SHIPPENSBURG UNIVERSITY OF PENNSYLVANIA

International Programs

Study Abroad and International Student Services



Katherine Stravinskas: Studying Abroad in Spain

"I have no regrets about my time abroad," says Katherine speak with you for a few with much conviction.

Katherine could probably speak with you for a few more hours just about the

Katherine Stravinskas, a junior with a double major in accounting and

accounting and
Spanish, studied in
Alicante, Spain in
Summer 2010 and
could probably speak
to you for hours about
her experiences and
the benefits she gained
during her six-week
program.

Among the benefits of studying abroad,

Katherine lists personal growth and learning about yourself, realizing your goals for the future, developing relationships, and learning to be open-minded and more flexible.

"When you're thrown into another language, country, people, culture...you quickly learn to assimilate and adapt," says Katherine.

Katherine could probably speak with you for a few more hours just about the people she met from all over the world, her host family, and her new friends, who have inspired her to become



more aware of the world in which she lives.

"I learned who I want to surround myself with: quality friends to learn and grow from," says Katherine.

In Spain, the people have more family- and socialoriented lifestyles. "They're

Continued on page 3

Staff Information

Mary S. Burnett

Director of International Programs

Danielle Dabrowski

Student Life Center Secretary

Anne Greenawalt

Graduate Assistant

Office Hours

Monday—Friday: 8 am to 4:30 pm

Mary's Walk-In Office Hours

Tuesday 2-3:15 pm Wednesday 1-3 pm Thursday 2-3:15 pm

Contact Information

Phone

(717) 477-1279

E-mail

internationalprogram@ship.edu

Website

www.ship.edu/international



Written by: Anne Greenawalt

For More Info on Studying Abroad in Spain:

www.ciee.org
www.gowithcea.com
www.isa.com
www.apistudyabroad.com
www.aifsabroad.com



Study Abroad in...



(from HubPages)

- The tooth fairy is not recognized in Spain. Instead, they have a tooth mouse named Ratoncito Perez.
- Some popular and well known artists have come from Spain like Pablo Picasso, Salvador Dali and Joan Miro.
- If you drink hot chocolate in Spain you will find it very thick almost like drinking warm pudding.
- Bullfighting is considered an art in Spain. It is one of the most popular attractions and the biggest and most controversial sport in Spain. It is a part of the Spain's history, art, and culture. There are bull rings in all major cities and outlying areas.

Katherine's Tips for Studying Abroad:

- Don't stay with what's comfortable
- Make friends from different places
- Go with the locals; don't be a tourist
- Create close relationships with your host family
- Be positive, even when things go wrong

Katherine Stravinskas: Studying Abroad in Spain

Continued from front page

not so focused on work and money," she says.
"Here [in the US] it's so competitive and hard work
all the time. I used to be really stressed out, but I
learned to enjoy quality time with friends and
family and with myself."

At first, the slow-paced lifestyle and the mid-day siestas annoyed Katherine. "I thought, no wonder Spain's in crisis," says Katherine. "But I've learned that life is to enjoy, not just to work."

For anyone interested in studying abroad, Katherine offers this advice: "Don't stay with what's comfortable. Branch out, make friends from different places. Go with the locals. Don't be a tourist. Create close relationships with your host family. Just be positive, even when things go wrong."

Study Abroad Mythbusters!

Myth: I don't speak a foreign language, so I can't go abroad.

Reality: We have more programs in English-speaking countries than anywhere else. You can choose from numerous programs in England, Australia, Ireland, and New Zealand. In addition, some programs in non-English-speaking countries are taught in English and are open to everyone (such as the programs in South Korea, France, Austria, Italy, Czech Republic, and more).



Upcoming Events and Deadlines

Study Abroad Deadline:

If you plan to study abroad, all necessary paperwork must be submitted by these deadlines:

Summer 2011 March 23, 2011

Fall 2011 March 25, 2011

Spring 2012 Mid-October, 2011

Study Abroad 101

Want to study abroad?

Think you might want to study abroad?

Come to Study Abroad 101 to find out more about these amazing opportunities!

Held in DHC 102 at 3:30 pm

March 31, April 7, 21

Other Events:

April 6: International Photo Contest Deadline

April 11-14: International Photo Contest Display

International Student Organization —

 Share your culture and learn about other cultures with the ISO.

 International and American students welcome!

 "ISO is the club that joins cultures together, by hosting cultural expos, cultural trips, and cultural functions."

~ Rohan Smith, Jamaica,

Former Special Programs Officer

ISO General Meetings:

Held at 4pm in the Student Life Center lounge (basement of McLean Hall)

March 24, April 7, 21

http://www.ship.edu/international/international_student_organization/