2019 SUMMER CAMPS

CAMP SCHEDULE

CHECK IN
Day camps, Monday, July 8 and 15, 8:45 am
Residential camp, Monday, July 22, 8:45 am

CAMP DISMISSAL
Day camps, 3:00 pm daily
Residential camp, Friday, July 26, 3:00 pm

DAY CAMP SCHEDULE

9:00–9:30 am Warm-up/Conditioning
9:30–10:30 am Tennis instruction
10:30–10:45 am Snack break
10:45–12 pm Drills/Games
12:00–1:00 pm Lunch
1:00–3:00 pm Tennis games and match play
* We will have swim sessions throughout the week, times TBD.

GENERAL CAMP INFORMATION

REGISTER EARLY
Space is limited to facilitate individual attention.

WHAT TO BRING
- A certificate of health must be presented by each participant at the camp’s registration. If you register by mail, a standard form will be sent. Health forms are available for download on our website at ship.edu/camps. This form does not require a physician’s examination or signature.
- Each camp attendee must bring two tennis racquets and at least one pair of tennis shoes. Since we will be swimming, please bring a towel, bathing suit (one piece), and goggles. A water bottle and snacks are also recommended. Please label your gear. The university is not responsible for lost or misplaced belongings.

RECREATIONAL FACILITIES INCLUDE
Indoor swimming, indoor and outdoor basketball courts (if available), outdoor volleyball courts, tennis courts, and handball courts.

HEALTH SERVICES
The Etter Health Center at Shippensburg University is available for first aid treatment of minor illnesses and injuries. Hours of operation vary throughout the year and are listed on the health center website ship.edu/health_center. If an illness or injury requires additional medical care, with consent of parent or legal guardian of child under the age of 18, arrangements may be made for an appointment with the campus physician during physician hours. If there is a medical emergency the camper will be transported via ambulance to an emergency room.

ACCESSIBILITY RESOURCES
Requests for accommodations, auxiliary aids, or services must be made in writing to the Office of Accessibility Resources at least fifteen (15) days before the camp begins. The Office of Accessibility Resources is located at Shippensburg University, 1871 Old Main Drive, Shippensburg, PA 17257-2299, (717) 477-1364, oar@ship.edu.

SHIP.EDU/CAMPS

Directed by:
Lindsey Tennis,
Head Women’s Tennis Coach
Shippensburg University

SHIPPENSBURG UNIVERSITY
1871 OLD MAIN DRIVE • SHIPPENSBURG, PA 17257
P: (717) 477-1256 • E-mail: sucamps@ship.edu

Shippensburg University is a member of Pennsylvania’s State System of Higher Education and an equal opportunity educational institution. Direct requests for disability accommodations and other inquiries to the Office of Accessibility Resources, Shippensburg University, 1871 Old Main Drive, Shippensburg, PA 17257-2299, (717) 477-1364, oar@ship.edu.

RAIDER CAMPS

BOYS’ AND GIRLS’ CAMP

DAY CAMP: JULY 8–12, 2019
BOYS AND GIRLS • AGES 8–10
DAY CAMP: JULY 15–19, 2019
BOYS AND GIRLS • AGES 11–14
ELITE PREP CAMP: JULY 22–26, 2019
BOYS AND GIRLS • AGES 15–18

SHIP.EDU/CAMPS

2019 SUMMER CAMPS

CAMP AGE GROUP DATES
Swim Camp Boys and Girls Ages 10–18 June 3–6
Boys Basketball Camp Boys Ages 10–17 June 3–7
Soccer Camp Boys and Girls Ages 9–13 June 17–21
Girls Basketball Camp Girls Ages 10–15 June 23–26
Girls Softball Camp I Girls Ages 10–13 June 23–26
Acting and Theatre Arts Camp Boys and Girls Grades 3–6 June 24–28
Boys Basketball Day Camp Boys Ages 9–17 July 7–10
Girls Lacrosse Girls Grades 9–12 July 8–10
Tennis Day Camp I Boys and Girls Ages 8–10 July 8–22
Chemistry Camp Boys and Girls Ages 8–10 July 8–12
Girls Volleyball Camp I Girls Ages 12–18 July 14–17
Sprints and Hurdles Camp Boys and Girls Grades 3–6 July 14–17
Field Hockey Day Camp Boys and Girls Grades 3–6 July 15–17
Tennis Day Camp II Boys and Girls Ages 11–14 July 15–19
Girls Softball Camp II Girls Grades 9–12 July 15–16
Girls Cross Country Camp Girls Grades 9–12 July 21–25
Boys Cross Country Camp Boys Grades 9–12 July 21–25
Jumps Camp Boys and Girls Grades 9–12 July 21–24
Throw Camp Boys and Girls Grades 9–12 July 21–24
Tennis Residential Boys and Girls Ages 15–18 July 22–26
Volleyball Camp Boys Grades 9–12 July 22–26
Field Hockey Girls Grades 7–12 July 28–31
Girls Volleyball Camp II Girls Ages 12–18 July 28–31

SHIP.EDU/CAMPS

 Directed by:
 Lindsey Tennis,
 Head Women’s Tennis Coach
 Shippensburg University
SU TENNIS CAMP

Fun and fundamentals is what the Shippensburg University Tennis Day Camp is all about! Participation, quality coaching, and having fun while playing tennis makes Shippensburg University tennis camp the place children want to be this summer. This camp is for young athletes of all levels, whether brand new to the game or an experienced player. Campers will learn all of the major strokes through drills, participate in fun games, and enjoy other activities, such as swimming, arts and crafts, or other sports.

APPLICATION INFORMATION

Applications will be accepted up to one week prior to the start of camp. Applications submitted after that day will not be accepted. If paying with a credit card, full payment is required. If paying by check or money order, you have the option of paying the entire amount or submitting at least a $75 deposit with the balance due one week prior to start of camp. An administrative fee of $75 will be deducted from all refunds. No refunds will be given after on-campus check-in. Conference Services reserves the right to cancel any camp that has insufficient enrollment up to two weeks before the opening of camp. A full refund will be given if the camp is canceled.

Send your application and payment to:

CONFERENCE SERVICES
SHIPPENSBURG UNIVERSITY
1871 OLD MAIN DRIVE
SHIPPENSBURG, PA 17257-2299
PHONE: (717) 477-1256

CAMP DIRECTOR

LINDSEY TENNIS

Lindsey Tennis arrived at Shippensburg after serving as the assistant tennis coach at Bryn Mawr College for the 2016-17 season. She also has served as a youth instructor and as a professional tennis and racquetball coordinator for Philadelphia Sports Clubs, conducting many youth summer camps successfully.

She is certified in both adult and 10-and-Under instruction through the Professional Tennis Registry.

As a collegiate athlete at Bloomsburg University, Tennis earned All-PSAC Eastern Division First Team honors as a junior singles player in 2015. She was a Pennsylvania State Athletic Conference (PSAC) Scholar-Athlete who achieved twenty-four singles and twenty doubles victories for the Huskies in her career.