Both intramural and intercollegiate athletics are supported by approximately $6 million in revenue, which is distributed through a percentage of ticket sales and through revenues from radio and television rights. Approximately 150,000 students are involved in at least one activity, of whom over 12,000 participate in intercollegiate sports, including 1200 student-athletes on the 18 full-time members. PSAC membership has grown since its inception in 1951, with the University of Pittsburgh at Johnstown joining the league in the fall of 1979. More recently, in the summer of 2013, Seton Hill University joined the PSAC as a full-time member. While the league expanded to include additional full-time members during the interim presidency of Dr. G. F. "Jody" Harpster, the PSAC has possessed the highest average GPA among NCAA conferences for the past five years, nearly one-third of the PSAC’s student-athletes are honored into one of Division II’s finest from an academic standpoint. In each of the past five academic years, nearly one-third of the PSAC’s student-athletes were first recognized in the mid-1990s.

While proud of its athletic accomplishments, the league also has evolved into one of Division II’s finest from an academic standpoint. In each of the past five years, nearly one-third of the PSAC’s student-athletes are honored into one of Division II’s finest from an academic standpoint. In each of the past five years, nearly one-third of the PSAC’s student-athletes are honored into one of Division II’s finest from an academic standpoint. In each of the past five years, nearly one-third of the PSAC’s student-athletes are honored into one of Division II’s finest from an academic standpoint. In each of the past five years, nearly one-third of the PSAC’s student-athletes are honored into one of Division II’s finest from an academic standpoint. In each of the past five years, nearly one-third of the PSAC’s student-athletes are honored into one of Division II’s finest from an academic standpoint. In each of the past five years, nearly one-third of the PSAC’s student-athletes are honored into one of Division II’s finest from an academic standpoint. In each of the past five years, nearly one-third of the PSAC’s student-athletes are honored into one of Division II’s finest from an academic standpoint. In each of the past five years, nearly one-third of the PSAC’s student-athletes are honored into one of Division II’s finest from an academic standpoint. In each of the past five years, nearly one-third of the PSAC’s student-athletes are honored into one of Division II’s finest from an academic standpoint.
ABOUT SHIPPENSBURG UNIVERSITY

General Information
• Founded in 1871 as the Cumberland Valley State Normal School
• Comprehensive regional public university
• Member of the Pennsylvania State System of Higher Education
• Located on 200 acres in southcentral Pennsylvania

Enrollment
• 7,800 total undergraduate and graduate students
• 53% women and 47% men
• 37% of students live on campus
• 94% of our students are from Pennsylvania

Faculty
• Student-faculty ratio: 20:1 and each student has a faculty advisor
• 91% of the 294 full-time instructional faculty members hold a doctorate or other terminal degree in their field
• Our faculty’s main focus is teaching. All classes are taught by faculty, not graduate assistants

Accreditations
• AACSB International
• ABET (Computer Science)
• ACEJMC (Communications/Journalism)
• American Chemical Society
• Council for the Accreditation of Counseling and Related Educational Programs
• Council for Exceptional Children
• Council on Social Work Education
• International Association of Counseling Services
• Middle States Commission on Higher Education
• National Council for Accreditation of Teacher Education
• AACSB International
• ABET (Computer Science)
• ACEJMC (Communications/Journalism)
• American Chemical Society
• Council for the Accreditation of Counseling and Related Educational Programs
• Council for Exceptional Children
• Council on Social Work Education
• International Association of Counseling Services
• Middle States Commission on Higher Education
• National Council for Accreditation of Teacher Education

Academic Programs and Opportunities
• 100 undergraduate programs and 57 graduate programs
• 3 colleges: Arts and Sciences, Business, and Education and Human Services; plus a Office of Undeclared Students.
• Study abroad opportunities are available in dozens of countries. Find out more at www.ship.edu/international
• Internships, hands-on labs, graduate assistantships and more, SU helps you create opportunities for real-life experiences.
• Academic options include independent study and research internships, field experience, the Marine Science Consortium at Wallops Island, a 3+2 engineering program with two schools of engineering, 2+3 and 3+3 health science programs with professional schools, 2+2 allied health programs, and Army ROTC.
• Find a job or focus on a career with the help of Career Development Center and alumni career services.

Athletics
• Member of the Pennsylvania State Athletic Conference and NCAA Division II.
• Intercollegiate sports: Men: baseball, basketball, cross country, football, soccer, swimming, track and field, wrestling.
  Women: basketball, cross country, field hockey, lacrosse, soccer, softball, swimming, tennis, track and field, volleyball.
• Intramural sports: Basketball, bowling, racquetball, soccer, softball, street hockey, tennis, Ultimate Frisbee, volleyball and more.
• Sports facilities include: outdoor tennis courts, indoor and outdoor track, two indoor swimming pools, squash and handball courts, a rehabilitation center, outdoor sand volleyball courts.
• ShipRec Center features an 8,000-square-foot fitness center, with 35 cardio machines with TVs, an elevated running track, racquetball courts, and four multi-purpose courts.
• 12-acre student recreation center includes: hockey rink; sand volleyball courts; basketball courts; fields for football, softball, lacrosse, and rugby; exercise trail for rollerblading, biking, and jogging.
Shippensburg University shapes its athletic program to fit within the overall academic goals of the university—maintaining a balance between athletics and academics.

Since 1984, the university’s Office of Institutional Research has monitored the progress of our athletes in the classroom. The original study found that Shippensburg was ahead of many institutions in meeting the standards of Propositions 48 and 64—two NCAA resolutions designed to set minimum educational levels in collegiate athletes.

Proposition 64 of the NCAA established a minimum score of 700 in the SAT and a 2.0 grade point average in 11 core curriculum courses in high school. Proposition 48 carries these minimums even further and outlines availability of scholarships to freshmen athletes based on their school performance.

Incoming freshmen athletes show preparation levels comparable to those of all incoming students. In 2009, the average SAT score for incoming freshmen athletes was 993, only slightly below the SAT average for new incoming students of 1013. Both groups average in the upper two-fifths of their graduating high school classes.

Today Shippensburg University athletes continue to uphold the study’s findings. The quality point average (QPA) for all athletic teams in 2009-10 was 2.51 on a 4.0 scale. The 10 women’s teams had a 3.10 overall average while the eight men’s teams averaged 2.51. This can be compared to the fall 2009 figures: the total student body QPA averaged 2.80, females were slightly higher at 2.92, and males were slightly lower at 2.67.

**Academic Requirements**

Academic progress toward a degree is calculated according to the number of credit hours completed:

- **Freshman**: 0-29 credit hours
- **Sophomore**: 30-59 credit hours
- **Junior**: 60-89 credit hours
- **Senior**: 90 or more credit hours

To be eligible for practice or competition, a student-athlete shall be enrolled in at least a minimum full-time program of study leading to a baccalaureate or equivalent degree. At Shippensburg University, full-time undergraduate enrollment is 12-semester hours and full-time graduate enrollment is 9-semester hours.

Additional requirements used to determine eligibility for competition shall be based on the following:

(a) Satisfactory completion of six-semester hours of academic credit the preceding regular academic term in which the student-athlete has been enrolled full-time at any collegiate institution; and

(b) The following overall academic credit requirements:

1) Satisfactory completion before each fall term of a cumulative total of academic semester hours equivalent to an average of at least 12 semester hours during each of the previous academic terms in academic years in which the student-athlete has been enrolled full-time; or

2) Satisfactory completion of 24 semester hours of academic credit since the beginning of the preceding regular two semesters.

In addition, the following requirements must be met to satisfy continuing eligibility rules:

(a) A student-athlete shall earn at least 75 percent of the minimum number of semester hours required for progress toward degree during the regular academic year. For example, if a student is earning 24-semester hours in an academic year, 18 of those credit hours had to be earned during the fall or spring semesters. The student-athlete shall earn no more than 25 percent of the minimum number of semester or quarter hours required for progress toward degree during the summer or winter terms.

(b) A student-athlete shall designate a program of studies leading toward a specific baccalaureate degree at the certifying institution by the beginning of the third year of enrollment (fifth semester) and thereafter shall make progress toward that specific degree.

(c) A student-athlete shall meet the satisfactory grade-point average (based on a maximum of 4.000) requirements listed below:

- after completing 24-semester hours: 1.800;
- after completing 48-semester hours: 1.900;
- after completing 72-semester hours or more: 2.000.

*Information compiled from the 2008-09 Division II NCAA Manual.*
Excused Absences
Absence from class for the purpose of engaging in a University sanctioned activity is to be considered as an excused absence.

These sanctioned activities include such extra-curricular functions as debating tournaments, theatrical and musical productions, intercollegiate sporting events, etc. The policy also extends to absences resulting from students’ participation in course required field trips. All faculty should receive a schedule of the games and a roster of team members.

The Registrar’s Office will act as the central depository for this data. It, therefore, will be the responsibility of the activity’s sponsor to provide that office with details of dates and names of the participants so that the information will be available to inquiring faculty.

Student-Athlete Advisory Committee (SAAC)
SAAC is geared toward empowering student-athletes in the realm of constructive input within the athletics department, University, PSAC, and NCAA. The committee is composed of representatives from each varsity team. See your team’s representatives or coach to find out more about this committee.

NCAA Student-Athlete Affairs (SAA)
The NCAA Student-Athlete Affairs unit provides life skills support in the areas of academic, athletics, personal development, career development and service through the distribution of accessible resources, strategic partnerships and customized programming.
Shippensburg University established the Office of Academic Support Services for Student-Athletes to provide the best possible resources for enhancing the academic experiences of student-athletes. Through the coordinator, a variety of academic assistance services are available, including academic advising support, academic progress monitoring, academic counseling and referral, and assisting graduating student-athletes in researching and pursuing employment and/or opportunities for graduate education.

The Office of Academic Support Services for Student-Athletes has strong links with the Learning Center and other campus-wide programs to support the academic well being of student-athletes. All student-athletes have the opportunity to participate in the NCAA Student-Athlete Affairs. This program is committed to promoting excellence in academics, athletics, career and personal development, and community service.

The office provides information and informed advice about academic matters to all student-athletes, and all student-athletes are strongly encouraged to use the services.

The Office of Academic Support Services for Student-Athletes is located in Horton Hall 01. Please contact the coordinator at (717) 477-1699 with any questions or concerns or visit the website at www.shipraiders.com.

Kurt Dunkel
Coordinator of Academic Support Services for Student-Athletes

Kurt Dunkel returns to the role of Coordinator of Academic Support Services for Student-Athletes at Shippensburg University for the 2014-15 academic year.

It is his third year in the position, as Dunkel was appointed as an Interim Program Counselor in the Academic Success Program for the 2012-13 and 2013-14 academic years. Dunkel is responsible for providing academic advisement, monitoring academic progress, counseling and referral, and assisting graduating student-athletes in researching and pursuing employment and/or opportunities for graduate education. He also directs the Study Table Program, Laptop Loan Program, and facilitates all programming associated with the CHAMPS/Life Skills Program.

During his graduate studies, Dunkel completed his practical counseling experiences at SU’s Counseling Center and at the Counseling Center at the University of Edinburgh in Scotland. He received a master’s degree in college counseling from Shippensburg University.

Dunkel has also worked at Shippensburg as an Academic Liaison/Counselor in the Academic Success Program (Act 101), providing and coordinating various support services to conditionally admitted students, in addition to a role as an interim mental health counselor in the SU Student Counseling Center.

He has also served as an adjunct instructor in the graduate department of counseling at Shippensburg – teaching a basic helping skills course. Dunkel has also taught in the Academic Success Program – teaching an introduction to higher education course.

In addition, Dunkel has served as an assistant coach of the Raider track and field program since his graduation in 1998. As a student-athlete at Shippensburg, Dunkel was an All-PSAC and All-American javelin thrower – finishing second at the NCAA Championships in 1997 and 1998. Dunkel lives in Shippensburg with his two sons, Andreas and Kieran.

Rianna Grissom
Graduate Assistant

Rianna Grissom will serve as the graduate assistant in the office of Academic Support Services for Student-Athletes for the 2014-15 academic year.

Grissom is a 2014 graduate from Edinboro University with a bachelor of science in psychology and a minor in communication studies.

At Edinboro, Grissom was active as an undergraduate researcher, writing tutor, Honors Program mentor and the secretary of the Psychology Club. She also served as a student assistant for the Department of Nursing for four years.

Grissom is pursuing her master’s degree in psychological science at Shippensburg. Her interests include cooking, traveling, and all the adventures that come along with it.
Cross Country

Head Coach Steve Spence has always placed a great deal of emphasis on the importance of balancing the commitment of athletics with academics. The results can be seen in the discipline, success, accolades, and academic engagement of cross country runners. As a Shippensburg University alumna and former Red Raider cross country/track All-American, Spence understands the importance of academic success as it relates to a career path. Spence was one of the few Ship athletes to earn a living as a professional athlete. However, after his professional career came to an end, Spence was able to use his SU undergraduate and graduate education to propel him into the coaching ranks. Mary Dell is a recent example of the success of the cross country program. Mary won multiple cross country and track All-America awards in addition to earning the prestigious 2009-10 PSAC Pete Nevins Scholar-Athlete of the Year Award.

Athletes of Note: Sarah Latch (4.0 QPA — economics), Natalie Eastwood (3.89 QPA — management), Shaniece Jackson (3.38 QPA — exercise science)

Field Hockey

Shippensburg’s Bertie Landes is the only head coach in school history to be inducted into her sport’s national coaching hall of fame. She is a nationally-recognized coach and her reputation for well-rounded student-athletes is unparalleled. Coach Landes understands the values of academic development, success, commitment and personal development. SU’s field hockey team is a perennial NCAA powerhouse both athletically and academically. Kristen Brooks, a 2011 grad, symbolizes these values. She graduated with a 3.98 QPA and a double major in management and marketing. Kristen was a two-time Elite 88 winner, boasting the highest GPA of any participant at the 2010 and 2011 NCAA Division II Field Hockey Championships. Bre White was the 2013-14 SU Student-Athlete of the Year and Lucy Kauffman earned the 2013 NCAA Elite 89 award.

Athletes of Note: Lucy Kauffman (3.90 QPA — biology), Taylor Webster (3.87 QPA — marketing), Tori Ricker (3.81 QPA — early childhood education)

Basketball

Head Coach Kristy Trn and assistant coach Jen Grassel understand the challenge of balancing the demands of a high level intercollegiate sport with the demands of being a successful student athlete. Both Trn and Grassel are Shippensburg alumni who competed at a high level on the court and in the classroom. In 2001, the Lady Raiders earned a trip to the Division II Final Four and also finished 18th in the nation with a 3.41 team QPA. This strong tradition has continued throughout the years under Coach Trn’s guidance with stellar student-athletes such as Lauren Beckley, the all-time PSAC scoring leader and a two-time S.U. Student Athlete of the Year.

Athletes of Note: Colleen Young (3.51 QPA — business), Logan Snyder (3.39 QPA — management), Shaniece Jackson (3.38 QPA — exercise science)

Indoor/Outdoor Track & Field

SU All-American and Hall of Famer Dave Osanitsch ’96 is the primary overseer of the team with the largest roster of any women’s sport. Their academic reputation is stellar and has been since the program’s inception in the late 1970’s. Year in and year out, women’s track athletes produce the most PSAC scholar-athletes of any SU team. Coach Osanitsch has continued this legacy. In 2013/14, 19 women were named PSAC Scholar-Athletes. Also, five members of the team earned the 2014 USTFCCA All-Academic accolade, which means they qualified for the NCAA Championships while also earning a 3.25 or better QPA. SU also earned the USTFCCA All-Academic Team Award in 2014.

Athletes of Note: Sarah Latch (4.0 QPA — economics, Megan Lundy (4.0 QPA — early childhood education), Kelsey Stasyszyn (3.91 QPA — accounting)

Lacrosse

Coach Ashley Manion places academics as high as lacrosse. She understands the balance between academics and athletics and holds her athletes to a high standard in both. The lacrosse team’s GPA is steadily improving as Coach Manion has used individual and team goal setting for her players and the team’s academic success. High academic performance is a focus and pursuit for each player making high grades a part of the team’s expectations. Academic success is now a normal topic of conversation among players and between Coach Manion and her players. In 2014, Liz French became SU’s first four-time All-PSAC First Team Lacrosse Player while also earning IWLCA Academic Honors — alongside teammate Garrie Grenfell. This means they carry a cumulative QPA of 3.50 or greater.

Athletes of Note: Ali Harclerode (3.96 QPA — accounting), Garrie Grenfell (3.75 QPA — communication/journalism), Avery Wilkinson (3.32 QPA — social work)

Soccer

A perennial contender for the highest team QPA on campus, Rob Fulton’s team truly views the educational experience as the primary benefit of Shippensburg University. Coach Fulton is always focused on the academic experience and is showing that — with this culture solidly in place — he can build an increasingly competitive soccer team on the field. Coach Fulton has quickly developed a tremendous reputation in the PSAC. His teams are doing the same — as they have established themselves as one of the league’s most competitive squads. Coach Fulton’s players earn degrees, which prepare them for strong careers. They also learn the values which are needed to help them compete on the field and in the workforce. The average team QPA for the Spring 2014 semester was...
3.49, which is the highest among any team at SU. Ashley Vellucci earned the Division II Degree Completion Award in 2014.

**Athletes of Note:** Sharon Juarez (4.0 QPA — early childhood education), Mackenzie Neal (3.87 QPA — social work), Alyssa House (3.77 QPA — exercise science)

### Softball

The softball team has one of the most outstanding traditions of on-field excellence of any SU squad. Coach Bob Brookens inherited a tremendous program and has taken it to new heights both on and off the field. SU softball’s academic reputation is strong, which is even more impressive given the intense nature of the sport in terms of travel and games. This speaks to the ability of the team members to multi-task, plan, stay focused and be disciplined to work in the classroom, outside of the classroom and develop the all-important working relationship with SU faculty. Recently, Hilary Lyons was named to the ’13/14 Capitol One Academic All-America Softball Second Team and the PSAC Top Ten list. She also was awarded with a NCAA Postgraduate Scholarship. Five softball players were designated as ’13/14 NFCA Scholar Athletes.

**Athletes of Note:** Maddie Justice (3.68 QPA — biology), Bri Giovenco (3.67 QPA — marketing), Taylor Llewellyn (3.63 QPA — mid-level education)

### Swimming

Year in and year out, coach Tim Verge’s women’s swimming team is recognized as one of the highest academic performing teams on campus. For his program, competitiveness in the classroom and in the pool go hand in hand. In 2009, swimmer Theresa Simcic was awarded the prestigious NCAA Postgraduate Scholarship. This award is given to outstanding student athletes who are continuing their educations beyond the baccalaureate level. The women’s team regularly earns one of the highest team GPAs at SU and in the nation. The team was honored with the Spring CSCAA Scholar All-America designation in 2014, and three Lady Raiders received Spring 2014 CSCAA Scholar All-America Honorable Mention.

**Athletes of Note:** Rikki Sargent (3.95 QPA — psychology), Jen Flinchbaugh (3.85 QPA — mid-level education), Abbie Brumback (3.85 QPA — English and secondary certification)

### Tennis

Education comes first for the tennis team; that has been the approach, and it is evident in the results. The women’s tennis team performs at a very high level academically and there is no indication that will change. The tennis program has two competitive seasons (Fall and Spring) and they do well at balancing the athletic and academic demands. Four women were honored with PSAC Scholar Athlete accolades in 2013-14.

**Tennis**

- Emilie Luttman (3.58 QPA — biology), Julia Saintz (3.56 QPA — history, geoenvironmental studies, GIS certificate)

### Volleyball

The volleyball team is one of the most consistent performing teams on the court and in the classroom. Coach Leanne Piscotty places an emphasis on preparation for post-collegiate life, which includes a focus on how a strong educational experience prepares student-athletes to earn meaningful jobs in rewarding careers. Many of the players on the team engage in their educational experiences and are active learners, which is a critical part of getting the most out of an educational experience. In 13/14, four women were honored as PSAC Scholar-Athletes. In 13/14, Jill Edwards earned first team Academic All-America honors and was named to the PSAC Top Ten List.

**Athletes of Note:** Maria Peluso (3.76 QPA — biology), Laura Plank (3.61 QPA — supply chain management), Faith Athey (3.27 QPA — management information systems)
Baseball
Coach Matt Jones has taken Ship’s baseball team to new heights and has not sacrificed academic performance or integrity in the process. He has shown that it is possible to take a team to the College World Series and also excel in the classroom. The ability to maintain a consistent roster via academic success and retention is one of the primary ways to build a strong team and have success on the field. In that regard, they complement each other.

In ‘13/’14, Pat Kregeloh won the SU Scholar Athlete of the Year Award and was named to the Capitol One Academic All-America Baseball Third Team and to the Capitol One All-District 2 Team.

Athletes of Note: Austin Allison (3.57 QPA — early childhood education), Cody Ezolt (3.52 QPA — biology), Mike Marcinko (3.43 QPA — biology)

Basketball
Head Coach Chris Fite and the SU men’s basketball program put a great deal of pride in recruiting strong student-athletes and supporting these student-athletes through their experience. SU men’s hoops does not buy into the conventional wisdom that places sports before academics; in fact the approach is counter to this. This is illustrated by the fact that in the men’s team QPA continues to rise each year.

Athletes of Note: A.J. Maun (3.46 QPA — biology), David Craig (3.26 QPA — management), Sam Pygatt (3.09 QPA — management)

Football
As a Shippensburg graduate having earned a Bachelor’s and Master’s degree, head coach Mark ‘Mac’ Maciejewski understands the value of a Shippensburg education. Coach Mac was named the head football coach in December 2010. In his short tenure, Coach Mac has challenged his team to win in the classroom as well as on the football field. His first goal, when taking the position of head coach, was to increase academic performance and his new approach had an immediate impact. The team was honored with 16 PSAC scholar-athletes in 2013-14, most of any men’s sport on campus. Two of SU’s captains, Doug Randall and Brian Sourber, have earned Capitol One Academic All-District designations.

SU has had six Academic All-District awards issued to its players under Coach Maciejewski.

Athletes of Note: Colin McDermott (3.65 QPA — management), T.J. Smink Jr. (3.61 QPA — marketing), Zak Dakes (3.46 QPA — marketing)

Soccer
Head Coach Jeremy Spering instructs and leads a team that has had an exciting and dramatic turnaround. The turnaround symbolizes what a lot of coaches and higher education professionals already know. This is the fact that academic and athletic excellence is not mutually exclusive; rather they typically go hand-in-hand. Ship’s men’s soccer team illustrated this fact beautifully in 2010-11. The team won its first PSAC Championship in 35 years and saw its highest overall team QPA since records have been kept. Even more impressive is the fact that Spering’s teams have seen their overall QPA continue to climb since then. In ’13/’14, the men’s soccer team had the highest QPA of any men’s team – an impressive 3.20. Many of Spering’s players have learned, first hand, that a commitment to excellence is about character and a way of life.
Swimming
The men’s swimming team, guided by coach Tim Verge, earned the second highest QPA of any men's team in the Spring of 2014. They earned a 3.15, which is a testament to the effort they put forth outside of the pool. Coach Tim Verge is a staunch advocate for the importance of academic success for student athletes. His teams achieve at a very high level in the classroom each semester, which is something in which Coach Verge takes pride. He is aware that the discipline needed to tackle academic challenges goes hand in hand with the discipline needed to handle the rigors of being an intercollegiate swimmer.

Athletes of Note: Stefan Szilagyi (3.75 QPA — exercise science), Shaun Smith (3.68 QPA — public administration), Jacob Zalkind (3.59 QPA — physics)

Wrestling
If you ask head coach Seth Bloomquist about his thoughts on how a coach can support his team toward classroom excellence, you will get a very clear and well thought out response. In essence, Coach Bloomquist believes that wrestling supplements the student-athlete’s experience as a student en-route to earning a degree. Coach Bloomquist, since taking the position of head wrestling coach, has re-emphasized his philosophy.

Athletes of Note: Colin Ochs (3.5 QPA — finance), Brett Pastore (3.42 QPA — history/social studies certification)
ATHLETICS ADMINISTRATION

Jeff Michaels
Director of Athletics

Jeff Michaels begins his sixth academic year as Shippensburg University’s director of athletics in 2014-15. Michaels served as Shippensburg’s acting director of athletics for the 2009-10 and 2010-11 academic years before a permanent appointment to the position on July 1, 2011. His previous four years (2005-06 through 2008-09) were spent as the university’s associate director of athletics.

Shippensburg University athletics has achieved significant success at the conference, regional and national levels during Michaels’ tenure. In five years as Shippensburg’s athletic director, Raider athletic programs have won 25 Pennsylvania State Athletic Conference (PSAC) championships.

SU finished eighth in the final standings for the 2012-13 Learfield Sports Directors’ Cup, marking the best national finish in the history of Raider athletics. Thirteen of SU’s 20 intercollegiate athletic programs recorded point totals toward the 2012-13 Directors’ Cup standings. The Directors’ Cup gauges the top intercollegiate athletic programs at the NCAA Division II level.

During his term as the acting director, Shippensburg won 12 conference championships spanning six sports and competed at 21 different NCAA championship tournaments or events over the course of two academic years.

Prior to Shippensburg, Michaels served five years as an assistant to the athletics director at Slippery Rock University where he worked with compliance and facilities. He also spent five years as the sports information director at Lycoming College. Prior to Lycoming, Michaels served six months as Slippery Rock’s interim sports promotion and information director and one year as a graduate assistant in the same capacity.

Michaels earned his bachelor of arts in mass communication and political science from Lycoming in 1992 and his master’s degree in athletics administration from Slippery Rock in 1993. In May 2009, he earned a master’s degree in sport management from California University of Pennsylvania.

Carrie Michaels
Associate Director of Athletics/Senior Woman Administrator

Carrie Michaels begins her sixth academic year as the associate director of athletics at Shippensburg University in 2014-15. She also serves the university as its senior woman administrator (SWA).

Michaels was the acting associate director of athletics from June 2009 through November 2011 before being permanently appointed to her position. She was SU’s assistant athletic director for the 2008-09 academic year.

Michaels has been a valuable member of the athletic administration – particularly in the management and maintenance of the department’s budget. She is also responsible for the promotion, supervision and management of fund-raising activities – in particular the Corporate Sponsorship Program and the Jane Goss Memorial Golf Tournament.

Another aspect of her work is the coordination of community service projects and community engagement initiatives. Shippensburg was honored by the NCAA three consecutive years for its community engagement through activities such as Kid’s Night Out, MentorSHIP, “Jam the Gym” and the Special Olympics “Fun Meet.”

Michaels came to Shippensburg in September 2006 and worked for two years as the interim coordinator of Academic Support Services for Student-Athletes. In that role, Michaels was responsible for providing academic advisement, monitoring academic progress, counseling and referral, and assisting graduating student-athletes in researching and pursuing employment and/or opportunities for graduate education.

Before Shippensburg, Michaels served as the assistant to the Athletics Director at Slippery Rock University where she coordinated all academic support services for student athletes, in addition to directing athletic fund-raising and camps and conferences.

Michaels earned her bachelor of arts in psychology and criminal justice in 1995 at Duquesne where she also competed as a student-athlete in the sport of basketball. She earned her master’s degree in sport management at Slippery Rock in 2001.

Ashley Grimm
Assistant Director of Athletics

Ashley Grimm enters her fifth year as the assistant director of athletics at Shippensburg University in 2014-15.

Grimm was the acting assistant director of athletics for the 2010-11 and 2011-12 academic years before a permanent appointment to her post on July 23, 2012.

At Shippensburg, Grimm is especially active in the maintenance and enforcement of NCAA rules compliance and interpretation. Her additional responsibilities with the athletics department include game management and administrative roles.

Grimm has been an integral advisor to Shippensburg’s Student-Athlete Advisory Committee (SAAC). In the 2012-13 academic year, Grimm oversaw a group of student-athletes that conducted numerous community initiatives, including a holiday gift-giving event and the annual Special Olympics Swim Meet.

From 2009-10, Grimm was an athletic department assistant and a graduate assistant women’s basketball coach at her alma mater, Clarion University. Grimm was a valuable resource to the athletics department in the areas of compliance and academic performance while organizing and administrating numerous events and fund-raisers.

Grimm was a four-year starting point guard on the women’s basketball team at her alma mater and graduated as Clarion’s all-time assists leader with 569. She scored 807 points and collected 217 steals (sixth-most in school history). Grimm was also a co-captain and letter winner on Clarion’s first-ever women’s golf team.

A four-time PSAC Scholar Athlete, Grimm graduated summa cum laude from Clarion in 2008 with a bachelor’s degree in biology while enrolled in the honors program.

After receiving a NCAA postgraduate scholarship, Grimm was inducted into Beta Gamma Sigma honor society for nationally accredited business programs and received her MBA from Clarion in 2010. She is currently seeking her doctorate.
2013 Fall Semester
Student-Athlete Academic Summary
This summarizes the academic performances of the 465 student athletes on official athletic rosters during the Fall 2013 semester.

• The semester QPA for all student athletes was 2.83.
• The semester QPA for female student athletes was 3.09.
• The semester QPA for male student athletes was 2.65.
• Women’s Swimming achieved the highest semester QPA at 3.49. Nine (9) other teams achieved a semester QPA of a 3.0 of greater. They were: Women’s Cross Country (3.34), Women’s Tennis (3.21), Field Hockey (3.17), Women’s Soccer (3.15), Women’s Track & Field (3.15), Men’s Soccer (3.11), Softball (3.05), and Men’s Swimming (3.00).
• 50% (231) of all student-athletes earned a semester GPA of 3.0 or greater.
• 20% (93) of all student-athletes earned a semester GPA of a 3.5 or greater (Dean’s List).
• 4% (17) of all student-athletes earned a semester GPA of 4.0.

2014 Spring Semester
Student-Athlete Academic Summary
This summarizes the academic performances of the 458 student athletes on official athletic rosters during the Spring 2014 semester.

• The semester QPA for all student athletes was 2.86.
• The semester QPA for female student athletes was 3.15.
• The semester QPA for male student athletes was 2.66.
• Women’s Soccer compiled the highest semester QPA by achieving a 3.49. Eight additional teams earned a semester QPA of 3.0 or higher: Women’s Swimming (3.44), Women’s Field Hockey (3.41), Men’s Soccer (3.20), Women’s Tennis (3.18), Men’s Swimming (3.15), Women’s Track & Field (3.13), Women’s Cross Country (3.01), Men’s Cross Country (3.0).
• 50% (229) of all student athletes earned a semester QPA of 3.0 or greater.
• 24% (111) of all student athletes earned a semester QPA of 3.5 or greater (Dean’s List).
• 7% (33) of all student athletes earned a semester QPA of 4.0.
2013-2014 PSAC SCHOLAR ATHLETES

A PSAC Scholar Athlete has maintained a 3.25 cumulative grade point average while competing in an intercollegiate varsity sport. Shippensburg University totaled 141 PSAC Scholar-Athletes for the 2013-14 academic year, a total that marks a new school record for the third time in four years.

SU’s PSAC Scholar-Athlete total – which includes 84 women and 57 men – surpasses the previous-best mark of 139 set a year ago. In 2011, SU established a record at the time of 131 PSAC Scholar-Athletes.

Thirty-one percent of the Raider student-athletes were deemed scholar-athletes – matching the record standard set last year. SU had 30 percent of its student-athletes deemed scholars in 2009-10. Data was first compiled by the PSAC in 1994.

League-wide, 36 percent (2,537) of the PSAC’s student-athletes were deemed Scholar-Athletes. According to the conference office, both the percentage and the total amount of honorees are new league records.

The following is the list of Shippensburg’s PSAC Scholar-Athletes for the 2013-14 academic year:

**Baseball (6)**
Austin Allison, Michael Douglas, Cody Ezolt, Pat Kregeloh, Mike Marcinko, Kevin Richter

**Men’s Basketball (1)**
A.J. Maun

**Men’s Cross Country/Track & Field (13)**

**Football (16)**
Zak Dakes, Cortlin Dell, Garrett Enck, Andrew Englebert, Alex Kuljian, Devin Lawhead, Chris Lawshe, Colin McDermott, Taylor Pressel, Justin Pyle, Doug Randall, Hayden Rigo, Nate Schmidt, T.J. Smink Jr., Brian Sourber, Ryan Zapoticky

**Men’s Soccer (13)**
Kyle Bartlett, Casey Bellamy, Chris Black, Robert Furfaro, Miguel Lugo, Brooke Moyer, Alex Prosser, Evan Raimist, Derrick Roy, Tom Schmegel, Dylan Smith, Oli Templeton, Gregg Whitcomb

**Men’s Swimming (7)**
Tyler Clisham, Braxton Erne, Jordan Metz, Tyler Robertson, Shaun Smith, Stefan Szilagyi, Jake Zalkind

**Wrestling (1)**
Brett Pastore

**Women’s Basketball (4):**
Caitlyn Deeter, Shaniece Jackson, Logan Snyder, Colleen Young

**Women’s Cross Country/Track & Field (19):**
Lyndsay Barna, Kellie Bress, Natalie Eastwood, Lauren Ellsworth, Jess Gill, Rachel Haupt, Sarah Latch, Megan Lundy, Lauren Merk, Sam Nelson, Casey Norton, Patty Reis, Ellie Ressler, Dhayana de los Santos Rodriguez, Emma Shank, Reymah Spence, Kelsey Stassyszn, Kiana Tucker, Emily Wicker

**Field Hockey (14)**
Taylor Bender, Charlotte Cornell, Brittany Jett, Megan Jett, Lucy Kauffman, Careenna Neely, Cassie Rawa, Tori Ricker, Brynn Seidenstricker, Katie Shoop, Molly Stuart, Kim Wallace, Taylor Webster, Bre White

**Lacrosse (6)**
Liz French, Garrie Grenfell, Ali Harclerode, Jamie Hills, Sarah Loughran, Avery Wilkinson

**Women’s Soccer (16)**
Leah Basso, Brianna Brancato, Victoria Bremer, Brooke Clippinger, Rachel Friend, Alyssa House, Haley Jones, Sharon Juarez, Meghan Mahon, Shannon Moran, Mackenzie Neal, Cassie Popp, Shelbie Rackley, Caitlin Sheehan, Ashley Vellucci, Kate Zech

**Softball (6)**
Briana Giovenco, Maddie Justice, Taylor Llewellyn, Mackenzie Lynn, Hilary Lyons, Liz Parkins

**Tennis (4)**
Emilie Luttman, Julia Saintz, Katie Shearer, Kayla Strohl

**Volleyball (4)**
Faith Athey, Jill Edwards, Maria Peluso, Laura Plank

**Women’s Swimming (11)**
Abbie Brumback, Rebecca Burke, Kate Diltz, Jen Flinchbaugh, Carolyn Meier, Sami Sabol, Rikki Sargent, Jillian Stevens, Colleen Stiles, Jess Trgovic, Tara Yohe
PSAC TOP 10 AWARD WINNERS

The Top Ten Awards, selected by the PSAC’s sports information directors, recognize student-athletes who distinguish themselves in the classroom, as well as in the arena of competition. The conference designates Top Ten Award winners after each of the sports seasons: fall, winter and spring.

To be a candidate for the Top Ten Awards, a student-athlete must have achieved a minimum of a 3.50 cumulative grade point average (as of Fall 2009 awards) and must be a starter or key reserve with legitimate athletic credentials.

1997-98
Fall
Mike Iaquinta, Football
Winter
Ashley Totedo, Women’s Basketball
Spring
Danielle Argento, Lacrosse

1998-99
Winter
Ashley Totedo, Women’s Basketball

1999-00
Winter
Christa Cline, Women’s Basketball
Brett Owen, Wrestling
Spring
Jamie Eichelberger, Baseball

2000-01
Winter
Christa Cline, Women’s Basketball
Janette Pieczynski, Women’s Basketball
Spring
Greg Ryan, Men’s Outdoor Track & Field

2001-02
Winter
Beth Klemick, Women’s Swimming
Mike Robinson, Men’s Swimming

2002-03
Winter
Beth Klemick, Women’s Swimming
Spring
Page Heath, Lacrosse

2003-04
Fall
John Kuhn, Football
Kelly Stewart, Women’s Cross Country
Winter
Nebojsa Bogdanovic, Men’s Basketball
Kelly Stewart, Women’s Indoor Track & Field
Spring
Page Heath, Lacrosse
Jared Krebs, Baseball
Kelly Stewart, Women’s Outdoor Track & Field

2004-05
Fall
John Kuhn, Football
Winter
Corey Jacoby, Wrestling
Spring
Frank D’Agostino, Baseball
Jaime Dacey, Softball

2005-06
Winter
Corey Jacoby, Wrestling
Spring
Heather Chantiles, Softball

2006-07
None

2007-08
Winter
Lauren Beckley, Women’s Basketball
Spring
Justin Garber, Baseball

2008-09
Winter
Lauren Beckley, Women’s Basketball
Mary Dell, Women’s Indoor Track & Field
Spring
Mary Dell, Women’s Outdoor Track & Field

2009-10
Fall
Mary Dell, Women’s Cross Country
Winter
Lauren Beckley, Women’s Basketball
Neely Spence, Women’s Indoor Track & Field
Shane Wolter, Men’s Swimming
Spring
Mary Dell, Women’s Outdoor Track & Field

2010-11
Fall
Kristen Brooks, Field Hockey
Neely Spence, Women’s Cross Country
Winter
Neely Spence, Women’s Indoor Track & Field
Bryan Beegle, Men’s Indoor Track & Field
Spring
Neely Spence, Women’s Outdoor Track & Field
Bryan Beegle, Men’s Outdoor Track & Field
Stephen Schelander, Men’s Outdoor Track & Field

2011-12
Fall
Stephen Schelander, Men’s Cross Country
Neely Spence, Women’s Cross Country
Winter
John Corrigan, Men’s Basketball
Stephen Schelander, Men’s Indoor Track & Field
Spring
Stephen Schelander, Men’s Outdoor Track & Field

2012-13
Winter
Ryan Spangler, Men’s Indoor Track & Field
Spring
Pat Kregeloh, Baseball

2013-14
Fall
Jill Edwards, Volleyball
Spring
Hilary Lyons, Softball
1975  
Football  
Tony Winter  
Second Team LB

1976  
Football  
Tony Winter  
First Team LB

1979  
Men's Basketball  
John Whitmer  
First Team C/F

1980  
Men's Basketball  
Brian Cozzens  
Third Team

1981  
Baseball  
Mike Yohe  
Second Team 2B

1982  
Football  
Dave Butler  
First Team DL

1985  
Baseball  
Barry Kerr  
First Team IF

1987  
Baseball  
Rodney Gross  
Second Team OF

1989  
Softball  
Beth Finkey  
First Team C

1991  
Baseball  
Mike Dallas  
Second Team SS

1992  
Baseball  
Mike Dallass  
First Team SS

1993  
Women's At-Large  
Joy Motter  
Second Team Tennis

1994  
Football  
Joel Yohn  
First Team K

1995  
Baseball  
Tut Bailey  
First Team DH

1997  
Women's At-Large  
Danielle Argento  
Second Team Track & Field

1998  
Women's At-Large  
Danielle Argento  
First Team Lacrosse

1999  
Women's Basketball  
Ashley Totedo  
Second Team F

2000  
Men's Track & Field/Cross Country  
Jeremy Scott  
Second Team

2002  
Women's At-Large  
Page Heath  
Third Team Lacrosse

2003  
Football  
John Kuhn  
First Team FB

2004  
Football  
John Kuhn  
First Team FB

2005  
Softball  
Elizabeth Corr  
Third Team OF

2006  
Men's At-Large  
Corey Jacoby  
Second Team

2009  
Women's Track & Field/Cross Country  
Mary Dell  
First Team

2010  
Women's Track & Field/Cross Country  
Mary Dell  
First Team

2011  
Women's At-Large  
Kristen McCandless  
First Team Swimming

2012  
Football  
Mike Frenette  
Second Team

2013  
Volleyball  
Jill Edwards  
First Team

Softball  
Hilary Lyons  
Second Team

Baseball  
Pat Kregeloh  
Third Team

Men's Track & Field  
Bre White  
Second Team

Field Hockey

Women's Track & Field/Cross Country  
Megan Lundy  
Second Team

Women's Track & Field/Cross Country  
Kate Spratford  
Second Team
**PETE NEVINS PSAC SCHOLAR-ATHLETES OF THE YEAR**

1993-94
Cindy Kepler, Swimming
Steve Economopolous, Soccer/Baseball

2005-06
Heather Chantiles, Softball

2009-10
Mary Dell, Cross Country/Track

2010-11
Neely Spence, Cross Country/Track

2011-12
Neely Spence, Cross Country/Track

* Shippensburg remains the only school in league history to win both Scholar-Athlete of the Year awards in the same calendar year.

* The PSAC Pete Nevins Scholar-Athlete of the Year Awards are presented to the top student-athletes who have achieved at least a 3.50 cumulative grade point average while competing at an outstanding athletic level. Student-athletes must have been recognized as a conference Fall, Winter or Spring Top Ten Award Winner to be eligible for the honor. The Scholar-Athletes of the Year are chosen by the league's sports information directors and were renamed in 2007 to honor East Stroudsburg's long-time sports information director, Pete Nevins, who passed away earlier that year. Nevins held his position at ESU for 33 years and it is estimated that he wrote articles on more than 12,000 ESU events that covered more than 5,000 student-athletes.

**ELITE 89 AWARD WINNERS**

The Elite 89 award was founded by the NCAA in 2009 to recognize the true essence of the student-athlete by honoring the individual who has reached the pinnacle of competition at the national championship level in his or her sport, while also achieving the highest academic standard among his or her peers. It is presented to one student-athlete with the highest cumulative grade-point average at the finals site for each of the NCAA’s 88 championships.

Shippensburg University women’s field hockey senior Kristen Brooks was a recipient of the NCAA’s ‘Elite 88’ award at the 2010 Division II Field Hockey Championships. Brooks, who graduated in May with a 3.98 cumulative quality-point average in management and marketing, became the first athlete in all divisions of the NCAA to receive two Elite 88 awards in the same sport.

2009-10
Kristen Brooks, Field Hockey

2013-14
Lucy Kauffman, Feild Hockey

2010-11
Kristen Brooks, Field Hockey
SHIPPENSBURG UNIVERSITY STANDOUTS

Lauren Beckley ‘10

Lauren Beckley is currently playing professional basketball in Europe. After her first season with Lemvig Basket, a professional team in Denmark, Beckley was named the most valuable player of the Dame Ligaen (Women's League) after averaging 21.6 points and 9.8 rebounds per game.

Beckley, a two-time WBCA All-American, is the all-time leading scorer in PSAC history and finished her senior season at Shippensburg as the PSAC's leading scorer with 21.8 points per game. She ranked sixth in the nation in points per game, eighth in the nation in free-throw percentage and 18th in the nation in rebounds per game (10.1).

In her career, Beckley scored 2,407 points through 113 career games to rank herself 15th all time in Division II. She is the only player in PSAC history to win a conference player of the year award in both divisions and one of just five players in the league with 2,000 or more career points and 1,000 or more career rebounds. Overall, Beckley was a three-time PSAC Player of the Year.

Beckley was a two-time CoSIDA Academic All-District First Team selection and a three-time PSAC Winter Top 10 award winner. She graduated with a 3.59 grade-point average while attaining a major in exercise science and a minor in biology.

Gary Bicking ‘81

Bicking, a native of Bethlehem, was the men's cross country coach at Shippensburg in 1982 and 1983 before entering the United States Navy as a helicopter pilot and network engineer – a role he fulfilled for seven years.

For six years, Bicking has been a computer network engineer for the Colorado Division of Wildlife. He was previously the director of information technology for the Education Commission of the States from 1996-2005.

With the Raiders, Bicking was one of the best mid-distance and distance runners in school history. He blossomed as a runner in the spring of his sophomore year when he ran the mile in 4:11.4 in a dual meet at Lock Haven to break the school record. Two weeks later, he won the Pennsylvania Conference championship in the 1500 with a time of 3:52.1.

In the fall of 1979, he helped Shippensburg take eighth place at the NCAA Division II national championships in cross country. During the track season, Bicking won the conference championship in the 1500 for the second year in a row with a meet record of 3:48.3 that still stands.

Following the conference meet, Bicking traveled to California and placed third in the 1500 with a school-record time of 3:45.64, a pace equivalent to a 4:03 mile. He also earned All-America honors in cross country with an eighth-place finish in 1980 on the 10,000 meter course at Wisconsin-Parkside.

Dr. Kelly Doerzbacher ‘98

Doerzbacher is an anesthesiologist at Sutter Davis Hospital in California who received a 2011 Distinguished Young Alumnus award from her alma mater.

After a high school and college career filled with athletics, academics, and honors, she chose a combination of physical and mental endurance with her acceptance of the Air Force Health Professionals Scholarship, which carried a military service obligation. The scholarship allowed her to attend Penn State College of Medicine at Hershey where she studied to be an anesthesiologist.

She completed two residencies in anesthesiology, one in North Carolina and one in Vermont, before beginning her military service that led almost immediately to a hospital in Afghanistan where she stayed for four months caring for American soldiers and Afghan citizens.

Doerzbacher returned to the United States and fulfilled the remainder of her military obligation at the David Grant Medical Center at Travis Air Force Base in California. She held that position until she returned to civilian life last year and joined Sutter Davis Hospital where she continues her interests in ultrasound-guided regional anesthesia.

As a basketball player, Doerzbacher was an integral part of a women's basketball tradition that won three conference championships, a regional championship and played in the NCAA Division II national championship game.
John Kuhn '04

John Kuhn has spent six seasons in the National Football League (NFL) as a member of the Pittsburgh Steelers and the Green Bay Packers. In 2010, Kuhn totaled 281 rushing yards, 97 receiving yards and scored six touchdowns. He has totaled 522 all-purpose yards and scored 12 touchdowns in his career.

In February, Kuhn won his second Super Bowl ring and his first while a member of an active NFL roster when the Green Bay Packers defeated the Pittsburgh Steelers, 31-25, in Super Bowl XLV.

At Shippensburg, Kuhn finished his career with 4,685 yards rushing, 910 carries, 53 touchdowns, 5,300 all-purpose yards and 26 games with at least 100 yards rushing. All of those accomplishments are school records.

Kuhn was the 2003 PSAC Western Division Offensive Player of the Year, a three-time All-PSAC Western Division First Team selection and a three-time NFCA All-American.

Kuhn was also standout in the classroom, graduating with a 3.3 quality-point average in chemistry. Before he signed a free-agent contract with the Pittsburgh Steelers, Kuhn was prepared to work at a major chemistry lab. He was a College Sports Information Directors of America (CoSIDA) Academic All-America First Team selection in both 2003 and 2004 and became the first men’s athlete in school history to win two PSAC Top 10 awards.

Dave Geyer ‘99/’01M

Dave Geyer is the co-head coach of the men’s and women’s swimming programs at Louisiana State University (LSU).

Before his appointment in April 2011, Geyer was an assistant coach with the Tigers for five seasons. Geyer worked with all phases of the programs and was instrumental in helping numerous athletes shatter program records and earn All-America honors.

He began his coaching career as an assistant at Shippensburg while attending graduate school — aiding current coach Tim Verge with all facets of the program including recruiting, coaching and administration. Geyer graduated with a bachelor’s degree in psychology before receiving his master’s degree in counseling.

As a swimmer at Shippensburg, Geyer placed at the PSAC Championships in all four of his competitive seasons in addition to earning All-American honors at the 1997 National Championships. He was a three-time PSAC runner-up in individual medley competition.

Geyer is married to the former Lyndi Croft ’01, an All-American swimmer at Shippensburg from 1997-2001. The couple has two daughters, Maddilyn (5) and Kayda (1).

Marie McDonald ‘97

McDonald works in Philadelphia as an Associate Partner with Clarkston Consulting. She has helped Life Sciences and Consumer Products companies solve their business challenges for over 10 years.

During her service, McDonald has facilitated a wide range of business improvement initiatives including quality systems implementations, manufacturing system implementations, regulatory remediation and compliance initiatives, and organizational effectiveness. She has also sat on the Greater Philadelphia Healthcare Business Women’s Association Board of Directors.

After graduating from Shippensburg in 1997, McDonald went on to earn a master’s degree in Career and Technical Education from Virginia Tech in 2001 – receiving the Career and Technical Education Outstanding Graduate Student Award.

McDonald, a native of Breinigsville, was a part of the outstanding SU women’s basketball run in the 1990s – winning two conference championships, a regional championship that won 2 conference championships, East Region Championship, and NCAA runner up.
Kim Nelson ‘78

Kim Nelson worked 22 years with the Commonwealth of Pennsylvania and spent four years with the Environmental Protection Agency (EPA) where she served as the Presidential appointee and US Senate confirmed Assistant Administrator for Environmental Information and Chief Information Officer. Nelson began working with the Microsoft Corporation in 2006 and serves as the Executive Director of eGovernment and Director of the US Public Sector’s State and Local Government Solutions team.

She has received numerous professional honors, including a selection as the Government Computer News Civilian Executive of the Year in 2004.

A native of Bethayres, Nelson was an All-American swimmer for the Lady Raiders. In her freshman season in 1975, Nelson – a sprint freestyler – helped Shippensburg take second place behind Princeton in the Eastern AIAW championship. The Lady Raiders defeated Penn State and Rutgers at that meet.

In 1976, Nelson anchored four relays at the Eastern AIAW championships, helping Shippensburg place ninth in the team standings. She was a two-time placewinner at the PSAC championships in the 50 and 100-yard freestyle events and earned All-America honors in 1977.

During her four seasons at Shippensburg, the Lady Raiders compiled a dual meet record of 36-6, including victories over the University of Maryland during her junior and senior years.

She graduated from Shippensburg with a bachelor of science in secondary education, political science and went on to earn a master’s degree in public administration from the University of Pennsylvania in 1987.

Michael M. Palm ‘86

For 17 years, Palm has served in various marketing positions with Berlitz International, Inc., of Princeton, New Jersey. Recognizing his talents and accomplishments, the company promoted him to director of worldwide marketing in 2001. Mike is charged with managing the Berlitz brand for the 125-year-old company, which is the world’s leading supplier of language instruction, cross-cultural training, and self-teaching publishing materials.

Palm conceptualized, designed and produced the company’s first global branding campaign, which was rolled out in over 60 countries over a six-month period. In 1998 he received the company’s Chairman’s Award for exceeding sales goals. He also directed the redesign of the company’s website resulting in a 30 percent increase of monthly site sessions.

At Shippensburg, Mike captained the men’s basketball and track and field teams. He graduated with a bachelor of science in business administration. He has continued to share his basketball knowledge by coaching girls’ AAU basketball and conducting clinics.

In appreciation of his Shippensburg experience, he serves on the John L. Grove College of Business Advisory Board and returns to campus to speak with current business students. He also is a friend and supporter of the basketball and track and field programs.

As a contributor to his community, Palm serves as secretary, director, and coach for the Upper Makefield Township Basketball League and also sits as board member for the East Grant Homeowners Association.

Jeanne Shaheen ‘67

Shaheen is the first female senator to represent New Hampshire in the United States Senate. She has also served as the Director of the Institute of Politics (IOP) at Harvard University’s John F. Kennedy School of Government.

She was the national campaign manager for Jimmy Carter during the 1980 presidential campaign and for Gary Hart in 1984. She also managed two state campaigns for Paul McEachern in 1986 and 1988. Following her stints as a campaign manager, Shaheen decided to run for office herself. Her career in elected office began in 1990 when she was elected to the New Hampshire state Senate and served three terms.

In 1996, Shaheen was elected Governor of New Hampshire, becoming the state’s first woman governor and the first Democrat elected governor in 16 years. She served three terms as governor, winning re-election in 1998 and 2000. As the governor, Shaheen chaired the Education Commission of the States from 2000-01 and led the first trade mission for New Hampshire outside North America.

Shaheen graduated in 1967 with a bachelor’s degree in English. She was a member of the junior varsity team for two seasons in 1965-66 and 1966-67. She went on to earn her master’s degree in political science from the University of Mississippi in 1973.
Ashley (Totedo) Swanson ’99

Swanson is an associate with Dickie, McCamey & Chilcote, P.C., in the firm’s Pittsburgh office. She concentrates her practice in the areas of general liability and construction law with a particular emphasis in transportation law. She is a member of the Allegheny County and American Bar Associations who is admitted to practice before the Supreme Court of Pennsylvania and the United States District Court for the Western District of Pennsylvania.

Totedo Swanson, who graduated cum laude from Shippensburg with a bachelor’s degree in psychology, was the first women’s player in Division II history to total over 2,000 points, 1,400 rebounds and 300 blocked shots in a career.

A three-time Kodak/WBCA All-American First Team selection from 1997-99, Totedo was inducted in the Shippensburg Athletic Hall of Fame in 2000. During her career, Shippensburg compiled a 106-21 record, won four PSAC and two NCAA East Region championships.

Totedo was also a member of the only two teams in school history to advance to the Elite Eight. In 1996, the Lady Raiders finished the year ranked No. 2 in the nation after advancing to the national championship game.

Off the court, Totedo was an Academic All-American and two-time PSAC Winter Top Ten award winner. Following her graduation from Shippensburg, she attended the Duquesne University School of Law as a recipient of both an NCAA postgraduate scholarship and academic scholarship.

Totedo received her justice degree from Duquesne in 2002, where she was a recipient of the CALI Excellence for the Future Award in Trial Advocacy.

Glenn Thompson ’85

Thompson is a staunch promoter of track and field on the national and international level and the founder and publisher of the bi-monthly magazine The Long and Strong Throwers Journal – the only publication of its kind in the world. He still assists Shippensburg as a volunteer coach.

He has helped develop some of the best high school throwers in the state of Pennsylvania, serving as the personal coach for Jeremy Silversman of Annville-Cleona (three-time PIAA state champion) and Ryan Whiting of Central Dauphin (2005 Gatorade National Boys Track & Field Athlete of the Year).

With the Raiders, Thompson helped Shippensburg win PSAC outdoor track and field championships in 1982, 1984, and 1985. He still holds the outdoor school shot put record of 55-feet, 7-inches and at one point had the school record in the indoor shot put as well as the discus.

When Thompson was a senior he was named Most Valuable Field Athlete at the PSAC outdoor championships after winning the conference in the shot put and the discus. As a team captain, Thompson was a three-time NCAA division II qualifier and participant, two-time PSAC champion in the shot put and one-time champion and one-time runner-up in the discus.

Dr. Anthony Winter ’77

Winter is the associate dean of the John L. Grove College of Business and previously served as the interim dean. Grove College became the first school in the Pennsylvania State System of Higher Education and the ninth college overall in Pennsylvania to become internationally accredited by the most prestigious business accrediting agency in the world, AACSB International - The Association to Advance Collegiate Schools of Business.

Winter had a distinguished career as a line-backer and co-captain with the Red Raider football team. He set school records for most tackles in a single game (27 against Clarion in 1976) and set the career record for tackles with 387.

He won the 1976 Ray Ellis Fighting Heart Award, and he was the Most Valuable Player that same season. He was a first-team All-Pennsylvania Conference choice, and he received honorable mention in the balloting for All-American in 1976.

In addition to his football exploits, Winter was an excellent student. He was a second team Academic All-American in 1975 and a first team Academic All-American in 1976. He was Shippensburg’s first recipient of an NCAA Postgraduate Scholarship. He used his scholarship to earn an MBA degree at Arizona State where he also was a graduate assistant football coach.

While a student at Shippensburg, Winter was a student Senator, the student representative on the athletic committee, the student representative on the search committee for head football coach during the winter of 1975-76, and a member of Kappa Delta Pi (an honorary scholastic fraternity).
For the past five years, Shippensburg University’s athletics department has chosen one male and one female student-athlete of the year. The selection process for the SU Student-Athlete of the Year awards is based on achievements in academics, leadership, sportsmanship, community service, and athletics. A five-person committee consisting of the director of athletics, associate director of athletics, director of academic support, faculty athletics representative and sports information director voted for the winners for each award.

**Bre White**
2013-14 Women’s Student-Athlete of the Year

White is a social work major with a 3.62 cumulative GPA who was a Dean’s List honoree and was named to the NFHCA All-Academic Team. White volunteers at the soup kitchen in Shippensburg and with the local Big Buddy program. She also volunteers for the Jump for Heart program for the Chambersburg Area School District and at the Shippensburg Area Intermediate School Winter Fest.

A team captain last season, White led the Raiders to the school’s first-ever team NCAA championship as she was named the NFHCA Division II Player of the Year, the NFHCA Division II South Region Player of the Year and the PSAC Player of the Year. White was also an All-PSAC First Team selection and an NFHCA Division II First Team All-American.

White was the team’s top point-scorer with 41 points, good for third-most in the PSAC last season. She also led SU and ranked tied for second in the PSAC with 11 assists while her 15 goals were second-most on the team. Her five game-winning goals were tied for the most in the conference.

The senior was particularly clutch in the playoffs as she converted a title-winning penalty stroke in sudden-death overtime in the national title game victory over LIU Post – just two days after scoring the game-clinching goal against Millersville in a national semifinal victory.

**Pat Kregeloh**
2013-14 Men’s Student-Athlete of the Year

Kregeloh is the first-ever back-to-back winner of an SU Student-Athlete of the Year award and is the first two-time winner of the SU Male Student-Athlete of the Year award. He joins former women’s basketball standout Lauren Beckley ’10 (2008 and 2010) as the only two-time SU Student-Athlete of the Year winners.

An exercise science major with a 3.6 cumulative GPA, Kregeloh earned a Board of Governors Scholarship and last year was named to the PSAC Spring Top 10 squad. His hard work in the classroom resulted in him earning a spot on the 2013 Capital One Academic All-America Third Team and becoming SU’s first baseball Academic All-America since 1995.

Kregeloh has worked with youth players both at Shippensburg and with his summer teams in Missouri and West Virginia. He participated in the team’s Vs. Cancer fundraiser as the Raiders raised money for the Pediatric Cancer Institute of the Milton S. Hershey Medical Center.

In addition to his Academic All-America selection, Kregeloh was also named an ABCA Third Team All-American and a Daktronics Second Team All-American last season after a campaign in which he led the PSAC with nine home runs and 60 RBIs – the latter of which was one shy of tying the school single-season record.

An All-PSAC East First team pick, Kregeloh was selected by three different publications as an All-Atlantic Region First Teamer as he batted .355 and also led the Raiders in hits (66), slugging (.591), pitching wins (9), ERA among starters (3.47) and strikeouts (68).
ACADEMICS
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7:30 a.m. - 3:00 p.m., Friday

Computers
Lehman Library is equipped with 90+ laptops and desktop computers, with wireless connections available throughout the building. Laptops may be borrowed from the Reserve Desk to be used in the Library.

The reference area offers a state-of-the-art book scanner and equipment for digitizing microfilm materials. Reference Librarians are available to give technology assistance. Other equipment for presentations, etc. is available in Media Services Grove Hall 008.

Circulation
When borrowing library materials, students must have a valid Shippensburg University identification. I.D. cards are issued through University Police. Students are responsible for all materials borrowed on their I.D. cards.

Loan Periods
Material from the general collection may be borrowed for the semester. Reserved materials may be borrowed for 3 hours, or one, three, or seven days. Periodicals (bound, unbound or microfilm) do not circulate.

Fines
General Collection Materials: No fines are charged, but students will not be permitted to borrow additional materials until overdue items are returned or paid for. Reserves: 3-hour material: $1 per hour to a maximum fine of $100; 1-, 3-, or 7-day material: $5 per day to a maximum fine of $100.

Interlibrary Loan
Books and articles not available in the Library may be easily requested through Interlibrary Loan links found in most library databases.

Reference Assistance
The library faculty at the Information Desk can help students in the following areas:
- Getting started with your research
- Picking and using good databases and sources for your research
- How to cite sources in proper style formats
- Have a research consultation (personal appointment) with a librarian to plan your research
- Tips on using Microsoft Word, Excel, and PowerPoint
- Obtain books and articles from other libraries
- Get rapid library assistance at: ask.library.ship.edu

THE LEARNING CENTER
learning.ship.edu

Main Level Lehman Library

The Learning Center provides a broad array of quality academic support services to all students at Shippensburg University. Our goal is to help students identify and achieve their individual learning goals and to fulfill their academic potential. The Learning Center empowers students to become independent, active learners by meeting the needs of a diverse student population, providing free and accessible services in a safe and supportive atmosphere, and working collaboratively with students, faculty, staff, and administration.

The Learning Center provides students with:
- Individual and small group peer tutoring for general education and some upper level courses.
- Individual writing support for any course,
- An opportunity to complete a study skills assessment and work with a tutor on a specific study skill.
- Professional Learning Specialists who work with students with a desire to improve their learning skills.
- A large collection of study skill resources on the Learning Center’s web site.

The Learning Center is conveniently located on the right side of the Main Level of the Lehman Library. To learn more about Learning Center services, please stop by the Center, call 477-1420 or visit the web site, www.ship.edu/learning.

Academic Year Tutoring Hours:
Sunday: 5:00 PM - 9:00 PM
Monday through Thursday: 10:00 AM - 9:00 PM

24 Shippensburg University
# ACADEMIC AFFAIRS

<table>
<thead>
<tr>
<th>DEANS</th>
<th>ROOM</th>
<th>SECRETARY</th>
<th>PHONE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arts &amp; Sciences</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dr. James Mike</td>
<td>DHC 225</td>
<td>Pat Martin</td>
<td>1151</td>
</tr>
<tr>
<td>Dr. James Delle</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Assoc. Dean</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Business</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Dr. John Kooti</td>
<td>GRH 124</td>
<td>Debra Booz</td>
<td>1435</td>
</tr>
<tr>
<td>Dr. Anthony Winter</td>
<td></td>
<td>Anita Weaver</td>
<td>1620</td>
</tr>
<tr>
<td>Assoc. Dean</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ed./Human Services</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Dr. James Johnson</td>
<td>SPH 352</td>
<td>Vikki Shaak</td>
<td>1373</td>
</tr>
<tr>
<td>Dr. Nellie Cyr</td>
<td>SPH 356</td>
<td>Penny Stum</td>
<td>1487</td>
</tr>
<tr>
<td>Assoc. Dean</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Academic Programs &amp; Services/ Undeclared</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dr. Sarah Stokely</td>
<td>HH 112</td>
<td>Terry Conyers</td>
<td>1395</td>
</tr>
<tr>
<td>Ms. Denise Yarwood</td>
<td>HH 122</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Interim Asst. Dean</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

# ALPHABETICAL LISTING OF UNDERGRADUATE DEPARTMENTS

<table>
<thead>
<tr>
<th>DEPARTMENT</th>
<th>CHAIRPERSON</th>
<th>ROOM</th>
<th>SECRETARY</th>
<th>PHONE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounting &amp; Mgt. Info. Sys.</td>
<td>Dr. J. Jay Mackie</td>
<td>GRH 328</td>
<td>Kristina Commerer</td>
<td>1436</td>
</tr>
<tr>
<td>Art</td>
<td>Mr. William Whiteley</td>
<td>HAC 209</td>
<td>Cathy Graham</td>
<td>1530</td>
</tr>
<tr>
<td>Biology</td>
<td>Dr. Todd Hurd</td>
<td>FSC 142</td>
<td>Joan Carson</td>
<td>1401</td>
</tr>
<tr>
<td>Chemistry</td>
<td>Dr. Joseph Shane</td>
<td>FSC 327</td>
<td>Sally Markee</td>
<td>1629</td>
</tr>
<tr>
<td>Communication/Journalism</td>
<td>Dr. Kim Garris</td>
<td>RLH 108</td>
<td>Loretta Sobrito</td>
<td>1521</td>
</tr>
<tr>
<td>Computer Science &amp; Engineering</td>
<td>Dr. Carol Wellington</td>
<td>MCT 156</td>
<td>TBA</td>
<td>1178</td>
</tr>
<tr>
<td>Criminal Justice</td>
<td>Dr. Melissa Ricketts</td>
<td>SPH 321</td>
<td>Bonnie Heming</td>
<td>1558</td>
</tr>
<tr>
<td>Economics</td>
<td>Dr. David Kalist</td>
<td>DHC 127</td>
<td>Vickie Byers</td>
<td>1437</td>
</tr>
<tr>
<td>English</td>
<td>Dr. Shari Horner</td>
<td>DHC 126</td>
<td>Patricia Hooper</td>
<td>1495</td>
</tr>
<tr>
<td>Exercise Science</td>
<td>Dr. Russell Robinson</td>
<td>HG 109</td>
<td>Colleen McQueeney</td>
<td>1721</td>
</tr>
<tr>
<td>Finance &amp; SCM</td>
<td>Dr. Ian Langella</td>
<td>GRH 228</td>
<td>TBA</td>
<td>1434</td>
</tr>
<tr>
<td>Geography/Earth Science</td>
<td>Dr. William Blewett</td>
<td>SRH 104</td>
<td>Judith Ferrell</td>
<td>1685</td>
</tr>
<tr>
<td>History/Philosophy</td>
<td>Dr. Steven Burg</td>
<td>DHC 122</td>
<td>Janice Reed</td>
<td>1621</td>
</tr>
<tr>
<td>Human Communication Studies</td>
<td>Dr. Kara Laskowski</td>
<td>DHC 112</td>
<td>Tammy Myers</td>
<td>1732</td>
</tr>
<tr>
<td>Interdisciplinary Arts</td>
<td>Dr. Mike Pressler</td>
<td>DHC 109</td>
<td></td>
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</tr>
<tr>
<td>International Studies</td>
<td>Dr. Jonathon Skaff</td>
<td>CUB 221B</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Management/Marketing</td>
<td>Dr. William Oberman</td>
<td>GRH 224</td>
<td>Karen Kelley</td>
<td>1439</td>
</tr>
<tr>
<td>Mathematics</td>
<td>Dr. Doug Ensley</td>
<td>MCT 250</td>
<td>Pam McLaughlin</td>
<td>1431</td>
</tr>
<tr>
<td>Modern Languages</td>
<td>Dr. José Ricardo-Osorio</td>
<td>RLH 109</td>
<td>Janine Olah</td>
<td>1635</td>
</tr>
<tr>
<td>Music/Theatre Arts</td>
<td>Mr. Trever Famulare</td>
<td>PAC 220</td>
<td>Karen Reath</td>
<td>1638</td>
</tr>
<tr>
<td>Physics</td>
<td>Dr. Marc Cohen</td>
<td>FSC 215</td>
<td>A. Rebecca Fulton</td>
<td>1570</td>
</tr>
<tr>
<td>Political Science</td>
<td>Dr. C. Nielsen Brasher</td>
<td>GRH 424</td>
<td>Laurie Stader</td>
<td>1718</td>
</tr>
<tr>
<td>Psychology</td>
<td>Dr. Lea Adams</td>
<td>FSC 114</td>
<td>Katrina Myers</td>
<td>1657</td>
</tr>
<tr>
<td>Social Work</td>
<td>Dr. Deborah Jacobs</td>
<td>SPH 382</td>
<td>TBA</td>
<td>1717</td>
</tr>
<tr>
<td>Sociology/Anthropology</td>
<td>Dr. Barbara Denison</td>
<td>GRH 428</td>
<td>Lisa Dubbs</td>
<td>1735</td>
</tr>
<tr>
<td>Teacher Education</td>
<td>Dr. Christine Royce</td>
<td>SPH 214</td>
<td>Brandy Linn</td>
<td>1688</td>
</tr>
</tbody>
</table>
### PERSONAL FREEDOM IN HIGH SCHOOL vs. PERSONAL FREEDOM IN COLLEGE

<table>
<thead>
<tr>
<th>High School</th>
<th>College</th>
</tr>
</thead>
<tbody>
<tr>
<td>mandatory and free.</td>
<td>voluntary and expensive.</td>
</tr>
<tr>
<td>You count on parents and teachers to remind you of your responsibilities and to guide you in setting priorities.</td>
<td>You will be faced with a large number of moral and ethical decisions you have not had to face previously. YOU must balance your responsibilities and set priorities.</td>
</tr>
<tr>
<td>You will usually be told what your responsibilities are and corrected if your behavior is out of line.</td>
<td>You're old enough to take responsibility for what you do and don't do, as well as for the consequences of your decisions.</td>
</tr>
</tbody>
</table>

### HIGH SCHOOL CLASSES vs. COLLEGE CLASSES

<table>
<thead>
<tr>
<th>High School</th>
<th>College</th>
</tr>
</thead>
<tbody>
<tr>
<td>Each day you proceed from one class directly to another.</td>
<td>You often have hours between classes; class times vary throughout the day and evening.</td>
</tr>
<tr>
<td>You spend 6 hrs/day - 30 hrs/week in class.</td>
<td>You spend 12 - 16 hrs/week in class.</td>
</tr>
<tr>
<td>Most of your classes are arranged for you.</td>
<td>In consultation with your academic advisor, you arrange your own schedule. Schedules tend to look lighter than they really are.</td>
</tr>
<tr>
<td>Teachers carefully monitor class attendance.</td>
<td>Professors may not formally take roll, but they are still likely to know whether or not you attended.</td>
</tr>
<tr>
<td>Classes generally have no more than 35.</td>
<td>Classes may number 100 students or more.</td>
</tr>
<tr>
<td>You are provided books at little or no expense.</td>
<td>You need to budget funds for textbooks and supplies which can cost more than $950 per year.*</td>
</tr>
</tbody>
</table>

### HIGH SCHOOL TEACHERS vs. COLLEGE PROFESSORS

<table>
<thead>
<tr>
<th>High School</th>
<th>College</th>
</tr>
</thead>
<tbody>
<tr>
<td>Teachers check your completed homework.</td>
<td>Professors may not always check completed homework, but they will assume you can perform the same tasks on tests.</td>
</tr>
<tr>
<td>Teachers remind you of your incomplete work.</td>
<td>Professors may not remind you of incomplete work.</td>
</tr>
<tr>
<td>Teachers approach you if they believe you need help.</td>
<td>Professors are usually open and helpful, but most expect you to initiate contact if you need help.</td>
</tr>
<tr>
<td>Teachers are often available for conversation before, during, or after class.</td>
<td>Professors expect and want you to attend their scheduled office hours.</td>
</tr>
<tr>
<td>Teachers have been trained in teaching methods to assist in imparting knowledge to students.</td>
<td>Professors have been trained as experts in their particular areas of research.</td>
</tr>
<tr>
<td>Teachers provide you with information you missed when you were absent.</td>
<td>Professors expect you to get from classmates any notes you missed.</td>
</tr>
<tr>
<td>Teachers will often ask questions to ensure that you understand the material.</td>
<td>Professors will assume that if you don't ask questions, you understand the material.</td>
</tr>
<tr>
<td>Teachers often write information on the board to be copied in your notes.</td>
<td>Professors may lecture nonstop, expecting you to identify important points. Good notes are a must.</td>
</tr>
<tr>
<td>Teachers often take time to remind you of assignments and due dates.</td>
<td>Professors expect you to read, save, and consult the course syllabus; the syllabus spells out exactly what is expected of you, when it is due, and how you will be graded.</td>
</tr>
</tbody>
</table>

### STUDYING IN HIGH SCHOOL vs. STUDYING IN COLLEGE

<table>
<thead>
<tr>
<th>High School</th>
<th>College</th>
</tr>
</thead>
<tbody>
<tr>
<td>You may study outside of class as little as 1 hour a week, and this may be last-minute preparation.</td>
<td>You need to study at least 2 to 3 hours outside of class for each hour in class.</td>
</tr>
<tr>
<td>You’re expected to read short assignments that are then discussed, and often re-taught, in class.</td>
<td>You are assigned substantial amounts of reading and writing which may not be directly addressed in class.</td>
</tr>
<tr>
<td>You will usually be told in class what you need to learn from assigned readings.</td>
<td>It’s up to you to read and understand the assigned material; lectures and assignments proceed from the assumption that you’ve already done so.</td>
</tr>
</tbody>
</table>
# How is College Different From High School?

<table>
<thead>
<tr>
<th><strong>TESTS IN HIGH SCHOOL</strong></th>
<th><strong>TESTS IN COLLEGE</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Testing is frequent and covers small amount of material.</td>
<td>Testing is usually infrequent and may be cumulative, covering large amounts of material. You, not the professor, need to organize the material to prepare for the test. A particular course may have only 2 or 3 tests a semester.</td>
</tr>
<tr>
<td>Makeup tests are often available.</td>
<td>Makeup tests are seldom an option; if they are, you need to request them.</td>
</tr>
<tr>
<td>Teachers frequently rearrange test dates to avoid conflict with school events.</td>
<td>Professors in different courses usually schedule tests without regard to the demands of other courses or outside activities.</td>
</tr>
<tr>
<td>Teachers frequently conduct review sessions, pointing out the most important concepts.</td>
<td>Professors rarely offer review sessions, and when they do, they expect you to be an active participant, coming prepared with questions.</td>
</tr>
<tr>
<td>Mastery is usually seen as the ability to reproduce what you were taught in the form which it was presented to you, or to solve the kinds of problems you were shown how to solve.</td>
<td>Mastery is often seen as the ability to apply to new situations what you have learned or to solve new kinds of problems.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>GRADES IN HIGH SCHOOL</strong></th>
<th><strong>GRADES IN COLLEGE</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Grades are given for most assigned work.</td>
<td>Grades may not be provided for all work.</td>
</tr>
<tr>
<td>Consistently good homework grades may help raise your overall grade if test grades are low.</td>
<td>Grades on tests and major papers usually provide most of the course grade.</td>
</tr>
<tr>
<td>Extra credit projects are often available to help you raise your grade.</td>
<td>Extra credit projects cannot, generally, be used to raise a grade in a college course.</td>
</tr>
<tr>
<td>You may graduate as long as you have passed all required courses with a grade of D or higher.</td>
<td>You may graduate only if your average in classes meets department standards – typically a 2.0 or C.</td>
</tr>
</tbody>
</table>

*Chronicle of Higher Education, August 29, 2008*

Information taken from the Southern Methodist University - Learning Enhancement Center website.
**Myth One:**
In order to succeed you must have a good idea what you want to do early in life.

**Realities:**
Not really. Few can predict at age 16, 18, or 22, what they will be doing ten years from now. Research indicates that 80% of this year's first-year class will be working in jobs that haven't even been invented yet! What planning or major can prepare you for what doesn't exist? The best you can do is to have a preliminary goal which may be refined as you complete various stages of education or employment.

This doesn't mean that you should avoid career planning. Having a goal or goals is helpful, even if you change them later. An old Chinese proverb says, “A long journey starts with a single step.” You need to decide the general direction in which you want to go and make your moves toward it. Then, periodically, take a look at where you are and where you want to go.

**Myth Two:**
By studying your interests, abilities, and values, you should be able to pinpoint the job that is just right for you.

**Realities:**
False. Just like the ready-made shoes from a store, jobs are only going to roughly fit your interests, abilities, and values. Even those “dream jobs” have employers who suddenly decide at 4:30 p.m. that you must work on Saturday. Park rangers like the outdoor life—but less so in the winter. Nurses like their jobs but not the evening and weekend shift.

Most of what we do in life involves compromise and that is true also of career selection. Your goal is to find the career field, the employer and the job that has the most pluses and the least minuses—as far as you are concerned.

**Myth Three:**
My degree is my ticket to the life I want.

**Realities:**
Your degree is nothing more than another label, like a major—a certificate that you fulfilled a certain number of requirements. What you can do with it depends on how good an education you've had—how much you've learned about yourself, your options, and your world.

**Myth Four:**
Because I have so little experience, I can't impress employers.

**Realities:**
False. Employers know that at one stage in life all of us are young and lack much job experience. If you have had little paid work experience, you need to demonstrate your abilities by citing academic or extracurricular activities, by impressing employers with your sincere interest in their organization, and by indicating that you have a clear idea of where you want to go. Your role in leisure and volunteer activities may help demonstrate your interests and abilities.

**Myth Five:**
A degree in one field limits you to a career in that field.

**Realities:**
Ted Turner was a classics major. Joe Paterno holds a doctorate in English literature. C. Jeanne Bowers-Shaheen, Shippensburg University class of 1969 and former Governor of New Hampshire, was an English major.

Researchers point out that most successful people are consensus-builders, able to bring others together and inspire them. It’s likely that these leaders have not succeeded by relying just on their business skills but on their people skills. The people and information-gathering skills you acquire in a variety of non-vocational majors will serve you in any job or career.

**Myth Six:**
Most college students think a corresponding academic major exists for each specific career field, and it’s impossible to enter most career fields unless they choose that matching major for undergraduate study.

**Realities:**
This is not true. The relationship of college majors to career fields varies. Obviously, some career choices dictate that you choose a vocationally oriented major. If you want to be a nurse, you must major in nursing. Engineers major in engineering. Architects major in architecture. There is no other way to be certified as a nurse, engineer, or architect. However, most career fields do not require a specific major, and people with specific majors do not have to use them in the ways most commonly expected. Most college majors do not offer specific preparation for a single type of work. Instead they educate you and help (along with your activities, work, etc.) make up the personal package that can enable you to become anything you want to be. Majors do not limit you to one type of work.
THE GENERAL EDUCATION PROGRAM (48 credits)

Information on the General Education Program is available in the University Catalog. The catalog is accessible via the university website at www.ship.edu/catalog.

Part I: Required Skills and Competencies (15 Credits)

- Historical Foundations of Global Cultures
- Thinking Historically in a Global Age
- Introduction to Human Communication
- Writing Intensive First Year Seminar/Advanced Placement Writing
- College-Level Mathematics [student may need to take Developmental Math course first]

Part II: Categories of Knowledge

Category A — Logic & Numbers for Rational Thinking (1 course — 3 credits)
Category B — Linguistic, Literary, Artistic & Cultural Traditions (3 courses — 9 credits)
Category C — Biological & Physical Sciences (3 courses — 9 credits)
Category D — Political, Economic & Geographic Sciences (2 courses — 6 credits)
Category E — Social & Behavioral Sciences (2 courses — 6 credits)

Part III: Additional Requirements

1. Students are required to take one diversity course to graduate. You can meet this requirement by taking a course that double counts as a diversity course and a General Education, major, or free elective course.

2. Students will demonstrate library and information technology competence in their Writing-Intensive First-Year Seminar Class.

CATEGORIES OF KNOWLEDGE

Undergraduates are required to take 11 courses for a total of 33 credit hours as indicated in the following categories:

Category A—Logic & Numbers for Rational Thinking
(1 course — 3 credit hours)

- CSC103  Overview of Computer Science
- CSC180  Microcomputer Basic
- MAT103  Mathematical for Liberal Studies
- MAT107  Mathematical Models Applied to Money
- MAT110  Fundamentals of Mathematics I
- MAT117  Applied Statistics
- MAT140A or MAT140B  College Algebra
- MAT175  Pre-Calculus
- MAT181  Applied Calculus
- MAT211  Calculus I
- PHL101  Introduction to Philosophy
- PHL102  Critical Thinking
- PHL105  Ethical Theories and Problems

Special Topics in General Education, Category A

Continued on page 30.
### Category B—Linguistic, Literary, Artistic & Cultural Traditions (3 courses – 9 credit hours)

**Literature (1 course)**
- ENG243  The Art of Film
- ENG248  Introduction to Culturally Diverse Literature of the United State
- ENG250  Introduction to Literature

**FRN courses**
- FRN330  Masterpieces of French Literature
- FRN331  Masterpieces of Francophone Literature

**Humanities (Select 2 from different disciplines)**
- ART101  Art Appreciation
- ART231  Art History I
- ART232  Art History II
- ART233  Art History III
- ART274  Introduction to Cultural Studio
- ART339  History of American Art

**FRN courses**
- FRN101  Beginning French I
- FRN102  Beginning French II
- FRN150  French Civilization

**FRN202**  Intermediate Conversation Through the Media

**FRN204**  Ideas & Cultures From the French-Speaking World

**FRN320**  French for the Professions

**GER courses**
- GER151  German Cinema
- GER320  Berlin
- GER322  Readings in German Literature

**SPN courses**
- SPN360  Masterpieces of Spanish Literature
- SPN361  Masterpieces of Spanish-American Literature

*Other language courses as offered may be taken in this category.*

### Category C—Biological & Physical Sciences (3 courses – 9 credit hours)

(Select 1 from the following disciplines*)

- **ANT121**  Physical Anthropology
- **BIO100**  Basic Biology
- **BIO142**  Introduction to Ecology
- **BIO145**  Environmental Biology
- **BIO150**  Human Biology
- **BIO161**  Principles of Biology: Cell Structure and Function
- **BIO162**  Principles of Biology: Organismal Diversity
- **BIO208**  Field Biology
- **CHM103**  Chemistry: A Cultural Approach
- **CHM105**  Chemistry: An Observational Approach
- **CHM121**  Chemical Bonding
- **ESS108**  Conservation of Natural Resources
- **ESS110**  Introduction to Geology
- **ESS111**  Introduction to the Atmosphere
- **ESS210**  Physical Geology
- **PHY108**  Astronomy
- **PHY110**  Physics for Society
- **PHY121**  Introduction to Physics I
- **PHY122**  Introduction to Physics II
- **PHY205**  Intermediate Physics I

*Note: Students majoring in the biological or physical sciences are permitted to count one course from their major department toward satisfying this requirement. Natural science courses that carry one of the above courses as a prerequisite and required science courses for elementary education majors may also be counted toward this requirement.*

### Category D—Political, Economic & Geographic Sciences (2 courses – 6 credit hours)

(Select 1 from the following disciplines*)

- **ECO101**  Principles of Macroeconomics
- **ECO102**  Principles of Microeconomics
- **ECO113**  Principles of Economics
- **GEO101**  World Geography
- **GEO103**  Geography of the United States & Canada
- **PLS100**  U.S. Government and Politics
- **PLS141**  Introduction to International Politics

*Special Topics in General Education, Category D*

### Category E—Social & Behavioral Sciences (2 courses – 6 credit hours)

(Select 1 from the following disciplines)

- **ANT111**  Cultural Anthropology
- **DS100**  Introduction to Disability Services
- **ETH100**  Introduction to Ethnic Studies
- **ETH101**  Introduction to African American Studies
- **ETH102**  Introduction to Latino Studies
- **GEO140**  Cultural Geography
- **PSY101**  General Psychology
- **SOC101**  Introduction to Sociology: Society & Diversity
- **WST100**  Introduction to Women's Studies

*Special Topics in General Education, Category E*
### UNDERGRADUATE FOUR-YEAR STUDY PLAN

**Year One**

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Extra-curricular activities planned:

**Year Two**

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Extra-curricular activities planned:

**Year Three**

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Extra-curricular activities planned:

**Year Four**

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Extra-curricular activities planned:

**Summer**

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Extra-curricular activities planned:

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Degree: ______________________________

Major: ____________________________

Advisor's Name and office location:

____________________________________

 ____________________________________

I plan to meet with my advisor on (date) ___________ to discuss this plan.

I plan to go to the Career Development Center (CUB 200) on (date) ___________ to explore what I might like to do, so I can make an academic plan that will get me where I want to go.

My plans for where I want to be in five years are: ______________________________

By taking the courses and participating in the activities listed to the left, I can accomplish my goals.

---

**CATEGORY LEGEND**

- Major: M
- Major Elective: ME
- Core: C
- Transfer: T
- Free Elective: FE
- General Education: GE (A), GE (B), GE (C), GE (D), GE (E)
- GE Skills from BSBA Worksheet
  - (example: World History I)
ACADEMIC CALENDAR

Spring Semester 2015

New students arrive Fri Jan 16
New student orientation Fri - Sun Jan 16-18
MLK Day, University Closed Mon Jan 19
Regular class schedule begins Tue Jan 20
Spring break begins, 4:00 p.m. Fri Mar 6
Classes resume, 8:00 a.m. Mon Mar 16
Last day of classes Fri May 1
Final exams Mon - Fri May 4-8
Graduate Commencement Fri May 8
Undergraduate Commencement Sat May 9

*The spring semester has one less Monday day/evening class—made up at the discretion of faculty.

Summer Semester A 2015

Session opens Mon May 18
Memorial Day, University Closed Mon May 25
Special make-up for Memorial Day Sat Jun 6
Session ends Fri Jun 26

Summer Semester B 2015

Session opens Mon Jun 29
July 4th, University Closed Sat Jul 4
Session ends Fri Aug 7

*Shippensburg University is adopting a new structure for its summer terms beginning in summer 2015. Additional details and information will be provided to faculty and students in September, 2014.

Fall Semester 2015

New students arrive Thu Aug 20
Fall welcome week Thu - Sun Aug 21-24
Thu - Sun Aug 20-23 Aug 25
Regular class schedule begins Mon Aug 24
Labor Day, University closed* Mon Sept 7
Fall break begins, 4:00 p.m. Fri Oct 9
Classes resume, 8:00 a.m. Wed Oct 14
Thanksgiving break begins, 8:00 a.m. Wed Nov 25
Classes resume, 8:00 a.m. Mon Nov 30
Last day of classes Fri Dec 4
Final exams Mon - Fri Dec 7-11
Graduate Commencement Fri Dec 11
Undergraduate Commencement Sat Dec 12

*The fall semester has one less Monday day/evening class—made up at the discretion of faculty.

Winter Term 2015

Session Opens Mon Dec 14
Session Ends Fri Jan 15

*All dates are tentative. Please check with your academic advisor first.