2019 SUMMER CAMPS

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<th>AGE GROUP</th>
<th>DATES</th>
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<td>Tennis Day Camp I</td>
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<td>Chemistry Camp</td>
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<td>Girls Volleyball Camp I</td>
<td>Girls Ages 12–18</td>
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<td>Girls Cross Country Camp</td>
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<tr>
<td>Boys Cross Country Camp</td>
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<tr>
<td>Girls Volleyball Camp II</td>
<td>Girls Ages 12–18</td>
<td>July 28–31</td>
</tr>
</tbody>
</table>

CAMP SCHEDULE

**CHECK IN**
Sunday, June 23, 13:30–2:30 pm
or
Monday July 15, 9:00 am
Organizational meeting will be held immediately following check in.

**CHECK OUT**
Wednesday June 26, 4:00 pm
or
Tuesday July 16, 7:00 pm

**SAMPLE DAILY SCHEDULE**

<table>
<thead>
<tr>
<th>Session</th>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>8:30 am</td>
<td>Rise and shine</td>
</tr>
<tr>
<td>I</td>
<td>9:00 am</td>
<td>Breakfast</td>
</tr>
<tr>
<td>II</td>
<td>9:00 am</td>
<td>All campers report to the softball field</td>
</tr>
<tr>
<td>II</td>
<td>11:45 am</td>
<td>Lunch</td>
</tr>
<tr>
<td>II</td>
<td>1:00 pm</td>
<td>Session II</td>
</tr>
<tr>
<td>II</td>
<td>5:00 pm</td>
<td>Dinner</td>
</tr>
<tr>
<td>III</td>
<td>6:00 pm</td>
<td>Session III</td>
</tr>
<tr>
<td>III</td>
<td>7:30 pm</td>
<td>Commuters depart</td>
</tr>
<tr>
<td>III</td>
<td>8:30 pm</td>
<td>Free time</td>
</tr>
<tr>
<td>III</td>
<td>10:00 pm</td>
<td>In residence hall</td>
</tr>
<tr>
<td>III</td>
<td>10:30 pm</td>
<td>Lights out</td>
</tr>
</tbody>
</table>

**ROOMS**

- Campers will be housed in suite style residence halls. Amenities include air-conditioning and a bathroom for every two campers.
- Indoor swimming, indoor and outdoor basketball courts (if available), outdoor volleyball courts, tennis courts, and handball courts.
- Campers will be housed in four-person suites. Space is limited to facilitate individual attention.
- Four-person suites are not responsible for lost or misplaced belongings.

**HEALTH SERVICES**

- The Etter Health Center at Shippensburg University is available for first aid treatment of minor illnesses and injuries. Hours of operation vary throughout the year and are listed on the health center website ship.edu/health_center. If an illness or injury requires additional medical care, with consent of parent or legal guardian of child under the age of 18, arrangements may be made for an appointment with the campus physician during physician hours. If there is a medical emergency the camper will be transported via ambulance to an emergency room.

**DISABILITY SERVICES**

- Requests for accommodations, auxiliary aids, or services must be made in writing to the Office of Disability Services at least fifteen (15) days before the camp begins. The Office of Disability Services is located in Horton Hall Suite 324, Shippensburg University, 1871 Old Main Drive, Shippensburg, PA 17257-2299, (717) 477-1364, ods@ship.edu.

**WHAT TO BRING**

- Softball pants, bat, glove or mitt, hat/visor, helmet, sneakers, old clothing, sunscreen, swimsuit, blanket and other necessities if boarding.
- Campers need their own gear, i.e. mask, chest protector, shin guards. Please label your gear.

**GENERAL CAMP INFORMATION**

**REGISTER EARLY**

- A certificate of health must be presented by each participant at the camp’s registration. If you register by mail, a standard form will be sent. Health forms are available for download on our website at ship.edu/camps. This form does not require a physician’s examination or signature.

- The university is not responsible for lost or misplaced belongings.

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- Campers will be housed in suite style residence halls. Amenities include air-conditioning and a bathroom for every two campers. You will need to bring sheets, pillow, pillow case, towels, blankets, and washcloths with you. Coin operated washers and dryers are available on each floor in the residence hall.

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**RECREATIONAL FACILITIES INCLUDE**

- Indoor swimming, indoor and outdoor basketball courts (if available), outdoor volleyball courts, tennis courts, and handball courts.

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SU FAST PITCH SOFTBALL CAMP
This is an intense high impact camp designed to improve individual skills regardless of the player’s current skill level. The objectives will be reached by intense and concentrated practice of fundamental skills and techniques of softball. Designed to develop and improve players’ individual skills and competition performance, intense one-on-one instruction. Six hours of instruction, analysis, and games per day.

FEATURES
All participants will generally practice and play in their own age groups. However, dependent upon skill level, we reserve the right to move a participant up or down the age groups.

All campers will receive instruction in hitting, infield, and outfield. If you wish instruction in pitching or catching, you must select one of the two as your primary position.

The participant will have the use of all the latest training aids including soft toss and pitching machines, batting cages, speed guns, soft hand gloves, wrist watch bats and clicker stick bats.

FACILITIES
The SU Fast Pitch Softball Camp will be conducted on the beautiful Shippensburg University campus which includes three softball diamonds and a large instructional area. Two fields are equipped with lights for night games and practices. Indoor facilities will be available in case of inclement weather.

APPLICATION INFORMATION
Applications will be accepted up to one week prior to the start of camp. Applications submitted after that will not be accepted. If paying with a credit card, full payment is required. If paying by check or money order, you have the option of paying the entire amount or submitting at least a $75 deposit with the balance due one week prior to start of camp. An administrative fee of $75 will be deducted from all refunds. No refunds will be given for on-campus check-in. Conference Services reserves the right to cancel any camp that has insufficient enrollment up to two weeks before the opening of camp. A full refund will be given if the camp is canceled. Send your application and payment to:

CONFERENCE SERVICES
SHIPPENSBURG UNIVERSITY
1773 OLD MAIN DRIVE
SHIPPENSBURG, PA 17257-2299
PHONE: (717) 477-1256

STATE

The camp will be taught by the Shippensburg University coaching staff and a select group of highly qualified coaches and collegiate players. The camper/staff ratio will be approximately 12:1. The permanent staff for the camp includes the following:

ALISON VAN SCYOC
Alison Van Scyoc is the Head Softball Coach at Shippensburg University. She is entering her third season as the head coach at Shippensburg University. In her first two seasons as head coach, Shippensburg has qualified for the PSAC tournament. Last season the Raiders placed 2nd in the PSAC East Conference. As an assistant, Alison helped guide the 2013 and 2014 teams to their PSAC Conference Championships and to two Regional appearances. Alison has significant knowledge in all areas of the game including hitting, defense, slapping and pitching. Prior to coaching Alison had a 4 year playing career at the University of Virginia where she primarily caught and played outfield.

DINA CHIAPPELLI:
Dina is an assistant coach at Shippensburg University. She assists in all facets of the game. She comes to Shippensburg after finishing her playing career at Avernia University in 2011. At Avernia, Dina was a utility player spending time at Shortstop, 2nd base, and in the outfield. She has great insight into the mental approach to the physical demands of softball.

EMILY VAN SCYOC:
Emily is the pitching coach for Shippensburg University. She is a 2014 alumnaus of Shippensburg. Emily had a tremendous career at Shippensburg finishing 3rd all-time in wins by a pitcher, 2nd all-time in strikeouts, and 2nd all-time in strikeouts per seven innings. Emily has significant knowledge in coaching and teaching pitchers of all ages.

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REGISTRATION APPLICATION

2019 SU FAST PITCH SOFTBALL CAMP
For your convenience, the Conference Office offers online registration, payment, and printable brochures. Check out our website at ship.edu/camps.

Name ____________________________
Address __________________________
City __________________ State _______ Zip Code ______
Phone Number (______) __________

Age ______ Grade in Fall of 2019 ________
Parent’s Name ____________________________
Daytime Phone Number (______) __________
E-mail ________________________________
School Attending __________________________
Roommate Preference ____________________
(Only two campers per room)

PRINCIPAL POSITION (SELECT ONE ONLY):
□ Pitcher  □ Catcher  □ Infield  □ Outfield

WEEK 1:
□ June 23–26, 2019 (Ages 10–13, up to and including 8th graders. 8–9 year olds will be accepted as commuters.)

FEES:
□ $185 Commuter Plan (2 lunches, 1 dinner)
□ $225 Resident Plan (all meals included)
□ $375 Resident Plan (all meals included)

WEEK 2:
□ July 15–18, 2019 (Grades 9–12)

FEES:
□ $225 Resident Plan (all meals included)
□ $375 Resident Plan (all meals included)
□ $480 Commuter Plan (2 lunches, 1 dinner)

PAYMENT PLAN:
□ Check or money order enclosed
□ Check or money order enclosed
□ Check or money order enclosed

(Please make check payable to “Shippensburg University”)

Credit card payments and e-checks will be accepted online at ship.edu/camps as part of the registration process. If paying by credit card or e-check, full payment is required at the time of registration.

REGISTER NOW
CALL (717) 477-1256
VISIT ship.edu/camps
E-MAIL sucamps@ship.edu