

SOCIAL WORK & GERONTOLOGY NEWSLETTER

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We're Dying for a New Name



As you may have noticed, the name of our newsletter has been temporarily changed. Writers of the popular crime drama *Dexter* on Showtime usurped the Department of Social Work and Gerontology's newsletter name, "A Slice of Life," and assigned it to Dexter's infamous boat, used to dispose of his victims. If you didn't watch this show, this may sound pretty gruesome—which it kind of is. Therefore, we have decided to lay to rest this newsletter name in favor of something more in keeping with what we are all about.



If you have an idea for a new newsletter name that is better than Social Work and Gerontology Newsletter, let us know! A contest is underway to see who has what it takes to come up with a killer new name. If you'd like to take a stab at it, e-mail Dr. Jacobs at dfjaco@ship.edu. ■

Smooth Sailing, Joyce!



This year marks Joyce Walters' fortieth year with Shippensburg University. It also marks the year that she retired. Joyce began in January 1974, a bright-eyed and bushy-tailed teenager, ready to take on the world. She found her way to Shippensburg through the civil service system and was hired by what was then Shippensburg State College. She worked two part-time jobs for both the Social

Work and Sociology departments, both under the same umbrella of the Social Science Department. In 1986, the departments separated and Joyce continued with the Department of Social Work, which later became the Department of Social Work and Gerontology, and is now a part of the College of Education and Human Services.

Joyce remembers the "good old days" at Shippensburg. She fondly (or perhaps not so fondly) remembers the days of making copies with a Ditto machine (right) and how time-consuming it was to duplicate handouts and exams. She recalls getting her first computer around 1986, which at that time was used only for word processing. Prior to this she used typewriters, some without even a correction key (this is the "whiteout" or "backspace" key for



the younger generation reading this). She is astounded by the advances technology has made since she began working for Shippensburg University.

Along with changes in technology, the location of her office has also changed over the years. She began working in the "Red Barn," which is no longer on campus and stood where the new residence halls are located. She then moved to Horton Hall around 1986 before eventually settling in at Shippen Hall. Even within Shippen Hall, she has experienced a number of moves as the department has grown.

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BSW Cohort in Harrisburg Continues



We are currently in the middle of the fourth cohort of BSW students at the Dixon Center in Harrisburg. This program was designed to serve students who had

challenges traveling to our Shippensburg campus and taking courses during traditional college class times. The program offers evening courses on a part-time basis to students who have already showed college level competence by the completion of at least 48 credits of college level work as well as some specific social work course requirements. Pending the availability of the resources, we are planning a new cohort begin next academic year. For more information, you may visit the BSW cohort website at: www.ship.edu/PCDE/bsw ■

Smooth Sailing, Joyce!

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Joyce is looking forward to retirement and having time to do more of the things she enjoys. She plans to spend time gardening, canning, and spending time with her three daughters and sons-in-law along with nine grandchildren. She will have the opportunity to babysit her grandchildren one day each week. She is also very excited to be expecting her tenth grandchild in September.

Joyce is planning to spend time traveling with her husband, Joe, who is partially retired. Of her three daughters, two have husbands who are in the military and move around all over the country. She has been spending the vast majority of her vacation time traveling to see them and is very excited about the prospect of taking vacations for pleasure to locations on their bucket list. Joyce and Joe are avid campers and plan to do some camping trips and would also love to take a cruise to Alaska.

The department would like to wish Joyce the best as she continues into this new and exciting stage in her life. She has been an amazing asset to the department and campus as a whole and will be missed.

NOTE: Since this article was written, Joyce has been diagnosed with an aggressive form of lymphoma and has been undergoing extensive chemotherapy and stem cell replacement. If you wish to support Joyce in her challenge you may go to: <http://www.gofundme.com/a6oxog>. Her family has set up a fund to help with additional expenses associated with getting her treatments in Chicago. We all are keeping Joyce in our thoughts as she fights this battle. ■

“A ship in port is safe, but that is not what ships are built for. Sail out to sea and do new things.” ~ Grace Hopper

MU-SU MSW Program Accreditation Reaffirmed

During the February 2014 meeting of the Commission on Accreditation of the Council on Social Work Education (CSWE) the Millersville University and Shippensburg University MSW collaborative program (MU-SU MSW) was reaffirmed for a full eight years. This is the first reaffirmation after the initial accreditation and indicates that CSWE is fully supportive of the quality of our curriculum and overall program functioning. Thanks to the faculty, students and field instructors who participated in the site visit and made for a successful outcome

TEACH Rwanda

TEACH Rwanda is a nonprofit organization dedicated to partnering with educators, government officials, and families in Rwanda to provide engaging educational opportunities for young children. Dr. Jen Clements, accompanied by graduate social work student Danelle Wagner, and two art therapists from the area traveled to Rwanda over spring break 2014.



This was Dr. Clements' second time in Rwanda. She completed her sabbatical in Rwanda during spring 2013. The team did art therapy projects with the children, introducing them to paint and pastels.

The week Dr. Clements and Danelle were in Rwanda marked the twenty-year anniversary of the genocide that became an international horror. Despite the unimaginable trauma Rwandans experienced, Dr. Clements describes being overwhelmed by their amazing resilience.

For more information about TEACH Rwanda, you can visit www.teachrwnda.org. ■



This young man with Down syndrome gets his acceptance letter. Pictures and logo retrieved from www.dreampartnership.org

I Have A D.R.E.A.M. [Partnership]

In the Spring of 2013, the MSW Foundation Macro Practice class and the BSW Assessing Organizations and Communities classes undertook a needs assessment related to postsecondary education (PSE) for students with Intellectual Developmental Disabilities (IDD).



Thirty-five undergraduate and ten graduate students participated in this collaborative project. The classes completed the assessment along with Cumberland/Perry IDD Services, Dauphin County IDD Services, and the D.R.E.A.M. Partnership. Three hundred eighty-three surveys were mailed to fourteen to twenty-one-year-old individuals and their families who are connected with the IDD services in their counties.

Fifty-seven surveys were returned. Data was also collected through seven focus groups and student questionnaires completed during seven face-to-face interviews. This assessment assisted the D.R.E.A.M. Partnership in initiating the start of classes for individuals with IDD at Messiah College, Harrisburg Area Community College (HACC), and Arcadia University.



For more information and to read the assessment, visit dreampartnership.org/community-needs-assessment/ ■

“Action indeed is the sole medium of expression for ethics.”

~ Jane Addams

Community Appreciation Luncheon

The Department of Social Work and Gerontology hosts an appreciation luncheon every other year to recognize field instructors, advisory committee members and community partners for sharing time and knowledge with the students. This was most recently held in February 2013. From the support of the Dean of the College of Education and Human Services and the Pearl Endowment Fund, the department was able to welcome Dr. Danielle Parrish, an Evidence Based Practice (EBP) expert, for a workshop.

Eight faculty members and twenty field instructors participated in the EBP workshop. Faculty members had the opportunity to meet with Dr. Parrish to discuss how EBP can be used in the curriculum. The workshop served as a catalyst for more discussions and ideas. Faculty and students continued to discuss the concepts of EBP throughout social work courses and faculty members are discussing ways that EBP could be incorporated throughout the curriculum, including during students' field placements. The workshop was followed by an awards ceremony. ■



Award Winners (from left to right):
Rev. Jan Bye, Social Justice Award: In recognition of continuous work towards social justice and outstanding service to the Department of Social Work and Gerontology.

Angie McKee, Importance of Human Relationships Award: In recognition of outstanding service and displaying the importance of human relationships when working with the Department of Social Work and Gerontology.

Linda Butts, Competence Award: In recognition of outstanding service and setting the highest standards for self and others when working with the Department of Social Work and Gerontology.

Mitch Gardner, Service Award: In recognition of outstanding and continuous service to the Department of Social Work and Gerontology.

Rebecca Van Der Groef, Integrity Award: In recognition of outstanding service provided in a trustworthy manner when working with the Department of Social Work and Gerontology.

BSW Field Placements 2013-2014

Fall 2013

Name	Agency
Claude Baskerville	River Rock Academy—Spring Grove
Lashea Brumbaugh	Sunshine Center
Bethany Buck	Family Care Services, Inc.
Jennifer Campbell	Carlisle Barracks—Family Advocacy Program
Keeley Chenet	South Mountain Secure Treatment Unit
Jill Cox	Roxbury Treatment Center
Halee Crist	Green Ridge Village
Anjelina Cruz	CONTACT Helpline
Rachel Diehl	Lincoln Intermediate Unit Migrant Ed. Program
Brittany Foulds	Cumberland County Children and Youth
Vanessa Gillen	Elder Day at Penn Hall (Menno Haven)
Kerysa Grasley	Franklin County Jail
Brittany Gross	York County Area Agency on Aging
Cheryl Hershey	Cumberland County Children and Youth
Ronnie Hooten	Roxbury Treatment Center
Cristina Matos	Horizons Hospice
Ashley Miller	SURVIVORS, Inc.—Gettysburg
Elizabeth Olendorf	Women In Need, Inc.
Darryl Patterson	United Church of Christ Homes—Thornwald
Christina Polvinale	Pressley Ridge—Adams County
Kaitlyn Ramsey	Children's Advocacy Center
Lucienne Renna	YWCA Carlisle Youth Services
Jenna Simmons	Loysville Youth Development Center
Coty Slothour	United Cerebral Palsy of Central PA
Karly Sprenkle	River Rock Academy—Spring Grove
Kristy Sweigart	Chambersburg Hospital—Discharge Services
Cassandra Towsley	Milton Hershey School

Spring 2014

Name	Agency
Claude Baskerville	River Rock Academy—Spring Grove
Lashea Brumbaugh	Sunshine Center
Bethany Buck	Family Care Services, Inc.
Jennifer Campbell	Carlisle Barracks—Family Advocacy Program
Keeley Chenet	South Mountain Secure Treatment Unit
Jill Cox	Roxbury Treatment Center
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Kristy Sweigart	Chambersburg Hospital—Discharge Services
Cassandra Towsley	Milton Hershey School

Field Instructor

Susan Burkholder
Shana Matthews
Tammi Tanner
Kelly Yillalobos
Stacy Berkheimer
Allison Flythe
Sarah Miller
Kelly Gollick
Eric Mandell
Corinne Bennett
Vicki Krenitsky
Michelle Weller
Dianna Benaknin
Janelle Carbaugh
Keith Mowery
Roben Waddell
Terri Hamrick
Lisa Dougherty
Beth Cerbone
Nicole Mulholland
Ivy Schneider
Amy Lowther
Alexis Bruno
Kathleen Seiderer
Susan Burkholder
Karen Kiskaddon
Cindy Kelly

Field Instructor

Susan Burkholder
Shana Matthews
Tammi Tanner
Kelly Yillalobos
Stacy Berkheimer
Allison Flythe
Sarah Miller
Kelly Gollick
Eric Mandell
Corinne Bennett
Vicki Krenitsky
Michelle Weller
Dianna Benaknin
Janelle Carbaugh
Keith Mowery
Roben Waddell
Terri Hamrick
Lisa Dougherty
Beth Cerbone
Nicole Mulholland
Ivy Schneider
Amy Lowther
Alexis Bruno
Kathleen Seiderer
Susan Burkholder
Karen Kiskaddon
Cindy Kelly

Social Work Students Advocate!



Students in the office of Representative Stephen Bloom of the Pennsylvania Senate 33rd District.



Students in the office of Senator Richard Alloway of the Pennsylvania Senate 199th District

In April 2014, BSW students from the Social Welfare Policies and Services class attended Legislative Advocacy Day sponsored by NASW- PA. Students were able to meet with a number of Pennsylvania representatives and senators as they advocated for the passage of Senate Bill 807 which creates voluntary licensure for bachelor level social workers. They were also able to observe the House of Representatives in session and attended a concluding rally in the capital rotunda along with hundreds of other social work students, educators, and advocates.

During the fall 2013 semester, MSW students went to the capital with Dr. Jacobs to participate in a lobby day for K-college education in Pennsylvania. Several students including Karen Galbraith, Tammy Blymire, and Rachel Clifton spoke at the rally on the capital steps. They joined elementary education majors to make their voices heard about the need for adequate funding for education at all levels. In December 2013, MSW and BSW students (right) participated in legislative advocacy to end human trafficking in Pennsylvania by speaking with senators and legislative staff about P.B. 75 (which ended up passing). ■



Students along with Dr. Deborah Jacobs and an unnamed reporter from the media are (from left): Tara Sarge, Rachel Clifton, Delyara Mamedova, Laura Hummel, Tammy Blymire, and Karen Galbraith



Dr. Dorlisa Minnick and MSW students at the Capitol. (From left) Dr. Minnick, Janelle Flanagan, Danelle Wagner, Ashley Fisher, Olivia Crawley, and Delyara Mamedova.

The Value of MSW Internships

By Dr. Dorlisa Minnick

Tim Whelan at the United Way of the Capital Region reports that MSW interns from the MU-SU MSW Program are a "real force for good" when discussing outcomes of hosting social work interns. The United Way of the Capital Region has hosted a Shippensburg University MSW student each year in the past five years. Each of the interns has left a lasting and sustainable mark on the organization and our region.

One of the first interns was instrumental in developing a Fatherhood Initiative for the region. The following year, the MSW intern conceptualized Prosperity Centers for the United Way. Prosperity Centers have grown throughout the years, but it began when the student, as an intern, wrote a successful \$50,000 grant. The MSW intern who came on board the following year operationalized the grant into a program. Then, in 2012-2013, the MSW



intern formalized an Individual Development Account program to promote asset-building among low and lower-income households by applying for a federal grant through the Department of Health and Human Services. The eighty-page grant application resulted in the united Way being awarded \$100,000 to integrate IDA development into United Way initiatives. Part of the grant allocated for the hiring of a full-time staff member to coordinate the program.

In short, internships are an invaluable practice component on one's way to becoming a professional social worker. But additionally, social work interns are contributing to our regional community while they are graduate students enrolled in the MSW program! Never underestimate the difference that students make. ■

"I never doubted that equal rights was the right direction. Most reforms, most problems are complicated. But to me there is nothing complicated about ordinary equality." ~Alice Paul

Welcome to Ship!

Dr. Jayleen Galarza (aka Dr. Jay)

BA, English, East Stroudsburg University
MSW, Clinical Social Work, Widener University
MEd, Human Sexuality, Widener University
PhD, Human Sexuality, Widener University

Dr. Jayleen Galarza identifies herself as a clinical social worker who specializes in sexuality social justice issues. She is a licensed clinical social worker in Pennsylvania as well as a certified sex therapist through the American Association of Sexuality Educators, Counselors, and Therapists (AASECT). She completed her PhD in Human Sexuality with a focus on exploring the intersections of queer, Latina identities, and experiences.

When Dr. Galarza started her college career, she had no idea that one day she would eventually be a professor of social work. Her original idea was to become a writer, more specifically a poet. Yes, Dr. Jay wanted to follow the literary footsteps of June Jordan, Nikki Giovanni, Gwendolyn Brooks, and Federico Garcia Lorca. Although she was always interested in social justice and was very involved in various initiatives throughout high school and college, she did not discover her passion for social work until she graduated college and volunteered as an Americorps Volunteer in Service to America (VISTA). After her year of service, she went on to pursue her Master's in Social Work with a concentration in clinical practice. While Dr. Jay worked on her MSW, she decided that she wanted to merge her passion for sexuality issues, clinical practice, teaching, and social justice so she pursued her master's of education in human sexuality. And, because that was not enough, she went on to pursue her PhD in human sexuality.

Prior to joining the Ship faculty, Dr. Galarza served as a Frederick Douglass Scholar at West Chester University of Pennsylvania. She also worked extensively as a mental health counselor with adolescents and young adults in the Philadelphia area.

Dr. Galarza's research interests include: intersectionality, Latina sexuality, sexual/gender identities and experiences, empowerment, sexuality social justice, narrative therapy, and feminist therapy. The focus of her work is on exploring empowering approaches to working with oppressed communities as well as raising awareness around such issues.

Fun Facts:

Favorite author: Roald Dahl! As a child, he was the author that inspired me to become a writer.

Favorite color: Purple

Pets: I have two Jack Russell/Pug mixes, Bobby McGee and Gunner Rascal, and they are my babies!



Hobbies: Reading, exercising, enjoying nature, and spending time with family

Little known fact: I love getting tattooed! I can't even count how many I have, and I'm not sure when I'll ever stop

Dr. Charlene Lane

BA, Psychology, York College (CUNY)
MSW, Clinical Social Work, New York University
PhD, Social Work, Adelphi University

Dr. Charlene G. Lane is a Licensed Clinical Social Worker who has clinical as well as administrative experiences. Her area of research focused on community dwelling older adults' perceptions of themselves and their primary care experiences. Dr. Lane is particularly interested in the lived experiences of older adults in Naturally Occurring Retirement Communities (NORC) and has implemented mental health as well as inter-generational programs at Rochdale Village NORC in South Jamaica, Queens, NY.

Prior to relocating to Central Pennsylvania, Dr. Lane maintained a thriving private practice in Long Island, New York where she met the mental health and care management needs of older adults and their care givers. She also served in the capacity of Director of Social Work at a Nursing home in Long Island and a member of the Nassau County Adult Protective Service Committee prior to teaching. In addition to her clinical and administrative experiences, Dr. Lane has taught as an adjunct professor since 2004 at Fordham University and Touro College (both in New York). Prior to joining the Shippensburg family, Dr. Lane served as an Assistant Professor at York College (CUNY), New York in the Department of Health, Physical Education & Gerontology where she mentored students with their respective research projects.

Dr. Lane has presented at conferences both nationally and internationally. She has worked collaboratively with several senior centers and Naturally Occurring Retirement Communities in the New York Tri-State area.

Dr. Lane is proud of her Afro-Caribbean heritage and it is her desire to conduct a comparative analysis between community dwelling older adults in her native Trinidad and those in the USA (central PA). Dr. Lane attributes her passion for the elderly to her beloved maternal grandfather who was a pioneer in his time and who was cognitively intact until his death at the age of 100.

Fun Facts

Favorite color: Purple

Favorite Flavor: Cinnamon

#1 hobby: Photography

#1 on her bucket list: To visit Tuscany, Italy



FACULTY KUDOS

Dr. Samuel Benbow

Dr. Benbow is part of the Academic Affairs Assessment Team, Academic Success Program Advisory Board, Disabilities Studies Minor Advisor Board, Ethnic Studies Minor Advisory Board, and University Black Heritage Committee. Within the Social Work department, he is involved in the Curriculum Committee, Advisory Council, and BSW Grade Appeal Committee.

He is active with Head Start. He presented at the Franklin County Head Start workshop, "Influencing School Readiness by Enhancing Cultural Diversity Competence" in February 2014 and the Pennsylvania Head Start Annual Conference workshop, "Strengths in every family to impact positive change," in April 2014.

He has presented at workshops for the International Association for Social Work with Groups and the NASW-PA and PAUSWE 2014 Annual Conference. As keynote speaker, he presented "Reaching Forward, and Backward: The Servant Leader," at Shippensburg's Academic Success Program.

He is a member of the St. Peter's AME Church 2014 Corn Festival Committee and contributes to the ARC of Franklin/Fulton County. He is the ARC's Board Secretary and is a member of the Scholarship Committee, Strategic Planning Committee, and Personnel Committee.

Dr. Dara Bourassa

Dr. Bourassa is a member of The Closure Project, sponsored by the Partnership for Better Health in Carlisle (end of life issues) and The Aging Task Force, sponsored by The Foundation for Enhancing Communities in Harrisburg (health literacy for older adults).

Her article, "Examining self-protection measures guarding adult protective services social workers against compassion fatigue," was accepted in the *Journal of Interpersonal Violence*.



She has presented at various conferences, including the MiRage Conference in Pittsburgh. MiRage provides resources and recommendations for those committed to meeting the needs and interests of aging individuals in the ID service system. She has presented for several webinars sponsored by the Pennsylvania Behavioral Health and Aging Coalition and two sessions at the Building Bridges Conference in Camp Hill on topics including compassion fatigue, caregiver burden, and the differences between compassion fatigue and burnout.

Dr. Jen Clements

Dr. Clements volunteered in Rwanda over spring break 2014 with TEACH Rwanda (see article about TEACH Rwanda). She took sabbatical during the spring semester 2013 for work supporting Trauma Art Therapy Narratives research project in Rwanda.

She co-edited *Riding the Mutual Aid Bus and other Adventures in Group Work*, a book about group workers' stories from the field that is part of the Days in the Lives of Social Workers collection.

She serves as Vice-President of the International Association for Social Work with Groups (formally AASWG, Inc.)

As a Licensed Clinical Social Worker in the state of Pennsylvania, she serves on several community boards and provides training and supervision for trauma and child welfare.

Dr. Liz Fisher

Dr. Fisher works with the Shippensburg Community Resource Coalition (SCRC). This year, she and many social work students in research class are conducting a community needs assessment that includes multiples methods of data col-



lection about social service and youth programming needs in Shippensburg. She is vice-chair of SCRC.

She volunteers with the YWCA Carlisle Sexual Assault/Rape Crisis Services.

She published "Transformational leadership among grassroots social service organizations" in *Community Development* in 2013. Her article, "Listening to women through an empowering program," will be published in *Groupwork* in 2014.

Dr. Marita Flagler

Dr. Marita Flagler was appointed by the Cumberland County Board of Commissioners on the Cumberland County Mental Health and Intellectual and Developmental Disabilities Advisory Board. She is a member of the Residential Task Force of Cumberland and Perry Counties—a network of community members, people with disabilities, their families, and service providers who advocate on the inclusion of people with disabilities in all areas of life and provide guidance on the development of new services. She is co-chair of Cumberland Perry Respite Care, which, in collaboration with UCP and the Autism Society of Greater Harrisburg Area, provides free Friday evening respite care services to about sixty families in Shippensburg, Carlisle, and Mechanicsburg.

In collaboration with the Inclusive Basketball Club, she organizes the inclusive basketball games for community members with disabilities and university students. More than 120 individuals have participated in the twenty sessions organized for people of various abilities at the Henderson Gym over the fall and spring semesters. Together with PIE (People Involved Equally) in April 2013, Inclusive Basketball organized the 2013 Inclusive Party for community members with intellectual and developmental disabilities and university students.

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FACULTY KUDOS

(Continued from page 7)

- Since 2011, she has organized pro-bono training sessions for sixty staff of the day programs of United Cerebral Palsy of Central Pennsylvania. In 2013, the topic was "Supporting Program Participants Develop Social Capital."
- In the last two years, she has served as a social policy consultant for the government of Albania through a project funded by a grant of the European Union Delegation in Albania. She led the work for the preparation of the National Standards of Services for People with Disabilities in Albania through a participatory approach, conducted the study, "Perception of the Effectiveness of the Standards of Services for People with Disabilities of the Albanian Government and the Needs for Changes," led several train-the-trainers workshops on the implementation of the new standards, and prepared the curriculum and materials for regional training workshops on policies for home and community based services.
- In March 2014, she presented her paper, "Involving Social Work Students for Sustainability through a Research Course Activity," as well as the co-authored paper, "Research Club: Changing the Perception of Research Among BSW Students" at the Annual Conference of the Association of Baccalaureate Social Work Programs in Louisville, Kentucky.

Dr. Deborah Jacobs

- Dr. Jacobs serves on the board of Safe Harbour in Carlisle, a Cumberland County non-profit agency serving the needs of people who are homeless or potentially homeless. She is chair of the program committee, a sub-committee of the board, which develops new supportive program components to meet the needs of residents of Safe Harbour facilities. She helped to develop a Life Skills program for women in the shelter that is facilitated by Suzanne Hoedemaker, an MSW graduate of Shippensburg. Her committee also is working with the Stevens Center in Carlisle to develop a mental health liaison service at Safe Harbour

to ensure smooth access to behavioral health services for residents of Safe Harbour programs.

- She worked extensively on the reaffirmation for the MU-SU MSW program, which was reaccredited through 2022.
- She is on the Executive Committee of the faculty union, APSCUF, and presented an on-campus workshop with Dr. Minnick at the Academic Innovations Conference sponsored by PASSHE and Shippensburg University.

Dr. Michael Lyman

- Dr. Lyman received a Teaching and Learning Conference/Workshop Grant to attend the Sloan Consortium International Conference on Online Learning in Lake Buena Vista, Florida, in November 2013.



- He is working with Dr. Bourassa and Dr. Minnick to evaluate psychoeducational groups to address mental health literacy and substance abuse among rural older adults. Their findings were presented at the thirty-fifth annual Symposium for Social Work with Groups, Sponsored by the International Association for Social Work with Groups in Boston. This project is being conducted in collaboration with the Pennsylvania Behavioral Health and Aging Coalition and is continuing into the 2013-14 academic year.

- As a part of his work with the Social Work Research Club, he attended the 2013 Annual Baccalaureate Social Work Education Conference in March 2013, in Myrtle Beach, South Carolina. Students from the Research Club presented their work there as well as at the Annual Meeting of the Pennsylvania Association of Undergraduate Social Work Educators in State College and at the Celebration of Student Research Conference at Shippensburg.

- He was awarded a Summer Undergraduate Research Experience Program grant with BSW student Jeong Ah Seo. They worked on a report on the Program Evaluation of Shippensburg Produce and Outreach. The data collection and analysis for this report was conducted by the spring 2013 MSW Advanced Research Methods class. They also are working to publish a journal article with data from their findings. Ms. Seo worked with Dr. Lyman to prepare presentations of their findings at various conferences on campus.

Dr. Dorlisa Minnick

- Dr. Minnick presented her paper, "Building Social Enterprise Capacity Among Women-Focused NGOs in Guatemala," at the 2014 Annual Conference of the Society for Social Work and Research in San Antonio, Texas. This paper was an outcome of her work in Guatemala in 2013.



- In 2013, she presented her paper "NGOs Increasing Indigenous Women Rights in Guatemala through Women's Circles" at the International Conference on Human Rights, Literature, the Arts, and Social Sciences at Central Michigan University. She also presented a paper on oppression among indigenous women in Guatemala at the 11th Biennial Conference of Caribbean and International Social Work Educators in Willemsted, Curacao.

- She co-authored a paper with Dr. Bourassa and Dr. Lyman, "Evaluation of a Psychoeducational Group to Address Mental Health Literacy and Substance Abuse among Rural Older Adults," which was presented at The XXXV Annual International Association for Social Work with Groups Symposium in Boston.

The Social Work Research Club

By Dr. Michael Lyman and Kathleen Prest

In 2012-2013, the SU Social Work Research Club conducted a research project based on the efforts of one member's research proposal from her BSW research course. Stephanie Diaz' (2013) proposal, "The Coming Out Process and Family Values" was carried out from start to finish. The Research Club did a mixed-methods study on how a person's family and their beliefs can make the coming out process more or less successful. They looked at the family's religious beliefs and values, the family's culture, and their political values.

The data was collected using the Lesbian, Gay, Bisexual Identity Scale (LGBIS) and Perceived Parental Reactions Scale (PPRS). After completing research the Research Club was able to present their findings at three different conferences. They traveled to Myrtle Beach to present at the annual conference of the Association of Baccalaureate Social Work Program Directors (BPD), where group members received positive feedback from a variety of other professionals. They then presented at the Pennsylvania Undergraduate Social Work Education Conference (PAUSWE) in State College, where the group won the award for best

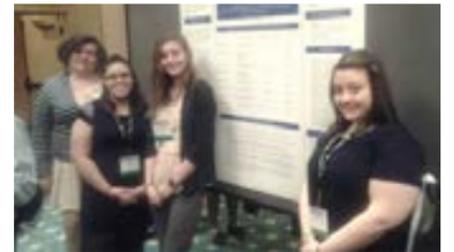
student poster. Finally, they also presented on campus at the Celebration of Student Research Conference.

This year, 2013-2014, the Research Club is conducting comparative research on the understanding of three social work models among undergraduate social work students in three different countries. This project is designed to compare the understanding of the residual, institutional, and social development models of social work practice among students in South Africa, South Korea, and our own, Shippensburg University. Club members are looking at the possibly making this a two-year research project to be able to get the most out of the data being collected. This project is currently in the data collection phase; however, there are plans to attend the BPD Conference again, which took place in Louisville, Kentucky, in March as well as the Celebration of Student Research Conference on campus in April.

This year the Research Club has welcomed the addition of the assistance of Dr. Jayleen Galarza as a mentor and advisor to the club. She, along with Dr. Michael Lyman, meets with the students weekly or sometimes more often to guide the research process. Research Club membership is growing this year as well, with between six and seven students regularly attending meetings and participating in the project.



PAUSWE 2013; Back (from left): Paul Gilmore, Stephanie Diaz; Front (from left): Tina Matos, Kathleen Prest



BPD 2013 (from left): Stephanie Diaz, Tina Matos, Brittany Foulds, Kathleen Prest

(Below) Back row, from left: Dr. Lyman, Kira Beard, Victoria Delis, Rachael Blacker, Briana Evans, Stephanie Diaz, Paul Gilmore. Front Row, left to right: Angie Cruz, LaShea Brumbraugh, Brooke Herrmann, Vanessa Gillen, Tina Matos, Kathleen Prest, Jaimie Serowsky, Danelle Wagner, Dr. Fisher



Dr. Liz Fisher, one of the recipients of this year's Gero Award. This award is given to campus faculty, staff and students for making outstanding contributions toward improving the status and condition of women at Shippensburg University. Congratulations to Dr. Fisher for her amazing efforts.



"Education is not the filling of a pail, but the lighting of a fire."

~William Butler Yeats

POC Class is Moving and Shaking!

Our students have undertaken many POC (Practice with Organizations) class projects over the past year. The following article by Shannon Pavlovic, written for the *New Social Worker* magazine, eloquently explains what the POC class is all about as well as highlights their fall 2013 projects. The spring 2014 class projects will be exhibited after the article.

The POC class is a great example of the service learning that is an integral part of the social work curriculum. Service learning provides students with the ability to discover and foster passions as well as explore many diverse and exciting areas of social work, all while positively impacting the community.

Social Work Students Target Community for Macro Change

By Shannon Pavlovic

While the autumn temperatures dropped, Shippensburg University social work students were just warming up. Practice with Organizations and Communities, a macro practice class referred to as "POC," is generally regarded as the climax of every social work student's college career and requires students to identify a social justice issue in the campus or local community and to work toward making change within that community. Located in rural Shippensburg, Pennsylvania, Shippensburg University was the perfect venue for this semester's project planners. Projects benefited local social services agencies, organizations, and populations.

In addition to offering students a real-life opportunity to practice macro-level skills such as networking and project development and implementation, social work

students also had the unique ability to devote their semester's work to enhancing the surrounding community. At the Ship World Party, an expo of sorts, the campus and local communities come to learn about many nations and cultures by eating food, reading posters, and collecting literature about each culture. "We wanted to provide the community with some cultural awareness. We educated about 250 people," explained Brandy Lautsbaugh, a group member of Ship World Party. Similarly, Christine Maxwell's group sought to educate the community about individuals with intellectual developmental disabilities. Called the Inclusive FUNd Tournament, this project brought together Shippensburg students and individuals with developmental disabilities over a friendly game of basketball. "We wanted to make people realize that these situations can be comfortable. We wanted to reduce stigma," Maxwell explained. These two projects sought to build community cohesion, to draw together and to educate diverse people about how much they all have to offer one another. The Inclusive FUNd Tournament also raised \$80 for a friendship fund for activities in the future.

Three groups focused their attention on Shippensburg and other nearby communities. The Halloween Festival, an arts, crafts, and food extravaganza, raised money to support the People Assisting People (PAP) Foundation, an organization that gives Shippensburg residents money to assist with their medical needs. "Mostly, we just wanted to raise awareness about the

foundation. All of the money we raised (\$400.00) went directly to community members in need," Kelli Bender, a social work student who helped organize the festival, reported. Like the festival's goals of raising funds and awareness, the Fall Into Relaxation group partnered with Cumberland/Perry Respite to auction off desirable products and raise money for a service that provides a few hours of respite for families of persons with intellectual and developmental disabilities. "Our contribution to the community was the partnership between the outside community and the campus community. Some people didn't know what respite was, and when they learned, they were willing to donate," says Meagan Rice of the Fall Into Relaxation project which raised \$689. Clothes for the Code, another project that geared its efforts toward a neighboring community, responded to the needs of low-income families faced with a new dress code at a local high school. Laura Hoffstetter explains that they "went past the project" by making the clothing drive a local tradition that continues permanently.

Some groups used Shippensburg University as their springboard for community change. Brittani Procknow, of Homeless for a Night, wanted to educate the university community about homelessness as a social issue and also about local resources for persons facing homelessness. "We wanted to define it for

people, and we wanted people to know what resources are available in the county," she explained. The event was attended by sixty students and raised \$80 for the homeless. Also in the spirit of educating students about social issues, ACT (address, communicate, and teach) on Bullying facilitated a workshop for university students in an effort to teach them the signs, consequences, and interventions for various types of bullying. "We

had a diverse group of students attend, students from many majors in the campus community. We wanted them to know that bullying doesn't just happen in schools and that it should matter to them," explained Emily McCollister, ACT on Bullying's group leader. This activity was attended by thirty-five students. Sabrina Baarda, of College Life: Ship Style, led a group to reach out to an often forgotten about population: children of migrant workers. This project offered thirty-seven kids from the Lincoln Intermediate Unit in Chambersburg School district a snapshot of college life, making it a possibility in their minds. "We wanted to support community families. They are the community, too," Baarda stated.

Together, these eight groups of students cast their nets wide in an effort to catch the attention of both the local and university community members. There are often imperceptible forces at work in each community, and these students wanted to shine light on the unmet needs and available resources of a diverse community. Although each group painstakingly created measurable goals to evaluate project effectiveness, the true impact can never be measured. These students educated, advocated, fund-raised, and changed a community in the best way they know how—through social work.

In addition to offering students a real-life opportunity to practice macro-level skills such as networking and project development and implementation, social work students also had the unique ability to devote their semester's work to enhancing the surrounding community.

Spring 2014 POC Projects



Court Appointed Special Advocates (CASA)

"The mission of the Cumberland County Court Appointed Special Advocate (CASA) Program is to assist the court in determining what is in the best interest of abused and/or neglected children whose cases are within the court system. Through objective investigation and observation with the focus on the child assigned, trained CASA volunteers will develop and present their recommendations to the court to aid in establishing a safe, permanent and nurturing home in an expeditious manner." This group worked with a student at Dickinson College to recruit more CASA volunteers for the Shippensburg area because there are limited numbers available for our area.

Relevant website(s): [Cumberland County CASA](#)



Poverty Simulation

Students worked to plan and implement a poverty simulation on campus. A poverty simulation is an event that provides participants with more understanding of the challenges

that face residents with limited incomes. They recruited volunteers to work at the simulation and participants to attend, both from on and off campus.

Relevant website(s): [Community Action Commission](#)

Community Day at Harvest Square and The Cottages



Students in this group worked with residents and staff from two neighborhoods in Shippensburg that accept Section 8 vouchers (lower income housing) to plan a community event sponsored by the Shippensburg Community Resource Coalition (SCRC) with funds from Summit Endowment. The event helped to build relationships between the two neighborhoods and publicize the SCRC and its Summer Lunch Program.

Relevant website(s): [Cottages](#); [Katie's Place](#)

TEACH Rwanda

"TEACH Rwanda is a new nonprofit organization dedicated to partnering with educators, government officials, and families in Rwanda to provide engaging educational opportunities for young children. We invite you to explore our website to discover more about our vision, why we began, who we are, and how you can join our leadership team to empower teachers and families in Rwanda." Students in this group planned and implemented a fundraiser and educational campaign to support TEACH Rwanda.

Relevant website(s): [TEACH Rwanda](#)

Food Recovery Network

"Food Recovery Network unites students on college campuses to fight waste and feed people by donating the surplus unsold food from their colleges and donating it to hungry Americans. Founded in 2011, FRN has grown to include chapters at 46 colleges and universities in 21 states that have recovered over 235,000 pounds of food. Each chapter works with on-campus dining halls and other, off-campus eateries to divert food from the landfill to community members in need, while also raising awareness on issues of food waste and hunger in America. By 2018, Food Recovery Network aims to be on 1,000 campuses and to have donated 10 million pounds of food." Students in this group worked to establish an SU chapter of the organization and established a trial run of distributing food from Reiser Dining Hall.



Relevant website(s): [Food Recovery Network](#); [Community Action Commission](#)

"The good you do today, people will often forget tomorrow; do good anyway." ~ Mother Teresa

Social Work Month Trip

Students in this group worked with SWO (Social Work Organization) to plan and implement a volunteer service learning trip for social work students during the spring semester. The trip was to the

Baltimore area and included educational and service opportunities including the beautification of blighted communities. Nicky O'Reilly, a BSW alum and adjunct instructor at Ship, as well as a Ph.D. candidate at the University of Maryland, also joined the group. ■



Gee, Whoa... What's up with GSWO?

The Graduate Social Work Organization (GSWO) was created in the fall of 2006. The club includes foundation year and concentration year students as well as full-time and part-time students, so all MSW students are welcome. The leadership structure includes a chair, vice chair, and faculty advisor with the chair generally being a student graduating that year and the vice president graduating the next year to ensure consistency and a smooth transition from year to year. During this (2013) year, Janelle Flannagan is the chair, Mandy Smith is the vice chair, and Dr. Dorlisa Minnick is the faculty advisor. Meetings are once per month and alternate between Wednesday and Thursday in order to accommodate both part-time and full-time students. Membership is open to all MSW students and participation in meetings varies based upon the day of the week and the time.

One of the main projects of GSWO is the MSW graduation reception that takes place prior to the graduation ceremony. This reception has quickly become a tradition in the Social Work and Gerontology Department with many family and friends joining

the graduates for refreshments and celebration as the graduates move from students to social work colleagues.

Because GSWO is relatively new, they are working to build up the club and establish it on campus. This year, GSWO volunteered at Washington County Coalition's Homeless Resource Day. The event was held on March 1, 2014 at Turning Point in Hagerstown, Maryland and included vendors that provide resources for those who are homeless or near homeless. Volunteers assisted individuals with completing intake assessments and helped guide them through the stations at the event, even assisting them with signing up for benefits or services.

GSWO is always looking for suggestions or ideas for events and/or service opportunities. If you would like to provide feedback or learn more about the organization, you may contact Dr. Dorlisa Minnick (DJMinnick@ship.edu) or Mandy Smith (ak3601@ship.edu).

MSW Field Information

Name	Agency	Field Instructor
Cassandra Arnold	Tuscarora School District	Jennifer Kiska
Jason Bacon	Bethany Village	John Bowen
Dana Beaver	Laurel Life- Ben Chambers Elementary	Caroline Cardwell
Karin Brownawell	CAIU, Hill Top Academy	Peter Fidgett
Trisha Dandi	Franklin County Children & Youth	Brian Mader
Jessica Davis	Shippensburg Head Start	Linda Butts
Stephanie Diaz	Chambersburg Hispanic American Center	Marilyn Ross
Liz DiNunno	YWCA, Harrisburg	Debbie Bauer
Rachel DiStefano	Holy Spirit- Long Term Behavioral Health	Amy Waugh
Susan Dunleavy	Lutheran Home Care and Hospice	Sharon Hartman
Janelle Flanagan	United Way of the Capital Region	Tim Whelan
Karen Galbraith	YWCA- Carlisle	Laura Masgalas
Catya Gilbert	Adams Hanover Counseling	Erin Glenn
Jennifer Glunt	Mechanicsburg School District	Gina Daniel
Jamie Harrison	Family Care Services	Tammi Tanner
Laura Hummel	Mazzetti & Sullivan	Andrew Schmitt
Andrea Kashner	The Shook Home	Jeff Truhan
Nakeesha Kenney	Horizons Hospice	Roben Waddell
Jennifer McCullough	Tuscarora School District	Jennifer Kiska
Tami Nesmith	Washington County MH Center	Lindsay Anderson
Janelle Normand	PSU Dickinson School of Law	Gary Shuey
Tara Sarge	Cumberland/Perry IDD	Sue Carbaugh
Laura Slagle	PPI Harrisburg	Frances Montresor
Amanda Smith	Brooklane- Laurel Hall Program	Wendy Mellott
Betty Snyder	Adams Hanover Counseling	Michelle Rubio
Linda Stone	Hospice of Central PA	Susan Resavy
James Telesky	Roxbury Treatment Center	Melissa Mueller
Kara Thomas	Franklin County Day Reporting Center	Kimberly Eaton
Carrie Tressler	Turning Point	Diana Hackey
Rebecca Voss	Children's Advocacy Center	Brecia Nevada
Danelle Wagner	National Sexual Violence Recovery Center	Donna Greco

Shippensburg Community Resource Coalition

The Shippensburg Community Resource Coalition (SCRC) is "a collaborative effort to provide quality social services and youth programs that are accessible and safe and that recognize the dignity and worth of each person. [Their] goal is to help community members reach their full potential."

SCRC partners with Shippensburg University, campus members, and community representatives. Our own Dr. Liz Fisher is vice-chair of the board and instrumental in the creation of the coalition. She was recognized for her work with the SCRC through the Shippensburg Chamber of Commerce Common Ground Award. In addition, the SCRC received the "Partner of the Year" award from the Community Action Commission.

The SCRC's goal is to provide a central location for access to social services and youth programs in Shippensburg. One of the unique aspects of Shippensburg is that it is in both Cumberland and Franklin Counties. This can make understanding and accessing social services difficult. The coalition has plans to provide a wide variety of services such as tutoring, recreational activities, counseling, access to basic needs such as food and clothing and access to the county social service programs. It will also provide educational experiences for SU students in many different undergraduate and graduate programs, including undergraduate and graduate social work internships

The coalition is conducting a community assessment (see below for details), with

help from several social work classes, which will inform the SCRC of the needs of the community which will help to direct the efforts of the organization moving forward.

The following are some of the projects, activities, and outreach efforts the SCRC has done in the past year:

- ❑ Worked with four local churches to provide free lunches every day of the summer to Shippensburg children.
- ❑ Provided lunches and activities every Wednesday and, thanks to a grant from the Summit Endowment, provided field trips and additional support
- ❑ Dr. Laurie Cella, English professor and SCRC board member, partners with the Franklin County Literacy Council to provide classes for adult residents of Shippensburg who are English Language Learners while collaborating with SU faculty and students.
- ❑ SCRC participated in the Blessing of the Backpacks, a community event in which children receive backpacks with school supplies as well as free haircuts. The event also includes games, activities, and a free meal by the Memorial Lutheran Church. This will take place again in August 2014.
- ❑ SCRC coordinated a Community Day in spring 2014 for Harvest Square and the Cottages of Shippensburg. There were information tables, games, activities and the Agricultural Education Bus, supported by a grant from Summit Endowment.

❑ SCRC is partnering with the Shippensburg Human Service Council to coordinate and promote monthly networking meetings for human service providers.

❑ The SCRC Board of Directors created a strategic plan in January 2013 to guide development over the next 3 years. The plan includes building organizational capacity, expanding programming and strengthening partnerships.

❑ A community assessment is underway that includes surveys, focus groups, community meetings and existing data to understand more about the needs and priorities in Shippensburg that are related to social services, counseling and youth programs. Students have been involved in many ways including organizing kickoff events, distributing surveys and they conducted focus groups fall 2013. Students are working to analyze data in the spring 2014. This community assessment will assist in guiding the direction of the SCRC and will impact the strategic plan by helping to clarify direction by identifying the needs of the community.

❑ Students in Dr. Carla Kungl's Advanced Writing class are creating an SCRC website this semester.

Stay tuned, as the SCRC is developing quickly and has big things in store. Learn more at www.katiesplaceatship.org/Center.html or contact Liz at eafish@ship.edu or 717-477-1365.

Robert L Hewitt Vision for Excellence Scholarship

The Social Work Department Advisory Council started the Robert L Hewitt Vision for Excellence Scholarship in 1996. They raised the funds for the initial scholarship, which was awarded in 1997 in the amount of \$500. The fund has grown over the years and the department now is able to award two \$500 scholarships. Each year the applications are reviewed by a committee made up of Advisory Council members and faculty. Finalists are interviewed and awards are announced at senior presentations in December.

To be eligible for this scholarship, one must be a graduating senior who demonstrates commitment to the profession of social work, leadership ability, and have financial need. Students must have a 2.5 overall GPA with a 3.0 GPA in social work.

The department is seeking to grow these scholarships to include graduate students. If you are able to contribute to this scholarship, please [click here](#).



This year's recipients Cheryl Hershey, center, (graduated in Dec. 2013) and Sabrina Baarda, right, (graduated May 2014) are pictured with Dr. Jacobs, left.

"We make a living by what we get, but we make a life by what we give."

~Winston Churchill

SWO What?

SWO, the Social Work Organization on campus, is a very active group. SWO President Kathleen Prest says, "We do a lot." And she means it!

SWO has monthly meetings, a fundraiser each semester, participates in conferences, and provides volunteer opportunities on and off campus for social work majors. SWO also supports a number of events and groups on campus. They support Residence Life events, such as a Drug and Alcohol Awareness event called "House Party." They support the Practice with Organizations and Communities class through providing monetary support for proj-



SWO is selling this T-shirt this year.

ects, trips, and events. SWO also supports campus events such as Earth Day, Children's Fair, Relay for Life, and Take Back the Night. Prest also explains that SWO supports inclusive events, such as last year's all-inclusive basketball game.

Prest has been the President of SWO for two years. This year's Vice President is Jenn Rodgers, the Secretary is Jovanna Wylie, and the Treasurer is Alexis Kasun. SWO has approximately 60 active members, but all undergraduate social work students are automatically enrolled in the organization and are welcome to participate. Unlike many clubs on campus, SWO does not collect dues. All of their money comes from fundraisers. During monthly meetings, members participate in activities (such as making breast cancer ribbons or valentines cards for individuals at South Mountain Restoration Center) or host speakers to discuss various social work related topics.

For more information, visit [SWO's Facebook page](#).



Dr. Marita Flagler (middle front) with BSW students and community members.

Inclusive Basketball

Six years after its start, the Inclusive Basketball program is still going strong. Every Saturday throughout the semester about thirty individuals, who are both students and community members with disabilities, meet together at Henderson Gym to play basketball. Although it is open to all students on campus, its core support comes from social work students. Angela Pagliaro, the Inclusive Basketball Club president, says that "Everyone that participates enjoys this club so much! People walk out of the gym with big smiles on their faces because of all the fun they had."



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