



WELL-BEING INITIATIVE 2010/2011 INDIVIDUAL ACUPUNCTURE



**February 27 and April 2
Horton Hall 205
12:00 to 4:20**

Custom treatment based on the needs of each participant

Discuss individual health concerns one-on-one with the acupuncturist, experience a sample of the Chinese medical intake, including pulse and tongue diagnosis, and receive gentle stimulation of a few hand, foot and/or body acu-points. Participant may need to remove some exterior garments, and will be resting on a massage table for the treatment. Approx 35 minutes start to finish.

All treatments will be provided by Ruth M. Busko, M.Ac., L.Ac., Dipl.Ac., licensed acupuncturist and clinic director at the Keystone Acupuncture & Wellness Center in downtown Carlisle.

By appointment- \$35 for 35 minute session. Fee payable at the time of service.

Please complete the registration form and email to mwilson@ship.edu fax to extension 4037 or send to Human Resources, attention Maryrose Wilson, **NO LATER THAN:**

- **Feb 23 for Feb 27 session**
- **Mar 29 for Apr 2 session**

Name		Email	
Dept		Extension	

Feb 27

Apr 2

Preferred time

<input type="checkbox"/>	12:00- 12:35
<input type="checkbox"/>	12:45 – 1:20
<input type="checkbox"/>	1:30 to 2:05
<input type="checkbox"/>	2:15 to 2:50
<input type="checkbox"/>	3:00 to 3:35
<input type="checkbox"/>	3:45 to 4:20

Alternate time

<input type="checkbox"/>	12:00- 12:35
<input type="checkbox"/>	12:45 – 1:20
<input type="checkbox"/>	1:30 to 2:05
<input type="checkbox"/>	2:15 to 2:50
<input type="checkbox"/>	3:00 to 3:35
<input type="checkbox"/>	3:45 to 4:20