

International Programs

Study Abroad and International Student Services

Volume 1, Issue 4

Nov./Dec. 2008

Special points of interest:

- Find out how to become a member of the International Student Organization.
- Study Abroad 101
- Tips about living abroad with a host family.
- Learn about the upcoming events!

www.ship.edu/international

Inside this issue:

Host Families Abroad	2
Recipe of the Month!	2
International Student Organization	2
Student Spotlight	3
International Holidays	3
Upcoming Events	4
Deadlines	4
Office Information	4



Country Spotlight



Italy

Looking for a great place to study or visit?



Located in southern Europe along the Mediterranean Sea is the Italian Peninsula. Italy is a culturally rich country that will engage tourists with a variety of interests. It is famous for its extensive collections of art and architecture. Italy is also called Lo Stivale meaning the boot.

The capital city is

Italy is Rome, which is the home of famous attractions like the Colosseum, the Trevi Fountain, Pantheon, and the Spanish steps at Piazza di Spagina. Other popular locations to



visit are the cities of Florence and Venice, as well as the Tower of Pisa and the Vatican City.

The official language of Italy is Italian and

uses the Euro as the local currency. The current exchange rate is \$1.00 = .75 Euro.

If you are interested in programs that offer study abroad opportunities to locations within Italy check out these websites:

www.aifsabroad.com
www.studiesabroad.com
www.ciee.org
www.gowithcea.com



Popular Places to Study Abroad

Wondering what are the top 5 locations to study abroad at Shippensburg University?

1. Australia

- University of the Sunshine Coast
- University of Wollongong

2. England

- Edge Hill University
- University of Westminster
- Richmond University London

3. Spain

- University of Seville
- Menéndez Pelayo International University

- University of Salamanca
- 4. Costa Rica**
- Veritas University
- 5. Italy**
- Richmond University Florence

To learn more contact the International Programs Office or go to our website at www.ship.edu/international.

Living Abroad with a Host Family

Living with a host family while studying abroad is a great way to immerse yourself in another culture. Keep in mind not all universities overseas offer this housing option and it is more common for students studying a foreign language.

Shippensburg University student Ashley Williams lived with a host family while she studied in Costa Rica, and has some tips about what to expect when living abroad with a host

family. For Ashley living with a host family was a great experience not only for her, but for her host family as well. She says, "They want you living with them so take the time to get to know your host family. She also recommends that you take a small gift for your host family, something from the area you are from. The gift Ashley brought for her host family was Hershey's chocolate. Her host family was



very excited, in Ashley's words, "they loved it because Hershey's Chocolate is very expensive in Central/South America"

Other tips she gives are:

- Respect your host family, you are a guest in their house.
- Try to call or e-mail them before you go.
- Be prepared to have to follow rules of the house and be considerate.
- Try to spend as much time with the host family to make

Recipe of the Month!

German Apple Pancakes

Ingredients:

2/3 c. flour, unbleached
2 tsp. sugar
1/4 tsp. salt
4 large eggs, beaten
1/2 c. milk
2 c. apples, sliced
3/4 c. butter

2 tbsp. sugar
1/4 tsp. cinnamon

Cooking Instructions:

1. Sift flour, 2 tsp. sugar, and salt together. Beat eggs and milk together.
3. Gradually add the sifted dry ingredients into egg mixture. Beat till smooth.

4. Sauté apples in 1/4 c. butter until tender. Mix cinnamon and 2 tbsp. sugar together; toss with apples.
5. Melt 2 tbsp. butter into a 6 in. fry pan. Pour batter to a depth of about 1/4 in. then place 1/4 of apples on top. Cover with more batter. Fry till lightly brown on both sides. Repeat process until the batter is gone.

International Student Organization

The International Student Organization (ISO) is a groups that aims to increase the understanding of cultural differences.

The ISO is made up of American students as well as international



students at Shippensburg.

If you would be interested in joining the ISO, please attend our general meetings held in **CUB 325 at 4:00 p.m.** Meetings will be held on the following dates during the Fall semester.
Wednesday, November 5th

Wednesday, November 19th

Wednesday, December 3rd

Executive Members:

Dena Noorchashm- President
Anne Marie Monaco- Vice President
Diana Letzel- Secretary
Zheng "Elaine" Ren- Treasurer
David Allwein- Public Relations

www.ship.edu/international
internationalprogram@ship.edu



Student Spotlight!



Nebiyou Gebeyehu is an international student from Addis Ababa, Ethiopia. This is his first year at Shippensburg University and he is a biology major. Since he has come to the United States Nebiyou has learned to adjust to American culture, but was challenged like anyone who would study abroad. He says, "living away from my family for the first time was the biggest challenge since I came here." However, he had to adjust to a different education system as well as accept social and cultural differences. In response to these challenges Nebiyou states, "I have learned that change is something that comes in life; we just have to find a way to accept it." When asked if he has changed since being abroad Nebiyou says that he has become more independent.

Nebiyou is involved in the Bowling Club and the International Student Organization here at Ship and his favorite activity on campus is playing basketball with his friends. In the United States, New York City and Washington D.C. are two of his favorite places to visit. To those interested in studying abroad his advice is, "studying abroad brings major changes in life, and even though changes can be devastating and overwhelming one can pass through it, because time is always flying and before you even know it everything is back to normal."



International Holidays and Traditions

December is a month filled with holidays of all different cultures and traditions. Here are a few holidays that are celebrated around the world.

Hanukkah is a Jewish holiday that celebrates a miracle, in which one days worth of oil burned for eight days in the temple. During the eight day celebration of Hanukkah, December 4th-12th, those who celebrate sing songs, play spin the Dreidel to win prizes such as, coins, raisins, nuts or chocolate and each day light a new candle in the Menorah. A typical food eaten during Hanukkah are potato pancakes called latkes.



Kwanzaa meaning "first fruits" is an African harvest festival that celebrates African American Heritage, pride, community, family, and culture. Taking place from December 26th – January 1st those celebrating Kwanzaa decorate their homes with fruits and vegetables and each day light a new candle that are placed in a candleholder called a Kinara.



Christmas is a winter holiday that takes place on December 25th and celebrates family unity, and life. For Christians Christmas marks the birth of Jesus the Messiah. Some traditions of this holiday are decorating a Christmas Tree, waiting for gifts from Santa Clause, singing carols, and enjoying Christmas dinner with family and friends. During dinner in the United Kingdom, Christmas crackers are pulled and contain jokes, toys or paper hats.

Each winter holiday tradition is celebrated in various ways, and cannot all be explain here. To find out more on how different cultures celebrate the holidays do some research and maybe you will find a tradition you would like to add to your annual holiday celebrations.

UPCOMING EVENTS!

Study Abroad 101

Have you ever thought about Studying Abroad?

If so, come out and learn how you can fit this amazing opportunity into your academic career!

When?

November: 6th & 20th

Where?

McLean Hall Rec Room at 3:30 p.m.

Questions?

Call x-1279 OR

Email: internationalprogram@ship.edu

Faculty Led Courses Abroad

Faculty led overseas courses are a fantastic way to earn SU credits in a foreign country.

Dr. Kim van Alkemade will be leading English 420 to Amsterdam February 28– March 7th.

Enrollment in this course will fulfill credit requirements for English majors, International Studies minor and a free elective for all majors.

Students will spend spring break in Amsterdam. Cost is \$2500 including transportation to and from campus.

This also includes accommodation, meals, and transportation for seven days in Amsterdam.

The entire trip cost is due by December 5th.

Spaces are available but deadlines are soon! You do not need to be an English Major to participate— all majors are welcome.

For more information contact Dr. Kim van Alkemade at kvalke@ship.edu or Marie Hathaway at mh6702@ship.edu.



If you are interested in studying abroad, we advise students to start planning a year in advance. To get the process started please attend one of our Study Abroad 101 information sessions. You can also check out our website for further information and updates.

Deadlines:

Summer 2009 Study Abroad	Wednesday, March 18, 2009
Fall 2009 Study Abroad	Friday, March 27, 2009
Spring 2010 Study Abroad	Friday, October 16, 2009

Office Information

Mrs. Mary S. Burnett –Director of International Programs
Ms. Danielle Dabrowski- Student Life Center Secretary
Ms. Elizabeth Dille - Graduate Assistant
International Programs Office
Student Life Center
McLean Hall 113

Phone: 477-1279

[Www.ship.edu/international/](http://www.ship.edu/international/)
Email: internationalprogram@ship.edu