Application for Charting Your Success (CYS) Program

To return to Shippensburg University, you must complete and submit this application for the *Charting Your Success* Program.

* Submission information: Please see the email you received for the application deadline and the email address where the application should be sent.
* There are two parts to the application:

Part 1. Student Information

Part 2. Academic Reflection

* If you have questions about the *Charting Your Success* Program or need assistance in completing the application, please call 717-477-1395 and ask to speak with a Student Success Coach. They would be pleased to help you.

**Part 1: Student Information**

Name: Click here to enter text.

Student ID#: Click here to enter text.

Preferred Phone with Area Code: Click here to enter text.

Ship E-mail Address: Click here to enter text.

College/School: Click here to enter text.

Academic Major or Exploratory: Click here to enter text.

Academic Minor(s) (if applicable): Click here to enter text.

Academic Advisor: Click here to enter text.

**Part 2: Academic Reflection**

1. **Begin your reflection by identifying your top obstacles. Put an “X” in the box of all that apply.**

**Academic**

Ineffective study skills

Ineffective time management skills

Unprepared for exams

What worked in high school doesn’t

work anymore

Hard to concentrate/daydreaming

Difficult courses/not prepared for

course level

Unable to understand course content

Registered for too many courses

Did not attend/skipped class

**Major/Career**

Uncertain about current major

Changed major one or more times

Unsure what jobs are associated with

major

No clear career goals

Not sure why I’m in school

**Personal/Other**

Financial difficulties

Health problems

Use or abuse of alcohol or other

substance(s)

Possible learning exceptionality

Difficulty sleeping at night

Pressure, stress, anxiety, or tension

Excessive time spent online (Facebook,

YouTube, Gaming, etc.)

Lack of motivation

Working too much (#hours/week \_\_\_)

**Family/Social Adjustment**

Roommate issues

Personal relationship issues

Interpersonal violence

Family situation

Moved away from home/homesick

Difficulty adjusting to college life

Hard to make friends/loneliness

1. **Class attendance is important for success in college. How often did you attend class last semester?**

100-90%

89-80%

79-70%

69-60%

Less than 60%

1. **Narrative**

Using complete sentences and paragraphs, please reflect in writing on the major challenges that you have faced that affected your performance so far. Provide specific details as you share the story of what went wrong this past semester. Next, again using complete sentences and paragraphs, reflect on the changes you plan to implement in the upcoming semester, including identifying the specific supports and services you will use and how they will help you to address the challenges from last semester.

Click here to enter text.