Alienation Test	M	CE	P	N	EW	SI
Please record how you feel about each sentence as follows:						
5 -- I agree strongly						
4 -- I agree						
3 -- I am neutral, or I don't know						
2 -- I disagree						
1 -- I disagree strongly						
1. I don't understand the way people behave nowadays.	☐					
2. I don't want what most people seem to want.		☐				
3. The future of mankind looks pretty hopeless.			☐			
4. Most people act as if the end justifies the means.				☐		
5. I don't get much satisfaction from my work (or school work).					☐	
6. It's a lonely life for more and more people nowadays.						☐
7. Things don't make much sense to me anymore.	☐					
8. My values are different from society's values.		☐				
9. There is little room for personal choice anymore.			☐			
10. There just aren't any definite rules to live by today.				☐		
11. I wish I could feel more involved in my job (or school work).					☐	
12. I wish people would be a lot kinder than they are.						☐
13. I feel confused about the world a lot.	☐					
14. Most people don't have the same priorities that I do.		☐				
15. You can only get ahead if you get some lucky breaks.			☐			
16. It seems that right and wrong are pretty ambivalent nowadays.				☐		
17. Sometimes I just feel like a robot at work (or school).					☐	
18. Sometimes I feel all alone in the world.						☐
19. I don't know what the purpose of life is anymore.	☐					
20. I don't identify with my culture's values.		☐				
21. There are so many decisions to make that I could just scream.			☐			
22. It seems as if you have to play dirty to win.				☐		
23. I don't have much opportunity to be creative.					☐	
24. I don't get to go out with friends much anymore.						☐
25. Life has become less and less meaningful to me.	☐					
26. Everybody seems to have a different idea of success than I have.		☐				
27. It is (or would be) scary to be responsible for a child nowadays.			☐			
28. It often seems that it's the nice people who lose.				☐		
29. It's frustrating if you really care about the quality of your work.					☐	
30. I don't see my family as much as I'd like to.						☐
Total each column						
	M	CE	P	N	EW	SI