

**HARRISBURG AREA COMMUNITY COLLEGE (HACC) & SHIPPENSBURG UNIVERSITY (SHIP)
TRANSFER GUIDE FOR EXERCISE SCIENCE A.A. (#3121) AT HACC
TO EXERCISE SCIENCE B.S. AT SHIPPENSBURG UNIVERSITY**

HACC COURSE	CRS.	SHIP EQUIV. COURSE /AREA SATISFIED	CRS.
General Education Requirements (31 crs.)			
COMM 101 Effective Speaking	3	COST 100 Intro to Human Communications ^O	3
ENGL 101 English Composition I	3	ENGL 114 Academic Writing ^W	3
ENGL 102 English Composition II	3	GETR 028 Gen Ed Trans Crtvty&Expr-Lit ^L	3
First-Year Seminar Elective	1	Transfer Elective	1
Humanities & Arts Core Elective: Choose any ³	3	Gen Ed/Transfer Elective	3
Math: MATH 202 Introduction to Statistics	4	MATH 117 Applied Statistics/Required ^Q	4
Science: PHYS 201 General Physics I	4	PHYS 121 Intro Phys I & 123 Lab/Required	4
Science: BIOL 121 Anatomy & Physiology I ⁴	4	BIOL 237 Anatomy & Physiology I ^N /Required	4
S&BS: PSYC 101 General Psychology	3	PSYC 101 General Psychology/Required ^G	3
PE 201 Living Fit and Well	3	EXER 200 Health & Wellness	3
Major Requirements (20 Credits)			
BIOL 122 Anatomy & Physiology II	4	BIOL 238 Anatomy & Physiology II/ Required ⁴	4
CHEM 101 General Inorganic Chem. I	4	CHEM 121 & 125 Chemical Bonding	4
EXSC 102 Intro to Exercise Science ⁵	3	EXER 150 Intro to Exercise Science/Required	3
EXSC 202 Functional Anatomy ⁵	3	EXER 244 Mvmt Science/Skill Analysis/ Required	3
MATH 103 College Algebra	3	MATH 140 College Algebra	3
NUTR 104 Nutrition ⁵	3	EXER 260 Principles of Nutrition/Required ⁵	3
Program-Specific Electives (9 crs.)			
PHYS 201 General Physics I	4	PHYS 121 Intro Phys I & 123 Lab/Required	4
Transfer Elective: Choose any ^{6,7}	7	Gen Ed/Transfer Elective	7
PROGRAM TOTAL CREDITS	60	TRANSFERABLE CREDITS	60

Overview of Shippensburg University's General Education Program

The General Education Program at Shippensburg University comprises 45 of the credit hours required for graduation. It consists of 5 themes with 2-3 required course goals in each theme

-Foundations: 15 credits (3 credit first-year seminar not currently required for transfer students)

- Writing^W, Oral Communication^O, History^H, Quantitative^Q

-Interconnections: 9 credits required from 3 goals with at least 3 credits required in Diversity and 3 credits in Global Perspectives

- Diversity^D, Global Perspectives^G, Foreign Language^F

-Citizenship & Responsibility: 6 credits required with no more than 1 course from the same goal category

- Citizenship^S, Ethical Reasoning^E, Critical Reasoning^R

-Natural World & Technology: 9 credits required with at least 6 credits completed in the Natural World category

- Natural World^N, Technology^T

-Creativity & Expression: 6 credits required with at least 3 credits required in the Literature category

- Literature^L, Arts^A, Creative^C

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NOTES (IMPORTANT, PLEASE READ)

1. 0-Level courses do not count toward graduation requirements and will not transfer.
2. Courses for Shippensburg University have been selected by joint agreement of HACC and SU. However, curricula are subject to change. Please speak with your advisor and/or the SU transfer counselor if you have any questions. A transfer counselor from SU visits HACC campuses on a regular basis throughout the academic year. Call the SU Office of Admissions for the specific day and time.
3. Completion of an Associate of Arts or Associate of Science degree will result in the waiver of remaining general education requirements at SU; as a result, any course can be chosen for this category. Required major gen eds and major coursework will be listed as needed/permitted in this guide. Please consult with the SU transfer advisor with any questions.
4. The Exercise Science major requires completion of at least 15 credits with completion of one of the following equivalent courses with a C or higher: BIOL 237 (recommended), BIOL 161, BIOL 162, CHEM 121, or PHYS 121. Allied Health Pre-Professional Concentration requires at least a 2.5 while the Human Performance and Fitness concentration requires a 2.0. It is strongly recommended that the equivalents of BIOL 237 and BIOL 238 (Anatomy and Physiology I and II) be completed prior to transferring.
5. BIOL 238, EXER 150, EXER 244, and EXER 260 (HACC BIOL 122, EXSC 102, EXSC 202, NUTR 104) must be completed with a C or higher
6. Students who intend to go to graduate school in the health professions (i.e. Physical Therapy, Occupational Therapy, etc.) should finish the Physics and Chemistry sequence by taking CHEM 102 w lab and PHYS 201 and 202 w labs. Students should work with their advisor in taking remaining required program specific electives.
7. See SHIP transfer counselor and/or HACC counselor for further advisement
8. **The information in this guide may be subject to change. Therefore, students are advised to note the date on the guide and periodically check in the HACC Advising Center for an updated guide. Students are also advised to use this guide with the assistance of a HACC Counselor/Advisor. Following this guide does not guarantee transfer of credit or admission to Shippensburg University.**

FOR FURTHER INFORMATION CONTACT

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