

Clifford "Ford" Wilson Brooks, Jr.

Professor
Department of Counseling and College Student Personnel
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Education

Ed.D. Agency and Community Counseling, 1996

The College of William and Mary

Dissertation: The Effect of Chemical Dependency Counselors' Spiritual Well-

Being on the Spiritual Well-Being of their Clients'

Ed.S. Educational Specialist/Agency and Community Counseling, 1989

The College of William and Mary

Williamsburg, VA

M. S. Rehabilitation Counseling: Concentration in Alcohol and Drug Counseling, 1985

Virginia Commonwealth University-Medical College of Virginia

Richmond, VA

B. A. Psychology, 1983

University of Richmond

Richmond, VA

Teaching Experience Summary

• **Professor**-Department of Counseling and College Student Personnel, 2009-current Shippensburg University, Shippensburg, PA

•	Associate Professor-Department of Counseling and College Student	
	Personnel, Shippensburg University, Shippensburg, PA	2002-2009
	(Tenured and Promoted September, 2002), Shippensburg University	
•	Assistant Professor, Shippensburg University	1997-2002
•	Visiting Instructor, University of Virginia, Charlottesville, VA	Spring 1997
•	Adjunct Instructor, Virginia Commonwealth University, Richmond, VA	1988-1997

Current Teaching Experience

Professor, Department of Counseling and College Student Personnel, Shippensburg University, Shippensburg, PA Courses taught include:

- Pre-Practicum Counseling Skills
- Group Counseling Skills
- Professional Orientation to Community and Mental Health Counseling
- Introduction to Helping Services
- Drug and Alcohol Counseling
- Advanced Psychotherapeutic Skills
- Advanced Drug and Alcohol Counseling (Extended Studies Course)
- Certificate of Advanced Graduate Study in Addiction Studies
 *Initiated and created 4 course certificate for post master's students-first one of its
 kind in the state system-started fall 2008 at the Dixon Center)
- Practicum
- Field I, II, Advanced
- Thesis I and II
 - * Committee Member-Ashley Sheaffer-"Surfacing the Sophomore Slump: A Phenomenological Look at the Sophomore Experience"-2009
 - *Committee Member-Jennifer Cummings-"The day after Competition: A Phenomenological look at Former Intercollegiate Student-Athletes in Transition"-2009
 - *Committee Member-Laurie Budd-"Changing the Dynamic of a Residence Hall Community: A Case Study"-Completed Spring 2008
 - *Chaired Thesis-Jamie Bernazzoli-"The Effects of Music on Anxiety" Completed Spring 2006

Advised over 80 community and mental health graduate students between Spring 2006-Fall 2007 in the community/mental health program.

Average advisee load 40-60 students

Coordinator of Clinical Mental Health Program-2006-current

- *Involved in planning monthly team meetings
- *Coordinate and Lead candidacy meetings
- *Address myriad inquiries throughout the semester from both matriculated and non-matriculated students.
- *Meet with prospective students throughout the year interested in applying to Mental Health/Community Program

Coordinator of Practicum and Field Internships for the Department (65-80 students per semester)-2005-current (1 course release)

- *Plan and facilitate internship orientation meetings each semester
- *Visit and approve new internship sites
- *Collect and coordinate all paperwork related to internship registration
- *Coordinate and plan supervisor luncheon each semester
- *Plan end of the semester all day training in Spring semester
- *Address questions and expectations of supervisors in the field
- *Maintain feedback from students on over 250 approved supervisors
- *Collect and provide end of the semester evaluations from students and supervisors

Service to the University and Community

- Student Financial Aid Committee-2008-2009
- Chair-Drug and Alcohol Task Group-2008
- Chair-Drug and Alcohol Advisory Group-Spring 2008
- Chair-Advisory Board for Child and Family Center (CFC) on Campus-Spring 2007present
- University Wide Promotion Committee Member- 2006-2008
- Search Committee Member-Director Search- July 2007
- Weekly Consultant to Early Intervention Group Facilitators, Connection Program, 1998current
- Commencement Hooder-2006-present
- Member, Community Coalition on Alcohol and Drug Prevention, 1998-current
- Faculty Advisor to University Connections Alcohol and Drug Program, 1997-current
- Advisory Board Member-Academic Success Program 2005-2007
- Provided Counseling Services at University Counseling Center-2003, 2004, 2007
- Phi Kappa Phi-Scholarship Reviewer-2006
- Search Committee Member-ASP counselor search-Academic Success Program-2006

- University Wide Tenure Committee Member-2005-2006
- Invited Review Editor for Proteus Literary Journal on Addiction-Fall 2005
- Past-President Phi Kappa Phi SU Chapter-2005-2007
- President-Phi Kappa Phi SU Chapter-2004-2005
- President-Elect, Phi Kappa Phi-SU Chapter, 2001-2003
- Member, APSCUF Gender Equity Committee, 2001-2005
- APSCUF-Representative Council Member-2002
- Interviewer for Residence Life Selection Process-Spring 2002
- Faculty Representative, Greek Affairs Committee, 2001-Spring 2002
- Chair, Phi Kappa Phi Nominations Committee, 2001
- Forum Alternate for College of Education and Human Services, 2000-2001
- Member, Implementation Group for Alcohol and Drug Issues on Campus, 1998-2001
- Member, Gerontology Certification Task Group, 1999-2000
- Member, International Studies Committee, 1997-2000
- Taught weekend course: Introduction to Helping Services to Criminal Justice Master's students-1999
- Provided Alcohol and Drug Screenings for Students on Alcohol Awareness Day, Shippensburg University, 1999
- Facilitated Tunnel of Oppression Group,1999
- Reviewed feasibility of Sorority to be allowed back on campus, 1999
- Attended Two-Day Retreat for Implementation Group of Alcohol and Drug Committee,
 1998
- Member, Alcohol and Drug Task Force, Ad-Hoc Committee, 1997
- Helped Graduate Student Organize a Graduate Support Group, 1997

College of Education and Human Services Committees

- Department Representative for College Technology Committee-2003-2005
- Department Representative, Education and Human Services Retreat, 1998

Department of Counseling and College Student Personnel

- Mentor for Cindy Rockwell-adjunct instructor-2008
- Clinical Mental Health Program Coordinator 2002; Spring 2006 to present
- Practicum and Field Internship Coordinator-2005-present
- Chair-DPAC Spring, 2006; Spring 2009

- Community Counseling Cohort Coordinator-Dixon Center, Spring 2006-December 2006
- Admissions Committee, Member, 1997 to present
- Member, Mental Health Team, 1997-present
- Search Committee Member-Department of Counseling, 2004-2005; 2006-2007
- Chair-Advisory Committee- Spring, 2006
- Member, Orientation Committee-1998-2005
- Chair, Department Admissions Committee, 2000-2004
- Search Committee Member-Counseling Center, 2003
- Provided Counseling Services to clients at University Counseling Center, 1999-2001
- Interim Chair, Department Admissions Committee, 1999
- Member, Department Promotion Committee, 1999
- Chaired One Graduate Student Master's thesis, 1998-1999
- Co-Coordinated the Reinstitution of Shippensburg's Chapter of Chi Sigma Iota Honor Society, 1998
- Member, Research Committee, 1997-1999

National Professional Service

- Editorial Board Member-NARACES-Northern Region of Association for Counselor Educators and Supervisors-appointed June 2008
- Reappointed to Editorial board for *Journal of Counseling and Development*, 2005-2008
- Past-President-Center for Credentialing and Education, 2006-2007
- President-Center for Credentialing and Education, 2005-2006
- Reviewer for Sage Publications-Learning Group Leadership-2006
- President-Elect-Center for Credentialing and Education, 2004-2005
- Secretary-Center for Credentialing and Education, 2003-2004
- Appointed Editorial Board Reviewer for the *Journal of Counseling and Development*,
 2002-2005-Flagship Journal of the American Counseling Association
- Appointed to Board of Directors of the Center for Credentialing and Education (CCE)
 Board Member-Affiliate of the National Board for Certified Counselors, 2002
- Membership Chairperson for the International Association for Addiction and Offender Counselors (IAAOC), 2003-2006-Average Membership 800-900 members
- Manuscript Reviewer for Lahaska Press, 2002 to 2005
- Reviewer for proposals to American Counseling Association's Annual Conference-2003
- Letter of Support written for Dr. Daya Sandhu-October, 2002

- Letter of Support written for Dr. Kelley Kenney-November, 2002
- Program Reviewer for American Counseling Association's Annual Conference-August 2002
- Book Reviewer for Wadsworth Publishing (2) manuscripts-Addiction Counselor Competencies: Preparing/Reviewing for Certification and Licensure and A Guide to Successful Dissertations and Publishing Research-April & May 2002
- Book Reviewer for Counseling Today-Spring 2000-2002
- Manuscript Reviewer for Wadsworth Publishing Company-Spring, 1999

State Professional Service

- Chair-Past Presidents' Advisory Committee-current
- Co-Editor, The Journal of the Pennsylvania Counseling Association, 1998-2001
- Past-President, Pennsylvania Counseling Association, 2001-2002 (June)
- President, Pennsylvania Counseling Association, 2000-2001
- Scholarly Reviewer for University of Scranton Professor, 2000
- President-Elect, Pennsylvania Counseling Association, 1999-2000
- PCA Conference Registration Coordinator, 1998-1999

Local/Regional Community Service

- Secretary and Board Member-Downtown Organizations Investing Together (DOIT), 2002-2006
- Commission Member, Cumberland-Perry Alcohol and Drug Commission, 1999-2002
- Fund Raiser for Tour de Friends AIDS beneficiaries in three states. June 2003 Raised over \$2500.00
- Fund Raiser for AIDS VII Bike Ride, June 2002. Raised over \$2500.00 for two AIDS Beneficiary organizations in Washington, DC area.
- Fund Raiser for AIDS VI Bike Ride, June 2001. Raised over \$3000.00 for two AIDS beneficiary organizations in the Washington, DC area.
 - Fund Raiser for AIDS V Bike Ride, June, 2000. Raised over \$3,000.00 for two AIDS beneficiary organizations in the Washington, D.C area. Rode 330 miles from Raleigh, NC to Washington, D.C.
- Board Member of Chambersburg Road Runners-Summer 1999 to 2000
- Registrar for DOIT 5K Race in Shippensburg, June, 1999

Clinical Experience Summary

Manito Behavioral Health Services, Chambersburg, PA, April 2008-current (3-5 hours weekly) Responsibilities: Provide intake and assessment for county funded drug and alcohol clients as well as individual counseling for a variety of other mental health and co-occurring disorders.

Connections Program, Shippensburg University, 1997-current (Faculty Advisor) **Responsibilities**: Consult weekly (90 minutes) with campus alcohol and drug prevention program providing oversight of early intervention group facilitators and referral options for students based on their pre-assessment information. Provide guidance and consultation regarding appropriate referral for students in need of alcohol and drug treatment.

Private Practice, Shippensburg, PA, January 2007-current (4-5 hours per month) **Responsibilities**: Provide individual and group supervision for counselors seeking licensure and consultation/supervision for ongoing clinical care.

Roxbury Alcohol and Drug Treatment Center, Shippensburg, PA, October 2002-2005 **Responsibilities:** Facilitated a weekly four hour relapse prevention group with 10-12 inpatient residents and provided information and group therapy on relapse prevention strategies.

Shippensburg University Counseling Center (UCC), Shippensburg, PA, 1998-2001; 2003, 2004, 2007

Responsibilities: Provided individual counseling for 1-2 clients per semester 2003-2004. Provided individual counseling for clients returning from alcohol and drug inpatient care who were in need of continued counseling. Provided individual counseling for one client in Spring 2007.

Ford Brooks Counseling (Private Practice), Richmond, Virginia. 1995-1997 **Responsibilities:** Delivered counseling services to substance abuse, mental health and dually diagnosed populations through individual, group, family and couples treatment modalities. Provided diagnostic assessment to court-referred individuals as well as substance abuse evaluations for impaired professionals (physicians, nurses, professors and lawyers) Linked and coordinated services to appropriate psychiatric levels of care. Provider for four major managed health care companies.

Partial Hospitalization Counselor-(Part-Time), Charter Behavioral Health Care, Richmond, Virginia. 1995-1996

Responsibilities: Provided education and group therapy in a partial day program, primarily with lower functioning, dually diagnosed patients. Completed bio-psycho-social assessments and worked with a comprehensive treatment team.

Supervision and Consultation, Richmond, Virginia. March 1990- May 1997 **Responsibilities**: Provided practicum and internship supervision for graduate students in the Department of Rehabilitation Counseling at the Medical College of Virginia and undergraduates at the University of Richmond. Provided individual and group supervision for supervisees

seeking the credential of Licensed Professional Counselor (LPC) in Virginia. Provided two years of contracted supervision to substance abusing at-risk adolescents through the Department of Youth and Family Services.

Outpatient Clinical Coordinator, **Father Martin's Ashley**, Richmond, Virginia. 1993-1995 **Responsibilities**: Developed the first outpatient relapse prevention intensive outpatient protocol in Richmond, VA for Ashley, Inc., based out of Maryland. Facilitated multi-level treatment for relapsing clients, focusing on dual diagnosis issues. Provided assessments, individual, group and family counseling.

Outpatient Clinic Coordinator, New Dimensions Counseling, Chesterfield, Virginia. 1991-1993

Responsibilities: Coordinated and provided intensive outpatient group facilitation for chemically dependent adults as well as assessments and individual therapy for concomitant disorders.

Inpatient Hospital Counselor, St. John's Chemical Dependency Hospital, Goochland, Virginia. 1989-1991

Responsibilities: Evaluated and assessed patients to determine group assignment and appropriate treatment planning. Facilitated daily groups, individual therapy, education, and casemanagement. Coordinated continuing care plans and facilitated back to work conferences.

Private Practice (Part time), Growth and Recovery, Richmond, Virginia. 1989-1991 **Responsibilities**: Provided individual and group counseling to adults, adolescents, and children for a variety of mental health disorders. Developed and facilitated a children's group.

Outpatient Counselor, District 19 Alcohol and Drug Services, Petersburg, Virginia. 1985-1989

Responsibilities: Evaluated incoming clients and provided individual and group therapy as well as developed the agency alcohol and drug curriculum. Developed and co-facilitated first dual-diagnostic tract and was the community liaison for patients leaving Central State Psychiatric Hospital.

Inpatient Counselor (Part-time), **Richmond Metropolitan Hospital**, Richmond, Virginia. 1985

Responsibilities: Evaluation of patients in detoxification unit. Provided education, family intervention sessions, and group therapy.

Professional Licenses and Certifications

Licensed Professional Counselor (LPC) in Pennsylvania-2002 to present-License number PC000156

Licensed Professional Counselor (LPC) in Virginia-1990 to present-License number 0701001571 National Certified Counselor (NCC)-1996 to present-Certification number 44755 Certified Addiction Counselor (CAC) in Pennsylvania-1989 to present-Certification number

3600

Certified Substance Abuse Counselor (CSAC) in Virginia-1989 to present-Certification number 0710000298

Internationally Certified Alcohol and Drug Counselor (ICADC) 1994 to present-Certification number 12419

Certified Relapse Prevention Specialist (CENAPS Training-Gorski) expired certification Registered Maine Fishing Guide-1982 to present

Scholarly Growth

Books

Brooks. F., & McHenry, B. (2009). A Contemporary Approach to Substance Abuse and Addiction Counseling: A Counselor's Guide to Application and Understanding. Alexandria: VA, American Counseling Association.

Books Chapters

- Armino, J., Brooks, F., Carey, A., Hess, S., Kraus, K., & Whitman, T. (anticipated publication 2009). Group discussion about the interview process. In McHenry, B., Butler, S. K., & McHenry, J. (Eds.). *Attaining an academic appointment*. Atwood Publishing.
- Brooks, F. (2006). Where our spirits touch. In O. Morgan (Ed.). *Counseling and spirituality:* views from the profession (pp. 45-63). Boston, MA: Lahaska Press.
- Brooks, F. (Estimated publication spring 2009). Spiritus contra spiritum: Approaches in the treatment of relapsing chemically dependent clients. In D. Sandhu (Ed.). *Spirituality: The Fifth Force*. ACA Publications.
- Brooks, F., Sandhu, D., & Brodkin, S. (Estimated publication spring 2009). Spirituality and the elderly: The role of counselor spiritual well-being. *In D. Sandhu (Ed.). Spirituality: The fifth force*. ACA Publications.
- Brooks, F., & Arminio, J. (Estimated publication spring 2009). The utilization of spiritual approaches with multicultural clients. *In D. Sandu (Ed.), Spirituality: The fifth force*. ACA Publications.
- Brooks, F., & Collins, T (2005). Substance abuse. *In T. Collins and B. Collins (Ed.). Crisis and trauma: Developmental-ecological intervention (pp.240-273)*, Boston: Lahaska Press.
- Brooks, F., & Osborn, C. (2005). Counseling impaired professionals (provided critical incident scenario). *In V.Kelly and J. Juhnke (Ed.). Critical Incidents in Addictions Counseling (pp. 1-3)*. ACA Publications.
- Mayberry, M. K., & Brooks, F. (2005). Employee assistant programming and addictions (provided response to critical incident scenario). *In V. Kelly and J. Juhnke (Ed.). Critical Incidents in Addictions Counseling (pp. 127-128)*. ACA Publications.

- Hedstrom, S. M., Alderfer, C., & Brooks, F. (2004) Impaired group leader: "Do we have to talk about it?" (Critical incident response). *In L. Tyson, R. Perusse, & J. Whitledge. Critical Incidents in Group Counseling (pp. 65-70)*. ACA Publications.
- Brooks, F., Schumacher, R. A., & Hundley, S. F. (2004). Subgrouping: "What we do on our time is our business!" (Provided critical incident scenario). *In L. Tyson, R. Perusse, & J. Whitledge. Critical Incidents in Group Counseling (141-149)*. ACA Publications.
- Brooks, F., Vernon, A., & Hulse-Killacky, D. (2004). Dominating member: "You don't understand how difficult this is for me!" (Provided critical incident scenario). *In L. Tyson, R. Perusse, & J. Whitledge. Critical Incidents in Group Counseling (pp. 183-191)* ACA Publications.
- Brooks, F. (2001). Nature nurtures the heart, soul, and mind. In J. Kottler (Ed.), *Finding your way*, Washington, D.C., American Counseling Association.
- Brooks, F. (2001). The house that the seasons built. In J. Kottler (Ed.), *Finding your way*, Washington, D.C., American Counseling Association.
- Brooks, F. (2001). Substance abuse and violence: A co-existing issue. In D. Sandu (Ed.), *Faces of violence: Psychological correlates, concepts, and intervention strategies*, Huntington, NY, Science Publishers.

Invited Articles

- Brooks, F. (2005). From pleasure to addictions: A seductive journey. *In Proteus: A Journal of Ideas-Pleasure and Addiction*, vii-vii, Shippensburg University.
- Brooks, F. (2005). Rhythm of Running. Lahaska Expressions, 1(B), 5.

Refereed, National

- Brooks, F. (2001, September). The house that the seasons built. *Counseling Today*, 44, pp.37, 40.
- Brooks, C.W., & Matthews, C. O. (2000). The relationship among substance abuse counselors' spiritual well-being, values, and self-actualizing characteristics and the impact on clients' spiritual well-being. *Journal of Addictions and Offender Counseling*, 21, 23-33.
- Brooks, C. W. (2000, July/August). Reflections: A timeless picture. The Counselor, 18, 35.
- Brooks, F. (2000, February). Nature nurtures the heart, soul, and mind. Counseling Today, 42, 8.

Non-Refereed Articles

- Brooks, F. (2001, October). Book Review: In the shadows of the net: Breaking free of compulsive online sexual behavior. *Counseling Today*, 44, 41.
- Brooks, F. (2000, October). Book Review: Professional counselors in private practice. *Counseling Today*, 43, 38.
- Carey, A., & Brooks, F. (2000) Increasing the odds: How to get published in JPCA. *The Journal Of the Pennsylvania Counseling Association*, 2, 3-8.
- Brooks, F. (2000, January). Book Review: Substance abuse: Information for school counselors, social workers, therapists, and counselors. *Counseling Today*, *42*, 33.

Non-Refereed Newsletter Publications

Brooks, F. (2001, Summer). Final thoughts: Past president's reflection. *PCA*, *Inc.*, pp. 1, 3.

Brooks, F. (2001, Spring). From the president. PCA, Inc., 1.

Brooks, F. (2000, Winter). A sense of place for counselors within PCA. PCA, Inc., 1.

Brooks, F. (2000, Spring/Summer). Embracing the year. *PCA*, *Inc.*, pp. 1, 6.

Brooks, F. (1999, Fall). Passion for the profession: Questions in the new year. PCA, Inc., 2.

Brooks, F. (1999, Summer). A report from the president-elect. PCA, Inc., 2.

Presentations

Refereed, International

Brooks, F. (2006, March). *The Use of Relapse Prevention Methods in a Group Therapy Setting with Alcohol and Drug Clients*. Annual Conference of the American Counseling Association, Montreal, Canada.

Refereed, National

- Kraus, K., Hess, S., Kurdt, K., & Brooks, F. (All Day Learning Institute, March, 2004). *Complimentary Interpersonal Approaches in Counseling*. Annual Conference of the American Counseling Association, Kansas City, MO.
- Brooks, F., Kraus, K., & Kurdt, K. (2003, March) *Complimentary Interpersonal Approaches in Counseling*. Workshop presented at the Annual Conference of the American Counseling Association, Anaheim, CA.

- Kraus, K., & Brooks, F. (October, 2002). *Movement from the Chinese Art of Tai Chi Chuan as a Physical Metaphor for Deeper Appreciation and Understanding of Clinical and Supervisory Impasse*. Workshop intended for counselor educators attending the National Conference of the Association for Counselor Educators and Supervisors, Park City, Utah.
- Brooks, F., & Blough, C. (2002, March). *Compliance to Surrender: Strategies to Enhance Recovery for Addicted Clients*. Annual Conference of the American Counseling Association, New Orleans, LA.

 *Co-presented with graduate student from Shippensburg University
- Brooks, F., & Blough, C. (2002, March). *The use of early intervention groups with college aged high risk alcohol and drug users*. Annual Conference of the American Counseling Association, New Orleans, LA.

 *Co-presented with graduate student from Shippensburg University
- Brooks, F., & Nishida, W. (2000, March). *Utilizing Spirituality as a Pathway in Joining with Culturally Diverse Clients*. Workshop presented at the Annual Conference of the American Counseling Association, Washington, D.C.

 *Co-presented with graduate student from Shippensburg University
- Brooks, F., Kraus, K., & Mustaine, B. (1999, October). Supervising Ourselves: A Peer Group Supervision Model for Counselor Educators. Workshop presented at the National Conference for the Association of Counselor Educators and Supervisors, New Orleans, LA
- Brooks, F. (1999, May). *Therapeutic Surfing: Riding the Waves of Client Energy*. Workshop presented at the National Association of Alcoholism and Drug Abuse Counselors. National Conference, Philadelphia, PA.
- Brooks, F. (1999, March). *The Use of Short Term Outpatient Group Therapy in Treating Relapsing Chemically Dependent Clients*. Workshop presented at the Annual Conference of the American Counseling Association, San Diego, CA.
- Brooks, F. (1998, March). *Holistic Relapse Prevention: Treating the Mental, Emotional and Spiritual Aspects of the Addicted Relapsing Client*. Workshop presented at the Annual Conference of the American Counseling Association, Indianapolis, IN.
- Brooks, F., & Doyle, K. (1998, March). *The Utilization of Group Supervision with Licensure and Certification Candidates*. Workshop presented at the Annual Conference of the American Counseling Associations, Indianapolis, IN.

Refereed, Regional

- Brooks, F. (September, 2008-accepted but did not present due to illness). A Prevention Model for Wellness in Supervision. North Atlantic Regional Association for Counselor Education and Supervision. Portland, Maine
- McHenry, B., & Brooks, F. (2006). *Development of a Community Clinic in a University Setting*. North Atlantic Regional Association for Counselor Education and Supervision. NY.
- Carey, A., & Brooks, F. (2006). *Working with Difficult Supervisees*. North Atlantic Regional Association for Counselor Education and Supervision. NY.
- Brooks, F. (2003). *Burned out? No Way, not me…everything is just fine*. North Atlantic Regional Association for Counselor Education and Supervision. NY.
- West, P., Mustaine, B., & Brooks, F. (1998, September). *Professional Development Through Mentoring*. Presented at the North Atlantic Regional Association for Counselor Education and Supervision. Wells, ME
- Brooks, F. (1998). *Walking the Healing Path: Counseling Development*. Workshop Presented at the Virginia Association of Alcoholism and Drug Abuse Counselors. Richmond, VA.
- Brooks, F. (1997, September). *The Development of Graduate Student/Counselor Well-Being through the Utilization of Group and Individual Supervision*. Workshop presented at the North Atlantic Regional Association for Counselor Education and Supervision, Plattsburgh, NY.

Refereed, State

- Brooks, F., & Alnor, E. (2009). The balancing act: Helping graduate students with stress.

 Presented at the Pennsylvania Counseling Association Fall Conference, State College, PA

 *Co-presented with graduate student
- Brooks, F., & Crispino, J. (2008). Family Engagement: Strategies on How to Effectively Work with Mandated Substance Abusing Adolescents and Their Families. Presented at the Pennsylvania Counseling Association Fall Conference, State College, PA. *Co-presented with graduate student
- Pennsylvania Counseling Association's Panel Presentation from Previous Past Presidents of the Organization (2008). Presented at the Pennsylvania Counseling Association Fall Conference, State College, PA.
- McHenry, B., Whitman, T., & Brooks, F. (2006). A Forum for Pennsylvania Counselor

- *Educators*. Presented at the Pennsylvania Counseling Association Fall Conference, State College, PA.
- Brooks, F. (2003). *The Tao of Counseling: Beyond the Known*. Workshop on alternative approaches to counseling presented at the Pennsylvania Counseling Association Fall Conference, State College, PA.
- Brooks, F., Hess, S., Kraus, K., & Kurdt, K. (2002). *Complimentary Interpersonal Approaches in Counseling*. Roundtable Discussion at the Pennsylvania Counseling Association Fall Conference, State College, PA.
- Brooks, F., & Blough, C. (2001, October). *The Utilization of Early Intervention Groups with College Aged Alcohol and Drug High Risk Users*. Workshop Presented at the Pennsylvania Counseling Association's Annual Conference, Harrisburg, PA.
- Brooks, F., & Carey, A. (2001, October). *Writing for Publication*. Workshop presented at the Pennsylvania Counseling Association's Annual Conference, Harrisburg, PA
- Brooks, F. (2001, September). *Surrender v. compliance in treating addiction*. Workshop Presented at the Fourth Annual Spirituality Conference, Erie, PA.
- Brooks, F. (2000, October). *A Sense of Place: Finding Community in PCA*. President's Address to the general membership at the PCA annual conference. Harrisburg, PA.
- Brooks, F., & Nishida, W. (1999, October). *Utilizing Spirituality as a Pathway in Joining with Culturally Diverse Clients*. Workshop presented at the Pennsylvania Counseling Association's Annual Conference. Harrisburg, PA.

 *Co-Presented with graduate student from Shippensburg University.
- Brooks, F., & Wolfe, R. (1998, November). *Backpacking Through the Fear of Change*. Presented at the Pennsylvania Counseling Association's Annual Conference. Harrisburg, PA. *Co-Presented with Graduate Student from Shippensburg University.
- Brooks, F. (1997). *Group Supervision: An Overview and Core Therapeutic Factors*. Presented at the Pennsylvania Counseling Association's Annual Conference, Harrisburg, PA.
- Brooks, F. (1997). *Holistic Relapse Prevention: Treating the Mental, Emotional, and Spiritual Aspects of the Relapsing Addicted Client*. Presented at the Pennsylvania Counseling Association's Annual Conference, Harrisburg, PA.

International, Invited

Brooks, F. (2001, August). *Spirituality and Addiction*. Two-day symposium presented for the International Certification Training of Alcohol and Drug Counselors, Peebleshire,

Scotland

- Brooks, F., & Kraus, K. (1999, June). *Utilizing Cultural Values and Traditions in Transpersonal Substance Abuse Counseling*. Workshop presented for the International Certification Training of Alcohol and Drug Counselors, Wiesbaden, Germany
- Brooks, F. (1998, November). *Holistic Relapse Prevention: Treating the Mind, Body and Spirit of the Chemically Dependent Relapsing Client.* A two-day intensive workshop presented at the European Branch of American Counseling Association Fall Conference, Chiemsee, Germany.
- Brooks, F. (1998, November). *Therapeutic Surfing: Riding the Waves of Client Energy*. Workshop presented at the European Branch of American Counseling Association Fall Conference, Chiemsee, Germany.
- Brooks, F., & Garner, N. (1998, November). *Using Solution Focused Techniques with Relapsing Addicted Clients*. Workshop presented at the European Branch of American Counseling Association Fall Conference, Chiemsee, Germany.

Invited, Regional

Brooks, F. (2005). *The Tao of Motivational Interviewing*. Legacy of Addictions Conference, Richmond, Virginia

Panel Discussion with other state branch journal editors. NARACES conference, Amherst, MA., October, 2001

- Brooks, F. (2000, September). *Holistic Relapse Prevention*. One day training sponsored by the Virginia Association of Alcoholism and Drug Abuse Counselors and Virginia Addiction Training, Richmond, VA.
- North Atlantic Region Delegates Assembly Meeting. Panel Discussion Member: What's Working in Our Branches and Why Philadelphia, PA, Fall, 2000.

 Panel presenter on how to involve graduate students in state counseling organizations as well as increasing membership

Invited, Local

Brooks, F., Kraus, K., Newton, K., & Whitman, T. (2008). *Holistic Approaches to Supervision*. Shippensburg University.

Brooks, F. (2007). *Guided Imagery: A Tool for Wellness*. Wellness Fair, Shippensburg University

- Brooks, F. (2005). Ethics and Confidentiality. Connection Staff, Shippensburg University.
- Brooks, F. (2003). Stress Management. Leader@ship program, Shippensburg University
- Brooks, F., Kraus, K., Kurdt, K, & Hess, S. (2003). Complementary Intrapersonal Processes in Healing Relationships, All Day Seminar, Shippensburg University.
- Brooks, F. (May, 2002) Guest Speaker-Open House: Cumberland Valley Mental Health Center, Chambersburg, PA
- Brooks, F. (2001, October). *Guided Imagery and Stretching*. Presentation to Residence Directors, Shippensburg University.
- Brooks, F. (2000, October). Spirituality in Counseling. Presented to Chi Sigma Iota Workshop, Shippensburg University.
- Brooks, F. (2001, May). Invited Speaker: Chi Sigma Iota, University of Scranton. Presented at awards dinner of new initiates to this honorary society
- Brooks, F. (2000, October). *Strategies for Dealing with Stress*. Presentation to Residence Directors, Shippensburg University.
- Brooks, F. (2000, August). *Counseling Skills for the New Year*, Provided training on counseling skills to over 60 Resident Assistants, Shippensburg University.
- Brooks, F. (2000). *Addictions Issues in College Counseling*. University College Counseling Center, Shippensburg University.
- Brooks, F. (2000, Spring). *Communication Skills*. Leader at Ship Program: Presented information to emerging leaders, Shippensburg University.
- Brooks, F. (2000, April). *Ethics*. Presentation to REACT staff members, Shippensburg University.
- Brooks, F. (1999). Mental Health Field Update to interested undergraduate students. Penn State-Mont Alto Campus, Chambersburg, PA.
- Brooks, F. (1999). *Connecting with Clients*, Workshop presented at University Counseling Center, Shippensburg
- Brooks, F. (1999). *Group Dynamics*. Workshop presented to Residence Directors and Connection Staff, Shippensburg University.

- Brooks, F. (1998). *Effectively Dealing with Denial*. Presented at University Counseling Center, Shippensburg University.
- Brooks, F. (1998, October). *Advanced Ethics in Leadership*. Presented to Leader at Ship Program, Shippensburg University.
- Brooks, F. (1998, January). *Ethics in Leadership*. Presented to Leader at Ship Program, Shippensburg University.
- Brooks, F. (1998). Counselor Well-Being: The Development and Maintenance of School Counselor Well-Being. Presented at the Rural School Counselors' Institute, Shippensburg University.
- Brooks, F., & Mustaine, B. (1998, July). *Drug and Alcohol Seminar*. Presented to ACT 101 Students, Shippensburg University.
- Brooks, F. (1997). *The Joys of Alcohol and Drug Assessing Utilizing the*Chemical Calendar as a Confrontation Method, Presented to Residence Directors and Connections Staff, Shippensburg University.
- Brooks, F. (1997). *Self Care: Graduate Student-Counselor Burnout Prevention*. Presented at the meeting of Practicum and Field Supervisors.
- Mustaine, B., & Brooks, F. (1997, July). *Drug and Alcohol Seminar*. Presented to ACT 101 Students, Shippensburg University.

Trainings/Conferences/Meetings Attended

International Association of Education and Vocational Guidance-Cuernovaca, Mexico-April, 2006

American Counseling Association-Montreal, Canada-March-2006

International Association of Education and Vocational Guideance-Lisbon, Portugal-September, 2005

Joint International Meeting of National Board for Certified Counselors and Center for Credentialing and Education-Istanbul, Turkey-June, 2005

North Atlantic Regional Association of Counselor Educators-Mystic, CT-October, 2005

Sexual Harassment Awareness Training (2005), Shippensburg University

Brief Alcohol Screening and Intervention of College Students (2005)

American Counseling Association-Kansas City, MO-March 2004

Motivational Interviewing-Portland, ME-September 2004

Ericksonian Hypnotherapy, Phoenix, AZ, July, 2004

American Counseling Association-Anaheim, CA-March 2003

Pennsylvania Counseling Association, State College, PA-October, 2003

Training and Consultation

- Brooks, F. (2007, Summer). Mount Saint Mary's. Consulted with Dean of Students on Alcohol and Drug policies and job description for alcohol and drug counselor at their institution.
- Brooks, F. (2007, Spring). Mercersburg Academy. Trained Prefects at the Academy in stress identification and management to help underclass students under their supervision.
- Brooks, F. (2006, Spring). Carlisle School District. Trained middle and high school counselors on psychoeducational group practices.
- Brooks, F. (2003). Tressler Lutheran Care. Presented three hour workshop to senior staff on working with resistant clients.
- Brooks, F. (2002). York County Family and Children's Services. Presented an all-day workshop on addiction and systemic approaches to working with this population.
- Brooks, F. (2000, September). *Problem Management and Decision Making*. Presented information to entire General Mills Plant, Carlisle, PA.
- Brooks, F. (2000, February). *Effective Communication*. Presented information to entire General Mills Plant, Carlisle PA
- Brooks, F. (1999, June). *Incorporating relapse prevention groups into clinical practice*. Provided extensive one-day consultation on various treatment components to the Virginia Center for Addiction Medicine (VCAM), Richmond, VA.

Grants

C-FEST Grant, Spring, 2006-Awarded \$1000.00

University Small Grant, Summer, 2004-Awarded \$1,525.00

Professional Development Grant, 2004-Awarded \$900.00

Professional Development Grant, 2002-Awarded \$750.00

Submitted Grant to Department of Education, 2001-Grant Not Accepted

Professional Development Grant, 2000-2001

Professional Development Grant, 1999-2000

Professional Development Grant, 1998-1999

Professional Development Grant, 1997-1998

HONORS RECEIVED

National

Presented with Plaque for outstanding service as Past-President to the Center for Credentialing and Education (2006-2007)

Presented with Plaque for outstanding service as President to the Center for Credentialing and Education (2005-2006)

Acknowledgement for Membership Service to International Association of Addiction and Offender Counselors (2005-2006)

Acknowledgement for Membership Service to International Association of Addiction and Offender Counselors (2003-2004).

State-Regional

Presented with the David Hall Advocacy Award-Pennsylvania Counseling Association (October, 2008)

Certificate of Appreciation from the Cumberland/Perry Drug and Alcohol Commission-Presented at the annual dinner for serving three years as a board member, Carlisle, PA (November, 2002)

Certificate of Appreciation for Service to Pennsylvania Counseling Association (2001-2002)

Pennsylvania Counseling Association's President's Award-Awarded to Individual Significantly Contributing to the Association, Harrisburg, PA. October, 2001.

Pennsylvania Counseling Association's Eminent Practitioner Award-Awarded to An Outstanding Counselor in the Field for Service to the Profession, Harrisburg, PA. October, 2000

Certificate of Appreciation received from Leader at Ship Program, Shippensburg University Spring, 1999.

Certificate of Appreciation received from Leader at Ship Program, Shippensburg University, Spring, 1998.

Award for Outstanding Dedication and Service to Counselor Education and The Pennsylvania Counseling Association, November, 1998

Pennsylvania Association of Counseling Education and Supervision's Award for outstanding contribution to counselor education, Harrisburg, PA.

Counselor of the Year Award, March, 1997

Virginia Association of Alcoholism and Drug Abuse Counselors Award for Counselor of the Year given by the Association for outstanding contribution to the field of chemical dependency counseling, Virginia Beach, VA.

Local

Letter of Acknowledgement by President Ceddia for work done with Phi Kappa Phi (2005)

Chi Sigma Iota Honorary Certificate for Services Provided to Shippensburg Graduate Students-(2005)

Awarded Sabbatical (Fall 2004)

Promoted to Associate Professor and Awarded Tenure (September, 2002)

Personal Accomplishments

Promoted to First Higher Level (1st degree Black Belt-Pai Lum Kung Fu-October 2007)

Completed 11 marathons since 2002

Professional Memberships

Phi Delta Kappa, Professional Fraternity in Education-2000-2002 American Counseling Association-1997-current

National Association of Alcoholism and Drug Abuse Counselors-member since 1986

Association for Counselor Education and Supervision-1997-2007

International Association for Addiction and Offender Counselors-1997-2007

Association for Spiritual, Ethical, and Religious Values-1997-2007

Founding Member of Pennsylvania Association of Addiction and Offender Counselors-1999 Phi Kappa Phi-current member

Personal Interests

Running Marathons Martial Arts-Pai Lum Kung Fu Magician-Juggling-Balancing Music-Guitar Fresh Water Fishing-fly Reading and Creative Writing