International Programs

Study Abroad and International Student Services

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Special points of interest:

- · Find out how to become a member of the International Student Organization.
- Study Abroad 101
- Questions to ask when deciding to study abroad.
- Learn about the upcoming events!

www.ship.edu/ international

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Country Spotlight



Looking for a great place to visit or study? Located in southeast Asia. China can provide you with a rich cultural experience that has survived centuries.

The capital of China is Beijing, which has recently hosted the 2008 Olympic games. Some of the sites to see in this beautiful city are the Summer Palace, the Forbidden City and much more! Other than Beijing, China's landscape has an wide variety of attractions. The top attractions to see in



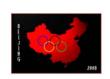
Wall, the Yangtze

River, the Terracotta Warriors, and the Potala Palace.

The currency used in China is the Yuan Renmindi. The current exchange rate is \$1.00= 6.84 Yuan.

During the 2008 Olympics, China ranked first by earning 51 gold medals, followed by the United States with 36 and Russia with 23. Overall standing for the Olympics games is as followed:

- 1. United States, 110 medal total.
- 2. China, 100



3. Russia, 72 If you are inter-

ested in programs that offer study abroad opportunities to locations within China check out these websites: www.aifsabroad.com www.studiesabroad.com www. ciee.org www.gowithcea.com

Do's and Don'ts of Foreign Travel

Do's

- 1. Book your travel in advance and make sure your travel papers are in order.
- 2. Do some research on the country you will be traveling to.
- 3. Make the most of your experience by taking lots of pictures, trying local foods, go to local festivals, etc.
- 4. Make copies of your passport and other travel documents. Keep them in a safe place.

Don'ts

- 1. Do not expect everyone to speak English.
- 2. Don't be an obvious foreigner. Leave the t-shirts with huge logos at home.
- 3. Don't travel alone at night.

Questions to Ask as you get started...

Are you interested in studying abroad, but have no idea how to get started? In order to begin the process here are some questions you should ask yourself.

- 1. Do I have a Passport?
- -A passport is essential document when traveling abroad. It is easy to apply for one and last for 10 years.



- 2. Where do I want to study abroad?
- For catalogs and brochures stop by the Student Life Center and talk to Liz Dille...she's got tons of them.
- 3. When do I want to go?
- Talk to your academic advisor about how to fit this into your academic experience.
- 4. Can I afford this?

- -Talk to your parents about the possibility of studying abroad. The use of financial aid is also available. Estimates are available from the International Programs office.
- 5. Am I even eligible to study abroad?
- For eligibility requirements visit our website: www.ship.edu/ international

Anymore questions? Feel free to contact us!

Recipe of the Month!

Brigadeiro

(Brazilian Chocolate Balls)

Ingredients:

- 1 can sweet condensed milk
- 1 Tbsp. butter
- 3 Tbsp. coco powder

Granulated chocolate (sprinkles)

Cooking Instructions:

- 1. Mix the condensed milk, butter and cocoa in a pan. Cook at medium heat, mixing vigorously, until the mixture thickens.
- 2. Let the mixture cool and form small balls (grease your hands with butter in order to form balls). Roll

the balls in granulated chocolate.

Tips:

- Use a small ice cream scoop to help form chocolates into uniform sizes.
- Wear plastic gloves greased with butter for a less messy project.
- Share with friends!

International Student Organization

The International
Student Organization (ISO) is a
groups that aims to
increase the understanding of cultural differences.
The ISO is made up of American
students as well as international

students at Shippensburg.

This years first ISO meeting will be hosted in **CUB 219** September 25th at 5:00. Come out an enjoy some international cuisine as well as learn more about joining the ISO.

If you would be interested in

joining the ISO, please attend our general meetings held in **CUB 325 at 4:15**. The next meeting will be Thursday, October 9, 2008. To learn more visit our website for details or email us.



Student Spotlight!



Diana Letzel is an international student from Berlin, Germany and has been studying at Shippensburg University since 2007 and is an international management major. She is currently involved in several groups on campus such as the German Club, the Adventure Club, and the International Student Organization.

Diana had no trouble adjusting to life in the United States because a friend from home was able to come to the U.S. with her and she is also speaks English fluently. Some of her favorite places to visit in the U.S. are New York City and San Diego. She also loves to play mini golf and go to the movies. What she misses most about Germany is her family, friends and German food.

Her advice to those of you who are thinking of studying abroad she says, "Never try to change who you are around people whose culture is different from your own. You will forget what your true self is really like."

China Field Studies

Over the summer seven Shippensburg University students spent 19 days traveling and studying in China for a course sponsored by the Geography/Earth Science Department. Co-Directing the trip were Dr. George and Jennifer Pomeroy. Also accompanying the group were Dr. Phillip Broyles and Dr. Cindy Drenovsky.



What is distinctive about this program is that students have the opportunity to immerse themselves in the Chinese culture. The group stayed at East China Normal University where they were able to interact with other university students as well as receive unique lectures from the university faculty. Such lectures included lessons in Chinese calligraphy, painting, tai-chi, Chinese culture and landscape of China's cities. Jim Spatz, a senior at Ship, mentioned that Chinese calligraphy is harder than it looks.

During the trip students were required to keep a daily journal and field notes. Other coursework included lecture and article summaries, and a photo essay project. Field trips were a part of the groups daily routine while in China and included various activities from cave exploration to shopping at local markets. Shanghai, Beijing, Hangzhou, and the Great Wall are just a few of the places the group visited. For Jim Spatz the highlight of the trip was visiting the Great Wall, which is a must see when traveling to China.

The advantages of the program is that students get a mix of the academic, tourism, field activities and the interaction with the local culture. It is a trip that is designed for all majors to enjoy and will be offered again in 2010. If you get a chance to ask one of these students about their trip be sure to ask them about the shrimp incident, pirated t-shirts, laundry stories, and their experiences while traveling in China.

UPCOMING EVENTS!

September 25th

International Student Organization Interest Meeting

Where? CUB 219 at 5:00 p.m.

September 30th

"The 60-minute World Travel Survival Course" with Doug Lansky

Where? Memorial Auditorium at 9:00pm
*FREE for Shippensburg University Students
Sponsored by: Activities Program Board

October 9th

ISO Meeting

Where? CUB 325 @ 4:15 p.m.

Study Abroad 101

Have you ever thought about Studying Abroad?

If so, come out and learn how you can fit this amazing opportunity into your academic career!

When?

September: 17th-18th, 24-25th October: 9th, 16th, 23rd, 30th November: 6th & 20th

Where?

McLean Hall Rec Room at 3:30 p.m.

Questions?

Call x-1279 OR

Email: internationalprogram@ship.edu



If you are interested in studying abroad, we advise students to start planning a year in advance. To get the process started please attend one of our Study Abroad 101 information sessions. You can also check out our website for further information and updates.

Deadlines:

Spring 2009 Study Abroad

Friday, October 17, 2008

Summer 2009 Study Abroad

Wednesday, March 18, 2009

Fall 2009 Study Abroad

Friday, March 27, 2009

Office Information

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