

Facilities

The SU Fast Pitch Softball Camp will be conducted on the beautiful Shippensburg University campus which includes three softball diamonds and a large instructional area. Two fields are equipped with lights for night games and practices. Indoor facilities will be available in case of inclement weather.

During the evening recreational activity period, opportunities will be available to use the 9 lighted tennis courts, indoor/outdoor basketball courts (if available), sand volleyball courts, 4 handball courts, swimming pool, and weight training room.

All participants will be housed in a modern residence hall and supervised by qualified counselors.

Meals are served at the university dining hall where a quality diet will be provided.



If your point of departure is ...

North of Shippensburg: Use I-81 or U.S. Route 11 south (Exit 29 from I-81). Upon entering Shippensburg, follow signs to Shippensburg University campus.

South of Shippensburg: Use I-81 north (or U.S. Route 11), take Exit 24, turn left and follow signs to Shippensburg University campus.

East of Shippensburg: Use Pennsylvania Turnpike Exit 226 (Carlisle), follow signs to I-81 south, take I-81 to exit 29. Turn right and follow signs to Shippensburg University campus.

West of Shippensburg: Use Pennsylvania Turnpike Exit 201 (Blue Mountain), take Route 696 south toward Shippensburg, follow signs to Shippensburg University campus.

From Baltimore/Washington, D.C., area: Take I-270 to I-70 west to I-81 north. Use exit 24. Turn left and follow signs to Shippensburg University campus.

Shippensburg University is an equal opportunity educational institution. Direct requests for disability accommodations and other inquiries to the Office of Disability Services, Horton Hall 120, Shippensburg University, 1871 Old Main Drive, Shippensburg, PA 17257-2299, (717) 477-1329, ods@ship.edu.

REGISTER NOW! Shippensburg University 2009 Summer Camps

Boys' Football Camp	Ages 10-17	June 14-18
Girls' Basketball Camp	Ages 10-15	June 14-18
Girls' Softball Camp I	Ages 9-17	June 14-18
Swimming Camp	Boys/Girls, ages 9-18	June 14-18
Tennis Camp I	Boys/Girls, grades 8-12	June 14-18
Father/Son Basketball Camp	Ages 6-15	June 20-21
Girls' Soccer Camp	Ages 13-18	June 21-24
Throws Camp	Boys/Girls, grades 9-12	June 21-25
Baseball Day Camp	Boys, ages 6-12	June 22-25
Baseball Residential Camp	Boys, ages 13-16	June 28-July 1
CSI Camp	Boys/Girls, grades 7-11	June 28-July 3
Girls' Volleyball Camp I	Girls, grades 6-12	July 5-9
Girls' Softball Camp II	Ages 9-17	July 5-9
Chemistry Camp	Boys/Girls, grades 3-5	July 6-10
Soccer Day AM Session	Boys/Girls, ages 4-7	July 6-10
Soccer Day PM Session	Boys/Girls, ages 9-13	July 6-10
A Day at College Camp	Grades 6-12	July 8 and 28
Boys' Basketball Camp	Ages 9-17	July 12-16
Girls' Lacrosse Camp	Grades 5-12	July 12-16
Sprints & Hurdles Camp	Boys/Girls, grades 9-12	July 12-16
Learning by Gaming Day Camp	Boys/Girls, grades 4-6	July 13-17
Cross Country Camp	Boys/Girls, grades 9-12	July 19-23
Girls' Volleyball Camp II	Grades 6-12	July 19-23
Tennis Camp II	Boys/Girls, grades 8-12	July 19-23
Jumps Camp	Boys/Girls, grades 9-12	July 19-23
World's Languages Camp	Boys/Girls, grades 6-8	July 20-24
Girls' Field Hockey Team Camp	Grades 9-12	July 26-30
Tennis Camp III	Boys/Girls, grades 8-12	July 26-30
Baseball College Select Camp	Boys, ages 15-18	August 2-5
Boys' Soccer Camp	Grades 9-12	August 2-5

Register NOW by calling (717) 477-1256
or visit our website at www.ship.edu/camps
or e-mail your request to sucamps@ship.edu.

Fast Pitch Softball Camp



Week 1: June 14 to 18, 2009
Week 2: July 5 to 9, 2009

Ages 9 to 17

Director: Bob Brookens, SU Head Softball Coach



**SHIPPENSBURG
UNIVERSITY**

WWW.SHIPEDU/CAMPS

Registration Application 2009 SU Fast Pitch Softball Camp

For your convenience, the Conference Office offers on-line registration, payment, and printable brochures. Check out our website at www.ship.edu/camps.

Name _____
 Address _____
 City _____
 State _____ Zip Code _____
 Phone number (_____) _____
 Age _____ Grade in fall of 2009 _____
 Parent's name _____
 Daytime phone number (_____) _____
 School attending _____
 Coach's name _____
 Roommate preference _____
(Only 2 campers per room)

T-shirt size: (Youth) Large
 (Men's) Small Medium Large Extra Large

Primary Position (select one ONLY):

Pitcher Catcher
 Infield Outfield

Fees: Resident plan (all meals included) \$320
 Commuter plan (no meals) \$205
 Commuter plan (4 lunches) \$228
 Commuter plan (4 lunches, 4 dinners) \$256
 Commuter plan (4 breakfasts, 4 lunches, 4 dinners) \$273

Week Preference: June 14-18, 2009 July 5-9, 2009

Payment Plan:

Check or money order enclosed (Please make check payable to "Shippensburg University")

VISA (If paying with credit card, full payment required.)

MasterCard

Card Number

Exp. Date ____/____/____ Signature _____
 MM YY

Application information

Applications will be accepted up to the Monday prior to the start of camp. Applications submitted after that day **will not be accepted**. If paying with a credit card, full payment is required. If paying by check or money order, you have the option of paying the entire amount or submitting at least a \$50 deposit with the balance due by May 15. Applications submitted after May 15 must be accompanied with full payment. A \$50 administrative fee will be deducted from all refunds. No refunds will be given after on-campus check-in. The Conference Office reserves the right to cancel any camp which has insufficient enrollment up to two weeks before the opening of camp. A full refund will be given if the camp is cancelled.

Send your application and payment to:

Office of Conferences
 Shippensburg University
 1871 Old Main Drive
 Shippensburg, PA 17257-2299
Phone: (717) 477-1256

General camp information

- The total resident plan which includes meals, lodging, T-shirt, instruction, limited medical insurance, and a camp gift is \$320. The commuter plan includes T-shirt, instruction, limited medical insurance, and a camp gift. Commuters may choose from four different plans: The commuter plan with no meals is \$205; with four lunches is \$228; with four lunches and four dinners is \$256; with four breakfasts, four lunches, and four dinners is \$273.
- Things to bring to camp (label your gear) include: bat, glove or mitt, hat/visor, helmet, sneakers, old clothing, sunscreen, swimsuit, blanket, and other necessities if boarding. Catchers need their own gear, i.e., mask, chest protector, shin guards.
- Only two participants will be assigned to a room. Two sheets, one pillowcase, and a pillow are provided. No towels, washcloths, or blankets are provided. Bring a light blanket, washcloths, and towels with you. Coin operated washers and dryers are available in the residence hall.
- All participants are to check in on Sunday, June 14 or July 5 from 1:30 to 2:30 PM. An organizational meeting will be held before the first session on Sunday. Camp will end on Thursday at 3:00 PM. Camper pick up will be between 3:30 and 4:30 PM.
- Lost key policy: Campers who do not turn in their room key at camp dismissal will be subject to a lock change fee (ranging from \$40-\$60). For security reasons, lock changes must be made immediately before the next group arrives. Keys returned after check out is not permissible. There will be no exceptions.

- Health and Disability Services — The Etter Health Center is staffed and equipped to take care of minor illnesses and injuries that may arise during your stay on campus. Our physician is in attendance Monday through Friday from 1:30 to 2:30 PM. A registered nurse is on duty or on call 24 hours daily and may at her discretion call the physician for consultation at any hour. A certificate of health must be presented by each participant at the camp's registration. A standard form will be sent upon acceptance. **This form does not require a physician's examination or signature.** For some emergencies, the staff may send you directly to a local hospital. Requests for accommodations, auxiliary aids or services should be made in writing to the Office of Disability Services at least fifteen (15) days before the camp begins. The Office of Disability Services is located in Horton Hall 120, Shippensburg University, 1871 Old Main Drive, Shippensburg, PA 17257-2299, (717) 477-1329, ods@ship.edu.
- Absolutely **no** visitation by family members during the week unless permission is granted by the camp director. Experience has shown that the campers are more receptive to instruction and less stressful when outside adults are not present.



Objectives

This is an intense high impact camp designed to improve individual skills regardless of the player's current skill level. The objectives will be reached by intense and concentrated practice of fundamental skills and techniques of softball. Designed to develop and improve players' individual skills and competition performance. Intense one-on-one instruction. Six hours of instruction, analysis, and games per day.

Features

All participants will generally practice and play in their own age groups (9-10), (11-12), (13-14), and (15-18). However, dependent upon skill level, we reserve the right to move a participant up or down the age groups.

All campers will receive instruction in hitting, infield, and outfield. If you wish instruction in pitching or catching, you must select one of the two as your primary position.

The participant will have the use of all the latest training aids including soft toss and pitching machines, batting cages, speed guns, soft hand gloves, wrist watch bats, and clicker stick bats.

Sample daily schedule

7:30 AM	Rise and shine
8:00 AM	Breakfast, dining hall
9:00 AM	All campers report to field
9:00 AM	Session I
11:45 AM	Lunch, dining hall
1:00 PM	Session II
4:00 PM	Dinner, dining hall
5:30 PM	Session III
7:30 PM	Commuters depart
8:30 PM	Free time
10:00 PM	In residence hall
10:30 PM	Lights out!

Staff

The camp will be taught by the Shippensburg University coaching staff and a select group of highly qualified coaches and collegiate players. The camper/staff ratio will be approximately 12:1. The permanent staff for the camp includes the following:

Bob Brookens
 Head softball coach
 Shippensburg University

Ben DeShong
 Assistant softball coach
 Shippensburg University

Bob Davis
 Former head softball coach
 Shippensburg University

Additional collegiate coaches and players will be added at a later date. Staff subject to change.