

CURRICULUM VITA

TODD K. WHITMAN

Ph.D., NCC, LPC, ACS

**Associate Professor
Department of Counseling & College Student Personnel
Shippensburg University
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EDUCATION

<i>University of Virginia (UVA), Curry School of Education, Charlottesville, VA</i> Ph.D., Counselor Education CACREP Accredited <i>Dissertation: The On-site Supervision of School Counseling Interns</i> <i>Committee Chair: Dr. Jack Culbreth</i>	Jan 2005
<i>State University of New York (SUNY), College at Oswego, Oswego, NY</i> M.S., (60 hours), Counseling Services Concentration: School Counseling	May 1997
<i>Colgate University, Hamilton, NY</i> B.A, Psychology and French Literature (minor)	May 1990

LICENSES AND OTHER PROFESSIONAL CREDENTIALS:

Approved Clinical Supervisor (ACS), Center for Credentialing and Education, Inc.	Oct 2008
Licensed Professional Counselor (LPC), Commonwealth of Pennsylvania	March 2008
National Certified Counselor (NCC), National Board of Certified Counselors	Feb 2000
Pupil Services License, License # PPS-522630, Commonwealth of Virginia	Aug 1997

TEACHING EXPERIENCE

Associate Professor—Department of Counseling and College Student Personnel Sep 2015-present
Shippensburg University, Shippensburg, PA

- CNS 760 *Advanced Assessment and Evaluation* (doctoral level)
- CNS 790 *Advanced Quantitative Research Methods and Statistics* (doctoral level)
- CNS 785 *Advanced Quantitative Research Methods and Statistics* (doctoral level)
- CNS 780 *Advanced Quantitative Research Methods and Statistics* (doctoral level)
- CNS 600 *Research Methods and Statistics* (masters level)
- CNS 522 *Assessment and Appraisal in Counseling* (masters level)
- CNS 510 *Drug and Alcohol Counseling* (masters level)
- CNS 524 *DSM/ Psychopathology* (masters level)

Assistant Professor—Department of Counseling and College Student Personnel Aug 2005-Sep 2015
Shippensburg University, Shippensburg, PA (masters-level only)

- CNS 600 *Research Methods and Statistics*
- CNS 522 *Assessment and Appraisal in Counseling*
- *Independent Study in Assessment and Appraisal in Counseling*
- CNS 510 *Drug and Alcohol Counseling*
- CNS 524 *DSM/ Psychopathology*
- CNS 588 *Counseling Strategies and Techniques*
- CNS 585 *Practicum in School Counseling*
- CNS 585 *Practicum in Clinical Mental Health Counseling*
- CNS 580/590 *Internship/Field Experience in School Counseling*
- CNS 581 *Independent Study in Counselor Supervision*

Adjunct faculty—Lecturer March 2005-May 2005
George Washington University, Washington DC/Alexandria, VA

- *Quantitative Methods II (Research in Counseling)*

Teaching Intern Jan 2002-May 2003
University of Virginia (UVA), Charlottesville, VA

- *Introduction to School Counseling*
- *Multicultural Counseling*
- *School Counseling Internship*
- *School Counseling Practicum*
- *Group Counseling*

Instructor Aug 1996-May 1997
SUNY Oswego, Oswego, NY

- *Contemporary Issues and Values*

CLINICAL SUPERVISORY EXPERIENCES

<i>Supervisor for individuals seeking licensure</i>	<i>Aug 2013-present</i>
Clinical Supervisor (Clinical Mental Health & College Counseling students) <i>Shippensburg University, Shippensburg, PA</i>	Aug 2012-present
Clinical Supervisor (School Counseling students) <i>Shippensburg University, Shippensburg, PA</i>	Aug 2005-present
Site Supervisor (School Counseling Intern) <i>Mount Vernon High School (Fairfax County Public Schools), Alexandria, VA</i>	Sept 2004-May 2005
Clinical Supervisor (School Counseling students) <i>University of Virginia, Charlottesville, VA</i>	Aug 2001-May 2003
Clinical Supervisor (2 Masters-level counseling students) <i>University of Virginia, Charlottesville, VA</i>	Jan 2001-May 2001

COUNSELING & CLINICAL EXPERIENCE

Counselor, Growing Edges Community Clinic	Feb 2011-May 2012
Facilitator & Small Group Leader, Opening day first-year student orientation <i>Shippensburg University, Shippensburg, PA</i>	Aug 2009-May 2011
Group leader and Facilitator, Connections program (Addictions counseling) <i>Shippensburg University, Shippensburg, PA</i>	Oct 2009-May 2011
School Counselor <i>Mount Vernon High School (Fairfax County Public Schools), Alexandria, VA</i>	Aug 2003-June 2005
Substance Abuse Counselor <i>Region Ten Community Services Board, Charlottesville, VA</i>	Aug 2002-April 2003
Group Leader and Facilitator <i>University of Virginia, Charlottesville, VA</i>	Aug 2001-Dec 2001
Diversity Group Dialogue Facilitator <i>University of Virginia, Charlottesville, VA</i>	Jan 2001-Mar 2001
Counselor—Personal and Career Development Center <i>University of Virginia, Charlottesville, VA</i>	Aug 2000-Feb 2001
School Counselor <i>Hayfield Secondary School (Fairfax County Public Schools), Alexandria, VA</i>	Aug 1997-July 2000

Group Leader <i>Syracuse Behavioral Healthcare, Syracuse, NY</i>	July 1996-Aug 1996
Counselor <i>Winona Camps for Boys, Bridgton, ME</i>	June 1994-Aug 1994
Member/Sponsor <i>Al-Anon, Syracuse, NY</i>	Jan 1991-Dec 2002

SCHOOL-BASED TRAINING EXPERIENCES

School Counseling Leadership Cohort <i>Fairfax County Public Schools, Alexandria, VA</i>	Oct 2004-May 2005
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UNIVERSITY-BASED WORK EXPERIENCES

Graduate Assistant <i>Dr. John R. Culbreth, UVA, Charlottesville, VA</i>	Aug 2000-May 2003
Research Assistant <i>UVA faculty, UVA, Charlottesville, VA</i>	Aug 2000-May 2001
Teaching Assistant <i>Dr. Erin Hitt, Psychology Department, SUNY Oswego, Oswego, NY</i>	Aug 1995-Dec 1995
Graduate Assistant <i>Counseling Department, SUNY Oswego, Oswego, NY</i>	Aug 1995-May 1997

COMMITTEES, COUNCILS, AND SERVICE WORK AT SHIPPENSBURG UNIVERSITY

University: Institutional Review Board (IRB) / Human Subjects Committee

Chair, Institutional Review Board (IRB) and Human Subjects Committee Aug 2018-present
Member, Institutional Review Board (IRB) and Human Subjects Committee Aug 2008-present

University: Assessment

Member, Academic Affairs Assessment Team (AAAT) May 2011-present
Co-Chair, Academic Affairs Assessment Team Sep 2007-May 2011
Member, Middle States Steering Committee Jan 2008-Mar 2009
Member, NCATE Unit Assessment System Team Aug 2007-May 2008
Member, Policy committee, University-wide Assessment Team Aug 2007-present

University: Curriculum Committee (UCC) and Forum

Member, University Forum Aug 2011-May 2013
Chair, UCC Aug 2008-May 2009
Chair, Ad-hoc sub-committee, UCC Aug 2009-May 2010
Chair, Academic Policies sub-committee, UCC Aug 2007-May 2008
Member, UCC Aug 2006-May 2010

University related-other

Member, Promotion Oversight and Review Committee Feb 2019-present
Member, University Wide Promotion Committee Aug 2016-July 2018
Reviewer, Graduate Research Committee Aug 2010-May 2013
Member, Search Committee, Assistant Dean of Graduate Studies Nov 2009-Apr 2010
Member, Academic Day committee Jan 2009-May 2011
Undeclared Students Advisor July, 2011
New student orientation host January, 2010
Names Reader, Masters hooding/graduation ceremonies (six times) Spr 2009-Spr 2014
Facilitator, Keep Friendship Alive (Residence Life program) Summer, 2010
Facilitator and Group Leader, Connections Program Oct 2009-May 2011
Member, Multicultural Caucus committee Jan 2006-May 2007

College of Education and Human Services-related

Member, NCATE task force Aug 2006-present
Member, Teacher Education Council Aug 2005-May 2008

Department-related

Coordinator, Clinical Mental Health Program Jan 2016 - present
Coordinator, Field Placements Jan 2016 - July 2018
Interim Chair, DPAC committee Aug 2015-Dec 2015
Chair, Search committee, tenure-track faculty position in College Counseling July 2012-Mar 2013
Chair, Search committee, tenure-track faculty position in Student Affairs July 2012-Mar 2013
Chair, Search committee, tenure-track faculty position in School Counseling July 2010-Mar 2011
Chair, School counseling program revisions – Chapter 49/PDE July 2010-Dec 2010
Chair, cohort steering committee Aug 2011-present
Technology Coordinator and Consultant, digital media, hardware & software Aug 2009-present
Coordinator, APA Writing and Style workshops Aug 2006-Fall 2014

<i>Liaison</i> , Center for Credentialing & Education (CCE)	Aug 2008-present
<i>Coordinator</i> , Assessment of student learning outcomes	Aug 2008-present
<i>Liaison</i> , Pennsylvania Department of Education	Aug 2008-present
<i>Member/liaison</i> , PA Transforming School Counseling Workgroup	Aug 2008-May 2010
<i>Member</i> , Search committees	Aug 2006-May 2007
<i>Member</i> , DPAC committee	Aug 2006-present
<i>Chair</i> , Department Grade Appeals Committee	Aug 2006-present
<i>Member</i> , School team	Aug 2005-present
<i>Chair</i> , Advisory Committee to the department of Counseling & CSP	Aug 2005-present
<i>Departmental representative & liaison</i> , CACREP (accrediting agency)	Jan 2006-present
<i>Chapter coordinator</i> , Chi Sigma Iota (CSI) grad. Cnslg. student honor society	Jan 2006-May 2008
<i>Coordinator</i> , National Counselor Exam (NCE) program	Aug 2005-present
<i>Liaison</i> , National Board of Certified Counselors	Aug 2005-present
<i>Departmental representative</i> , Scotland School for Veteran's Affairs	Aug 2005-May 2009
<i>Coordinator</i> , School counseling program's NCATE-related work	Aug 2005-present
 <u>Other</u>	
<i>Member</i> , IRB Coordinating Committee (PASSHE system)	Mar 2011-present
<i>Program reviewer</i> , Pennsylvania Counseling Association Annual Conference	June 2009
<i>Charter contributor</i> , Syllabi, ACA/ACES Syllabus Clearinghouse	January 2009
<i>Approved Reviewer</i> , Buros Institute of Mental Measurements	Mar 2008-present

ACADEMIC SERVICE COMMITTEES AT SHIPPENSBURG UNIVERSITY

- Thesis Committee Chair & Methodologist* – Comparing the extrinsic and intrinsic career values of first-year students and graduating seniors at a Pennsylvania state institution: What is the perceived impact of varied influences? Andrea Carpenter, M.S. Successfully defended March, 2011.
- Thesis Committee Member* – A phenomenological study of the attrition of students in an academic success program. Hana Lahr, M.S. Successfully defended July, 2008.
- Thesis Committee Member* – The Lived Experience of Disability. Shannon Smigo, M.S. Successfully defended November, 2006.
- Thesis Committee Member* – The effects of rock music on adolescent anxiety. Jamie Bernazzoli, M.S. Successfully defended May, 2005.

CURRICULUM DEVELOPMENT AT SHIPPENSBURG UNIVERSITY

- [CNS 760 Advanced Assessment and Evaluation \(doctoral level\)](#)
- [CNS 780 Advanced Quantitative Research Methods and Statistics I \(doctoral level\)](#)
- [CNS 785 Advanced Quantitative Research Methods and Statistics II \(doctoral level\)](#)
- [CNS 790 Advanced Quantitative Research Methods and Statistics III \(doctoral level\)](#)

PUBLICATIONS

- Whitman, T. (2019). *Evaluation report: Grant to reduce underage and dangerous drinking at Bloomsburg University (2017-2019)*. Research report to be submitted to the Pennsylvania Liquor Control Board, Harrisburg, PA, and the administration of Bloomsburg University.
- Whitman, T. (2018). *Evaluation report: CHOICES grant to reduce underage and dangerous drinking at Shippensburg University*. Research report submitted to the National Collegiate Athletics Association, grant sponsor, and the administration of Shippensburg University.
- Whitman, T. (2017). *Evaluation report: Grant to reduce underage and dangerous drinking at Bloomsburg University (2015-2017)*. Research report submitted to the Pennsylvania Liquor Control Board, Harrisburg, PA, and the administration of Bloomsburg University.
- Whitman, T. (2017). *Evaluation report: CHOICES grant to reduce underage and dangerous drinking at Shippensburg University*. Research report submitted to the National Collegiate Athletics Association, grant sponsor, and the administration of Shippensburg University.
- Whitman, T. (2016). *Interim Evaluation report: Grant to reduce underage and dangerous drinking at Bloomsburg University (2015-2017)*. Research report submitted to the Bloomsburg University.
- Whitman, T. (2016). *Evaluation report: CHOICES grant to reduce underage and dangerous drinking at Shippensburg University*. Research report submitted to the National Collegiate Athletics Association, grant sponsor, and the administration of Shippensburg University.
- Whitman, T. (2015). [Review of The Adolescent Substance Abuse Subtle Screening Inventory–A2 (SASSI-A2)]. *The Mental Measurements Yearbook*. Lincoln, NE: Buros Institute of Mental Measurements.
- Whitman, T. (2015). *Final evaluation report: Grant to reduce underage and dangerous drinking at Shippensburg University*. Research report submitted to the Pennsylvania Liquor Control Board, Harrisburg, PA.
- Whitman, T. K., & Ryan, M. (2014). What does a principal need to know about school counselors? In D. F. Bateman & C. F. Bateman (Eds.), *A Principal's Guide to Special Education*, (3rd ed.), (pp. 143-152). Arlington, VA: Council for Exceptional Children.
- Diller, P., & Whitman, T. (2011). *A survey of challenges facing institutions working with student teachers and other placements*. Research report submitted to the Pennsylvania Department of Education's Bureau of School Leadership and Teacher Quality. Harrisburg, PA.
- McHenry, B., Krushinski, M., Barrick, E., Whitman, T., & McHenry, J. (2010). Answering the call to supervise: Tips, methods, and means to achieving greater success in the supervisory experience. *Journal of the Pennsylvania Counseling Association*, 11, 1, 29-40.
- McHenry, B., Whitman, T., Sesser, G., & Cowles, J. (2007). The role of the professional school counselor in supporting psychotropic therapies. *The Counseling Interviewer*, 39, 14-19.

McHenry, B., Sesser, G., Cowles, J., & Whitman, T. (2005). Responsive services: What school counselors do to respond to students' mental health concerns. *Transecent*, 30, 5-10.

Institutional programmatic writing

Whitman, T. (2019). *CACREP Self-study (Co-editor)*. Accreditation report.

Whitman, T. (2015). *CACREP Mid-Cycle Review Report*. Accreditation report.

Whitman, T. (2010). *School Counseling program revision: Addressing Pennsylvania Department of Education (PDE)'s new standards (Chapter 49) for the preparation of school counselors*.

Whitman, T. (2008). *Final report to NCATE: Program review of candidate assessment data: Initial program in School Counseling at Shippensburg University*.

Institutional newsletters

Whitman, T. (2008, Fall). *Assessment Matters at Shippensburg University: A publication of the Academic Affairs Assessment Team, 1(1), 1-4*.

Whitman, T. (2009, Winter). *Assessment Matters at Shippensburg University: A publication of the Academic Affairs Assessment Team, 1(2), 1-6*.

Manuscript reviews and critical analyses

Whitman, T. (2007). *Analysis of Fisher's 'Contemporary Issues in Substance Abuse: Policy, Prevention, Treatment, Recovery, and Professional Issues.'*

Manuscripts in production

Fetzer, M., Whitman, T., Cookus, J., Lemmon, J., & Austin, T. (pending). *The balanced approach and restorative justice model across 4 counties in PA*.

**PROFESSIONAL CONSULTING
(RESEARCH METHODOLOGY, STATISTICS AND CLINICAL WORK)**

- Whitman, T. (2018-present). Quantitative statistics and research methodology editorial consultant. *Journal of Humanistic Counseling*.
- Whitman, T. (2019). Grant evaluator and summative report author. *NCAA Choices* — *National Collegiate Athletics Association (NCAA); Bloomsburg University*.
- Whitman, T. (2016-2018). Grant evaluator and summative report author. *NCAA Choices* — *National Collegiate Athletics Association (NCAA); Shippensburg University*.
- Whitman, T. (2016-2019). Grant evaluator and summative report author. *Pennsylvania Liquor Control Board (PLCB): Bureau for alcohol education—Bloomsburg University*.
- Whitman, T. (2012-2015). Grant evaluator and summative report author. *Pennsylvania Liquor Control Board (PLCB): Bureau for alcohol education—Shippensburg University*.
- Whitman, T. (2009-2012). Evaluation Committee member. *PASSHE statewide coalition for the prevention and reduction of underage and binge drinking*. Robert Chapman Ph.D., Drexel University, & Doreen Tobin, Ph.D., East Stroudsburg University, lead researchers.
- Whitman, T. (2009-2012). Project Team member. *An examination of balanced and restorative justice (BARJ) services in four Pennsylvania counties*. A collaborative research project between the Department of Criminal Justice and the Juvenile Court Judges' Commission (JCJC). John Lemmon, Ph.D., Shippensburg University, lead researcher.

**DISSERTATION CONSULTING
(RESEARCH METHODOLOGY & STATISTICS)**

- Luft, K. A. (2013). A research study of transformational leadership comparing leadership styles of the principal. *Dissertation Abstracts International Section A, 73/8-A(E), 0419-4209*. (Duquesne University)
- Sanders, N. E. (2009). The effect of participating in school-wide positive behavior support on academic performance and number of office discipline referrals. *Dissertation Abstracts International Section A, 70, 1925*. (Duquesne University)

**OTHER CONSULTATING
(RESEARCH METHODOLOGY & STATISTICS)**

- Whitman, T. (2018). Statistical consultant to Drs. Matthew Shupp, Amy Wilson, and Carmen McCallum for *Development and Validation of the Inclusive Supervision Inventory for Student Affairs*, Johns Hopkins University Press.
- Whitman, T. (2015). Statistical consultant to Heidi Freeland-Trail for her Master's thesis. College Student Personnel program, Shippensburg University.
- Whitman, T. (2012-present). Statistical consultant: *Drew's Hope research project*. Shirley Hess, Ph.D., & Marcy Douglass, Ph.D., lead researchers, Shippensburg University.
- Whitman, T. (2010). Statistical consultant: *Children of incarcerated parents research project*. Marcy Douglass, Ph.D., lead researcher, Shippensburg University.
- Whitman, T. (2010). Statistical consultant: *Girls night out research project*. Amanda Burger, M.Ed., lead researcher, Carlisle School District.
- Whitman, T. (2008). Statistical consultant: *Cases G research project*. Department-wide initiative.
- Whitman, T. (2008). Statistical consultant: *ForSight research project*. Bill McHenry, Ph.D., lead researcher, Shippensburg University.
- Whitman, T. (2008). Statistical consultant: *Factor analysis of a dataset measuring spirituality*. Kent Butler, Ph.D., lead researcher, University of Central Florida.

PRESENTATIONS, INVITED LECTURES, AND WORKSHOPS

Refereed Presentations – International

- Hess, S. A., Dunkel, K. A., & **Whitman, T.** (July, 2011). *Drew's Hope: A grief and loss support program for children, teens and their families*. Paper presented at the 42nd Annual Meeting of the Society for Psychotherapy Research, Bern, Switzerland. *(I did not attend this conference due to funding issues. See letter from K. Dunkel about my role in this project.)
- Whitman, T., & McHenry, B. (2007, September). *To use or not to use: An exploration of the variables influencing graduate students' decision-making about alcohol and drug usage*. Presentation at the annual conference of the International Coalition of Addiction Studies Educators (INCASE), Tempe, AZ.

Refereed Presentations – National

- Whitman, T., & Alessandria, K. (2011, October). *The challenges of answering to multiple accrediting bodies in Counselor Education*. Presentation at the biennial conference of the Association of Counselor Education and Supervision (ACES), Nashville, TN.
- Alessandria, K., & **Whitman, T.** (2011, October). *Best practices: Teaching clinical skills in field courses*. Presentation at the biennial conference of the Association of Counselor Education and Supervision (ACES), Nashville, TN.
- Whitman, T. (2009, October). *Holistic Perspectives of Supervision: A metaphor about exercise and wellness*. Presentation at the biennial conference of the Association of Counselor Education and Supervision (ACES), San Diego, CA.
- Whitman, T. (2005, October). *Lessons learned: The site supervision of school counseling interns*. Poster session at the biennial conference of the Association of Counselor Education and Supervision (ACES), Pittsburgh, PA.
- Whitman, T. (2002, October). *Educating counselors about child obesity*. Poster session at the biennial conference of the Association of Counselor Education and Supervision (ACES), Park City, UT.
- Whitman, T. (2002, October). *Wounded healers? Counselors, counselor educators, and counselor education students in therapy*. Presentation at the biennial conference of the Association of Counselor Education and Supervision (ACES), Park City, UT.

Refereed Presentations – Regional

- Whitman, T., & Douglass, M. (2010, October). To go or not to go: The dilemma of college. Presentation at the biennial conference of the Southern Association for Counselor Education and Supervision (SACES), Williamsburg, VA. **(Proposal accepted but unable to attend).*
- Hess, S., & **Whitman, T.** (2008, September). *Assessing counselors'-in-training confidence in performing counseling behaviors and dealing with client issues.* Presented at the biennial conference of the North Atlantic Regional Association for Counselor Education and Supervision (NARACES), Portland, ME.
- Whitman, T., & McHenry, B. (2008, September). *Assessing counseling students at candidacy.* Presentation at the biennial conference of the North Atlantic Regional Association for Counselor Education and Supervision (NARACES), Portland, ME.
- Whitman, T., & McHenry, B. (2006, October). *School and mental health counseling: Convergence or divergence?* Presentation at the biennial conference of the North Atlantic Regional Association for Counselor Education and Supervision (NARACES), Lake George, NY.

Refereed Presentations – State

- Whitman, T., & Najera, D. (2012, December). *Current psychotropic medications: A review for school Counselors.* Presentation at the annual conference of the Pennsylvania School Counseling Association (PSCA), Lancaster, PA.
- Whitman, T. (2011, December). *Special topics in mental health.* Moderator of panel at the annual conference of the Pennsylvania School Counseling Association (PSCA), Lancaster, PA.
- Whitman, T. (2011, December). *Mood disorders and the pending DSM-5: Implications for school counselors.* Presentation at the annual conference of the Pennsylvania School Counseling Association (PSCA), Lancaster, PA.
- Whitman, T. (2011, December). *Transitioning to the professoriate: Recommendations for school counselors.* Presentation at the annual conference of the Pennsylvania School Counseling Association (PSCA), Lancaster, PA.
- Whitman, T. (2011, May). *Understanding anxiety disorders: Implications for school counselors.* Presentation at the annual conference of the Pennsylvania School Counseling Association (PSCA), Lancaster, PA.
- Whitman, T., & Douglass, M. (2011, May). *So you want to be a site supervisor? Tips, ideas, and feedback.* Presentation at the annual conference of the Pennsylvania School Counseling Association (PSCA), Lancaster, PA.
- Whitman, T., & Ryan, M. (2010, May). *Tough nuts to crack: Alternative strategies to reaching challenging students.* Presentation at the annual conference of the Pennsylvania School Counseling Association (PSCA), Lancaster, PA.

- Whitman, T., & McHenry, B. (2009, October). *Counselor education forum: Theory, research, and practice*. Presented at the annual conference of the Pennsylvania Counseling Association (PCA), State College, PA.
- Whitman, T. & Douglass, M. (2009, October). *Post-secondary options: Is college for everyone? A response*. Presented at the annual conference of the Pennsylvania Counseling Association (PCA), State College, PA.
- Whitman, T., & McHenry, B. (2009, April). *Sex, drugs, & confidentiality*. Presentation at the annual conference of the Pennsylvania School Counseling Association (PSCA), Lancaster, PA.
- Whitman, T., & McHenry, B. (2008, October). *The assessment of counseling students at candidacy*. Presentation at the annual conference of the Pennsylvania Counseling Association (PCA), State College, PA.
- McHenry, B., & **Whitman, T.** (2008, October). *Counselor education forum: Theory, research, and practice*. Presentation at the annual conference of the Pennsylvania Counseling Association (PCA), State College, PA.
- McHenry, B., & **Whitman, T.** (2008, April). *Mental health in school: Co-occurring and differential diagnoses, addictions, and the school counselor*. Presentation at the annual conference of the Pennsylvania School Counseling Association (PSCA), Lancaster, PA.
- Whitman, T., & McHenry, B. (2008, April). *Counselor educator and school counselor collaboration: Research, training, and consultation*. Presentation at the annual conference of the Pennsylvania School Counseling Association (PSCA), Lancaster, PA.
- Whitman, T., & McHenry, B. (2007, October). *Assessing students' mental health needs in today's world: The collaboration of school counselors and teachers*. Presentation at the annual conference of The Pennsylvania Association of Colleges and Teacher Educators (PAC-TE), Harrisburg, PA.
- McHenry, B., & **Whitman, T.** (2007, October). *What school counselors do and why they do it*. Presentation at the annual conference of The Pennsylvania Association of Colleges and Teacher Educators (PAC-TE), Harrisburg, PA.
- Whitman, T., & McHenry, B. (2007, October). *The assessment of outcomes: A primer for counselors and counselor educators*. Presentation at the annual conference of the Pennsylvania Counseling Association (PCA), State College, PA.
- McHenry, B., & **Whitman, T.** (2007, October). *A forum for Pennsylvania counselor educators part II*. Presentation at the annual conference of the Pennsylvania Counseling Association (PCA), State College, PA.
- McHenry, B., & **Whitman, T.** (2007, April). *Tips for site supervisors*. Presentation at the annual conference of the Pennsylvania School Counseling Association (PSCA), Lancaster, PA.

- McHenry, B., **Whitman, T.**, & Brooks, F. (2006, October). *A forum for Pennsylvania counselor educators*. Presentation at the annual conference of the Pennsylvania Counseling Association (PCA), State College, PA.
- Whitman, T., & McHenry, B. (2006, March). *Supporting psychotropic therapies: Collaboration between schools and outside agencies*. Presentation at the annual conference of the Pennsylvania School Counselors Association (PSCA), Lancaster, PA.
- Whitman, T. (2005, April). *Messages from school counseling interns: What we need to hear and what we can learn from them*. Presentation at the annual conference of the Virginia School Counselors Association (VSCA), Alexandria, VA.
- Whitman, T. (2003, March). *School counselors as advocates for students' physical and holistic health*. Presentation at the annual conference of the Virginia School Counselors Association (VSCA), Alexandria, VA.
- Whitman, T. (2003, March). *Ethical and legal decision-making: An ever-changing process*. Presentation at the annual conference of the Virginia School Counselors Association (VSCA), Alexandria, VA.

Invited Lectures

- Whitman, T. (2019, April). *Licensed Profession Counselor*. Interviewer and resource for the Career Symposium at Greencastle-Antrim High School, Greencastle, PA.
- Whitman, T. (2019, March). *Licensed Profession Counselor*. Interviewer and resource for the Career Symposium to the Harrisburg School District—Harrisburg HS, Harrisburg, PA.
- Whitman, T. (2018, Nov). *School counselors' use of CBT approaches*. Presentation at the inaugural school-based youth mental health summit: The heart of school counselors: Nurturing our roots. The College of Education and Human Services at Shippensburg University, Shippensburg, PA
- Whitman, T. (2018, Sept). *Using the updated Substance Abuse Subtle Screening Inventory - 4*. Guest speaker and trainer, Connections Program, Shippensburg University.
- Whitman, T. (2018, May). *Medical Ethics: Empowering the patient*. Panelist and speaker at the Hugh O'Brian Youth Leadership (HOBY) panel - discussion.
- Whitman, T. (2015, April). *Licensed Profession Counselor*. Interviewer and resource for the Career Symposium at Greencastle-Antrim High School, Greencastle, PA.
- Whitman, T. (2014, October). *What school-based professionals need to know about pharmaceuticals and today's evolving psychotropic medications*. Presentation at the annual lecture series of the Shippensburg University School Study Council (SUSSC), Shippensburg, PA.

- Whitman, T. (2013, May). *Faculty remarks*. Graduation speech delivered at the Masters hooding ceremony at Shippensburg University, Shippensburg, PA.
- Whitman, T. (2012, August). *Designer drugs, synthetic marijuana, bath salts, and other new drugs*. Presentation at Shippensburg University's Academic Day Conference, Shippensburg, PA.
- Whitman, T. (2012, April). *So you want to be a counselor...?* Presentation for the Career Symposium at Greencastle-Antrim High School, Greencastle, PA.
- Whitman, T. (2011, August). *Coping with the pressures of alcohol, drugs, and pharma (ADP) on campus*. Presentation at Shippensburg University's Academic Day Conference, Shippensburg, PA.
- Whitman, T. (2011, April). *So you want to be a counselor...?* Presentation for the Career Symposium at Greencastle-Antrim High School, Greencastle, PA.
- Whitman, T. (2010, August). *Coping with the pressures of alcohol, drugs, and pharma (ADP) on campus*. Presentation at Shippensburg University's Academic Day Conference, Shippensburg, PA.
- Whitman, T., & McHenry, B. (2009, October). *The role of school counselors in educational reform and the redesign of secondary schools*. Presented at the annual lecture series of the Shippensburg University School Study Council (SUSSC), Shippensburg, PA.
- Whitman, T. (2009, October). *What excellence means: Academic achievement and personal wellness*. Invited speaker to the new member induction ceremony of *Chi Sigma Iota* national honor society (Upsilon Chapter - Shippensburg University), Shippensburg, PA.
- Whitman, T. (2009, August). *Coping with the pressures of alcohol, drugs, and pharma (ADP) on campus*. Presentation at Shippensburg University's Academic Day Conference, Shippensburg, PA.
- Whitman, T. (2008, April). *Holistic perspectives of supervision: A metaphor about exercise and wellness*. Presentation at the annual Shippensburg University Health and Wellness Conference, Shippensburg, PA.
- Whitman, T. (2008, January). *Focus the nation: The impact of climate change on counseling and mental health*. Presentation at the Focus the Nation conference, Shippensburg University, Shippensburg, PA.

Professional Workshops (Pro-bono unless otherwise noted)

- Whitman, T. (2019, October). *Treating clients with personality and/or depressive disorders*. Compensated workshop to be provided to Pressley Ridge Associates, York, PA.
- Whitman, T. (2018, February). *Psychopharmacology update: Information for counselors and related professionals*. Compensated workshop provided to Pressley Ridge Associates, York, PA.

- Whitman, T. (2017, October). *Time management strategies in an increasingly distracted world: Suggestions for counseling and related professionals*. Workshop at the Department of Counseling and College Student Personnel's Supervisor Luncheon, Shippensburg, PA.
- Whitman, T. (2017, April). *Time management strategies in an increasingly distracted world: Suggestions for counseling and related professionals*. Compensated workshop provided to Pressley Ridge Associates, York, PA.
- Whitman, T. (2017, April). *How social media and technology are changing us and the world around us: Implications for counselors and related professionals*. Compensated workshop provided to Pressley Ridge Associates, York, PA.
- Whitman, T. (2016, April). *The transition from DSM-IV-TR to DSM-5: A review for counselors and related professionals*. Compensated workshop provided to Hoffman Homes, Littlestown, PA.
- Whitman, T. (2015, October). *Conceptualizing hoarding disorder and its treatment*. Compensated workshop provided to Pressley Ridge Associates, York, PA.
- Whitman, T. (2015, October). *Psychopharmacology review and updates*. Compensated workshop provided to Pressley Ridge Associates, York, PA.
- Whitman, T. (2015, March). *Treating anxiety and OCD-related disorders*. Compensated workshop provided to Hoffman Homes, Littlestown, PA.
- Whitman, T. (2015, January). *Treating anxiety and OCD-related disorders*. Compensated workshop provided to Pressley Ridge Associates, York, PA.
- Whitman, T. (2014, October). *The changing sphere of psychotropic medications*. Workshop at the Department of Counseling and College Student Personnel's Supervisor Luncheon, Shippensburg, PA.
- Whitman, T. (2014, August). *Understanding and implementing the DSM-5 into your counseling and educational work: A review for school counselors and other educational staff*. Compensated workshop provided to Derry Township School District, Hershey, PA.
- Whitman, T. (2014, August). *Treating anxiety and OCD-related disorders with school-based interventions*. Compensated workshop provided to the Capital Area Intermediate Unit (CAIU), Enola, PA.
- Whitman, T. (2014, July). *Alcohol, drugs, medications, and new substances: An overview of substance-related and addictive disorders in the DSM-5. A review for counseling and related professionals*. Compensated workshop provided to T. W. Ponessa & Associates, Harrisburg, PA.
- Whitman, T. (2014, June). *Understanding and implementing the DSM-5 into your counseling and educational work: A review for school counselors*. Compensated workshop provided to Carlisle School District, Carlisle, PA.

- Whitman, T. (2014, June). *Making data work for today's school counselors*. Compensated workshop provided to Carlisle School District, Carlisle, PA.
- Whitman, T. (2014, June). *Understanding and implementing the DSM-5 into your counseling work: A review for clinicians and other counseling professionals*. Compensated workshop provided to Pressley Ridge Associates, Baltimore, MD
- Whitman, T. (2014, March). *Alcohol, drugs, medications, and new substances: An overview of substance-related and addictive disorders in the DSM-5. A review for clinicians and other counseling*. Compensated workshop provided to Hoffman Homes, Littlestown, PA
- Whitman, T. (2014, February). *Children, adolescents, and teens' mental health: A review of the applicable changes in DSM-5*. Workshop at Shippensburg University's annual Central Pennsylvania Counseling Institute (CPCI), Shippensburg, PA.
- Whitman, T. (2014, February). *Understanding and implementing the DSM-5 into your counseling work: A review for school counselors and other school personnel*. Compensated workshop provided to Cumberland Valley School District.
- Whitman, T. (2014, January). *Understanding and implementing the DSM-5 into your counseling work: A review for clinicians and other counseling professionals*. Compensated workshop provided to Pressley Ridge Associates, York, PA
- Whitman, T. (2013, November). *Understanding and implementing the DSM-5 into your counseling work: A review for school counselors*. Pro bono workshop provided to the Capital Area Intermediate Unit (CAIU), Enola, PA
- Whitman, T. (2013, October). *Understanding and implementing the DSM-5 into your counseling work: A review for clinicians and other counseling professionals*. Compensated workshop provided to Hoffman Homes, Littlestown, PA
- Whitman, T., & Douglass, M. (2013, February). *Post-secondary options: Is college for everyone? A response*. Workshop at Shippensburg University's annual Central Pennsylvania School Counseling Institute (CPSCI), Shippensburg, PA.
- Whitman, T., Oldham, A., & Kreitzer, C. (2012, February). *Applications of data for school counselors*. Workshop at Shippensburg University's annual Central Pennsylvania School Counseling Institute (CPSCI), Shippensburg, PA.
- Whitman, T. (2010, December). *Student advocacy in the new millennium: Post-secondary options... and a wake-up call*. Workshop at Shippensburg University's annual Central Pennsylvania School Counseling Institute (CPSCI), Shippensburg, PA.
- Whitman, T. (2010, February). *Effective supervisory assessment*. Presentation at the Department of Counseling and College Student Personnel's Supervisors Workshop, Shippensburg, PA.

- Whitman, T. (2009, December). *The 90/10 problem facing school counselors*. Presentation at Shippensburg University's annual Central Pennsylvania School Counseling Institute (CPSCI), Shippensburg, PA.
- Whitman, T. (2009, August). *A discussion about addiction*. Panelist at the Addictions Workshop, Greencastle-Antrim High School, Greencastle, PA.
- Whitman, T. (2009, March). *Anxiety disorders: A primer for School Counselors*. Compensated in-service workshop presented to the greater Harrisburg area school counselors' retreat at Mechanicsburg Senior High School, Mechanicsburg, PA.
- Whitman, T. (2008, November). *The consultation puzzle in today's schools*. Workshop at Shippensburg University's annual Rural School Counseling Institute (RSCI), Shippensburg, PA.
- Whitman, T. (2008, January; February). *Programmatic assessment tips: Using the 5-column model*. Workshops delivered to Department Chairs attending tutorials provided by the Academic Affairs Assessment Team (AAAT) of Shippensburg University, Shippensburg, PA.
- Whitman, T. (2007, November). *Highs and lows: Current addictions-related concerns facing students in today's schools*. Workshop at Shippensburg University's annual Rural School Counseling Institute (RSCI), Shippensburg, PA.
- Whitman, T. (2007, October). *Revisiting assessment: A primer for school counselors*. Compensated in-service workshop provided to the Harrisburg area school counselors' retreat at Mechanicsburg Senior High School, Mechanicsburg, PA.
- Whitman, T. (2006, December). *School Counselors: Counseling within the School Setting*. Workshop at Shippensburg University's annual Rural School Counseling Institute (RSCI), Shippensburg, PA.
- Whitman, T. (2006, August). *School counselors using data in Central Dauphin schools*. Compensated in-service workshop provided to Central Dauphin schools, Harrisburg, PA.
- Whitman, T. (2005, December). *School counselors and accountability: Using data to demonstrate efficacy*. Workshop at Shippensburg University's annual Rural School Counseling Institute, (RSCI) Shippensburg, PA.
- Whitman, T. (2005, October). *Recommendations for the site supervision of counseling interns*. Workshop at the Department of Counseling and College Student Personnel's Supervisor Luncheon, Shippensburg, PA.
- Whitman, T. (2005, August). *School counselors, technology, and accountability: The real story*. Workshop at Fairfax County Public Schools' annual conference for Pupil Services personnel, Fairfax, VA.

Whitman, T., & Nelson, J. (2003, September). *The role of school counselors at Mount Vernon High School*. Workshop for administrators and faculty at Mount Vernon High School, Alexandria, VA.

Whitman, T. (1997, April). *Counseling dyads*. Presentation at the annual Spring Seminar conference at the State University of New York, College at Oswego, Oswego, NY.

*From 1/2006 – 1/2014, I also provided a total of 16 workshops at the start of each semester to our students on APA Style and Writing. For the sake of brevity and clarity, I've omitted listing them individually on my CV.

OFF-SITE TRAININGS ATTENDED

- 19th Annual Institute on Teaching and Mentoring: Southern Regional Education Board (SREB) Compact for Faculty Diversity Institute (2012, October 24-27). Tampa, FL. *Selected Search Chairs attended this training and recruiting symposium.
- Middle States Commission on Higher Education (MSCHE) Training (2011, September 14-15), Philadelphia, PA. *Attended as co-Chair of the Academic Affairs Assessment Team (AAAT).
- Brief Alcohol Screening and Intervention in College Students (BASICS) training (2009, November). The Pennsylvania Liquor Control Board (PLCB) and Alcohol Tobacco and Other Drugs (ATOD) Program, Indiana University of Pennsylvania. *Attended as a member of the Evaluation Committee for the *PASSHE statewide coalition for the prevention and reduction of underage and binge drinking* project.
- Middle States Commission on Higher Education (MSCHE) Training (2008, December 7-9), Baltimore, MD. *Attended as co-Chair of the Academic Affairs Assessment Team (AAAT).
- Assessment Symposium (2008, April 14). Kutztown University, Kutztown, PA. *Attended as co-Chair of the Academic Affairs Assessment Team (AAAT).
- Middle States Commission on Higher Education (MSCHE) Training (2008, January 27-29). Newark, DE. *Attended as co-Chair of the Academic Affairs Assessment Team (AAAT).

DEPARTMENTAL-BASED TRAININGS ATTENDED

The Department of Counseling and College Student Personnel's semi-annual site supervisor luncheon and **clinical supervision training series**. Shippensburg University, Shippensburg, PA.

DATES ATTENDED	DATES ATTENDED
October 2018	February 2019
October 2017	February 2018
October 2016	February 2017
October 2015	February 2016
October 2014	February 2015
October 2013	February 2014
October 2012	February 2013
October 2011	February 2012
October 2010	February 2011
October 2009	February 2010
October 2008	February 2009
October 2007	February 2008
October 2006	February 2007
October 2005	February 2006

The Department of Counseling and College Student Personnel's annual **Central Pennsylvania School Counseling Institute (CPSCI)**. Shippensburg University, Shippensburg, PA.

DATES ATTENDED
February 2014
February 2013
February 2012
December 2010
December 2009

The Department of Counseling and College Student Personnel's annual **Rural School Counseling Institute (RSCI)**. Shippensburg University, Shippensburg, PA.

DATES ATTENDED
November 2008
November 2007
December 2006
December 2005

WEB-BASED CONTINUING EDUCATION CREDITS COMPLETED:

Suicide assessment and prevention (2019, January). 2 NBCC CE hours. Net CE.

Setting ethical limits (2019, January). 2 NBCC CE hours. Net CE.

Behavioral addictions (2019, January). 6 NBCC CE hours. Net CE.

Alcohol use disorders (2019, January). 4 NBCC CE hours. Net CE.

Clinical supervision and personal development (2019, January). 6 NBCC CE hours. Net CE.

Frontotemporal injuries. (2019, January). 2 NBCC CE hours. Net CE.

Reporting child abuse (2018, December). 3 NBCC CE hours, University of Pittsburgh, School of Social Work.

Ethics for counselors (2016, September). 6 NBCC CE hours, CME Resource #77721

Child abuse identification and reporting: The 3-hour Pennsylvania requirement (2016, September). 1.5 NBCC CE hours, CME Resource #97540

Herbal medications: An evidenced-based review (2016, September). 3 NBCC CE hours, CME Resource #98392

Anxiety disorders (2016, September). 6.5 NBCC CE hours, CME Resource #96180.

Online professionalism and ethics (2016, September). 1.5 NBCC CE hours, CME Resource #97661

Problematic internet use: Controversies and implications for practice (2016, September). 1.5 NBCC CE hours, CME Resource ##76170

Beyond therapy: The basics of clinical documentation (2016, September). 1.5 NBCC CE hours, CME Resource #71070

Brain disease model of addiction: Brief neurobiology review (2016, August). 1 NBCC CE hour, The Global Institute for Simulation Training #6814

Recognizing and Reporting Child Abuse (2014, November). 3 NBCC CE hours, Pennsylvania Family Support Alliance

Elder abuse: Cultural contexts and implications (2014, June). 4 NBCC CE hours, CME Resource #97821

Sleep disorders (2014, June). 5 NBCC CE hours, CME Resource #9888

Ethics for counselors (2014, June). 6 NBCC CE hours, CME Resource #7772

- Fundamentals of trauma processing (2014, June). 4 NBCC CE hours, CME Resource #76223
- A national profile of illicit and non-illicit prescribed medication use in Substance Use Disorder (SUD) treatment (2014, April). 1 NBCC CE hour, Addiction Professional
- Clinical supervision ethics: Therapy records (2013, January). 6 NBCC CE hours, SpeedyCeus.com
- Opioid use and dependence (2013, January). 5 NBCC CE hours, CME Resource #9696
- Obsessive-compulsive disorder (2013, January). 2 NBCC CE hours, CME Resource #9647
- Depression and suicide (2013, January). 7 NBCC CE hours, CME Resource #9640
- Meanings of menopause: Cultural considerations (2011, October). 5 NBCC CE hours, CME Resource #9530
- Sexual addiction (2011, October). (3 NBCC CE hours), CME Resource #9627
- Ethics for counselors (2011, October). 6 NBCC CE hours, CME Resource #7771
- Vicarious trauma and resilience (2011, October). 7 NBCC CE hours, CME Resource #9662