

# Justice, Peace and All That SHIP

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Shippensburg, PA 17257-2299  
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## THE SOCIAL WORK DEPARTMENT FACULTY AND STUDENTS SPEAK OUT ABOUT RACIAL INJUSTICE

**Erin Longfellow**  
*MSW Student*

On October 4, 2016, the faculty led a teach-in at Shippensburg University for students to discuss the overwhelming issue of racism in the United States and on our campus today. Four sessions throughout the day discussed concepts related to this social issue such as the history of racism, the concept of 'white-ness', racial diversity, and current policy associated with racism. Students participated in interactive activities and intense discussion where they found themselves outside their comfort zone. Students were asked to participate in critical thinking and brainstorm ways that social workers can advocate for those marginalized by racial injustice. Cassie Hoffman, a MSW student, stated, "I thought it was a great opportunity to connect

with other students and become aware of the racial injustice happening in a variety of communities." Faculty and students started a discussion and educational experience on cam-



pus about the racial injustices occurring in today's society. Christian Rock, a BSW student, stated "I felt that the social justice teach-in was very effective, because it brought the entire social work department together in addressing the social injustices that have been occurring on campus." An evaluation survey was sent to all students which will help

faculty plan future events.

The social work department is continuing the conversation with the activities scheduled for next se-

1. *Field trip to the African American Museum in Washington, DC*  
*This is part of the Diversity class but will be open to all*
2. *Conference on Social Inclusion*  
*April 7th*
3. *Social Justice Movie and discussion - 13th*  
*An in-depth look at the prison system in the United States and how it reveals the nation's history of racial inequality.*
4. *Lunch and learn series discussion on race and racism*
5. *Inclusive Party*
6. *Indigenous Rights Advocacy Activity*
7. *POC group projects some of which will focus on this topic*

**“OUR LIVES BEGIN TO END  
THE DAY WE BECOME SILENT  
ABOUT THINGS THAT  
MATTER”. –DR. MLK JR.**

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# MSW Student Intern Provides Disaster Relief in South Carolina

**Kimberly Suddith**

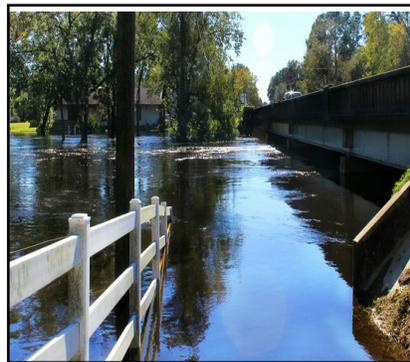
*MSW Student Intern*



On October 7, 2016, I boarded a plane at Dulles airport bound for Columbia, SC. The only information I knew for certain was there was a hurricane named Matthew leaving a swath of damage throughout the Caribbean, and that I was going to witness it myself within the next twenty-four hours. Even though I was feeling nervous, I was also very determined to use the opportunity to help those being affected and to learn as much as possible regarding the recovery process as it related to social work and disaster management.

Within two hours of landing, I met two other volunteers. We were quickly on our way to Bishopville, SC. Upon arrival, we set up our shelter and stocked food and supplies. We worked out the safest places for people to sleep and established plans in

case of a power outage. We set up welcome tables for registration, placed signs so people knew where to find us, and established private areas to discuss confidential topics. Within one hour of opening, we had our first client. By that evening, we had twenty-four residents in our shelter from ages four months to ninety-years-old. Even though we lost power and had a few minor roof leaks, we successfully rode out the storm. By the following afternoon as the storm ended, perfect strangers and had developed into a sup-



portive community. As residents began to leave, my oldest resident, a 90-year-old woman named Berthea, approached me and said something that I will never forget... she said "Darlin, my mother always told me that when someone does some-

thing nice, make sure you tell them. She told me not to wait until their funeral to give them their flowers, to give them their flowers while they are still alive and able to receive and appreciate them. So, I am giving you your flowers today. I want to thank you for being so sweet, kind, welcoming and for helping me through all of this."

When people ask me why I am a social worker, experiences like the many I encountered in South Carolina are why the student loan payments, long work and volunteer hours and often crappy working conditions are something I chalk up to being part of the experience! Nothing is more rewarding than a hug from a four-year-old child for the lunch I just made, a or the kind words from a sweet lady named, Berthea.





**Social Inclusion and Social Justice Conference 2017**  
**Shippensburg University of Pennsylvania**  
**Friday, April 7, 2017**

**Conference THEME: “Access”**

Our inaugural conference in 2016 successfully brought together diverse communities to learn new and exciting ways of collaborating by discussing and developing potential solutions for the pressing issues of today.

**We now seek to continue our work in 2017 to further promote the concept of social inclusion and social justice through the theme of gaining greater access to services and support for marginalized populations.**

INSINC’s second annual conference seeks to highlight a variety of professional speakers on the topics of social inclusion and social justice through increased accessibility including: mental health; LGBTQ; race; higher education; health care; older adults; criminal justice reform; child welfare; education; disabilities; and mentoring young professionals entering the social justice work force. INSINC, interdisciplinary in nature, seeks to advance and support activities that promote social inclusion of marginalized populations through research, training, and the development of programs which would serve as models for the field.

Please plan to attend, as this year’s conference will appeal to students, educators, and professionals alike. Online registration will be made available once candidates have been notified. Attendee’s may also purchase admission using cash or check at the door. Registration fees include \$35 general admission and \$10 for students. Lodging accommodations can be made through Courtyard Marriot for a discounted rate of \$83 per night. The hotel is located adjacent from the Conference Center at Shippensburg University. Conference attendees have been instructed to park in Commuter Lot C-7 for the duration of the event.

**Symposium:**  
***Recognizing the Impact of Trauma  
in Diverse Populations***

**Shippensburg University**  
**Ceddia Union Building**  
1871 Old Main Drive, Shippensburg

**Friday, March 24, 2017**  
1:00 - 3:30 PM



**FOR MORE INFORMATION CONTACT:**

**Charlene Lane, PhD, LCSW-R**  
Assistant Professor,  
Department of Social Work & Gerontology  
Mental Health Collaborative Chair  
[clane@ship.edu](mailto:clane@ship.edu)



# Faculty Kudos



## Dr. Elizabeth Fisher

- Presentation: Johnson, K., Clements, J. & Fisher, L. (June, 2016). We all write better together: Developing writing groups for social work students. Presentation at the International Association for Social Work with Groups Conference. New York City, NY.
- Serving as co-chair of the university's search for Dean, College of Education and Human Services.
- Continue to serve as the Vice-Chair of the Shippensburg Community Resource Coalition and on the YWCA Carlisle Sexual Assault/Rape Crisis Services advisory council.



## Dr. Jayleen Galarza

- Co-edited the 14th edition of *Taking Sides: Clashing Views in Human Sexuality*, released on October 14th.
- This edition contains pro and con style essays addressing twenty issues that tackle some of the most challenging and controversial topics in the field of Human Sexuality Studies.
- Keynote speaker at Widener University's "Careers in Sexuality Conference" on Sept. 30<sup>th</sup>.



## Dr. Dorlisa Minnick

- Partnership presentation given at CSWE Annual Program meeting on "The Refugee Crisis through a North-South Power Analysis". This presentation included collaborative research Dr. Minnick and Dr. Dubus (At San Jose State University) conducted through qualitative interviews with stakeholders in Germany and Switzerland.
- Affiliated scientist with the Center for Land Use and Sustainability and Principal Investigator on Cumberland County Comprehensive Plan Survey Development and Distribution. Project started late November and will continue through June, 2017. The project will focus on seeking feedback on the goals, objectives, and strategies outlined in the comprehensive plan impacting communities within Cumberland County.
- Oral paper "Using Community-Based Participatory Research Methods to Gain Access to Post-Secondary Education for Youth with Intellectual Disabilities" accepted at the 21<sup>st</sup> Annual Conference of the Society for Social Work and Research (SSWR). This research is based on methodology employed when working with the grassroots organization, DREAM Partnership; and county agencies of Cumberland and Perry County IDD and Dauphin County ID.

# Where are they now?



## **Heather Preece, MSW, Shippensburg University MSW, 2012**

Hoffman Homes is a psychiatric residential treatment facility serving youth ages 6-17. The children who come to Hoffman Homes are struggling with self-harm, aggression or, more often than not, both. On a weekly basis I am responsible for the mental health treatment for the kids on my caseload, which includes individual and family sessions. I also run two group sessions, one in the residence I am assigned to and one with children who identify as LGBT. Therapists at Hoffman Homes also handle the majority of the case management for the children on their caseloads. This could include referrals out to other services, connecting with other treatment team members and school districts, attending IEP meetings, etc. There is no “typical day” at Hoffman Homes. Due to the significant high risk behaviors displayed by the children in care, therapists get called in to escalated situations daily and have to use the verbal and non verbal de-escalation skills to encourage children to use their coping skills and make safe choices. It is our goal that when children leave Hoffman Homes, that they will go on to a family situation in which they can be happy and successful.

## **Loran Miller, LSW, Shippensburg University BSW, 2007; MSW, 2008**

Loran Miller is a school social worker at York City School District in a building that holds preschool to 8th grade. A day in the life of Loran as a school social worker looks something like this:

- 7:30AM– Arrive at the building, check emails, greet students as they arrive.
- 8-8:25AM– Students have breakfast, I check in on classrooms that tend to have conflict during this free time and assist the teachers (8th grade is especially challenging!)
- 8:25-9:25AM- Students have specialized reading instruction and we are not allowed to pull them, so I use this time to check in with the truancy officer, behavioral specialist, nurse, and Communities in School’s worker on student needs/concerns for the day.
- 9:25-12PM– Meet individually with students as needed (usually by referral from classroom teacher, principal, or school police officer) for work on social skills, conflict resolution, etc. If a student needs regular counseling or has ongoing needs, I refer to our in school counseling agency or to the behavioral specialist.
- 12-1PM– CASSP meeting for a student, includes Children and Youth Worker, parent, CASSP coordinator, and county MH/IDD worker.
- 1-1:30PM– Lunch meeting with students in 5th grade who are on the edge of being a truancy risk, often because of frequent tardiness. I create a goal plan and rewards to motivate them to arrive on time. It can be as simple as free time in my room to draw or a special lunch.
- 1:30-3PM– Classroom observations of students who have been identified as having needs, but aren’t currently receiving IEP or 504 plan services.
- 3-3:15PM– Walk a few blocks away to attempt a home visit, but as usual no parent response.
- 3:15-4PM– Document my work that day in our online system, make a list for the next day, follow up on any phone calls or emails.



Are you a BSW or MSW alumni? Share what you’ve been up to since graduation for the next Social Work & Gerontology newsletter! Email your updates to Dr. Jacobs at [dfjaco@ship.edu](mailto:dfjaco@ship.edu)

# MSW Field Placements, Fall 2016

## Concentration Year Students

Kirsten Baehr  
 Tayler Baker  
 Mary Bakner  
 Kacie Bodell  
 Chad Briggs  
 Tarisa Brinson  
 Johnna Casale  
 Carrie Cornell  
 Daria Datnoff  
 Victoria Delis  
 Karleena Delphey  
 Paige Fortier  
 Carrie Fowler  
 Megan Freter  
 Emily Gerlach  
 Ashley Heisey  
 Cassie Hoffman  
 Sarah Kelly  
 Marsha Knoll  
 Rebecca Lindtner  
 Erin Longfellow  
 Kendyl Marino  
 Sierra McCullough  
 Josh Meyers  
 Averiana Neuder  
 Brooke Pfisterer  
 Cayla Salmon  
 Theresa Schwarzwalder  
 Michelle Smith  
 Sheena Stoner  
 Kimberly Suddith  
 Ashley Tanner  
 Sean Travis  
 Julianne Tuttle  
 Margaret Wishard  
 Lynne Wright

## Field Placement

Pyramid Healthcare  
 Lebanon VA  
 Roxbury Treatment Center  
 CAC for the Homeless  
 Hempfield Behavioral Health  
 Laurel Life Services  
 Evolutions Counseling  
 Hempfield Behavioral Health  
 Franklin Family Services  
 LIU MEP  
 Hempfield Behavioral Health  
 Hershey Medical Center  
 Planned Parenthood  
 LIU Hanover  
 Survivors  
 Holy Spirit Hospital  
 Manor Care– Carlisle  
 Celtic Hospice  
 Tuscarora School District  
 Cumberland/Perry IDD EI  
 Aspirations, LLC  
 Family United Network  
 Domestic Violence Services  
 CAIU Hilltop Academy  
 Tuscarora School District  
 YWCA Carlisle  
 Chambersburg Hospital  
 River Rock Academy  
 Mechanicsburg High School  
 Pinnacle Health– REACCH  
 American Red Cross  
 Hoffman Homes for Youth  
 Schuylkill County MH/IDD  
 The Shook Home  
 Brook Lane  
 PANO

## Field Instructor

Kathy Beidel  
 Tammy Shay  
 Allison Flythe  
 Tim Whelan  
 Amy Martin  
 Julia Krauss  
 Jeff Colbert  
 Kirsten Johnson  
 Kira Coy  
 Joe Carolin  
 Kirsten Johnson  
 Heather Hartrum  
 Arissa Brown  
 Joe Carolin  
 Terri Hamrick  
 Liz McDonald  
 Cecilia Luna  
 Hali Farrell  
 Krista Bard  
 Sue Carbaugh  
 Laura Bosley  
 Jessica Garcia  
 Dorothy Andrews  
 Brandon Barnhart  
 Rebecca Rock  
 Laura Masgalas  
 John Young  
 Sue Burkholder  
 Gina Daniel  
 Cori Drenning  
 Carolyn Clauson-Andrews  
 Shayna Randall  
 Kathy Quick  
 Jeffrey Truhan  
 Wendy Mellott  
 Anne Gingerich

## Foundation Year Students

Jessica Brangaccio  
 James Comrey  
 Rashad Curtis  
 Leeann Gorman  
 Kayla Hart  
 Christine Hely  
 Sheena Horst  
 Trinity Johnson  
 Chelsea Ksanznak  
 Kathleen Prest  
 Nichole Pugh  
 Maggie Shewack  
 Danielle Seaks  
 Ronald Sloane  
 Megan Swindell  
 Nicole Weller  
 Sabrina Williams  
 Rebecca Zelner

## Field Placement

Turning Point/Way Station  
 United Way– Capital Region  
 LIU MEP  
 Children’s Advocacy Center  
 YWCA– Greater Harrisburg  
 Hershey Medical Center  
 Cumberland Co IDD  
 PA Psychiatric Institute  
 Central PA LGBT Center  
 Central PA LGBT Center  
 Shippensburg Head Start  
 Family Promise  
 Salvation Army  
 United Way– Capital Region  
 Williamsport High School  
 Franklin County CY Intake  
 CASA  
 Children’s Advocacy Clinic

## Field Instructor

Travis Walter  
 Kelli Gollick  
 Joe Carolin  
 Gary Shuey  
 Julie Hoskins  
 Pam Carr  
 Sue Carbaugh  
 Jamie Showers  
 Louie Marven  
 Louie Marven  
 Linda Butts  
 Krissy Marshall  
 Trinetta Ream  
 Kelli Gollick  
 Steven Mellott  
 Bryan Mader  
 Courtney Dowding  
 Gary Shuey

## Shippensburg University BSW Cohort Student Volunteers in her Spare Time

*Adapted with permission from the Publication of Dixon University Center*

Kasi Martinez is a Shippensburg University student in the Social Work, BSW program. She currently interns with Cumberland County Children and Youth Services working with case workers assisting with field visits, case notes, completing files, and observing clients. Once she completed 975 hours of volunteer hours with the agency, she can then become a Certified Children and Youth Caseworker.

In addition to her internship at Children and Youth and school, Kasi volunteers for Project Homeless Connect, an agency that helps homeless individuals receive access to important resources and housing. Kasi says, "Volunteering at Project Homeless Connect is something I always enjoy doing when I am available. The first time I volunteered there was in 2012. I also participated in 2014 and 2015. All three times I was able to assist individuals through the process of applying for

benefits, getting assistance at the food bank and the Salvation Army, and walking with them to enjoy services such as free haircuts, and two hot meals. Project Homeless Connect is able to provide so many services to individuals who are living on the streets and/or house jumping with no permanent living situation."

When she first began the BSW program through Shippensburg, she was prepared to work with older individuals in Gerontology Social Work. When asked how attending the program at DUC has aided in her goals, she states, "It has made it possible for me to attend night classes closer to home so that I don't have to drive to Shippensburg and take away time from my job and family. This allows me to continue working because I can come to DUC for classes." Upon graduation in May 2017, she hopes to obtain employment with Cumberland County Children and Youth and also return to Shippensburg University to complete her Master of Social Work degree.

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## Social Work Honors Society Initiates New Members

### Katrina Clark

*Phi Alpha President and BSW student*

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On October 25, 2015, the Alpha Lambda chapter of Phi Alpha initiated 13 new members! We will be holding a Professor Baby Photo contest starting November 15-21, 2016. The winner who guesses all or the most professors from their baby photos will win a \$15 gift card to Sheetz. The contest will be located on the Phi Alpha bulletin board in the Social Work Hallway. The next meeting will be held



*New Phi Alpha BSW Inductees at the Induction Ceremony*

December 6, 2016 at 3:30 in SPH 370. This meeting will be our Finals Week Pizza Party and officer elections. Officer interest paragraphs are due to President Katrina Clark by November 29, 2016.

# Department Scholarship Recipients Announced for 2016-17

Dr. Deborah Jacobs, *Department Chair*

The fund for the scholarship was established in 1996 by the Social Work Advisory Council and the first award was made in 1997. Since then we have had almost 20 recipients of this departmental scholarship. Each year the seniors who meet the selection criteria are invited to apply for the scholarship. The criteria include a 3.0 GPA in social work and an overall GPA of 2.5. Additionally, the students must demonstrate a commitment to the profession of social work, leadership ability and financial need.

Upon the retirement of Dr. Robert Hewitt, the scholarship was renamed the Robert L. Hewitt “Vision for Excellence in Social Work” scholarship. Over the years the scholarship amount has grown from \$500 per year to \$1250 per year. When it reach the \$1000 level the Advisory Council decided that two or more students could receive the award in any one academic year.



This year’s scholarship awardees are:

Sabrina Becker  
Katrina Clark  
Kristin Ports

Each of these seniors will be in field placements in the spring of 2017. They received a certificate of recognition at Senior Presentations in December, awarded by Linda Butts, Scholarship Committee Chairperson and BSW/MSW Alumni. We are proud to add them to the list of scholarship recipients.

The APSCUF Departmental Award was given to Sierra McCulloch this year. This award is designated for an MSW student who shows outstanding ability in the classroom and field placement. Faculty nominated students for this award.

## Walking with Joy

**Katrina Clark, Natalie Scherfel & Tesa Stinson**  
*BSW Students*

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Shippensburg University Social Work students held a walk to raise awareness for those impacted by cancer. The walk is for Joy, the mother of a former SW student and SWO president Ashley Quinter. She was diagnosed with a rare form of leukemia and needs seven shots injected into her spine in order to stop the disease from spreading into her bones.

The shots are not covered by her health insurance and each shot is \$10,000.00 out of pocket. The students were able to raise



\$122.75 for the Quinter family, and would like to thank everyone who supported and/or participated in the events.

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## BSW Field Placements, Fall 2016

<b>Student</b>	<b>Field Agency</b>	<b>Field Instructor</b>
Brianna Bucci	Franklin County Jail	Michelle Weller
Rachael Cichy	YWCA Harrisburg	Maria Chianos
Gabrielle Clugston	Pyramid Health	Katherine Beidel
Briana Fells	Lincoln Intermediate Unit	Eric Mandell
Devon Fisher	Dauphin County Children and Youth	Amanda Ozenbaugh
Kourtney Fisher	Hoffman Homes for Children	Rebecca Van der Groef
Bria Mosley	Dauphin County Children and Youth	Amanda Ozenbaugh
Alyna O'Connor	Shippensburg Head Start	Linda Butts

## Congratulations BSW Fall Class of 2016!

Are you practicing Social Work and interested in becoming a field instructor for a BSW or MSW intern? Email Dr. Clements (BSW) at [jaclem@ship.edu](mailto:jaclem@ship.edu) or our new MSW field coordinator Dr. Jayleen Galarza at [jgalarza@ship](mailto:jgalarza@ship). For more information!

# Shippensburg University Resource Coalition does Great work in the Community

Brooke Pfisterer, MSW Student, SCRC Graduate Assistant

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The Shippensburg Community Resource Coalition (SCRC) is a collaborative effort to provide quality social services and youth programs that are accessible and safe and that recognize the dignity and worth of each person. Our goal is to help community members reach their full potential. Throughout the summer the SCRC works collaboratively with area churches to provide a free lunch and activities to youth living in the Shippensburg area. The Summer Lunch Program runs every week day during the summer months from Mid-June to Mid-August. Activities include games and crafts with field trips throughout the summer. During the summer the SCRC also provides scholarships to help send children to summer camps.

Besides summer programming, the SCRC is in the process of launching a weekend backpack program that provides food to school-aged children and their families. The SCRC is also connected with Shippensburg Produce and Outreach (SPO) that is a faith-based nonprofit that provides fresh vegetables, fruits, eggs, milk and other healthy items to those in the Shippensburg community who qualify. The SCRC is a perfect example of how social workers are involved in various areas from mental health, social services, to youth programming.

As the SCRC Graduate Assistant I have had the opportunity to work on multiple projects and initiatives in our community. I have had the chance to work on all of our summer and food based programs either directly or at an administrative level. Throughout the school year I work with a graduate student in the counseling department to facilitate healthy decision making groups at the local middle school through the Growing Edges Clinic. I also help to organize and host the monthly Human Service Council Luncheons and attend board meetings and other subcommittee gatherings.

During the coming semester I will continue to work on all of these programs as well as gearing up to do the Homelessness Point in Time Count. Undergraduate social work students who will be creating plans for their Practice with Organizations and Communities class will be mentored by me through the SCRC. All of these helpful and empowering services and programs are sponsored and funded through grants and other community partners.



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