded to a student athlete who maintains a cumulative QPA of 3.25 or better.

Athletes of Note: Megan Brooks (3.77 QPA – Biology), Sara Wagner (3.99 QPA – Psychology), Amanda Raudabaugh (3.40 QPA – Biology)

Soccer

A perennial contender for the highest team QPA among SU athletic programs, Bob Fulton’s team truly views the educational experience as the primary mission at Shippensburg. Coach Fulton is always focused on the academic experience and is showing that – with this mindset in place – he can build an increasingly competitive soccer team on the field. Coach Fulton has quickly developed a tremendous reputation in the PSAC. His teams are doing the same – as SU has made multiple playoff appearances over the last few years. Coach Fulton’s players earn degrees that prepare them for strong careers. They also learn the necessary values to compete on the field and in the workforce. The average team QPA for Spring 2011 was 3.29.

Athletes of Note: Megan Mahon (3.86 QPA – Elementary Education), Ashley Velucci (3.94 QPA – Psychology), Cassie Arnold (3.39 QPA – Social Work)

Athletes of Note: Kristin Tennyson (3.95 QPA – Exercise Science), Ashley Velucci (3.94 QPA – Psychology), Cassie Arnold (3.39 QPA – Social Work)

Women’s Basketball


Women’s X-Country

1996 1997 2008 2009 2010

Field Hockey

2005

Women’s Basketball

2003 2004 2005

Women’s Tennis


Women’s Indoor Track

2008 2010 2011

Women’s Outdoor Track


Shippensburg University Women’s PSAC Championship Teams

Athletes of Note: Kristen Tennyson (3.95 QPA – Exercise Science), Ashley Velucci (3.94 QPA – Psychology), Cassie Arnold (3.39 QPA – Social Work)

Academic Support Services for Student Athletes

2000 2001 2002 2003 2004 2005

2006 2007 2008 2009 2010 2011

2012

2013

2014
Graduate student

QPA – Sociology graduate and current ODL

Craig Van Scyoc (3.67 Averages in 2010-2011. Honored with three PSAC Scholar Athlete Awards since records have been kept. The team was basketball team achieved its highest QPA the fact that in the fall of 2010 the SU men’s Mac’s first goal, when taking the position of head coach, was to increase academic performance and to challenge every member of the team to engage with their educational experience to an equal or greater degree than they engage in their role as football players. The new approach had an immediate impact – as the team reached Coach Mac’s new team QPA goal in only one semester. The SU Football Team was honored with eight PSAC Scholar Athletes in 2010-11.

Athletes of Note: Mike Frentz (3.38 QPA – Accounting), Bobby Mullens (3.44 QPA – Biology), Vinny Ranatza (2.83 QPA – Management Information Systems)

Soccer

Fourth-year coach Jeremy Springer manages a team that has seen an exciting and dramatic turnaround. It is symbolic of what many coaches and higher education professionals already know – the fact that academic and athletic excellence is not mutually exclusive; rather they typically go hand in hand. Ship’s men’s soccer team illustrated this fact beautifully in 2010-11. The team won its first PSAC championship in 35 years and recorded its highest overall team QPA since records have been kept. Many of Coach Springer’s players have learned, first-hand, that a commitment to excellence is about character and a way of life. The team was honored with seven PSAC Scholar Athlete Award Winners in 2010-11.

Athletes of Note: Simon Nusheuer (3.63 QPA – Communication/Journalism), Alex Prosser (3.40 QPA – Accounting), Clay Salt (3.46 QPA – History/Social Studies)

Cross Country

Head coach Steve Spence has always placed a great emphasis on the importance of balancing the commitment of athletics with academics. The results can be seen in the discipline, success, accolades, and academic engagement of cross country runners. Spence, a former Olympic competitor, is one of the few Shippensburg athletes to earn a living as a professional athlete. Since then he has used his SU undergraduate and graduate education to propel him into the coaching ranks. The men’s cross country team earned a 3.14 average QPA and was honored with nine PSAC Scholar Athlete award winners.

Athletes of Note: Greg Ahlswede (3.96 QPA – Accounting), R.J. Pnasolik (2.92 QPA – Criminal Justice), Brian Quintrell (3.59 QPA – History)

Football

Coach Mark ‘Mac’ Maciejewski, a Shippensburg graduate, was named the head football coach after fall 2010. He has a bachelor’s and a master’s degree from Shippensburg. Coach Mac excelled both as a student and as an athlete. Those goals remain for every member of the football team. Coach Mac’s first goal, when taking the position of head coach, was to increase academic performance and to challenge every member of the team to engage with their educational experience to an equal or greater degree than they engage in their role as football players. The new approach had an immediate impact – as the team reached Coach Mac’s new team QPA goal in only one semester. The SU Football Team was honored with eight PSAC Scholar Athletes in 2010-11.

Athletes of Note: Mike Frentz (3.38 QPA – Accounting), Bobby Mullens (3.44 QPA – Biology), Vinny Ranatza (2.83 QPA – Management Information Systems)

Swimming

Coach Tim Verge envisions his men’s program to be as academically competitive as his women’s program. He set the goal and challenged his swimmers. The results were immediate and significant. From the fall semester to the spring semester, the men’s swimming team saw one of the largest team QPA increases of any team, and were honored with three PSAC Scholar Athlete Awards.

Athletes of Note: Sean Minford (3.3 QPA – Accounting), R.J. Pnasolik (2.92 QPA – Geography), Tyler Hintzi (3.0 QPA – Management)

Wrestling

If you ask head coach Seth Bloomquist his thoughts on how a coach can support his team toward classroom excellence, you will get a very clear and well thought-out response. In essence, coach Bloomquist believes that wrestling supplements the student-athlete’s experience as a student en route to earning a degree. Coach Bloomquist, since taking the position of head wrestling coach, has re-emphasized his philosophy with tremendous results. The team QPA, semester to semester, continues to improve – approaching all-time bests. The team was honored with four PSAC Scholar Athlete Award Winners in 2010-11.

Athletes of Note: Tyler Erdman (3.19 QPA – Elementary Education), Chris Kochinsky (3.34 QPA – Elementary Education), Zach Hicks (3.74 QPA – Biology)

Basketball

Head Coach Dave Springer takes a great deal of pride in recruiting strong student-athletes and supporting these student athletes through their experience here at Ship. Coach Springer fails to buy into the conventional wisdom that places sports before academics; in fact his approach is counter to this. This is evidenced by the fact that in the fall of 2010 the SU men’s basketball team achieved its highest QPA since records have been kept. The team was honored with three PSAC Scholar Athlete Awards in 2010-2011.

Athletes of Note: Craig Van Scyoc (3.67 QPA – Criminal Justice), John Contogian (4.0 QPA – History/Pre-Law), Dane Lauber (2.86 QPA – Sociology graduate and current ODL; graduate student)

Athletes of Note: Mike Frentz (3.38 QPA – Accounting), Bobby Mullens (3.44 QPA – Biology), Vinny Ranatza (2.83 QPA – Management Information Systems)

Indoor/Outdoor Track & Field

The men’s indoor and outdoor track & field programs are PSAC powerhouses that enjoy national recognition. Head coach Dave Chontisch oversees a team that – although having the second biggest roster of all men’s teams – boasts a team QPA that is one of the highest of all men’s sports. Impressive enough, the men’s overall team QPA continues a steady increase year after year – proving that it is possible to work toward mastering two crafts. Ship’s track team was honored with 16 PSAC Scholar Athletes in 2010-11.

Athletes of Note: John Clark (3.60 QPA – History), Travis Now (3.09 QPA – Criminal Justice), Eric Wolfe (3.20 QPA – History/ Social Studies)

Men’s Sports

Men’s Swimming

1926 1941 1954 1958
2003 2007

Men’s Tennis

1960 1963 1965

Men’s Indoor Track

2005 2006 2007 2009 2011

Men’s X-Country

2010

Football

1923 1941 1953 1958
2009

Men’s Soccer

1972 1975 2010

Swarthmore University Men’s PSAC Championship Teams

Shippensburg University Men’s PSAC Championship Teams

Men’s Swimming


Men’s Tennis

1960 1963 1965

Men’s Indoor Track

2005 2006 2007 2009 2011

Men’s Outdoor Track

1931 1938 1992 1984
1992 1993 1995 1997
2004 2005 2006
2009 2010 2011

10 Shippensburg University

11 Academic Support Services for Student Athletes
Jeff Michaels
Director of Athletics

Jeff Michaels is in his first year as the director of athletics at Shippensburg University. Michaels served as Shippensburg’s acting director of athletics for the 2009-10 and 2010-11 academic years after serving four years as the university’s associate director of athletics.

During his term as the acting director, Michaels was the primary overseer to an athletic department that maintained an outstanding level of success. Shippensburg hosted conference championships spanning six different sports and competed at 21 different NCAA championship tournaments or events over the last two academic years.

Shippensburg won the Dixon Trophy in both years of Michaels’ acting tenure, setting total point and marginal of victory records in the process. The Dixon Trophy is awarded to the most successful overall athletic program in the Pennsylvania State Athletic Conference.

On a national scale, Shippensburg finished 10th in the 2010-11 Learfield Sports Directors’ Cup standings to mark the highest national ranking in university history. Elveris’ SU’s 20 intercollegiate athletic programs produced points at the national level. The Directors’ Cup grapples the top intercollegiate athletic programs in Division II.

Prior to coming to Shippensburg, Michaels served five years as an assistant to the athletic director at Slippery Rock University where he worked with compliance and facilities. He also spent five years as the sports information director at Lycoming College. Prior to Lycoming, Michaels served as an assistant athletic director at Slippery Rock University where he worked with compliance and facilities. He also spent five years as the sports information director at Lycoming College.

Carrie Michaels
Acting Associate Director of Athletics/ Senior Woman Administrator

Carrie Michaels is the acting associate director of athletics and senior woman administrator at Shippensburg University – a role she has held for two years. Prior to her appointment in September of 2008 as an assistant director of athletics, Michaels had been serving as the interim coordinator of Academic Support Services for Student-Athletes since September of 2006.

Michaels has been a valuable member of the athletic administration – particularly in the management and maintenance of the department’s budget. She is also responsible for the promotion, supervision, and management of fund-raising activities – in particular the Corporate Sponsorship Program, the Lady Raider Golf Tournament. Michaels is also active in game management and the monitoring of gender equity issues.

Another aspect of Michaels’ work is her coordination of community service projects and community engagement initiatives. Shippensburg has been honored by the NCAA for three consecutive years for its community engagement through activities such as Kid’s Night Out, MentorSHIP “I Am the Gym” and the Special Olympics “Fun Meet.”

In her previous role as the academic support coordinator, Michaels was responsible for providing academic advisement, monitoring academic progress, counseling and referral, and assisting graduating student-athletes in researching and pursuing employment and/or opportunities for graduate education. Under her watch, Michaels had directed the Study Table Program and Laptop Loan Program at Shippensburg while serving as an advisor to the Shippensburg chapter of SAAC.

She received her bachelor’s degree in psychology and criminal justice in 1995 at Duquesne where she also competed as a student-athlete in the sport of basketball. She earned her master’s degree in sport management at Slippery Rock in 2001.

She resides in Slippery Rock with her husband, Jeff.

Ashley Grimm
Acting Assistant Director of Athletics

Ashley Grimm is in her second year as the acting assistant director of athletics at Shippensburg. She is especially active in the maintenance and enforcement of NCAA rule compliance and interpretation. Her additional responsibilities with the athletics department include game management roles.

From 2009-10, Grimm was an athletic department assistant and a graduate assistant women’s basketball coach at her alma mater, Clarion University. Grimm was a valuable resource to the athletics department in the areas of compliance and academic performance while organizing and administrating numerous events and fund-raisers.

Grimm was a four-year letterwinner and starting point guard on the women’s basketball team at her alma mater and graduated as Clarion’s all-time assist leader with 569. She scored 807 points, collected 237 steals (sixth-most in school history), shot 42 percent from the floor (281 of 664) and 73 percent (sixth-most in school history), shot 42 percent from the floor (281 of 664) and 73 percent (sixth-most in school history), shot 42 percent.

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She resides in Slippery Rock with her husband, Jeff.

Carrie Michaels
Acting Associate Director of Athletics/ Senior Woman Administrator

Ashley Grimm
Acting Assistant Director of Athletics

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**2010-2011 PSAC SCHOLAR ATHLETES**

A PSAC Scholar Athlete has maintained a 3.25 cumulative grade point average while competing in an intercollegiate varsity sport. Shippensburg's total of 131 PSAC Scholar-Athletes – 85 women and 46 men – surpasses last year's record of 129. The women's cross country/track and field program boasted 31 scholar athletes to lead all programs, while men's cross country/track & field (17), women's soccer (15), women's swimming (11) and field hockey (11) also featured high totals. At least one member of each intercollegiate athletic program was represented among SU's total.

The following is the list of Shippensburg's PSAC Scholar-Athletes for the 2010-11 academic year:

### Women's Basketball
- Kelsea Schwartz
- Rhonda Runion
- Brittany Reber
- Brittany Radcliff
- Lauren Merk *
- Laura Matthews
- Megan Knoster
- Katie Klinger
- Lisa Findley
- Cassie Armold
- Emily Andrew

### Women's Lacrosse
- Ashley Taylor
- Katie Shoop
- Kerry Senderling
- Brynn Seidenstricker
- Carenna Neely *
- Taylor Jones
- Brittany Jett
- Erin Varley
- Jazmine Hall

### Women's Volleyball
- Liz French
- Ali Cross
- Sarah Chrencik

### Women's Cross Country
- Amanda Dubs
- Sarah Brotzman
- Kellie Bresz
- Megan Breski
- Lindsay Bingaman

### Women's Soccer
- Rachel Smicker
- Karla Peterson
- Lauren Murphy
- Julie Fye
- Lauren Murphy
- Karla Derziou
- Rachel Smicer

### Women's Field Hockey
- Amanda Greenwald
- Kate Kliger
- Megan Knoster
- Megan Mahon
- Lauren Mek *
- Brittany Rackliff
- Brittnay Rehler
- Rhonda Rumion
- Kebera Schwartz
- Ashley Vellucci

### Men's Basketball
- Dan Wimer
- Ben Miller
- Pat Kregeloh

### Men's Baseball
- Brian Sourber
- Cody Plesnar
- Bobby Mullen
- Alex Kuljian

### Men's Football
- Nate Reese

### Men's Swimming
- Alex Supplee

### Men's Wrestling
- Jared Krebs

### PSAC TOP 10 Award Winners

The Top Ten Awards, selected by the PSAC’s sports information directors, recognize student-athletes who distinguish themselves in the classroom, as well as in the arena of competition. The conference drags Top Ten Award winners after each of the sports seasons: fall, winter and spring.

To be a candidate for the Top Ten Awards, a student-athlete must have achieved a minimum of a 3.50 cumulative grade point average (as of Fall 2009 awards) and must be a starter or key reserve with legitimate athletic credentials.

#### 1997-98
- Fall: Mike Isaquins, Football
- Winter: Ashley Totoks, Women's Basketball
- Spring: Danielle Argento, Lacrosse

#### 1998-99
- Fall: Lauren Beckley, Women's Basketball
- Winter: Christa Cline, Women's Basketball
- Spring: Jamie Eichelberger, Baseball

#### 2000-01
- Winter: Christa Cline, Women’s Basketball
- Spring: Greg Ryan, Men's Outdoor Track & Field

#### 2001-02
- Winter: Beth Klemick, Women’s Swimming
- Spring: Jamie Eichelberger, Baseball

#### 2002-03
- Winter: Beth Klemick, Women’s Swimming
- Spring: Gary Byun, Men's Outdoor Track & Field

#### 2003-04
- Fall: John Kuhn, Football
- Winter: Neely Spence, Women's Indoor Track & Field
- Spring: Mary Dell, Women's Outdoor Track & Field

#### 2004-05
- Fall: John Kuhn, Football
- Winter: Corey Jacobs, Wrestling
- Spring: Frank L'Agostino, Baseball

#### 2005-06
- Winter: Cody Jacobs, Wrestling
- Spring: Heather Chantiles, Softball

#### 2006-07
- None

#### 2007-08
- Winter: Lauren Beckley, Women's Basketball
- Spring: Justin Garvert, Baseball

#### 2008-09
- Winter: Lauren Beckley, Women's Basketball
- Spring: Mary Dell, Women's Outdoor Track & Field

#### 2009-10
- Fall: Mary Dell, Women's Cross Country
- Winter: Lauren Beckley, Women's Basketball
- Spring: Mary Dell, Women's Outdoor Track & Field

#### 2010-11
- Fall: Kristen Brooks, Field Hockey
- Winter: Neely Spence, Women's Cross Country
- Spring: Neely Spence, Women's Indoor Track & Field

### Academic Support Services for Student Athletes 15
Capital One/CoSIDA ACADEMIC ALL-AMERICANS®

1975
Football
Tony Winter
Second Team LB

1976
Football
Tony Winter
First Team LB

1979
Men's Basketball
John Whitmer
First Team C/F

1980
Men's Basketball
Ed Henninger
Third Team

1981
Baseball
Mike Yohe
Second Team 2B

1982
Football
Dave Butler
First Team DL

1985
Baseball
Barry Kerr
First Team IF

1987
Baseball
Rodney Cross
Second Team OF

1989
Softball
Beth Finkey
First Team C

1991
Baseball
Mike Dallas
Second Team SS

1992
Baseball
Mike Dallas
First Team SS

Men's At-Large
Randy Lowe
First Team CC/Track

1993
Women's At-Large
Joy Morton
Second Team Tennis

1994
Football
Joel Yohn
First Team K

Women's At-Large
Cindy Kepler
First Team Swimming

1995
Baseball
Tat Bailey
First Team DH

Football
Chris Bichel
Second Team DB

Football
Joel Yohn
First Team K

1997
Women's At-Large
Danielle Argento
Second Team Track & Field

Women's At Large
Stacy Bryan
Third Team Field Hockey

1998
Women's At-Large
Danielle Argento
First Team Lacrosse

1999
Women's Basketball
Ashley Tottolo
Second Team F

2000
Men's Track & Field
Jeremy Scott
Second Team

Women's At-Large
Page Heath
Third Team Lacrosse

2002
Men's Track & Field
Jeremy Scott
Second Team

Women's At-Large
Page Heath
Third Team Lacrosse

2003
Football
John Kuhn
First Team FB

Men's Track & Field/Cross Country
Justin Gindlapproger
Third Team

2004
Football
John Kuhn
First Team FB

Women's At-Large
Page Heath
First Team Lacrosse

Women's Track & Field/Cross Country
Kelly Stewart
Second Team

2005
Softball
Elizabeth Corr
Third Team OF

Softball
Anna Corr
Third Team IF

Softball
Jasmin Dacey
First Team OF

2006
Men's At-Large
Corey Jacoby
Second Team

Softball
Heather Chantiles
First Team OF

2009
Women's Track & Field/Cross Country
Mary Dell
First Team

2010
Women's Track & Field/Cross Country
Mary Dell
First Team

2011
Women's Track & Field/Cross Country
Neely Spence
Third Team

ELITE 88 Award Winners

The Elite 88 award was founded by the NCAA in 2009 to recognize the true essence of the student-athlete by honoring the individual who has reached the pinnacle of competition at the national championship level in his or her sport, while also achieving the highest academic standard among his or her peers. It is presented to one student-athlete with the highest cumulative grade-point average at the finals site for each of the NCAA’s 88 championships.

Shippenburg University women’s field hockey senior Kristen Brooks was a recipient of the NCAA’s Elite 88 award at the 2010 Division II Field Hockey Championships. Brooks, who graduated in May with a 3.98 cumulative quality-point average in management and marketing, became the first athlete in all divisions of the NCAA to receive two Elite 88 awards in the same sport.

2009-10
Kristen Brooks, Field Hockey

2010-11
Kristen Brooks, Field Hockey

* Shippensburg remains the only school in league history to win both Scholar-Athlete of the Year awards in the same calendar year.

* The PSAC Pete Nevins Scholar-Athlete of the Year Awards are presented to the top student-athletes who have achieved at least a 3.50 cumulative grade-point average while competing at an outstanding athletic level. Student-athletes must have been recognized as a conference Fall, Winter or Spring Top Ten Award Winner to be eligible for the honor. The Scholar-Athletes of the Year are chosen by the league’s sports information directors and were renamed in 2007 to honor East Stroudsburg’s long-time sports information director, Pete Nevins, who passed away earlier that year. Nevins held his position at ESU for 33 years and it is estimated that he wrote articles on more than 12,000 ESU events that covered more than 5,000 student-athletes.

1993-94
Cindy Kepler, Swimming
Steve Economopolous, Soccer/Baseball

2005-06
Heather Chantiles, Softball

2009-10
Mary Dell, Cross Country/Track

2010-11
Neely Spence Cross Country/Track

Pete Nevins PSAC SCHOLAR-ATHLETES OF THE YEAR

Academic Support Services for Student Athletes 17
John Kuhn has spent six seasons in the National Football League (NFL) as a member of the Pittsburgh Steelers and the Green Bay Packers. In 2010, Kuhn totaled 281 rushing yards, 97 receiving yards and scored six touchdowns. He has totaled 522 all-purpose yards and scored 12 touchdowns in his career. In February, Kuhn won his second Super Bowl ring and his first while a member of an active NFL roster when the Green Bay Packers defeated the Pittsburgh Steelers, 31-25, in Super Bowl XLV.

At Shippensburg, Kuhn finished his career with 4,685 rushing yards, 910 carries, 53 touchdowns, 5,300 all-purpose yards and 26 games with at least 100 yards rushing. All of those accomplishments are school records. Kuhn was also standout in the classroom, graduating with a 3.3 quality-point average in chemistry. Before he signed a free-agent contract with the Pittsburgh Steelers, Kuhn was prepared to work at a major chemistry lab. He was a College Sports Information Directors of America (CoSIDA) Academic All-America First Team selection in both 2003 and 2004 and became the first male athlete in school history to win two PSAC Top 10 awards.

Dare Geyer is the co-head coach of the men’s and women’s swimming programs at Louisiana State University (LSU). Before his appointment in April 2011, Geyer was an assistant coach with the Tigers for five seasons. Geyer worked with all phases of the programs and was instrumental in helping numerous athletes shatter program records and earn All-America honors. He began his coaching career as an assistant at Shippensburg while attending graduate school – aiding current coach Tim Verge with all facets of the program including recruiting, coaching and administration. Geyer graduated with a bachelor’s degree in psychology before receiving his master’s degree in counseling.

As a swimmer at Shippensburg, Geyer placed at the PSAC Championships in all four of his competitive seasons in addition to earning All-American honors at the 1997 National Championships. Geyer was also standout in the classroom, graduating with a 3.3 quality-point average in chemistry. Before he signed a free-agent contract with the Pittsburgh Steelers, Kuhn was prepared to work at a major chemistry lab. He was a College Sports Information Directors of America (CoSIDA) Academic All-America First Team selection in both 2003 and 2004 and became the first male athlete in school history to win two PSAC Top 10 awards.

Gary Bicking ’81

Dr. Kelly Doerzbacher ’98

John Kuhn ’04

Dave Geyer ’99/’01M

Bicking, a native of Bethlehem, was the men’s cross country coach at Shippensburg in 1982 and 1983 before entering the United States Navy as a helicopter pilot and network engineer — a role he fulfilled for seven years. For six years, Bicking has been a computer network engineer for the Colorado Division of Wildlife. He was previously the director of information technology for the Education Commission of the States from 1996-2005. With the Raiders, Bicking was one of the best mid-distance and distance runners in school history. He blossomed as a runner in the spring of his sophomore year when he ran the mile in 4:11.4 in a dual meet at Lock Haven to break the school record. Two weeks later, he won the Pennsylvania Conference championship in the 1500 with a time of 3:52.1. In the fall of 1979, he helped Shippensburg take eighth place at the NCAA Division II national championships in cross country. During the track season, Bicking won the conference championship in the 1500 for the second year in a row with a meet record of 3:48.3 that still stands.

Following the conference meet, Bicking traveled to California and placed third in the 1500 with a school-record time of 3:45.64, a pace equivalent to a 4:03 mile. He also earned All-America honors in cross country with an eighth-place finish in 1980 on the 10,000 meter course at Wisconsin-Parkside.

Dr. Kelly Doerzbacher is an anesthesiologist at Sutter Davis Hospital in California who received a 2011 Distinguished Young Alumnus award from her alma mater.

After a high school and college career filled with athletics, academic, and honors, she chose a combination of physical and mental endurance with her acceptance of the Air Force Health Professionals Scholarship, which carried a military service obligation. The scholarship allowed her to attend Penn State College of Medicine at Hershey where she studied to be an anesthesiologist. She completed two residencies in anesthesiology, one in North Carolina and one in Vermont, before beginning her military service.

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Kim Nelson '78

Kim Nelson worked 22 years with the Commonwealth of Pennsylvania and spent four years with the Environmental Protection Agency (EPA) where she served as the Presidential Appointee and US Senate confirmed Assistant Administrator for Environmental Information and Chief Information Officer. Nelson began working with the Mutual Corporation in 2006 and serves as the Executive Director of Government and Director of the US Public Sector's State and Local Government Solutions team.

She has received numerous professional honors, including a selection as the Government Computer News Civilian Executive of the Year in 2004.

A native of Bethlehem, Nelson was an All-American swimmer for the Lady Raiders. In her freshman season in 1975, Nelson—a sprint freestyler—helped Shippensburg take second place behind Princeton in the Eastern AAUW championship. The Lady Raiders defeated Penn State and Rutgers at that meet.

In 1976, Nelson anchored four relays at the Eastern AAUW championships, helping Shippensburg place ninth in the team standings.

She was a two-time placer at the PSAC championships, helping Shippensburg take second place behind West Chester University in 1979 and third place in 1980.

Kim Nelson is currently a recipient of both an NCAA postgraduate scholarship and the College Sports Information Directors of America Academic All-American Award.

For 17 years, Palm has served in various marketing positions with Berlitz International, Inc., of Princeton, New Jersey. Recognizing his talents and accomplishments, the company promoted him to director of worldwide marketing in 2001. Mike is charged with managing the Berlitz brand for the 125-year-old company, which is the world's leading supplier of language instruction, cross-cultural training, and self-teaching publishing materials.

Palm conceptualized, designed, and produced the company's first global branding campaign, which was rolled out in over 60 countries over a six-month period. In 1998 he received the company's Chairman's Award for exceeding sales goals. He also directed the redesign of the company's website resulting in a 30 percent increase of monthly site sessions.

At Shippensburg, Mike captained the men's basketball and track and field teams. He graduated with a bachelor of science in business administration. He has continued to share his basketball knowledge by coaching girls' AAU basketball and conducting clinics.

In appreciation of his Shippensburg experience, he serves on the John L. Grove College of Business Advisory Board and returns to campus to speak with current business students. He also is a friend and supporter of the basketball and track and field programs.

As a contributor to his community, Palm serves as secretary, director, and coach for the Upper Makefield Township Basketball League and also sits as board member for the East Grant Homeowners Association.

Jeanne Shaheen '67

Shaheen graduated in 1967 with a bachelor's degree in English. She was a member of the junior varsity team for two seasons in 1965-66 and 1966-67. She went on to earn her master's degree in political science from the University of Mississippi in 1973.

In addition to her football exploits, Winter was an excellent student. He was a second team Academic All-American in 1975 and a first team Academic All-American in 1976. He was Shippensburg's first recipient of an NCAA Division II qualifier and participant, two-time PSAC champion in the shot put and one-time champion and one-time runner-up in the discus.

Thompson is a staunch promoter of track and field on the national and international level and the founder and publisher of the bi-monthly magazine The Long and Strong Throws Journal—the only publication of its kind in the world. He still assists Shippensburg as a volunteer coach.

He has helped develop some of the best track throwers in the state of Pennsylvania, serving as the personal coach for Jeremy Silberman of Antrim-Citrus (three-time PSAC state champion) and Ryan Whiting of Central Dauphin (2005 Gatorade National Boys Track & Field Athlete of the Year).

With the Raiders, Thompson helped Shippensburg win PSAC outdoor track and field championships in 1982, 1984, and 1985. He still holds the outdoor shot put record of 55-3, 7 inches and is at one point had the school record in the indoor shot put as well as the discus.

When Thompson was a senior he was named Most Valuable Field Athlete at the PSAC outdoor championships after winning the conference in the shot put and the discus. As a team captain, Thompson was a three-time PSAC division II qualifier and participant, two-time PSAC champion in the shot put and one-time champion and one-time runner-up in the discus.

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Ashley (Totedo) Swanson '99

Swanson is an associate with Dicker, McCamley & Chilson, P.C., in the firm's Pittsburgh office. She concentrates her practice in the areas of general liability and construction law with a particular emphasis in transportation law. She is a member of the Allegheny County and American Bar Associations who is admitted to practice before the Supreme Court of Pennsylvania and the United States District Court for the Western District of Pennsylvania.

Totedo Swanson, who graduated cum laude from Shippensburg with a bachelor's degree in psychology, was the first woman's player in Division II history to total over 2,000 points, 1,400 rebounds and 300 blocked shots in a career.

A three-time Kodak/WBCA All-American First Team selection from 1997-99, Totedo was inducted in the Shippensburg Athletic Hall of Fame in 2000. During her career, Shippensburg compiled a 106-21 record, won four PSAC and two NCAA East Region championships.

Totedo was also a member of the only two teams in school history to advance to the Elite Eight. In 1996, the Lady Raiders finished the year ranked No. 2 in the nation after advancing to the national championship game.

During her four seasons at Shippensburg, the Lady Raiders compiled a dual meet record of 36-6, including victories over the University of Maryland during her junior and senior years.

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She graduated from Shippensburg with a bachelor of science in secondary education, political science and went on to earn a master's degree in public administration from the University of Pennsylvania in 1987.

Glenn Thompson '85

Thompson is a staunch promoter of track and field on the national and international level and the founder and publisher of the bi-monthly magazine The Long and Strong Throws Journal—the only publication of its kind in the world. He still assists Shippensburg as a volunteer coach.

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Dr. Anthony Winter '77

Winter is the associate dean of the John L. Grove College of Business and previously served as the interim dean. Grove College became the first school in the Pennsylvania State System of Higher Education and the ninth college overall in Pennsylvania to become internationally accredited by the most prestigious business accrediting agency in the world, AACSB International - The Association to Advance Collegiate Schools of Business.

Winter had a distinguished career as a line-backer and co-captain with the Red Raiders football team. He set school records for most tackles in a single game (27 against Clarion in 1976) and set the career record for tackles with 387.

He won the 1976 Ray Ellis Fighting Heart Award, and he was the Most Valuable Player that same season. He was a first-team All-Pennsylvania Conference choice, and he received honorable mention in the balloting for All-America in 1976.

In addition to his football exploits, Winter was an excellent student. He was a second team Academic All-American in 1975 and a first team Academic All-American in 1976. He was Shippensburg’s first recipient of an NCAA Postgraduate Scholarship. He used his scholarship to earn an MBA degree at Arizona State where he also was a graduate assistant football coach.

While a student at Shippensburg, Winter was a student Senator, the student representative on the athletic committee, the student representative on the staff committee for head football coach during the winter of 1975-76, and a member of Kappa Delta Pi (an honorary scholastic fraternity).
For the past four years, Shippensburg University's athletics department has chosen one male and one female student-athlete of the year. The selection process for the SU Student-Athlete of the Year award is based on achievements in academics, leadership, sportsmanship, community service, and athletics. A five-person committee consisting of the director of athletics, associate director of athletics, director of academic support, faculty athletics representative and sports information director voted for the winners for each award.

Neely Spence
2010-11 Women's Student-Athlete of the Year

Spence is a human communications studies major seeking a minor in coaching who has compiled a 3.84 grade-point average. She is a two-time PSAC Top 10 award winner, a two-time USTFCCCA All-Academic Team member and a 2009-10 ESPN/CoSIDA Third Team Academic All-American.

Athletically, Spence has been selected as a PSAC Athlete of the Year in all eight of her collegiate seasons to date (cross country [3], indoor track [3], outdoor track [2]). During the indoor track season, Spence was the anchor leg on the distance medley relay squad that won a national championship. Individually, Spence received All-America honors in the 5K with a second-place finish. She won three PSAC championships.

In cross country, Spence was named the 2010 Division II Women's Scholar-Athlete of the Year by the United States Track and Field and Cross Country Coaches Association (USTFCCCA). Spence, the 2010 USTFCCCA Division II Cross Country Female Athlete of the Year, became the first women's cross country national champion in school history and earned the second All-America award of her career with a time of 20:41.2 at the 2010 Division II National Championships.

Last spring, in outdoor track competition, Spence won an individual national championship in the 5K. Last week, she set the all-time Division II record in the 5K with a time that qualified her to compete this summer at the 2011 United States Track and Field Championships.

Spence is the 2010 NCAA Division II Sportswomanship award winner and represented Shippensburg and Division II at the NCAA Convention earlier this year. She is a Honda Award nominee and was also included on the Bowserman award watch list.

Outside the classroom and the track, Spence is the organizer of the R.U.N. club, a 12-week after school program with students from Grace B. Landis Elementary School that is teaching young children more about track and field as well as educating them to learn healthy life habits.

Stephen Schelander
2010-11 Men's Student-Athlete of the Year

Stephen Schelander is a PSAC scholar athlete in three sports (cross country, indoor track and outdoor track) and a USTFCCCA All-Academic performer majoring in economics. In addition to All-PSAC honors in all three of his sports, Schelander was a 2009-10 ESPN/CoSIDA Academic All-District Men's Track & Field/Cross Country Second Team selection.

Athletically, Schelander was Shippensburg's No. 2 runner at the NCAA Atlantic Region Cross Country Championships and NCAA National Cross Country Championships after finishing side-by-side with three other teammates as SU's No. 1 runner at the PSAC Cross Country Championships. SU won its first conference title in school history this season.

Individually, Schelander helped the team post a seventh-place team finish after placing 50th at the 2010 NCAA National Championships – he ran the snow-covered 10K course in 33:31, a 69-second improvement from his previous run at the national championships in which he was SU's No. 1 runner in 2009. Schelander finished eighth at the 2010 NCAA Atlantic Regional Championships.

In track competition, Schelander is a 10-time PSAC place-winner and a 5-time All-PSAC award winner. During the indoor season, Schelander finished third in the mile and seventh in the 3K – his time of 4:12 in the mile was an indoor career PR and a NCAA provisional qualifying mark. During the outdoor season, Schelander finished third in the 5K and fourth in the 1,500 meters at the PSAC Championships.

This past summer, Schelander was instrumental in the Thrive Africa program. He spent two months in South Africa volunteering his time and performing a host of duties – including maintenance work and interaction at a center for disabled children. He also taught lessons and spent time with children at a local orphanage, repaired and bound books, and immersed himself in several South African communities performing mission work.

Schelander also served as a guest speaker at James Bunn Elementary School where he spoke to the entire student body about the importance of exercise and a healthy lifestyle during their awards assembly for a walking and exercise program.
THE LEARNING CENTER

The Learning Center provides a broad array of quality academic support services to all students at Shippensburg University. Our goal is to help students identify and achieve their individual learning goals and to fulfill their academic potential. The Learning Center empowers students to become independent, active learners by meeting the needs of a diverse student population, providing free and accessible services in a safe and supportive atmosphere, and working collaboratively with students, faculty, staff, and administration.

THE LEARNING CENTER

## ACADEMIC AFFAIRS

### DEANS

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<td>Diane Mauer</td>
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<td>Dr. Marian B. Schultz</td>
<td>HH 112</td>
<td>Terry Conyers</td>
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<td>Ms. David Henriques</td>
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### DEPARTMENT CHAIRPERSON ROOM SECRETARY PHONE

| ACCOUNTING & MGT. INFO. SYS. | Dr. Mary Myers | GRH 328 | Kristina Hall | 1436 |
| ART | Mr. Steve Dolbin | FOR 04 | Cathy Grahame | 1530 |
| BIOLOGY | Dr. Tam Martt | FSC 144 | Joan Carson | 1401 |
| CHEMISTRY | Dr. Joe Shane | FSC 325 | Sally Markel | 1629 |
| COMM./JOURNALISM | Dr. Joe Borell | RLH 112 | Loretta Sobrito | 1521 |
| COMPUTER SCIENCE | Dr. Carol Wellington | MCT 136 | Carole Kan | 1178 |
| CRIMINAL JUSTICE | Melissa Ricketts | SPH 323 | Jenny Stum | 1557 |
| ECONOMICS | Dr. Brendan Finucane | DHC 120 | Vicki Byers | 1437 |
| ENTREPRENEURSHIP | Dr. Russell Robinson | HG 109 | Colleen McGregory | 1721 |
| ENGLISH | Dr. Shari Horner | DHC 126 | Cathy Mills | 1495 |
| FINANCE & SCM | Dr. Robert Niedel | GRH 133 | Jill Reed | 1434 |
| GEOGRAPHY/Earth Science | Dr. William Blissett | SRH 104 | Judy Ferrill | 1685 |
| HISTORY/PHILOSOPHY | Dr. Steve Burg | DHC 124 | Jerri Reed | 1621 |
| HUMAN COMM. STUDIES | Dr. Kara Laskowski | DHC 118 | Tammy Myers | 1732 |
| INTERDISCIPLINARY ARTS | Dr. Mike Presler | DHC 126 | Cathy Mills | 1495 |
| MANAGEMENT/MARKETING | Dr. Michael Coen | GRH 224 | Karen Kelley | 1439 |
| MATHEMATICS | Dr. Doug Endes | MCT 250 | Pam McLoughlin | 1431 |
| MODERN LANGUAGES | Dr. Jose Ricardo Osorio | RLH 109 | H. W. Watson | 1615 |
| MUSIC/Theater Arts | Mr. Trevor Famulare | PAC 220 | Karen Reape | 1638 |
| PHYSICS | Dr. Marc Cohen | FSC 215 | Becky Fulton | 1570 |
| POLITICAL SCIENCE | Dr. Sara Groove | GRH 423 | Laurie Stader | 1718 |
| PSYCHOLOGY | Dr. Bob Hale | FSC 114 | Mary Lundys | 1657 |
| SOCIAL WORK | Dr. Del Jacobs | SPH 384 | Joyce Walters | 1717 |
| SOCIOLOGY/ANTHROPOLOGY | Dr. Barbara Dennison | GRH 430 | Lisa Dubois | 1735 |
| TEACHER EDUCATION | Dr. Christine Royce | SPH 214 | Jean Robertson | 1688 |

### ALPHABETICAL LISTING OF UNDERGRADUATE DEPARTMENTS

<table>
<thead>
<tr>
<th>DEPARTMENT</th>
<th>CHAIRPERSON</th>
<th>ROOM</th>
<th>SECRETARY</th>
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<tr>
<td>ACCOUNTING &amp; MGT. INFO. SYS.</td>
<td>Dr. Mary Myers</td>
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<td>Kristina Hall</td>
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<td>ART</td>
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<td>Cathy Grahame</td>
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<td>Joan Carson</td>
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<td>FSC 325</td>
<td>Sally Markel</td>
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<td>COMM./JOURNALISM</td>
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<td>Carole Kan</td>
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<td>Jenny Stum</td>
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### EZRA LEHMAN MEMORIAL LIBRARY

www.ship.edu/library

### Hours

**Lehman Library:**
- 7:30 a.m. - 12:00 p.m., Monday through Thursday
- 7:30 a.m. - 6:00 p.m., Friday
- 9:00 a.m. - 5:00 p.m., Saturday
- 12:00 noon - 12:00 a.m., Sunday

**Grace B. Luhrs Elementary School Library**
- Located on the first floor of the University Elementary School. Library hours are subject to change by academic year.
- 7:30 a.m. - 7:00 p.m., Monday through Thursday
- 7:30 a.m. - 4:00 p.m., Friday

**Computers**
- Lehman Library is equipped with 90+ laptops and desktop computers, with wireless connections available throughout the building. Laptops may be borrowed from the Reserve Desk to be used in the Library.
- The reference area offers a state-of-the-art book scanner and equipment for digitizing microfilm materials. Reference Librarians are available to give technology assistance. Other equipment for presentations, etc., is available in Media Services Green Hall 009.

**Circulation**
- When borrowing library materials, students must have a valid Shippensburg University identification. I.D. cards are issued through University Police. Students are responsible for all materials borrowed on their I.D. cards.

**Loan Periods**
- Material from the general collection may be borrowed for the semester. Reserved materials must be borrowed for 3 hours, or one, three, or seven days. Periodicals (bound, unbound or microfilm) do not circulate.

**Fines**
- General Collection Materials: No fines are charged, but students will not be permitted to borrow additional materials until overdue items are returned or paid for. Reserve: 3-hour material: $1 per hour to a maximum fine of $25; 1-, 3-, or 7-day material: $1 per day to a maximum fine of $25.

**Interlibrary Loan**
- Books and articles not available in the Library may be easily requested through Interlibrary Loan links found in most library databases.

**Reference Assistance**
- The library faculty at the Information Desk can help students in the following areas:
  - Getting started with your research
  - Picking and using good databases and sources for your research
  - How to cite sources in proper style formats
  - Have a research consultation (personal appointment) with a librarian to plan your research
  - Tips on using Microsoft Word, Excel, and PowerPoint
  - Obtain books and articles from other libraries
  - Get rapid library assistance at: ask.library.ship.edu

**Academic Year Tutoring Hours:**
- Sunday: 5:00 p.m. - 9:00 p.m.
- Monday through Thursday: 10:00 A.M. - 9:00 P.M.
Academic Support Services for Student Athletes

Academic Professors expect you to read, save, and consult the course syllabus; the syllabus spells out exactly what is expected of you, when it is due, and how you will be graded.

You will usually be told what your responsibilities are and corrected if your behavior is out of line.

Most of your classes are arranged for you. In consultation with your academic advisor, you arrange your own schedule.

High school is mandatory, and free. College is voluntary and expensive.

Teachers approach you if they believe you need help. Professors rarely offer review sessions, and when they do, they expect you to be an active participant, coming prepared with questions.

Extra credit projects are often available to help you raise your grade. Extra credit projects cannot, generally, be used to raise a grade in a college course.

You may graduate as long as you have passed all required courses with a grade of D or higher. You may graduate only if your average in classes meets department standards – typically a 2.0 or C.

Grades are given for most assigned work. Grades may not be provided for all work.

Consistently good homework grades may help raise your overall grade if test grades are low.

Extra credit projects are often available to help you raise your grade. Extra credit projects cannot, generally, be used to raise a grade in a college course.

Mastery is often seen as the ability to reproduce what you were taught in the form which it was presented to you, or to solve the kinds of problems you were shown how to solve.

Mastery is usually seen as the ability to reproduce what you were taught in the form in which it was presented to you, or to solve the kinds of problems you were taught how to solve.

Grades in high school are re-taught, in class. Testing is frequent and covers small amount of material.

Grades in college are cumulative, covering large amounts of material. Testing is usually infrequent and may be cumulative, covering large amounts of material. You, not the professor, need to organize the material to prepare for the test. A particular course may have only 2 or 3 tests a semester.

Makeup tests are seldom an option; if they are, you need to request them.

In high school you are often told what your responsibilities are and corrected if your behavior is out of line. You’re expected to find out what your responsibilities are and correct yourself if your behavior is out of line.

In college you are assigned substantial amounts of reading and writing which may not be directly addressed in class.

You may study outside of class as little as 1 hour a week, and this may be last-minute preparation.

You need to study at least 2 to 3 hours outside of class for each hour in class.

HIGH SCHOOL TEACHERS

Colleges carefully monitor class attendance. Professors may not formally take roll, but they are still likely to know whether or not you attended.

You are responsible for both.

HIGH SCHOOL TEACHERS

High school is mandatory and free. College is voluntary and expensive.

You may study outside of class as little as 1 hour a week, and this may be last-minute preparation.

You’re expected to read short assignments that are due, discussed, and often re-taught in class.

You will usually be told in class what you need to learn from assigned readings.

Personal Freedom in High School

Personal Freedom in College

Studying in High School

Studying in College

High School Classes

College Classes

Schedules tend to look lighter than they really are.

You are responsible for both.

Syllabi are not usually provided as a supplement to their own content. You are responsible for both.

You are responsible for both.

Teachers may not always check completed homework, but they will assume you understand the material.

Professors may not always check completed homework, but they will assume you can perform the same tasks on tests.

Professors and parents are the ones who tell you what you need to learn from assigned readings, when it is due, and how you will be graded.

Professors dictate what you need to learn from assigned readings, when it is due, and how you will be graded.

You are responsible for both.

Professors may not always check completed homework, but they will assume you understand the material.

Professors may not always check completed homework, but they will assume you can perform the same tasks on tests.

Students are responsible for both.

Students are responsible for both.

Professors in different courses usually schedule tests without regard to the demands of other courses or outside activities.

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CAREER PLANNING: Myth vs. Fact

Myth One:
In order to succeed you must have a good idea what you want to do early in life.

Realities:
Not really. Few can predict at age 16, 18, or 22, what they will be doing ten years from now. Research indicates that 80% of this year's first-year class will be working in jobs that haven't even been invented yet! What planning or major can prepare you for what doesn't exist? The best you can do is to have a preliminary goal which may be refined as you complete various stages of education or employment.

This doesn't mean that you should avoid career planning. Having a goal or goals is helpful, even if you change them later. An old Chinese proverb says, "A long journey starts with a single step." You need to decide the general direction in which you want to go and make your moves toward it. Then, periodically, take a look at where you are and where you want to go.

Myth Two:
By studying your interests, abilities, and values, you should be able to pinpoint the job that is just right for you.

Realities:
False. Just like the ready-made shoes from a store, jobs are only going to roughly fit your interests, abilities, and values. Even those "dream jobs" have employers who suddenly decide at 4:30 p.m. that you must work on Saturday.

Most of what we do in life involves compromise -- as far as you are concerned. The job that has the most pluses and the least minuses -- even if you change them later. Nurses like their jobs but not the evening and weekend shift.

Myth Three:
My degree is my ticket to the life I want.

Realities:
False. Employers know that at one stage in life, all of us are young and lack much job experience. If you have had limited paid work experience, you need to demonstrate your abilities by citing academic or extracurricular activities, by impressing employers with your sincere interest in their organisation, and by indicating that you have a clear idea of where you want to go. Your role in leisure and volunteer activities may help demonstrate your interests and abilities.

Myth Five:
A degree in one field limits you to a career in that field.

Realities:
Ted Turner was a classic's major. Joe Paterno holds a doctorate in English literature. C. Jeanne Bowers-Shaheen, Shippensburg University class of 1969 and former Governor of New Hampshire, was an English major. Researchers point out that most successful people are consensus-builders, able to bring others together and inspire them. It's likely that these leaders have not succeeded by relying just on their business skills but on their people skills. The people and information-gathering skills you acquire in a variety of non-vocational majors will serve you in any job or career.

Myth Six:
Most college students think a corresponding academic major exists for each specific career field, and it's impossible to enter most career fields unless they choose that matching major for undergraduate study.

Realities:
This is not true. The relationship of college majors to career fields varies. Obviously, some career choices dictate that you choose a specific major, and it's impossible to enter most career fields unless they choose that matching major for undergraduate study.

If you have had limited paid work experience, you need to demonstrate your abilities by citing academic or extracurricular activities, by impressing employers with your sincere interest in their organisation, and by indicating that you have a clear idea of where you want to go. Your role in leisure and volunteer activities may help demonstrate your interests and abilities.

MAJORS/MINORS

Adding a minor to your program of study is an excellent way to broaden your background and increase your employability. Consult your academic advisor or department for details. Refer to www.ship.edu/Academics/Programs/Undergraduate_Programs/Minors for a complete listing of Ship minors. In addition, this link also highlights all the majors currently offered at the university.

The General Education Program Part II: Categories of Knowledge

Category A — Logic and Numbers for Rational Thinking (One Course - 3 Credits Hours)

Humanities

PHL101 Introduction to Philosophy
PHL102 Critical Thinking
PHL105 Introduction to Ethics

Mathematics and Computer Science

CSC103 Overview of Computer Science
CSC180 Microcomputer Basic

MAT105 Mathematics for Liberal Studies
MAT110 Fundamentals of Mathematics I
MAT217 Applied Statistics
MAT40 College Algebra
MAT725 Pre-Calculus
MAT811 Applied Calculus I
MAT211 Calculus I

Category B — Linguistic, Literary, Artistic, and Cultural Traditions (3 Courses - 9 Credits)

Literature (ONE course from this group)

ENG2244 The Art of the Film
ENG2248 Intro. to Culturally Diverse Lit.
ENG2249 Introduction to Literature

FRN330 Masterpieces of French Literature
FRN331 Masterpieces of Francophone Lit.


THE GENERAL EDUCATION PROGRAM (48 CREDITS)

Information on the General Education Program is available in the University Catalog. The catalog is accessible via the university website at https://www.ship.edu/catalog.

Part I: Required Skills and Competencies (15 Credits)

World History I [student must take Reading and Study Skills (RDG 050) first]
World History II
Intro to Human Communication
Writing Intensive First Year Seminar, College Writing, or Advanced Placement Writing [student must take Reading and Study Skills (ENG 050) first]

College-Level Mathematics [student must take Developmental Math MAT 050 or equivalent first]

Part II: Categories of Knowledge

Category A — Logic and Numbers for Rational Thinking (1 course - 3 credits)

Category B — Linguistic, Literary, Artistic, and Cultural Traditions (3 courses - 9 credits)

Category C — Biological & Physical Sciences (3 courses - 9 credits)

Category D — Political, Economic, and Geographic Sciences (2 courses - 6 credits)

Category E — Social and Behavioral Sciences (2 courses - 6 credits)

Part III: Additional Requirements

Students are required to take one diversity course to graduate. You can meet this requirement by taking a course that double counts as a diversity course and a general education, major, or first elective course.

28 Shippensburg University

Academic Support Services for Student Athletes 29
### Year One

<table>
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Extra-curricular activities planned:

### Summer

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Extra-curricular activities planned:

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Extra-curricular activities planned:

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Extra-curricular activities planned:

### Year Four

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Extra-curricular activities planned:

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Category C—Biological & Physical Sciences

(3 courses for 9 credits)

*Note: Students majoring in the biological or physical sciences are permitted to count one course from their major department toward satisfying this requirement. Natural science courses which carry one of the above courses as a prerequisite and required science courses for elementary education majors may also be counted toward this requirement.*

- ANT121 Physical Anthropology
- BIO100 Basic Biology
- BIO105 Biological Sciences: A Lab Approach
- BIO145 Environmental Biology
- BIO150 Human Biology
- BIO162 Principles of Bio: Organism Diversity
- BIO208 Field Biology
- ESS108 Conservation of Natural Resources
- ESS110 Introduction to Geology
- ESS111 Introduction to the Atmosphere
- ESS210 Physical Geology
- PHY108 Astronomy
- PHY110 Physics for Society
- PHY113 Physical Science: A Lab Approach
- PHY121 Introduction to Physics I
- PHY122 Introduction to Physics II
- PHY205 Intermediate Physics I
- CHM103 Chemistry: A Cultural Approach
  Appropriate only for non-science majors. It discusses basic ideas of chemistry in a non-mathematical way and shows how chemistry is involved in our lives.
- CHM105 Chemistry: An Observ. Approach
  It is designed for non-science majors who want a laboratory experience. It requires a minimum amount of mathematical reasoning, for example, in determining mass relationships from chemical formulas and equations.
- CHM121 Chemical Bonding
  First chemistry course for a well prepared science major. Students should have had a college prep high school chemistry course and be comfortable with math through algebra. Usually taken with a lab course.

Category D—Political, Economic, and Geographic Sciences

(2 Courses - 6 Credit Hours)

- ECO101 Principles of Macroeconomics
- ECO102 Principles of Microeconomics
- ECO113 Principles of Economics
- GEO101 World Geography
- GEO103 Geography of the U.S. & Canada
- PLS100 U.S. Government and Politics
- PLS141 Intro. to International Politics

Category E—Social and Behavioral Sciences

(2 Courses - 6 Credit Hours)

- ANT111 Cultural Anthropology
- GEO140 Cultural Geography
- PST101 General Psychology
- SOC101 Introduction to Sociology
- WST100 Introduction to Women’s Studies

---

Degree: ______________________________

Major: ___________________________________

Advisor’s Name and office location: ______________________________________

I plan to meet with my advisor on (date) ____________ to discuss this plan.

I plan to go to the Career Development Center (CUB 200) on (date) _________ to explore what I might like to do, so I can make an academic plan that will get me where I want to go.

My plans for where I want to be in five years are: ________________________________

By taking the courses and participating in the activities listed to the left, I can accomplish my goals.

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### Undergraduate FOUR-YEAR STUDY PLAN

**CATEGORY LEGEND**

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**BSBA Worksheet (example: World History I)**
2011-2012 ACADEMIC CALENDAR

Fall Semester 2011
New faculty orientation
Monday - Tuesday
New faculty orientation
Thursday - Sunday
Regular class schedule begins
Monday
Labor Day, university closed*
Fall break begins, 4 p.m.
Classes resume, 8 a.m.
Thanksgiving break begins, 8 a.m.
Last day of classes
Final exams
Graduate commencement
Undergraduate commencement

Monday
Thursday
Monday
Wednesday
Monday
Friday
Monday - Thursday
Saturday

August 22-23
August 25-28
August 29
September 5
October 7
October 12
November 23
December 16-15
December 17

*The fall semester has one less Monday day/evening class, made up at the discretion of faculty.

Spring Semester 2012
New students arrive
New student orientation
MLK Day, university closed
Regular class schedule begins
Spring break begins, 4 p.m.
Classes resume, 8 a.m.
Last day of classes
Final exams
Graduate commencement
Undergraduate commencement

Friday
Friday - Sunday
Monday
Tuesday
Friday
Monday
Friday
Monday - Thursday
Saturday

January 13
January 13-15
January 16
January 17
March 2
March 12
April 27
December 12-15
December 16
December 17

*The fall semester has one less Monday day/evening class, made up at the discretion of faculty.

Summer Term III 2012
Session opens
Make-up for Memorial Day
Memorial Day, university closed
Session ends

Monday
Saturday
Monday
Friday

May 14
May 19
May 28
June 1

Summer Term IV 2012
Session opens
Make-up day for Independence Day
Independence Day, university closed
Session ends

Monday
Saturday
Wednesday
Thursday

June 4
June 23
July 4
July 5

Summer Term V 2012
Session opens
Session ends

Monday
Thursday

July 9
August 9

August/September
___ Students should meet with their academic advisor approximately every two to three weeks.
___ Labor Day- University Closed (Sept. 5th)

October
___ Continue meeting with academic advisor
___ Take advantage of the resources available at the Learning Center: www.ship.edu/learning.
___ Mid-term exams
___ October 7 (after 4 pm) – 12 (at 8 am) Fall Break
___ Early Warning Grades are available. These grades are provided to all first-year students.

November
___ Schedule an appointment with your academic advisor to plan spring semester classes. This appointment should be scheduled several weeks prior to the beginning of spring registration. Prior to this meeting, students should review the General Education requirements as well as review course descriptions in the Undergraduate Catalog. Students should make a list of possible courses and prepare a tentative schedule including alternative courses to bring to their meeting.
___ Undeclared students should finish preliminary major exploration activities. See academic advisor to discuss how to declare a major if a decision has been made – if still undecided, continue exploration to narrow down choices and schedule next advisor meeting for the spring semester.
___ November 23 (at 8 am) – November 28 (at 8 am) Thanksgiving Break

December
___ Study for finals!
___ Finals December 12-16

January
___ MLK Day (Jan. 16th): University Closed
___ Classes begin January 17th
___ Students should schedule an appointment with their academic advisor.
___ Students wanting campus housing for 2012-2013 sign housing agreement and pay deposit.
___ Undeclared students should review policies and procedures to declare a major. If still undecided, continue major exploration activities as recommended by academic advisor.

March
___ Mid-term exams
___ Early Warning Grades are available.
___ March 2 (at 4 pm) – March 12 (at 8 am) Spring Break

April
___ Meet with academic advisor to plan fall/summer semester classes (this appointment should be scheduled several weeks prior to fall registration).

May
___ Study for finals!
___ Finals April 30 – May 4

*All dates are tentative. Please check with your academic advisor first.