DEPARTMENT OF COUNSELING
SHIPPENSBURG UNIVERSITY
ALUMNI FOLLOW-UP STUDY
FALL 2001

Total number of surveys sent: 327

Total number of respondents: 80 (24%)

From which program did you receive your Master's Degree?

10 (13%)	School Counseling- Elementary
13 (16%)	School Counseling- Secondary
8 (10%)	Dual School Counseling
2 (2%)	College Counseling
23 (29%)	College Student Personnel
16 (20%)	Community Counseling
7 (9%)	Mental Health Counseling

Date of Graduation:

1990- 2 (2%)	1996- 8 (10%)
1991- 5 (6%)	1997- 10 (13%)
1992- 4 (5%)	1998- 16 (20%)
1993- 10(13%)	1999- 4 (5%)
1994- 5 (6%)	2000- 10 (13%)
1995- 4 (5%)	2001- 2 (2%)

Present Work Location: Youth Advocate Program, Cooper Psychological Associates, Philhaven Hospital, Adams-Hanover Counseling Services, Family Care Services, Inc., Stevens Center, Capital Area Intermediate Unit, Western Maryland Hospital Center, Catholic Charities, Solomon's Lutheran Church, Starobin and Blanc counseling Services, ActionAids, Inc., Washington Co. Hospital, Pa Department of Welfare, West Perry School District, Children's Service Center, Chambersburg Hospital, Family and Children Services of the Capital Region, The Impact Group (St. Louis, Mo), Shippensburg University, Benjamin Franklin Institute of technology (Boston, Ma), Bowling Green State University, Gettysburg College, Colorado State University, NovaCare Occupational Health, Messiah College, HACC- Gettysburg, Dowling College, Childerston and Assoc., Teen Line- Holy Spirit Hospital, Penn State University, Pierce College, Roxbury Treatment Center, Middlebury College, Self-employed, In Ph.D. program, Penn State-York, Children's Aid Society, Mount St. Mary's College, Wheaton College Counseling Center, Milton Middle School, Eastern Area School District, CAIU, Milton Hershey School, Scotland School for Veteran's Children, Good Hope Middle School, Waynesboro Area Senior High, Williams Valley Jr./Sr. High, West Shore School District, Horseheads Middle School, Carlisle High School, Faust Jr. High, East Pennsboro High, Beck

Elementary School, Cedar Cliff High, Eastern York Middle School, Central Fulton School District, Health South Rehab. Hospital, Frederick County Board of Education, Hanover Public school District, Juniata County School District, Tussey Mountain School District, Elizabethtown Area Middle School, Pa Counseling Services, Washington County Dept. of Social Services, Spring Grove Intermediate School.

Previous Work Location: Edgewater Children's Services, Lenape Valley Foundation, Adams-Hanover Counseling, Cumberland Valley Mental Health Center, Christian Counseling Services, CAIU, Catholic Charities, North Western Human Services, Carlisle Hospital, Tressler Counseling Services, Northeast Community Center, Hospice of Washington County, Child Line, Youth Advocate, Stevens Center, The Impact Group, North Shore Community Action Programs, Inc., Juniata College, Gettysburg University, Shippensburg University, Holy Redeemer Health System, Messiah College, New Horizons Computer Learning Center, Polytechnic University, HACC, Pa Liquor Control Board, Suffolk University, Mt. Saint Mary College, Cedar Crest College, College of William and Mary, Jefferson Hospital, Manito Inc., Alexian Brothers Behavioral Health Hospital, Milton Elementary School, Central Dauphin School District, Steelton-Highspire Jr./Sr. High, Philhaven Behavioral Healthcare, Shamokin Area Elementary School, Pan American School of BA. Brazil, Cornell Abraxas, Juniata School District, West Shore School District, Home Nursing Agency, Manheim Township Middle School, Harrisburg School District, Waynesboro Area School District.

What are your present positions? Therapist, Behavioral Specialist, Psychological Evaluator, Intake Coordinator, Client Supervisor, Mobile Therapist, Mental Health Treatment Specialist, Physical Therapy Supervisor, Minister, Community Counselor, Supervisor of Outpatient Services, Emergency Psychiatric Services Counselor, Child Placement Coordinator, Elementary School Counselor, Play Therapist, Career/Family Consultant, Associate Director, Instructor, Doctoral Intern, Associate Director of Resident Life, Complex Coordinator, Business Development Manager, Director of Orientation and Leadership Programs, Assistant Professor, Act 101 Counselor, Financial Aid Services Director, Faculty Recruitment and Development Coordinator, Drug and Alcohol Counselor, Director of Campus Activities, Career Counselor, Executive Director, College Counselor, High School Counselor, Instructional Support Teacher, Pupil Personnel Worker, Nursing Supervisor, Intensive Family Preservation Worker.

What are your job responsibilities? Provide family and individual counseling, individual and group therapy, determine level of care, arrange funding, develop treatment plans, provide therapy for teens, developing behavior plans, community service liaison, supervise, ministering to a congregation, counsel HIV/AIDS clients, client advocacy, addictions and psychiatric assessments, prepare classroom lessons, play therapy, case management, provide

hotline support, teach college courses, research assistant, salesperson for health care facility, conduct student orientation, recruiter, place student teachers, direct financial aid program, academic advising, hiring, training, school counseling, conduct screening process for MH/MR, nursing supervisor.

What methods did you use to obtain your job?

4 University Placement Office
1 Campus Information
10 Chronicle of Higher Education
20 Classified in Newspaper
11 Professional Organization Postings or Web Site
5 Other Internet Postings
0 Internet Job Service
53 Other (specify)

Other includes: Cold calling, hired through internship, networking with colleagues or friends, word of mouth, Business Broker, lateral move within previous job, International School Services, York County Consortium.

In which institution or agency did you conduct your field experience?
Edgewater Inpatient, Cumberland Valley Mental Health, Adams-Hanover Counseling, Christian Counseling Services, Carlisle Barracks, Altoona Hospital, Tressler Counseling Services, Harrisburg Institute of Psychiatry, Catholic Charities, Carlisle Hospital, Holy Spirit Hospital, Mazzetti and Sullivan, Stevens Center, Roxbury Behavioral Health, family and Children Services of Harrisburg, Behavioral Health Services of Washington Co., Shippensburg University career Development Center, S.U. Financial Aide Office, Lebanon Valley College, dean of Students at S.U., S.U. Etter Health Center, Messiah College, Dickinson College, HACC, S.U. Act 101 Program, S.U. Judicial Affairs, S.U. Admissions, S.U. Office of Social Equity, S.U. Counseling Center, S.U. Residence Life, Gettysburg College, Milton School District, Greencastle School District, Big Spring School District, Easton School District, Mechanicsburg School District, Milton Hershey School, Mt. View Elementary, Middletown High School, Scotland School for Veteran's Children, Chambersburg Area School District, Good Hope Middle School, Camp Hill Sr. High School, Green ridge Elementary, James Buchannan High School, Carlisle School District, Central Dauphin School District, Eagle View Middle School, Horseheads Middle School, J. Frank Faust Jr. High, Shamokin area School District, Hanover High School, New Oxford Middle School, Southwest Middle School, Fannet-Metal High School, Dover Area School District, Frederick County School System, West Shore School District, Northern Bedford School District, Lower Dauphin Middle School, Susquenita Elementary School, Shippensburg School District, Rowland Lab. School.

List the major counseling/development theories you have integrated into your own practice.
Psychodynamic, Behavioral, Person-centered, Gestalt, Cognitive-behavioral, Solution-focused, Object-relations, Reality Therapy, Family systems, Adlerian, Maslow, Jung, Erickson's Developmental, TA, REBT, Existential, Feminist, Nondirective play therapy, Structural Family, Schlossberg challenge and support, Chickering, Cass, Sanford, Identity Development, Student Development, Time Limited Dynamic Therapy, Piaget, Humanistic, Holland, Freud, Bandura,

List any courses you feel helped you obtain a job or have helped you to be more effective in your job.
Family and Couples Counseling, Assessment, Multicultural Counseling, DSM IV, Theories, Practicum, Field, Advanced Psych. Skills, Drug and Alcohol, Theory of Personality, Group Counseling, Counseling Children, Psychopharmacology, College Student, Pre-practicum, Intro to Helping Services, Research, Intro to Student Affairs, Student Personnel Courses, O & A, Grief & Loss, Classroom Management, Adolescent Theories, Secondary and Elementary Curriculum, Basic Counseling Skills, Learning Disabilities.

Did the program provide an adequate balance between experiential and academic courses?
73 (91%) Yes
2 (3%) No
4 (5%) N/A
1 (1%) No Response

Are you currently gathering, analyzing, and applying research data in your work? Do you feel prepared to do so?
32 (40%) Yes
44 (55%) No
4 (5%) N/A

Do you think the counseling program was flexible enough to meet your individual needs?
74 (92%) Yes
2 (3%) No
3 (4%) N/A
1 (1%) No Response

What effect did the fact that this is a CACREP program have on your employability?

29 (36%) Positive
36 (45%) No Effect
14 (18%) Uncertain about Effect
1 (1%) No Response

Are you a National Certified Counselor?

35 (44%) No
44 (55%) Yes
1 (1%) No Response

What effect did this have on your employability?

25 (31%) No Effect
17 (21%) Positive Effect
35 (44%) Uncertain about effect
3 (4%) No Response

Would you enroll in additional courses?

61 (76%) Yes
14 (18%) No
5 (6%) No Response

Courses would best meet your needs if they were offered:

I. During the school year:
27 Weekdays
30 Weekends

II. During the Summer:
28 Day
36 Evening

Additional comments and recommendations included:

- make courses in D&A and Play Therapy mandatory
- more in-depth courses in individual counseling theories should be offered
- offer post-graduate courses for students to catch up on licensure requirements
- offer a doctoral program
- offer courses in advanced group skills and other advanced skills for alumni

- offer play therapy courses and certification for Registered Play Therapist
- send graduates schedule information each semester
- give college credit to students for research
- emphasize the importance of clinical counseling courses and skills to Student Personnel majors
- school counseling courses in classroom management should be offered
- develop panel discussions with graduates as guests
- offer courses at different locations around the state
- offer courses at Dixon center in Harrisburg
- offer post-master's certificate in various theories
- offer courses in school law and juvenile delinquency