SHIPPENSBURG COMMUNITY RESOURCE GUIDE

Social services and related programs located in Shippensburg, Pennsylvania

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Produced by:

SHIPPENSBURG COMMUNITY RESOURCE COALITION
SHIPPENSBURG UNIVERSITY

Updated: November 2026

Disclaimer: Organizations and programs included in this directory are in no way endorsed by the SCRC or an indication of skills or competence. The SCRC is not responsible for errors or omissions made by participating programs. The SCRC attempted to include all agencies and programs that were known and wished to be included, and are located within Shippensburg Area School District boundaries. If you have changes to your listing, please contact us at coordinator-scrc@shipresources.org.

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Purpose of the Guide

The Shippensburg Community Resource Coalition (SCRC) was developed in part because the town of Shippensburg is located in both Cumberland County and Franklin County which can lead to confusion about how and where to access social services. Social services are available in the neighboring towns of Carlisle and Chambersburg. Both counties have their own guides to social services so this guide focuses on the services that are available within the Shippensburg Area School District boundaries. **For County offices and additional resources in Cumberland and Franklin Counties, please refer to the county guides below.**

Call 211 – Providing Pennsylvania residents of Adams, Cumberland, Dauphin, Franklin, Fulton, Huntingdon, Juniata, Lancaster, Mifflin, Perry, and York counties confidential listening, Health and Human Services information, referral assistance, and homelessness coordinated entry intakes. Available 24 hours a day, 7 days a week. Dial "211" on your phone or visit https: //www.pa211.org/get-help/

PA Navigate
Website: https://www.panavigate.org/

Services: **Find help now** with food, housing, utilities, transportation and more by entering your zip code.

PA LINK to Aging and Disability Resources is a collaborative effort to provide information about support and services for individuals over the age of 60 and for persons of all ages with disabilities. PA Link to Community Care website: http://carelink.pa.gov/

- Franklin County Information and Referral Website: https://www.franklincountypa.gov/index.php?section=human-services_information-referral
- Cumberland County PA Link Website: https://www.ccpa.net/111/Cumberland-Link

Cumberland County Resource Guide – Visit the link below:
https://www.cumberlandcountypa.gov/DocumentCenter/View/49958/Cumberland-County-Guide-To-Human-Services

Franklin County Resource Guide – Visit the link below:
https://keystonehealth.org/community-resource-guide-3/

To update or add information in the guide, please contact the SCRC at (717) 477-1961 or email coordinator-scrc@shipresources.org

Shippensburg Community Resource Coalition

Mission Statement

Shippensburg Community Resource Coalition is a collaborative effort to provide quality social services and youth programs that are accessible, safe, and honor the dignity of each person. This work includes a reduction in risk factors related to youth substance use and social, emotional, and physical health in order to increase youth resiliency. Our goal is to help community members reach their full potential.

We work to fulfill our mission in the following ways:

- Working with existing programs in surrounding communities to encourage them to provide services in Shippensburg.
- Regularly assessing community needs and resources.
- Creating new services as necessary.
- Partnering with other community programs to strengthen our collective efforts.

SCRC is a Shippensburg University Center for Excellence and serves as a "learning lab" for the university. Students, faculty, and staff are involved in our work and have initiated many of our programs and services.

What we do:

- SCRC Resource Guide is published annually with updated information for Shippensburg residents about area human services.
- The Coalition is a group of community members, business owners, and health and human service providers who meet monthly to inform and implement youth prevention programs, such as Grey Matter, and gather the community to identify issues related to youth substance use through the Pennsylvania Youth Survey (PAYS) data.
- Shippensburg Human Services Council meets monthly with the goal of bringing together community organizations, county agencies, and anyone interested in human services in the Shippensburg area.
- Youth Advisory Council is based out of Shippensburg Area Middle and High Schools to help make decisions related to youth resiliency and reducing youth substance use.
- Summer Learning Program provides free breakfast, lunch and programming during the summer for Shippensburg youth entering 1st through 12th grade.
- Leader In Training camp works to increase youth programming and address risk and protective factors based on the needs identified through the PA Youth Survey (PAYS) data.
- Grey Matter is an evidenced-based 6 or 8-week group for high school and 8th grade students showing a lack of motivation, sadness, or irritability.
- Healthy Decision Making for Middle School Students is a group for Shippensburg Area Middle School students having difficulty in the school setting. The group meets weekly during the school day.
- Hound Packs provides food insecure youth in the geographical area of Shippensburg Area School District with a bag of 6 meals over the weekends during the school year.

2-1-1

Your first step for receiving assistance of any kind is to call 2-1-1. A 2-1-1 Specialist will ask you a series of questions to help understand your situation and what services you are eligible for at this time. They will help connect you to the agencies that can help you apply for those benefits.

Clothing Assistance

Katie's Place Thrift Shoppe
Phone: (717) 477-9100
Email: info@katiesplaceatship.org
Address: 130 South Penn Street, Shippensburg, PA 17257
Website: https://katiesplaceatship.org/home/the-thrift-shop-of-katies-place

Services: Open every Monday from 4-7 pm and Tuesday from 9:00 am - 12:00 pm. The shop is open one weekend each month, Thursday-Saturday from 9:00 am - 12:00 pm. It's always the weekend that features the 3rd Thursday of the month.

Shippensburg Church of the Nazarene Clothed In Kindness
Phone: 717-830-7181
Address: 421 E. Orange Street, Shippensburg, PA
Website: https://www.shipnazarene.com/events

Services: Free women's clothing and accessories. Open on Tuesdays 5:30 p.m. to 7:30 p.m. and Saturdays 10:00 a.m. to 12:00 p.m.

Passing the Love
Phone: 717-404-8533
Address: 1430 Rowe Road, Shippensburg, PA 17257
Website: https://www.facebook.com/people/Passing-the-Love/61583321406236/#

Services: Provides free clothing, shoes, and children's and baby items. Household items, personal hygiene products, and food also provided. Open Tuesdays 7:00 a.m.- 8:00 p.m. , Thursdays 9:00 a.m.-5:00 p.m., Friday 8:00 a.m. to 8:00 p.m., and every 1st and 3rd Saturday 8:00 a.m. to 3:00 p.m.

Differently Abled/Disability Services

Inclusive Basketball Program

Phone: (717) 477-1781, Dr. Sam Benbow
Address: Henderson Gym at Shippensburg University
Email: Dr. Sam Benbow srbenb@ship.edu
Website: https://www.ship.edu/academics/coehs/social_work/inclusive_basketball/

Services: The Inclusive Basketball Program provides socialization, playing and training opportunities for people of all different abilities from the surrounding community and Shippensburg University. All skill levels are welcome.
Hours: During Fall and Spring semesters on Saturdays from 11am-12:00pm at Henderson Gym at Shippensburg University

Christian Residential Opportunities and Social Services

Phone: (717) 530-1788
Address: 712 Pinola Road, Shippensburg, PA 17257
Email: info@crossinc.com
Website: https://crossinc.com/

Services: Provides residential service to adults with developmental disabilities. Respite care is provided through individuals' homes in the community, social services, Crossroads camp, coffee houses, education and more! There are three different personal care homes, each residence is unique and tailored for the individuals utilising them. The Staff of CROSS are available to come to your church and conduct training on disabilities awareness and the "how to's" of working with people with disabilities.

Domestic Violence/Sexual Assault Services

There are no domestic violence shelters in Shippensburg, so the closest locations are listed below.

Domestic Violence 24/7 Support

- Hotline: 1-800-799-SAFE (7233)
- 1-800-787-3224 (TTY for the Deaf)
- Text START to 88788
- https://www.thehotline.org/

AMEND Batterers' Intervention Program
Phone: (717) 480-0489
Email: AMEND@dvscp.org
Website: https://dvscp.org/amend

Services: Offers a series of 26 group sessions and 2 individual sessions to men who are violent and abusive in their personal relationships. AMEND is self-funded by participant fees, which are due at the beginning of each group session.

Domestic Violence Services of Cumberland and Perry Counties
Phone: (800) 852-2102, 24-hour crisis hotline
Website: www.dvscp.org/

Services: 24 hour hotline, 24 hour Emergency Shelter, Individual and group counseling, accompaniment to medical and court related appointments, advocacy, community education/prevention programs, information and referrals.

Sexual Assault/Rape Crisis Services of Cumberland County, YWCA Carlisle
Phone: (717) 243-3818
24-hour crisis hotline: (717) 258-4324 or (1888) 727-2877
1-800-656-4673
Email: info@ywcacarlisle.org
Website: https://www.ywcacarlisle.org/sexual-assault

Services: Support those affected by sexual assault and their families. Different empowerment programs for people of all ages. Programs focus on all people no matter what gender and/or gender identity.

WIN Victim Services (Women In Need)
Phone: (717) 264-3056 weekdays from 8:30 AM - 4:30 PM
(717) 264-4444 or toll free at (800) 621-6660
Website: https://winservices.org/

Services: Provides free services to individuals who have been affected by domestic or sexual violence.

WIN offers the following services to **Franklin and Fulton County** residents:

- Community education/prevention programs, advocacy, counseling, support groups, preventative education, legal advocacy and medical advocacy, Sexual Assault Response Team (SART) Services, 24-hour emergency shelter and hotline services.
- WIN can meet with individuals in different locations if needed, by appointment.

Drug and Alcohol Services

Cumberland-Perry Drug and Alcohol Commission
Phone: 717-240-6300
Address: 16 W High Street, Suite 302, Carlisle, PA 17013
Website: https://www.cumberlandcountypa.gov/115/Drug-Alcohol-Commission

Mission: to ensure the accessibility of quality services for substance use prevention, intervention, treatment, and recovery services to all Cumberland County and Perry County residents.

Services: Provides case management, treatment resources, prevention programming and Student Assistant Program (SAP) services to Cumberland and Perry Counties. Please check out the website to learn more about services.

Franklin/Fulton Drug and Alcohol
Phone: 717-263-1956, toll free: 1-800-662-4357, text: 717-216-0905
Address: 425 Franklin Farm Lane, Chambersburg, PA 17202
Website: https://www.franklincountypa.gov/departments/drug-and-alcohol/

Mission: to ensure that a comprehensive range of locally based, high-quality and effective substance use prevention, intervention, treatment, recovery and case management services are available and accessible to eligible residents of Franklin and Fulton counties.

Services: Provides prevention programming, case management, intervention, treatment, and recovery resources.

Roxbury Treatment Center
Phone: (800) 648-4673
Address: 601 Roxbury Road, Shippensburg, PA 17257
Website: http://www.roxburyhospital.com/

Services: Provides inpatient detoxification, rehabilitation, and co-occurring mental health disorder treatment. Additionally:

- Accepts most private insurances, Medicare, and medical assistance,
- staff is available 24 hours a day for referrals to inpatient psychiatric programming,
- Outpatient service appointments are Monday-Friday during normal business hours.

Roxbury Treatment Center - Outpatient Substance Use Disorder Treatment
Chambersburg: (717)-264-2400
The Professional Arts Building 25 Penn Craft Avenue, Suite 312 Chambersburg, PA 17201

Carlisle: (717) 249-5010
Minerva Mills Building #4 401 East Louther Street, Suite 213 Carlisle, PA 17013

Services: Outpatient substance abuse intensive outpatient services (IOP), assessments, and groups

The Harbor - Sober Bar
Phone: (717) 477-2396
Address: 55 West King Street, Shippenburg, PA 17257
Website: https://www.theharborofship.com/

Services: The Harbor is a safe place for community that allows people to hang out without the influences or temptations of alcohol.

- Shoot pool, play air hockey, play games, listen to music, sip coffee, drink artisanal sodas and enjoy milkshakes
- Harbor Helpline: (717) 477-2396 - a call center dedicated to providing addiction recovery support and referral services for the Shippensburg community
- The Lighthouse: A recovery house that provides a drug-and-alcohol-free environment that helps build a solid foundation in recovery. Offers either private or double rooms, holistic recovery solution (12 steps) without chemical aid, with a minimum of a 90-day stay. (Vivitrol is accepted)

The Harbor Helpline

Phone: 717-477-2396
Website: https://www.theharborofship.com/help

Services: A call center dedicated to providing addiction recovery support and referral services for our local community. Whether you or a loved one are seeking resources, support, or a path to recovery, we are here for you. Compassionate support is just a call away.

Anchored Peer Support Services

Phone: 717-360-7307
Address: 55 West King Street, Shippensburg PA 17257
Website: www.theharborofship.com/anchored

Services: Confidential recovery support to individuals with a history of drug or alcohol use at no cost. Our Certified Recovery Specialists are individuals in recovery themselves. They provide insight and support while connecting you to valuable resources during your recovery journey.

Alcoholics Anonymous (AA) Meetings in Shippenburg
To check list for updated meetings Franklin/Cumberland County:

- Go to: https://www.d35pa-aa.org/
- Option to look for: Meetings with 'shippensburg'
- Download the Meeting Guide app for the most accurate meeting locations:Meeting Guide | Alcoholics Anonymous

AA Hotline - (866) 920-0628
For more information finding support or programs for substance use or alcohol (717) 527-5435

The Harbor: (717) 477-2396 https://www.theharborofship.com/ for info on scheduled meetings

Steven Witmer: 717-360-0413 stevewitmer@live.com for info on local AA meetings.

Education

Back to School Family Fun Day Event
Phone: (717) 532-5509
Address: Shippensburg Fairgrounds
Email: Chamber@shippensburg.org
Website: https://shippensburg.org/family-fun-day/

Services: Provides free back-to-school supplies for Shippensburg Area School District students, educational and interactive exhibits, free pizza, free entertainment, through Shippensburg Area Chamber of Commerce

When: August, before school starts.

Boys and Girls Club of Chambersburg and Shippensburg
Phone: (717) 261-5761
Email: Nancy Grayson Elementary Location: kole@bgccs.org
Intermediate School Location: lisa@bgccs.org
Website:https://www.bgccs.org/s/

Services: Providing an after-school program for children in grades first through twelfth. We assist with
Homework, provide a snack, and offer educational programs and activities!

Schedule: *Before School Care* only elementary - 6:00 AM - 8:40 AM
After School Care at both locations - end of school - 6:00 PM
Care for Days School is closed - Nancy Grayson only - 6:00 AM - 6:00 PM
- See calendar for days care is available

Cost: *Regular Boys & Girls Club "After Care"* – $25-$55/month based on income
Before School Care - $80-$110/Month based on income
Full Day Care (when school is closed) - $30/day

Hope Reformed Presbyterian Church - GED Program
Phone: (717) 532-8998
Address: 123 Walnut Bottom Road, Shippensburg, PA 17257
Email: secretary@hopechurchpa.com
Website: https://hopechurchpca.com/ged/

Services: Free GED classes on Wednesday evenings from 6:30 PM to 8:30 PM. Call to register.

Shippensburg Head Start/Pre-K Counts Program
Phone: (717) 477-1626
Website: https://www.ship.edu/headstart/

Services:

- Head Start
  - A free program that integrates researched evidence based practices, materials, curriculums, assessment tools, screening tools, parenting programs, training, performance standards, and community support from various agencies to meet the needs of preschool children and their families.
- Pre-K Counts
  - An early childhood program that provides high quality pre-Kindergarten services to at-risk children within the state so they are prepared for school success. Children ages 4 to the entry level for Kindergarten are eligible. Priority is given to the most at-risk children in the community.

Shippensburg Public Library - Coy Public Library
Phone: (717) 532-4508, Fax: (717) 532-2454
Address: 73 West King Street, Shippensburg, PA 17257
Website: https://www.cumberlandcountylibraries.org/SHP

Services: Events for children and teens held throughout the year. Free internet access available with library card or photo ID.
Hours:

- Monday: 9 AM - 8 PM
- Tuesday: 9 AM - 8 PM
- Wednesday: 9 AM - 8 PM
- Thursday: 9 AM - 8 PM
- Friday: 9 AM - 5 PM
- Saturday: 9 AM - 5 PM
- Sunday: CLOSED

STAR (Service to Adult Readers)
Phone: 717-240-7771
Website: Homebound Services (STAR) | Cumberland County Libraries

Services: STAR provides homebound adults with free, personalized selection and delivery of regular print books, large print books, books-on-CD, Playaway audiobook devices, music CDs, DVDs, Blu-rays and pre-loaded Kindle eReaders and tablets. Adult residents of Cumberland County (and the portions of Franklin County which are located in the Shippensburg Area School District) who are unable to visit their public library regularly due to age, chronic illness or disability are eligible for this service. Visits occur typically once every 4-6 weeks by the same volunteer where a friendship can develop. Free of charge but there is an application process.

Shippensburg Leaders in Training
Phone: (717) 477-1961
Email: youth-scrc@shipresources.org
Website: https://www.ship.edu/scrc/

Services: A free week-long summer learning program to help students going into grades 6 -12 develop the essential skills that create leaders such as positive peer role modeling, problem-solving skills, active listening skills, and interpersonal management skills.

Shippensburg Summer Learning Program
Phone: (717) 477-1961
Email: youth-scrc@shipresources.org
Website:https://www.ship.edu/shippensburg-community-resource-coalition/summer-learning-program/

Services: A free summer program for Shippensburg Area School District. It provides children entering 1st grade through 12th grade with free breakfast and lunch, fun and educational activities and more. The program runs for 7 weeks in the summer.
Hours: Monday - Friday, 8:30 AM - 12:00 PM.

Financial Assistance

PA United Way 211: General Resource for Rent, Utilities, and/or Food

- Dial 211
- Text your zip code to #898-211
- https://www.pa211.org/
- 24/7/365 Free Service, 240 Languages, Confidential

PA Navigate
Website: https://www.panavigate.org/

Services: **Find help now** with food, housing, utilities, transportation and more by entering your zip code.

Tri County Community Action
Phone: (717) 232-9757, Fax (717) 234-2227
Address: 130 South Penn Street
Website: https://cactricounty.org/ship.html

Services: Tri County Community Action (TCCA) builds on the strengths and resources available, provides solutions for complex issues, and empower individuals, families, and communities to move out of poverty.

- Programs in Shippensburg Include:
  - Self Sufficiency:
    - Variety of services related to employment, education and financial empowerment. Case management is offered for residents who are struggling financially. Case management can help with career preparation, budgeting, goal setting, completing social service applications and more.
  - Family Development:
    - Provides support to families with young children through the Parents as Teachers program. Case managers work with families to ensure their children are set up for success when they enter Kindergarten. They also help to prepare events like Group Connections and Parent Cafes to help families with young children to connect with each other in Cumberland County.

Christ Among Neighbors
Phone: (717) 532-7577
Address: 130 South Penn Street, Shippensburg, PA, 17257 USA
Email: canshipinfo@gmail.com
Website: https://www.christamongneighbors.com/

Services: Serves Shippensburg Area School District and the village of Walnut Bottom. Helping people with renting assistance, clothing, utilities, medical care, and other emergency needs.

Hours: Appointments are required. To schedule an appointment, call (717) 532-7577 and leave a message with your name and phone number, and a volunteer will return your call within 24 hours. Appointments are available on Wednesday afternoon from 1:00 PM - 3:00 PM, and Saturday morning from 9:00 AM - 11:00 AM.

Food Assistance

Grace's Place Garden
Phone: (717) 532-8089
Address: 21 North Prince Street, Shippensburg, PA 17257
Email: graceplace@standrewsship.org

Website: https://www.facebook.com/GracePlaceGardens/

Services: A community garden that is open for people to pick their own produce and flowers. They also have a refrigerator by their summer kitchen that has food in it, placed by people in the community. They offer events for families and children, as well as a free hot breakfast every Friday morning, to anyone in the community.

Hound Packs Program (SCRC Program)
Phone: (717) 477-1961
Email: coordinator-scrc@shipresources.org
Website:
https://www.ship.edu/shippensburg-community-resource-coalition/hound-packs-program/

Services: A program that serves food-insecure students that live in the geographical area of the Shippensburg Area School District by providing a bag of 6 meals over the weekend during the academic year. Open to any school aged child Kindergarten-12th grade who attends the Shippensburg Area School District.

Referrals: Please complete the Enrollment form found on the website, or call (717) 477-1961. When school meets in-person, students must be referred to the program by their school counselor.

Meals on Wheels
Phone: Shippensburg - (717) 300-3563
Newville - (717) 776-9142 or (717) 776-0013
Website: https://www.cumberlandcountypa.gov/250/Meals-Food-Nutrition

Services: Delivering meals between 11:00 am and 12:30 pm for people who are homebound or unable to cook for themselves. Call to apply and register.

Oasis of Love Church
Address: 303 S Washington St
Phone: (717) 300-3563
Website: https://www.oasisoflove.net/

Services: Free community meal from 4:30 pm to 5:30 pm. Can also provide emergency food boxes for people who call to set up an appointment to pick up.

Passing the Love:
Phone: 717-404-8533
Address: 1430 Rowe Road, Shippensburg, PA 17257
Website: https://www.facebook.com/people/Passing-the-Love/61583321406236/#

Services: Offers food assistance and a 24/7 stocked mini pantry outside when the building is closed. Open Tuesdays 7:00 a.m.- 8:00 p.m., Thursdays 9:00 a.m.-5:00 p.m., Friday 8:00 a.m. to 8:00 p.m., and every 1st and 3rd Saturday 8:00 a.m. to 3:00 p.m.

Shippensburg Produce and Outreach
Phone: 717-477-9100
Address:130 South Penn Street, Shippensburg, PA 17257
Website: https://shipout.org/

Services: Weekly food distribution, in-person registration, and outreach referrals on Tuesdays 3:30 p.m.-6:00 p.m. Point of registration and distribution for the PA State Senior Food Box Program.

Shippensburg Summer Learning Program
Phone: (717) 477-1961
Email: youth-scrc@shipresources.org
Website:https://www.ship.edu/shippensburg-community-resource-coalition/summer-learning-program/

Services: A free summer program for Shippensburg Area School District. It provides children entering 1st grade through 12th grade with free breakfast and lunch, fun and educational activities and more. The program runs for 7 weeks in the summer.
Hours: Monday - Friday, 8:30 AM - 12:00 PM.

Free Community Meals are offered throughout the week at various churches in Shippensburg. A monthly calendar can be obtained on SCRC's website and on their Facebook: https://www.facebook.com/resourcecoalition/ and Instagram: https://www.ship.edu/shippensburg-community-resource-coalition/calendar-of-community-meals--resources/https://www.instagram.com/ship_scrc/ : www.shiprecources.org

Grief/Loss

Drew Michael Taylor Foundation
Phone: (717) 532-8922
Address: 946 Ashton Drive, Shippensburg, PA 17257
Email: drewmichaeltaylor@pa.net
Website: https://drewmichaeltaylor.org/

Services:

- Drew's Hope:
  - Free grief and loss support program offered each fall and spring for children, teens and their families who are grieving the death of a loved one (family member or friend)
  - Night of the week varies, session meets from 6:00 PM - 8:00 PM.
  - Offered at Grace B. Luhr's Elementary School, 1871 Old Main Drive, Shippensburg, PA
  - To register, contact (717) 532-8922, or email drewmichaeltaylor@pa.net
- Grief and Loss Lending Library for community use
  - Link to available books and DVDs: https://drewmichaeltaylor.org/wp-content/uploads/2024/01/Drew-s-Hope-list-of-library-books-by-title.pdf
- Bereaved Spouse Support Group
  - Held the 1st Thursday of each month from 7:00 PM - 8:30 PM for bereaved individuals who are grieving the death of a spouse.
- Crafting Hope Support Group
  - Held the 2nd Thursday of each month from 7:00 PM - 8:30 PM for teen and adult grievers who are grieving the death of a loved one from any circumstance.
- Families Healing Together Support Group
  - Held the 3rd Thursday of each month from 6:30 PM - 8:00 PM. This group is intended for families that are grieving the death of a loved one. Participants include children, teen and adult grievers.
  - RSVPs are appreciated but not required. RSVP to drewmichaeltaylor@pa.net
- Bereaved Parents Support Group
  - Held the 4th Thursday of each month from 7:00 PM - 8:00 PM. For parents/guardians who are grieving the death of a child of any age, from infant to adult.
  - RSVPs are appreciated but not required. RSVP to drewmichaeltaylor@pa.net
- "The Perfect Blend": Coffee, Crafting and Conversation Support Group
  - This group meets every Wednesday morning from 10:00 am - 12:00 pm at the Drew's Hope Grief Center, 946 Ashton Drive, Shippensburg.
  - Contact Drew Michael Taylor Foundation for more information. Pre-registration for all groups is appreciated.
- "Just One" Lunch Bunch
  - The "Just One" Lunch Bunch for bereaved spouses meets once a month at different restaurants throughout the area. While meetings are usually held the fourth Friday of each month at 11:30 am, that time/date may change. Interested participants are asked to contact the DMTF at (717) 532-8922 or drewmichaeltaylor@pa.net to be added to the "Just One" Lunch Bunch email list.

Health

Lion's Club Vision Program
Phone: 717-532-9360
Email: lwkemp@comcast.net
Website: https://e-clubhouse.org/sites/shippensburgpa/projects.php

Services: Serves Shippensburg School District residents. This program covers free eye exams and eyeglasses through a doctor at Wal-Mart Optical. There is no age restriction.

Nurse-Family Partnership
Phone: 717-782-2335 (call) 717-512-3902 (text)

Services: A free program for pregnant women facing economic barriers. A trained nurse will provide support and info to help you have a healthy pregnancy and be a great parent. Services also include referrals for healthcare, childcare, job training, and continuing education. Expectant moms can enroll at any time during their pregnancy,

Pregnancy Ministries, Inc.
Phone: (717) 532-4446
Address: 20 East Burd Street, Shippensburg, PA 17257
Website: https://pregnancyministries.org/

Services:
- Free pregnancy testing
- Free ultrasound scans
- Free pregnancy options education
- Free parenting education
- Infant supplies
- Free STI education

Hours:
Monday: 10 am - 2 pm
Tuesday: 9 am - 4 pm
Thursday: 1 pm - 7 pm

Shippensburg Community Nurse
Phone: (717) 530-7900 Fax: (717) 530-0007
Address: 208 E Burd Street Apt B, Shippensburg, PA 17257
Website: https://www.shippensburgcivicclub.com/wedo.html

Services: Free in home nursing assessment, medication management, and procedures not covered by insurance.
- Any person 18 and older living in the greater Shippensburg area qualifies; patients must have a primary care provider.

Shippensburg Urgent Care, Shippensburg Medical Campus
Phone: (717) 477-2764 Fax: (717) 839-6951
Address: 46 Walnut Bottom Road, Suite 100, Shippensburg, PA 17257
Website:
https://www.wellspan.org/locations/wellspan-urgent-care-shippensburg-loc0000169795

Services: Urgent Care: Open 8 am - 8 pm daily.

- No appointment Necessary
- Accepts private insurance, Medical Assistance, and self-pay

Housing & Homeless Information

Are you going to be homeless or experiencing homelessness?

- If you are experiencing homelessness, call 2-1-1 or (855)567-5341 for information, screening and referral. You can also text your zipcode to 898-211.
- If you would prefer to receive Coordinated Entry services face-to-face in person, please visit Connect To Home Access Site in your community:
    - Franklin County: Franklin County Human Services Access Center, 425 Franklin Farm Lane, Chambersburg, PA, 17202. Hours of Operation: T-W 9:00 am - 4:00 pm. TH 1:00 pm - 4:00 pm.
    - Cumberland County
        - Community CARES Family Shelter, Use the Martin Ave Entrance which is the back of 206 East Burd Street, Shippensburg, PA 17257
        - Community CARES, 50 West Penn Street, Carlisle, PA 17013. Hours of Operation: Tuesday - Saturday 12:00 - 5:00 pm.

If you need assistance with paying for your rent or mortgage

- Call 2-1-1 or (855)567-5341 or text your zipcode to 898-211
- Ask to speak to a Housing Specialist, and they will ask you a series of questions to identify which services you are eligible for and direct you to the agency that can help you. This is the quickest way to receive help.
- If you are behind on your rent, please have a “Notice of Default” or “Notice to Quit” from your landlord prior to calling 2-1-1.

***If you are seeking shelter due to domestic violence, see the Domestic Violence section of the Resource Guide. If you are a Veteran seeking shelter, see the Veteran Services section of the Resource Guide.**

Community CARES, Family Shelter
Phone: (717) 249-1009
Address: 206 E Burd Street, Shippensburg PA, 17257
Email: info@morethanshelter.org
Website: https://www.morethanshelter.org/blank

Services: Emergency shelter for families. Shelters up to 8 families a day. Each family is given their own room, sink and toilet with shared shower and kitchen facilities. There is a kids’ playroom, conference/homework room, clothing room, and supplies for regular hygiene and daily care.

Housing Assistance Program
Phone: 717-240-7809
address : 1615 Ritner Highway, Suite 1, Carlisle, PA 17013
Email: rentalassistance@cumberlandcountypa.gov
Website: https://www.cumberlandcountypa.gov/226/Homeless-Assistance-Program
Hours: Monday - Friday 8:00 a.m. to 4:30 p.m.

Services: Provide homelessness prevention services that assist clients to maintain affordable housing. Help people experiencing homelessness find refuge and care. Assist people experiencing homelessness or near homelessness in attaining economic self-sufficiency.

Safe Harbour
Phone: (717) 249-2200
Address: 102 West High Street, Carlisle, PA 17013-2972
Website: https://safeharbour.org/emergency-shelter/

Services: Safe Harbour's Emergency Shelter Program provides immediate, short-term housing for individuals and families experiencing homelessness.

SCCAP (South Central Community Action Program - Franklin County Residents)
Phone: (717) 267-3669
Address: 223 South Main Street, Chambersburg, PA 17201
Website: https://www.sccap.org/homeless-services

Services: The Franklin County Homeless Shelter is a low barrier emergency shelter which serves mainly individuals who are experiencing homelessness, though we do serve families as space is available. An individual or family's stay is brief, typically 14-30 days, and those staying at the shelter will be focused on finding affordable housing. Call (717) 267-3669 for information about available space, or to get more information.

Income-Based Housing – http://pahousingsearch.com/ Call for information about availability and waiting lists:

Cottages of Shippensburg
Phone: (717) 530-1573,
Fax: (717) 530-1573, 855-971-1737
717-530-1583
Address: 300 Dwelling Court, Shippensburg, PA 17257
Website: http://cottagesofshippensburg.com/

Services: This community offers spacious, two bedrooms, one bath homes. Must be 18 years or older. Accepts Housing Choice Vouchers.

Citrus Grove
Phone: 717-977-3900
Address: 18 E. Orange Street, Shippensburg, PA
Website: https://housingcumberland.com/affordable-housing/citrus-grove/

Services: Offers affordable 1 or 2 bedroom apartments for residents 62+. Rent includes all utilities. Common spaces include a game room, library, community health care room, fitness center, and outdoor pavilion.

Episcopal Square
Phone: (717) 530-1277
Address: 101 N. Prince Street, Shippensburg, PA 17257
Website: https://www.episcopalsquarecx.com/

Services: Provides one bedroom & efficiency housing to low income elderly & disabled Persons. Accepts Housing Choice Vouchers.

Raystown Crossing Apartments
Phone: (717) 530-1341
Address: 1000 Raystown Circle, Shippensburg, PA 17257
Website: https://raystowncrossing.wodagroup.com/

Services: Must meet income guidelines for 2, 3, or 4 bedrooms. Accepts Housing Choice Vouchers. The application is on their website.

Roxbury Ridge Apartments
Phone: (717) 532-9425
Address: 100 Meadow Drive, Shippensburg, PA 17257
Website: http://roxburyridge.rentpmi.com/

Services: Rent is income based, some rental assistance is available for qualified applicants. HUD units for elderly and handicapped/disabled persons available. Accepts Housing Choice Vouchers (Franklin County only).

Mental Health/Behavioral Health/Counseling

24/7 Mental Health Support:
https://www.pa.gov/agencies/dhs/resources/mental-health-substance-use-disorder/988
Hotline: Dial 988
Phone: (800) 273-8255

Additional Crisis Services are available in Cumberland and Franklin Counties

Cumberland County Mental Health
Phone: 717-240-6320

Offers access to a full range of services for persons with mental health difficulties living within Cumberland and Perry County. Most providers accept private insurance and/or Medical assistance.

Services include**:** Child/adolescent service system program (CASSP), certified peer specialist services, school-based programs, case management, family-based services, and other outpatient services.

Franklin County Mental Health
Phone: (717) 264-5387

Offers access to a full range of services for persons with mental health difficulties living within Franklin County 18+. Youth services navigation can be accessed through the county child/adolescent service system program (CASSP) program.

Services include: Case management (supports coordination services), home and community-based services, residential habilitation services, companion services, day services, supported employment service, respite services, and adaptation.

Aliff Counseling Services
Phone: (717) 356-3295
Address: 5000 Letterkenny Road, Chambersburg, PA, 17201
Website: https://aliffcounselingservices.com/

Services: Specializes in working with children, adolescents and young adults in areas including, but not limited to, anger management, trauma, sexual behavior problems, depression and anxiety.

- Play therapy room for children of all ages to engage in creative play to help children process feelings.
- Encourage families to participate to be part of the counseling experience
- Primary therapy used is Cognitive Behavioral Therapy (CBT), which is problem-focused and action-oriented.

Growing Edges Community Counseling Center
Phone: (717) 477-1248
Fax: (717) 477-4078
Address: Shippen Hall, First Floor, Shippensburg University, Shippensburg, PA 17257
Email: growingedges@ship.edu
Website:
https://www.ship.edu/community-impact/social-and-mental-health-services/growing_edges/

Services: Provides free counseling services to individuals, couples and families in the community.

- Counselors are graduate students enrolled in Shippensburg University's counseling program under the supervision of faculty professionals.
- Unable to offer services for clients with severe mental health issues, current substance addiction, or cases involving current abuse/neglect.

New Visions of South Central PA Inc.
Phone: (717) 477-2153
Fax: (717) 477-2295
Address: 138 East King Street, Shippensburg, PA 17257
Website: https://new-visions.org/

Services: Provides residential and social rehabilitation services for adults with chronic mental illness in Cumberland, Franklin, Fulton and Perry Counties.

- Specialized Community Residence (SCR), Community Residential Rehabilitation Services (CRR), Supportive Living, Fair-weather Lodge, Long-term Structured Residency (LTSR)
- Social Rehabilitation, Psychiatric Rehabilitation, and Drop-In Center Services.

Roxbury Treatment Center
Phone: (800) 648-4673
Address: 601 Roxbury Road, Shippensburg, PA 17257
Website: https://roxburyhospital.com/

Services: Provides inpatient and outpatient behavioral health services for adolescents ages 13-17 and adults 18+.

- Accepts most private insurances, Medicare and Medical Assistance.
- Staff is available 24 hours a day for referrals to inpatient psychiatric programming.

PA Counseling Co-op
Phone: 717-921-7004
Address: 21 North Prince Street, Shippensburg, PA 17257
Website: https://www.pacounselingcoop.com/

Services: Provides a range of evidence based therapies with in person or telehealth options. Individual, marriage, and family counseling offered. Most insurances accepted, and pricing available on a sliding fee.

Prescription Assistance

Henry's Pharmacy
Phone: (717) 532-5812
Address: 10000 Molly Pitcher Highway, Shippensburg, PA 17257
Website: https://www.henryspharmacy.com/

Hours: Monday - Friday: 9:00 AM - 6:00 PM
Saturday: 9:00 AM - 1:00 PM
Sunday: Closed

Services: Prescription delivery service for people unable to pick up their prescriptions. Call the number for more information.

Senior Services

Brank Creek Place Senior Center
Phone: (717) 300-3563
Fax:(717)300-3908
Address: 115 North Fayette Street, Shippensburg, PA 17257
Email: Diana.Nazario@mennohaven.org
Website: https://www.cumberlandcountypa.gov/216/Branch-Creek-Place-Shippensburg

Services: Senior citizen center for those ages 55 and older to go for meals, activities, health screenings, and educational opportunities. Please sign up for their hot lunch the day before. Rabbit Transit can assist with transportation to and from the center.
Hours: Monday-Friday: 9:00 AM - 3:00 PM

Celebration Villa of Shippensburg
Phone: (717) 913-4784
Address: 129 Walnut Bottom Road, Shippensburg, PA 17257
Website: https://celebrationvillaofshippensburg.com/

Services: A personal care assisted living community that provides enhanced personal care and short-term respite care. Includes wellness care services, dining services, and life enrichment services.
Hours: Monday - Friday: 9:00 AM - 5:00 PM
Saturday - Sunday: 10:00 AM - 2:00 AM

Shippensburg Health Care Center
Phone: (717) 530-8300
Fax: (717) 530-8304
Address: 121 Walnut Bottom Road, Shippensburg, PA 17257
Website: https://www.shippensburghc.com/

Services: Shippensburg Health Care Center is a Medicare and Medicaid certified nursing home in Ship that offers both short-term and long-term residencies. They offer skilled nursing care, rehabilitation, stimulating and educational group activities and more.

Angels on Call
Phone: (717) 477-5000
Address: West King Street, Shippensburg, PA 17257
Website: https://angelsoncall.com/locations/

Services: In-home care that provides different services in your own home. This can include companionship for you or your loved one, walking and transferring, bathing and showering, personal grooming, meal prep, transportation and errands, and light housekeeping.
Hours: Monday-Friday: 8:00 AM - 4:30 PM

Shippen House Apartments
Phone: (717) 223-733-0329
Fax: (717) 477-0108
TTY: 711
Address: 19 Hollar Avenue, Shippensburg, PA 17257
Email: shippenhouse@bentoncommunities.com
Website: https://shippenhouseapartments.com/

Services: 1 or 2 bedroom apartments for adults ages 62 & older with access to a community room and laundry. Pets under 30 lbs allowed with a one time pet fee. Affordable housing program.

Transportation

Rabbit Transit
Phone: 1-800-632-9063
PA Relay: 7-1-1 (for individuals with a hearing or speech disability)
Fax: 717-848-4853
Hours: Monday - Friday: 7:00 AM - 7:00 PM
Saturday: 7:45 AM - 3:00 PM

Services: Offers transportation to the general public. Recommended app to see available routes: https://www.rabbittransit.org/rider-tools/mystop/

Shippensburg Raider Regional Transit

- Provides bus service to both the greater Shippensburg Community and the students at Shippensburg University.
- Costs $1.50 per ride, and free for registered Seniors aged 65+ and students with a student ID card.
- For more information: https://www.rabbittransit.org/services/shippensburg-raider-regional-transit/

Shared Ride (Paratransit)

- A bus service that provides consolidated trips between customer's origins and destinations that are not well served by scheduled route hours and specific travel areas.
- There is a required application and reservation process.
- All riders must sign up for an electronic account where payments will be credited.
    - Transportation services may be available at a reduced rate, if you meet any of the following criteria:
        - You served in the armed forces
        - You are currently on Medical Assistance through the Department of Human Services
        - You are a person with a disability between the ages of 18-64
        - You are a person who lives along a fixed route, but due to a disability cannot access it
        - You are aged 60-64 and live in a county serviced by rabbittransit
        - You are aged 65+

Commuter Services of PA
Phone: 1-866-579-RIDE
Website: https://commutepa.org/

Services: Offers resources to help you explore transportation options other than driving alone. Services include free ridematching and rewards programs.

Utilities Available/Assistance

Contact your utility provider directly to speak with customer service and arrange for a payment plan and to see what utilities assistance they offer.

Low-Income Home Energy Assistance Program (LIHEAP) (Opens Nov. 1. Winter months only)
Phone: 1-866-857-7095
Website: https://www.pa.gov/agencies/dhs/programs-services/housing-utilities
Application:
https://www.pa.gov/services/dhs/apply-for-the-low-income-home-energy-assistance-program-liheap

Services: The Low-Income Home Energy Assistance Program (LIHEAP) helps income eligible families pay their heating bills. Based on income, assists with source of heat only. Applications can also be found on PA State website.

LIHEAP Crisis Grants
Phone: Assistance with home heating crisis situations is available 24 hours a day. In most counties, you should contact your local County Assistance Office.

- Cumberland County: 1-800-269-0173 or (717)240-2700 Fax: (717) 240-2781
- Franklin County: (717)264-6121 Fax: (717) 264-4801

Website:
https://www.pa.gov/services/dhs/apply-for-the-low-income-home-energy-assistance-program-liheap

Services: Households experiencing a heating crisis may be eligible for additional benefits through the LIHEAP crisis program. Emergency situations include:

- Broken heating equipment or leaking lines that must be fixed or replaced
- Lack of fuel
- The shut off of the main heating source or second heating source (a source that is used to operate the main heating source or used if the main heating source is not working)
- The danger of being without fuel (less than a 15-day supply)
- The danger of having utility service terminated

Pennsylvania Customer Assistance Program (P.C.A.P.)
Phone: 888-282-6816
Fax: 412-515-1661
Website:
https://www.firstenergycorp.com/content/customer/help/billingpayments/assistance_serviceprogram/penelec.html
Application: https://www.pabillassist.com/login
Services: An assistance program for low-income customers of Penelec only.

Project Helping Hands
Phone: (717) 334-9211 OR 1-800-726-2324
“Although someone is always available to take your call, the best time to call for billing and member services inquiries is between the hours of 7:00 AM - 4:45 PM, Monday-Thursday.”
Website: https://adamsec.coop/project-helping-hand

Services: Project Helpings Hands provides payment assistance to Adams Electric residential members at risk of service disconnection.

- To see if you’re eligible: https://adamsec.coop/project-helping-hand

Veteran Services

Supportive Services for Veterans and Families (SSVF)
Phone: (717) 234-7931
Fax: (717) 234-1779
Address: YWCA of Greater Harrisburg, 1101 Market Street, Harrisburg, PA 17103
Website: https://www.ywcahbg.org/programs/veterans-services/#.Yk2kNijMIdU

Services: SSVF provides comprehensive support services to low-income Veterans and their families who are experiencing homelessness or are at risk of losing their homes.

- Case management, housing, counseling, employment support, credit repair, financial planning services, and temporary financial assistance.

Veterans Affairs of Chambersburg
Phone: (717) 263-4326
Fax: (717) 263-1905
Address: 425 Franklin Farm Lane, Chambersburg, PA 17201
Website: https://www.vetcenter.va.gov/

Services: Information on benefits and resources, submission and appeals of benefit claims, Veterans' temporary assistance, healthcare information and enrollment, community and service outreach, and information and support for justice involved veterans.

Additional Resources

Conversational English Groups
Phone: 223-230-8946 call or text to register
Address: St. Andrews Episcopal Church, 206 East Burd Street, Shippensburg, PA 17257
Hours: Thursday Evenings 6:00 p.m. - 7:30 p.m. g
Group date and time may change, please contact to register.

Services: Sessions provided to intermediate and advanced English as a Second Language (ESL) adults to teach conversational English for life and work.

Meet the Need
Phone: 717-496-5177
Address:130 South Penn Street, Shippensburg, PA 17257
Website: https://www.meettheneeds.org/

Services: Bridge the gap where needs are not met by social service organizations in the community, thinking outside of the box. Free laundry night every third Wednesday of the month at Wash N Whirl Laundromat on 10018 Molly Pitcher Highway from 7 pm - 9 pm. Provide a wide range of assistance to those referred including food, clothing, shelter, transportation, financial support and countless acts of time and care.

Passing the Love
Phone: 717-404-8533
Address: 1430 Rowe Road, Shippensburg, PA 17257
Website: https://www.facebook.com/people/Passing-the-Love/61583321406236/#

Services: Provides free clothing, shoes, and children's and baby items. Household items, personal hygiene products, and food also provided. Open Tuesdays 7:00 a.m.- 8:00 p.m. , Thursdays 9:00 a.m.-5:00 p.m., Friday 8:00 a.m. to 8:00 p.m., and every 1st and 3rd Saturday 8:00 a.m. to 3:00 p.m.