Application for Charting Your Success (CYS) Program

To return to Shippensburg University, you must complete and submit this application for the *Charting Your Success* Program.

* Submission information: Please see the email you received for the application deadline and the email address where the application should be sent.
* There are two parts to the application:

Part 1. Student Information

Part 2. Academic Reflection

* If you have questions about the *Charting Your Success* Program or need assistance in completing the application, please call 717-477-1395 and ask to speak with a Student Success Coach. They would be pleased to help you.

**Part 1: Student Information**

Name: Click here to enter text.

Student ID#: Click here to enter text.

Preferred Phone with Area Code: Click here to enter text.

Ship E-mail Address: Click here to enter text.

College/School: Click here to enter text.

Academic Major or Exploratory: Click here to enter text.

Academic Minor(s) (if applicable): Click here to enter text.

Academic Advisor: Click here to enter text.

**Part 2: Academic Reflection**

1. **Begin your reflection by identifying your top obstacles. Put an “X” in the box of all that apply.**

**Academic**

[ ] Ineffective study skills

[ ]  Ineffective time management skills

[ ]  Unprepared for exams

[ ]  What worked in high school doesn’t

work anymore

[ ]  Hard to concentrate/daydreaming

[ ]  Difficult courses/not prepared for

course level

[ ]  Unable to understand course content

[ ]  Registered for too many courses

[ ]  Did not attend/skipped class

**Major/Career**

[ ]  Uncertain about current major

[ ]  Changed major one or more times

[ ]  Unsure what jobs are associated with

major

[ ]  No clear career goals

[ ]  Not sure why I’m in school

**Personal/Other**

[ ]  Financial difficulties

[ ]  Health problems

[ ]  Use or abuse of alcohol or other

substance(s)

[ ]  Possible learning exceptionality

[ ]  Difficulty sleeping at night

[ ]  Pressure, stress, anxiety, or tension

[ ]  Excessive time spent online (Facebook,

YouTube, Gaming, etc.)

[ ]  Lack of motivation

[ ]  Working too much (#hours/week \_\_\_)

**Family/Social Adjustment**

[ ]  Roommate issues

[ ]  Personal relationship issues

[ ]  Interpersonal violence

[ ]  Family situation

[ ]  Moved away from home/homesick

[ ]  Difficulty adjusting to college life

[ ]  Hard to make friends/loneliness

1. **Class attendance is important for success in college. How often did you attend class last semester?**

[ ] 100-90%

[ ]  89-80%

[ ]  79-70%

[ ]  69-60%

[ ]  Less than 60%

1. **Narrative**

Using complete sentences and paragraphs, please reflect in writing on the major challenges that you have faced that affected your performance so far. Provide specific details as you share the story of what went wrong this past semester. Next, again using complete sentences and paragraphs, reflect on the changes you plan to implement in the upcoming semester, including identifying the specific supports and services you will use and how they will help you to address the challenges from last semester.

Click here to enter text.