

Shippensburg University
Department of Social Work & Gerontology

Justice, Peace and All That SHIP

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Shippensburg, PA 17257-2299
 Edition 28, **2018-2019**
 Editor: Tori Karnas, MSW GA

Working Together, We Can Do More

Collaboration, coalition, partnership, alliance, collective, cooperative, teamwork, and...(yikes!), groupwork! These words may inspire us, intrigue us, or cause some to run in the other direction. Collaboration is no doubt harder than working alone, but the results are richer, more sustainable, and meaningful. There are many current examples in our country and the world of how collective action is holding people in power accountable, challenging the status quo, and making sure that progress for civil and human rights is moving forward, rather than backwards. As social workers, we have chosen a field that requires us to get involved, to be part of collective change so please keep getting involved, or start now if you have not yet. Our department is filled with examples of how collaboration leads to amazing outcomes. Our Advisory Council and ongoing partnerships with field instructors and their agencies make educating social work students possible. Every semester, students complete group projects that provide service to local communities. Even this newsletter is an example of group work, primarily lead by Tori Karnas, who was a graduate student at the time and now has her MSW. I'm grateful for her help in my first year as department chair! This newsletter highlights some of our department's collaborative projects, including:

- Dr. Dorlisa Minnick serving as chair of the Cumberland County Food Systems Alliance. This role is a great example of her partnership with the SU Center for Land Use and Sustainability (CLUS) and commitment to environmental justice as a social worker.
- A successful 5-year review for our Gerontology minor program, lead by Dr. Dara Bourassa, with cooperation from many others on campus.
- Another meaningful conference by the Institute for Social Inclusion (INSINC), lead by Dr. Marita Flagler, Dr. Samuel Benbow, and Dr. Jen Clements, along with other faculty from several disciplines at SU. Dr. Dara Bourassa, Dr. Jayleen Galarza, and graduate student, Michelle Coughlin, presented on collaborating with the transgender community. INSINC also sponsors Inclusive Basketball, an amazing community-university partnership, lead by graduate assistant (now MSW!), Sarah Herman.
- Dr. Andrea Barrick's role in coordinating the department's participation in NASW-PA Legislative Advocacy & Education Day (LEAD). She jumped right into collaborative work in her first year with the program. Welcome, Andrea!
- Dr. Liz Fisher, Dr. Michael Lyman, Dr. Andrea Barrick, and Dr. Jayleen Galarza are all involved with the Shippensburg Community Resource Coalition (SCRC), a collaborative effort to increase access to social services and youth programs in Shippensburg. The SCRC's Summer Lunch Program, Healthy Shippensburg Coalition (lead by recent MSW graduate, Sonja Payne), and Communities that Care (lead by double-alum, Laura Masgalas) are model examples of how the work of many provide stronger outcomes. These projects all require cross-discipline, cross-sector, and campus-community investment to work.

As Brene Brown, the social work profession's most recent celebrity, has said, "courage starts with showing up and letting ourselves be seen." I hope you will find ways to show up and join the important work going on in our communities and invite us, the community of social workers at SU, to show up as well. We truly value your partnership!

- Dr. Liz Fisher, Professor & Department Chair, Shippensburg University Department of Social Work & Gerontology



On March 25, 2019, students in the department attended **Legislative Education and Advocacy Day (LEAD)** at the Pennsylvania State Capitol in Harrisburg, PA. This event is hosted annually by the National Association of Social Workers-PA Chapter (NASW-PA) and encourages social work practitioners and students from all over the state to come together to advocate for a piece of legislation that is relevant to the social work profession. This year, participants advocated for House Bill 390. House Bill 390 focuses on the importance of certification for school social workers.

The day began at the Forum where participants reviewed the legislative process, what to expect for the day, and some key talking points that may be helpful for as they meet with legislators. It was great to see so many social work students motivated and excited to practice policy advocacy.

As the day continued, participants were assigned times to meet with their legislators so that they could advocate for House Bill 390. During this time, there were also many committee meetings and events that were happening around the Capitol.



As the day came to an end, the participants assembled to rally and raised NASW-PA signs that followed 2019 Social Work Month's theme of "Elevate". The signs drew attention to what social workers help to elevate, such as schools, communities, and children. During the rally, members of



the General Assembly made remarks on the importance of social workers, and how they would like to help elevate social workers. It was great to see so many passionate social work students cheering and rallying for their profession and legislation. Their energy

filled the room!

By: Tori Karnas, MSW

Gerontology News and Events

This fall semester, the Gerontology Department hosted an assortment of events to educate our students on various topics pertaining to the aging population. In the beginning of the fall semester **Angie Pickel**, from the Franklin County Area on Aging (FCOAA), and the Franklin County Link Coordinator came to campus to discuss the Ombudsman program. Through her discussion, Angie discussed her responsibility as an Ombudsman and informed students on what the program is, what an Ombudsman does, and how they help seniors. The event was very informative!

As the semester continued, Shippensburg Gerontological Organization hosted **Sara Primak**, **Edward Sesack**, and **Keisha Kerr** on campus to discuss their daily roles in different social work positions. These positions include courts, jails, and hospitals. After the presentation, students were provided with the opportunity to ask questions about the social work profession in Veteran Affairs.

Joanne Carroll, the president of TransCentralPA, and the commissioner for the Pennsylvania Commission on LGBTQ Affairs, came to campus to discuss aging issues surrounding transgender individuals. Through this discussion, students were able to gain insight regarding the experiences of transgender older adults, and the struggles they may have encountered throughout their lifetime.

This spring semester, a variety of events were also hosted. To start off the semester, **Daniel Hoegen**, a clinical ethicist from Geisinger, came to campus to discuss end-of-life care for older adults. Mr. Hoegen

discussed chronic diseases, living wills, a good death (i.e., a death with no suffering or stress that adheres to cultural and ethical standards) versus a bad death (i.e., a death with suffering or stress where an individual's needs are unmet), and planning for the end of one's life.

On March 21st, the department welcomed **Ms. Neriah Chisolm** and **Ms. Kimberly Horschler** from Dauphin County's Area Agency on Aging to campus to discuss Older Adult Protective Services. During this discussion, Ms. Chisolm and Ms. Horschler presented information about the different types of elder abuse, how to report suspected abuse, and how social workers can be vigilant in looking for signs of abuse.

To wrap up a busy academic year, **Dr. Sarah Kawasaki**, the Director of Addiction Services at the Pennsylvania Psychiatric Institute, came to campus to discuss heroin use among the older adult population. Throughout this presentation, Dr. Kawasaki discussed the physical and mental effects of heroin use for drug abusers, the history and etiology of heroin use, and the types of treatments available for older adult heroin users.

By: Tori Karnas, MSW

Special thanks to all the wonderful speakers who continue to help educate our students on their areas of interest!

BSW STUDENTS SERVICE LEARNING PROJECTS

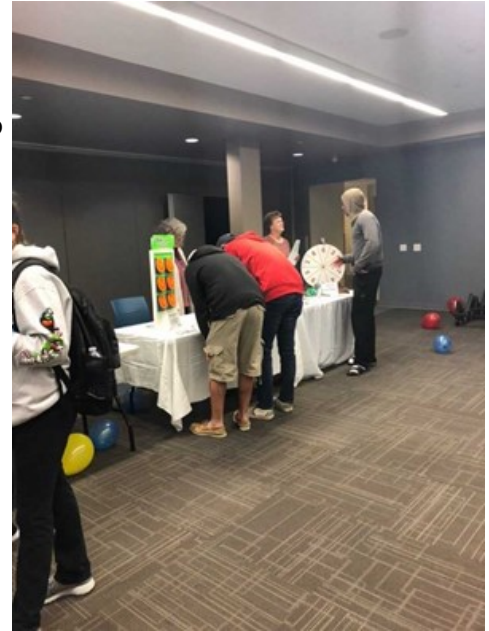
*The following few pages describe projects completed by students in SWK 370 Practice with Organizations and Communities (POC) in the **fall 2018 semester**. Each semester students learn the skills of planning, implementing and evaluating real life community based projects which benefit the local community and/or campus. The following articles were submitted by the students.*

Sexual Health Carnival

POC students held a Sexual Health Carnival in Harley Hall's Multi-purpose Room to help end the stigma about sexual health. The group wanted to tackle the importance of getting tested for sexually transmitted infections, safe sex, and healthy relationships. 26 attendees participated in the event and these individuals completed surveys to help track individuals gained knowledge. The results from the pre- and post-test showed that these individuals' overall knowledge of sexual health increased, they were more willing to talk about this topic, and they became more comfortable in obtaining local resources should they need them.

Students: Kathleen Martin, Kathleen Lewis, Tressa Henry, Emily Schaefer

Community Contact: Victoria Decker, Cumberland Valley Rising



Domestic Violence Awareness

One POC group completed a project that promoted awareness about domestic violence during the month of October with two events held on campus. One event created an opportunity for students to write #1thing they can do to prevent/stop domestic violence. Another event held on October 25th was called National Wear Purple Day. This day was created in remembrance of the victims, survivors, and the families of those affected by domestic violence.

Students: Haylie Gruntz, Alexa Weyant, Gabrielle Gnias, Kaleb Sylvain, Shannon Beers

Community Contact: Stephanie Erdice, SU Women's Center



Teen Leadership Group at Shippensburg University

POC students hosted a field trip for the Shippensburg Area Middle School's Teen Leadership Group at Shippensburg University. The day started with some ice breakers to get acquainted with the students followed by a guided tour around campus to get an idea of what the university has to offer. Following the tour, the students had the opportunity to ask our group members any possible questions they had about academics and campus life. The field trip concluded with lunch at Reisner dining hall which was everyone's favorite part of the trip.

Students: Jonathan Krail, Colton Sentz, Christianna Rudy, Brenda Onzere, Yesenia Lopez

Community Contact: Angie McKee, Shippensburg Area Middle School



Getting Our Kicks

"Getting Our Kicks" is a shoe drive for the Shippensburg Area School District. Before starting the shoe drive, the students researched poverty in relation to students and their education. They also visited the Shippensburg Area Middle School and looked at their clothing attic, where they collect used clothes and shoes that are given to students and their families when needed.

The group was told by the school counselor that the attic needed new socks and gently used shoes of all sizes. When dropping off donation boxes at local churches, businesses, and organizations, group members gave a presentation about poverty in the Shippensburg area. The group set out to collect at least 100 pairs of shoes and 100 pairs of socks, but surpassed their goal by collecting 265 pairs of shoes and 125 pairs of socks for the Shippensburg Area School District.

Students: Angeliz Collazo, Joshua Hager, Leah Rogers, Elizabeth Ziemba

Community Contact: Angie McKee, Shippensburg Area Middle School

Operation Shower

Operation Shower is a hygiene drive developed and ran to benefit The Salvation Army's Shower Program. Operation Shower started with two goals in mind: to obtain and sustain hygiene items and/or monetary donations. The Salvation Army's Shower Program offers showers, bathroom facilities, and hygiene items to individuals in the Carlisle area who are facing homelessness or otherwise do not have access to showering and bathroom facilities. Operation Shower was successful in obtaining over 2,800 hygiene items for the Shower Program. The Big Spring Middle School and The Meeting House of Carlisle agreed to run hygiene drives annually in the future in order to help sustain the program.



Students: Marissa Swope, Jordan Hagy, Maggie Lawshe, Katlyn Michaels, Amanda Irwin

Community Contact: Trinette Ream, Salvation Army of the Greater Carlisle Area

BSW STUDENTS SERVICE LEARNING PROJECTS

*The following pages describe projects completed by students in SWK 370 Practice with Organizations and Communities in the **spring 2019 semester**. Each semester students learn the skills of planning, implementing and evaluating real life community based projects which benefit the local community and/or campus.*

Pinwheels for Prevention

One POC group partnered with Over the Rainbow Children's Advocacy Center (OTR/CAC). April marked the beginning of Child Abuse Prevention Month and the group spent March and April raising awareness about child abuse, prevention, and children advocacy centers. The group held a pinwheel planting event on April 1st, and community members attended, including children and youth employees. Together, the group was able to plant 290 pinwheels at the center. The pinwheels represented the number of children who received services in 2018. Also, on April 4th, the group sold pinwheel vases and pinwheel garden in the CUB on campus. The group was able to sell 33 pinwheel vases and 52 pinwheel gardens!



Students: Brenna Ferrara, Deidra Weaver, Claire Koons, Mallory Swyers, Kylie Carbaugh

Community Contact: Dianne Kelso, Executive Director with Over the Rainbow/Franklin County Child Advo-

Summer Lunch Program

POC students partnered with the Shippensburg Community Resource Coalition (SCRC) to raise money for the Shippensburg Summer Lunch Program (SLP). The SLP has been providing fun and educational summer activities and free lunches to students in the Shippensburg Area School District for the past 6 years. According to the Annie E. Casey Foundation, 41.5% of students in the Shippensburg Area School District qualified for free or reduced lunches and 35% of students lived below the federal poverty line. The SLP aims to alleviate hunger during the summer months when students might not have access to food, and asked the Shippensburg University community to join us by donating to the SLP. Donations were accepted from April 4th, 2019 to April 19th. Before learning about the SLP, only 31% of individuals were aware of the program, but after the presentation, 77% felt compelled to donate. Donators primarily consisted of friends, faculty/staff, and parents. Overall, \$347 was raised for the SLP of Shippensburg, which was only 23% of our goal of \$1,500.



Though results were not as expected, we feel as though some money raised is better than none, and we have learned valuable fundraising skills that we can implement in future campaigns in order to be more successful.

Students: Tiffany Muthler, Charles Bowman, Monet Pollard, Michaela Scatena

Community Contact: Taylore Kerns, MSW intern with the Shippensburg Community Resource Coalition

Diaper and Personal Care Bank

One POC project held a diaper and personal care drive, and partnered with Shippensburg Produce and Outreach (SPO). The goal of their project was to help local families in the Shippensburg area. Many of these families cannot afford diapers, personal care items or both. The group collected 389 items that were able to help many local families meet their needs. Also, they raised \$328 for SPO's diaper and personal care banks.

Students: Emily Stottlemeyer, Zaria Robinson, Tara Seger, Erin Eshelman

Community Contact: Kimberly Rockwell, Board Member with Shippensburg Produce & Outreach



Helping with LEAD

A POC group helped organize Legislative Education and Advocacy Day (LEAD). About 650 social work students from all around Pennsylvania participate in LEAD at the Pennsylvania state capitol. Forty-one students from Shippensburg University were in attendance. This year students and social workers advocated for House Bill 390, requiring social workers in school districts to be licensed or certified. Students advocated for this bill to legislators or their staff members by discussing the importance of the bill. Students also rallied in support of the bill on the Capitol steps and heard legislators who spoke in support of the bill. LEAD also allowed students to connect with other social work students from around Pennsylvania. Overall,



students reported having a great day advocating for HB 390 and hope to see the bill pass in the future.

Students: Grace Swarner, Cassie Zeleski, Omar Rayo, Donna Cooper

Community Contact: Sonja Payne, MSW intern with the National Association of Social Workers - PA Chapter



BSW Field Trip to the Holocaust Museum

On Tuesday, November 7th, 2018, BSW students in Dr. Samuel Benbow's class, Understanding Diversity for Social Work Practice, went on a field trip to the Holocaust Museum in Washington, D.C. Below are student excerpts of their experience at the Holocaust Museum, what they learned, and how the experience relates to their social work career.

- ◇ *"Dr. Benbow split his classes into groups of 3 or 4 people so, not only were we able to gain our own personal experience, but we also got to see how our group members experienced the museum. While walking through the museum we had to pick 10 exhibits that stuck out us. The one exhibit that really impacted me was called "Lost Communities" which was a walk way that had every community that Nazi party overtook etched into a wall. There were hundreds of communities on that wall, which put the devastation of this event into perspective."* -**Charles Grello**



- ◇ *"While at the museum I saw the following quote , "First they came for the socialists, and I did not speak out- because I was not a socialist. Then they came for the trade unions, and I did not speak out- because I was not a trade unionist. Then they came for the Jews, and I did not speak out- because I was not a Jew. Then they came for me- and there was no one left to speak for me." (Martin Niemoller 1982-1984). I saw this quote and it immediately stuck out to me because I find it to be so relevant in today's society. If society keeps targeting and attacking one another eventually there will be no one left to speak up for those whose voices society silences."* -**Julia Gregory**
- ◇ *My entire experience was one to remember and cherish. It made me upset to think about people being so mistreated and it made me realize why I decided to become a social worker. There are people in society that are still being mistreated and it is my job as a social worker to advocate for them. Being able to experience this will definitely help shape the way I practice in my career moving forward.* -**Shayla Lee**
- ◇ *Hearing the audios that were at the museum and hearing the stories of some of the survivors were devastating. I learned a part of history that I did not truly know much about. It allowed me to learn that not being a part of a minority group has given me the privilege of not undergoing some of the treatment that minority groups go through.* -**Kaitlyn Failor**
- ◇ *Overall, something that stuck out the most to me was equality. I believe that to this day people are still not treated equally. Being a part of a subordinate group of people, to this day we are not treated equally. Although we do not experience horrific things like the Jewish did during the Holocaust, we still do suffer somehow. After traveling through the four floors of the Holocaust museum, I believe it is important as social workers that we continue to stand up and advocate for everyone around us. Regardless of who you are, you should not be treated in a different way because of the color of your skin, your religion, or even your sexuality. This field trip was such a humbling experience and I am glad I had the opportunity to go and learn more about the Holocaust.* -**Ric'Quelle Banks**

Shippensburg University at the 2018 NASW-PA Conference

On Friday, September 14th, faculty and students from the department attended the NASW-PA Conference at Kalahari Resorts, Pocono Manor, PA. **Dr. Jayleen Galarza** presented with the Pennsylvania Association of Social Work Education (PASWE) panel to address current social work education concerns. The BSW and MSW Research Clubs participated in the student poster presentations. The **BSW Research Club won first place** with their presentation *on The Impact of Batterer Intervention Program on Intimate Partner Violence*. Great work!



Pictured: BSW Research Club at NASW-PA Conference

Below are BSW student submissions on their experiences and takeaways from the NASW-PA Conference

Explore. Connect. Grow.

By Marianna Horowitz

The 2018 NASW-PA social work conference, “Explore, Connect, Grow” was a wonderful opportunity from my perspective as a student, an aspiring social worker, and as a professional. The sessions I attended aided in my professional development. Additionally, interacting with other attendees provided great networking opportunities, and seeking the experience of the educators solidified my decision to continue working towards a career in macro social work.

I selected sessions geared towards areas that would advance my knowledge as a professional which focused on opioids, stigma, macro social work, and self-care. I learned from the presenters, from listening to other attendees, and from engaging in session discussion topics. I connected with many people who share the same passion for helping individuals with substance or alcohol use condition. Networking was a highlight of my conference experience. However, the knowledge gained from the conference empowered me to say that I want to work in macro social work. This was the most rewarding part of the conference. Leading up to the conference, I had some doubts about my career path in macro so-

cial work. However, in interacting with more experienced professionals and receiving positive feedback, I learned that I can gain micro level experience without working in a direct service capacity.

Overall, this conference provided opportunities to reconnect with professionals I’ve worked with in the past, connect with professionals I hope to work with in the future, practice self-reflection, and learn. I asked questions, sought information from more experienced professionals, and shared experience with less experienced professionals. I took something away from each of my sessions and interactions. The conference was a valuable experience, and I would definitely attend again.



2018 NASW-PA Conference (continued)

NASW-PA Conference

By Victoria Slobodian

The NASW-PA 2018 Conference, held at the Kalahari Resort in Pocono Manor Pennsylvania, was a wonderful and enlightening experience. The resort was offered many different activities outside the conference. Although I planned on taking advantage of everything available to me in the resort, I was unable to. I filled my days with as many seminars as I could, which left little time to take advantage of the resorts amenities. I attended many seminars regarding self-care because that was an area that I feel that I am lacking, which is evident by the lack of my waterpark attendance.

Although the seminars were very educational, I learned more through my conversations with other professionals that attended. Being a college student, I felt very intimidated at first. Most of the attendees were highly educated and have been working in the field. I am still uncertain of what my area of expertise will be, but the conference allowed me to speak to professionals in several fields that I had not even considered. By networking, I am now able to widen my field considerations.

Along with the seminars and networking with professionals, the vendors were also beneficial to my overall experience. Many individuals collected items

from the vendor booths and moved on, while I spent time speaking with each vendor of the booth I visited. By speaking with the vendors, I was able to learn about several facili-

ties and job opportunities available in my area. I collected materials and brochures to expand my portfolio. The information they provided was educational and will help me decide on where to attend my practicum. My conference experience was very enjoyable. I was able to speak with very knowledgeable professionals without feeling like I did not belong. Although I am only a student. I believe that my attendance enhanced my education. I look forward to attending next year, if given the opportunity.



Want to stay up-to-date with ShipU Social Work updates, news, and events?

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@ShippensburgUniversity.SWK.GRN

@Shippensburg University Social Work Programs Alumni



FACULTY KUDOS



Dr. Jayleen Galarza



- On February 26, 2019, Dr. Galarza received a TRIO Achiever Award at a ceremony in Roanoke, Virginia in recognition of her success and efforts to support students. The award is associated with Upward Bound, which is one of eight TRIO programs for scholars run by the U.S. Department of Education. Visit here for more information: https://www.ship.edu/news/2019/02/dr._jayleen_galarza_to_receive_trio_achiever_award/
- On September 14, 2018, Dr. Galarza sat on a breakfast panel for the PASWENASW annual conference. The focus of the panel was today's issues in social work education for the state of Pennsylvania and beyond.
- Dr. Galarza, along with sex researchers from several universities in the U.S. and Canada, co-authored an editorial entitled "Sexual Harassment in the Field of Sexuality Research." The editorial was accepted by the *Archives of Sexual Behavior*, which is a leading journal in the field of human sexuality and sex research.
- Dr. Galarza co-authored a research brief entitled, "Why do people migrate? The context of migration from Central America and Mexico to the United States", which is distributed by The Center on Immigration and Child Welfare and can be found here: <http://cimmcw.org/resources/cicw-publications/research-briefs/>
- On October 22, 2018, Dr. Jay served as the keynote speaker for LGBTQ History Month at East Stroudsburg University. The title of the talk was "My So-Called Queer Latina Life: In Search of Authenticity, Connection, and Justice."
- Dr. Galarza was invited to serve a three year term on the editorial advisory board for the *American Journal of Sexuality Education*
- Dr. Galarza was invited to present a pre-conference workshop for the American Association of Sexuality Educators, Counselors, and Therapists (AASECT) 2019 Annual Confer-

Dr. Dara Bourassa

- Dr. Bourassa, along with Dr. Galarza and graduate student, Michelle Coughlin, presented at the INSINC conference on April 12, 2019. The presentation was titled "Collaborating with the Transgender Community on a TransAging Project: Limitations and Considerations".





FACULTY KUDOS



Dr. Dorlisa Minnick

- Dr. Minnick, Affiliate Scientist with the Center for Land Use & Sustainability, will serve as the Chair of the Cumberland County food System Alliance
- Dr. Minnick co-facilitated a Short-term Study Abroad trip with Dr. Cornell to Curacao over Spring Break with undergraduate and graduate students from the Geography and Earth Science Department.
- Dr. Minnick co-facilitated Safe Zone Training with Drs. Clements (April 3rd) and Galarza (April 4th). The training engaged faculty, staff, and students to become better advocates for the LGBTQ+ community on campus.
- Dr. Minnick participated in a two-day training at the Transgender Training Institute on April 6th and 7th and she is applying the new knowledge into her teaching and campus service.

Dr. Liz Fisher

- Dr. Fisher and Dr. Galarza presented at the annual conference of the Association of Baccalaureate Social Work program Directors meeting in Jacksonville, FL on March 14. Their presentation was titled, “Evolution & Revolution: Insights into Teaching a Gender Issues Course”



Dr. Andrea Barrick

- Dr. Barrick joined the board of directors at the Arc of Franklin and Fulton Counties.
- Dr. Barrick presented a paper with Dr. John Kilwein, West Virginia University, titled, “Congress and the Politics and Policy of Domestic Violence in Indian Country”, Midwest Political Science Association, April 5, 2019
- Discussant/Chair of Junior Scholar Symposium “What Divides and What Unites: Gender and Public Opinion”, Midwest Political Science association, April 6, 2019
- Awarded a grant from the SU Human Understanding Committee to provide and assess “death cafes” designed to discuss death & dying.

FIELD PLACEMENTS, FALL 2018

BSW Main Campus Students		
Student	Agency	Supervisor
Shakir Alexander-Noah	Shippensburg Community Resource Coalition	Laura Masgalas
Erin Best	Shippensburg Head Start &Pre-K Counts	Linda Butts
Ava Bonetti	Cumberland County Children & Youth Services	Lori Ruddy
Elias Cabrera	Chambersburg School District	Brandon Barnhart
Raymond Cwenar	Manor Care Chambersburg	Jason Nunnelee
Sara Fritz	Shippensburg Head Start &Pre-K Counts	Linda Butts
Allison George	Cumberland County Children & Youth Services	Trisha Fisher
Erica Givens	River Rock Newville	Jill Cappellett
Emily Greene	Shippensburg Community Resource Coalition	Laura Masgalas
Mary Hudzinski	SAMS, Inc.	Matt Yingling
Dymon James	Shippensburg Head Start &Pre-K Counts	Linda Butts
Kendall Johnson	Women In Need, Inc.	Becky Swope
Samantha Kalp	Penn Hospice	Kevin Deyarmin
Amanda Krashnak	Vision Quest	Lorrie Reddy
Cara Link	Hoffman Homes for Youth	Stacy Parsons
Emilie McMath	Evolution Counseling Services, LLC	Jeff Colbert
Jessica Miller	Children & Youth Services of Perry County	Megan Radel
Angela Presley	Franklin County Jail	Jessica Sterner
Mackensy Rafferty	The Salvation Army—Carlisle	Trinette Ream
Laura Shatzer	South Mountain Restoration Center	Mary Alleman
Rachael Slickers	Abraxas Youth and Family Services	Jim Telesky
Taron Townsend	Shippensburg Head Start &Pre-K Counts	Linda Butts
Catherine Wallace	River Rock-Spring Grove	Karly Sprenkle

MSW Foundation Year Students		
Student	Agency	Supervisor
Timothy Barcomb	Homewood at Plum Creek	Emily Gerlach
Zachary English	SpiriTrust Lutheran, the Village at Gettysburg	Erin Naylor
Amany Gabrah	Roxbury Treatment Center	Allison Flythe
Jesse Hundley	Alternative Behavior Consultants	Kim Sweger
Alexandra Jones	John Harris High School	Lauren Bricker
Rebecca Kichman	Loysville Youth Detention Center	Alexis Dwyer
Breyonna Mack	Bethany Village	John Bowen
Madeline Reed	YWCA	Dana Hippensteel
Kristi Rines	PA Coalition Against Rape (PCAR)	Jackie Strohm
Elizabeth Ricker	Bureau of Children's Behavioral Health Services	Amy Kabiru
Kameryn Socks	Shippensburg Head Start &Pre-K Counts	Linda Butts

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FIELD PLACEMENTS, FALL 2018

MSW Foundation Year Students (cont.)		
Student	Agency	Supervisor
Kimberly Summer	Children's Advocacy Clinic	Gary Shuey
Casey Thompson	Cumberland/Perry MH/IDD	Susan Carbaugh
Franklin Wood	The Salvation Army– Carlisle	Trinette Ream

MSW Specialization Year Students		
Student	Agency	Supervisor
Jessica Brangaccio	American Red Cross	Carolyn Clauson
Jennifer Braun	Jewish Family Service of Greater Harrisburg	Rachel Kuhr
Alicia Colon	Northwest Tri-County Intermediate Unit-5 Shippensburg Area School District	Ilona Burd
Rashad Curtis	Survivors	Terri Hamrick
Daniel Drachbar	Tuscarora School District	Rebecca Rock
Amber Fitch	Adams County Children & Youth Services	Jessica Coy
Kaitlin Foltz	Hilltop Academy	Theresa Shroyer
Tori Garber	Dover Area School District	Kirsten Johnson
Tia Garrison	Celtic Hospice	Hali Farrell
Kyrstal Griffiths	Roxbury Treatment Center	Allison Flythe
Alexis Harbour	Cumberland County Aging & Community Services	Rachel Albright
Sarah Herman	Diakon Family Life Services	Laurel Spencer
Victoria Karnas	The Shook Home	Julianne Craig
Taylor Kerns	Shippensburg Community Resource Coalition	Laura Masgalas
Marissa Kosko-Byler	Chambersburg Hospital	Michelle Flohr
Katie Krout	Cumberland Co. Aging & Community Svs.	David Mohr
Morgan Kunes	Tuscarora School District	Rebecca Rock
Myesha Long	Brethren Housing Association	Crystal Brown
Bria Mosley	Abraxas Community Based Programs	James Telesky
Kelly Overholtzer	Pyramid Healthcare	Kirsten Baehr-Gregorio
Sonja Payne	NASW-PA	Amy Sagen
Phoebe Painter	Pinnacle Health Systems	Lynn Shick
Brianna Peck	Family First Health	Kathleen McCadam
Cheyenne Port	Harrisburg School District	Vince Rogers
Christian Rock	Brook Lane of North Village	Mike Shea

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FIELD PLACEMENTS, FALL 2018

MSW Specialization Year Students (cont.)		
Student	Agency	Supervisor
Rhyan Rodriquez	Hilltop Academy	Erika Stiffler
Elizabeth Shaffer	Washington County Sunshine Center	Eddie VanMetre
Mary Shedkleski	Dauphin County Area Agency on Aging	Erin Frederick
Nathanael Skroban	Diakon Weekend Alternative Program	Anthony Stukes
Taylor Stoner	Hilltop Academy	Laura Morton
Pam Underkoffler	Hilltop Academy	Bridget Madden
Kara VanHorn	Hospice of Central PA	Susan Resavy
Nicole Weller	South Mountain– Safe House Program	Lorrie Reddy
Brice Williams	Washington County DHS	Elizabeth Saxon
Anna Wright	State Correctional Institution—Camp Hill	Sherly Johnson
Georgianna Yelton	SpiriTrust Lutheran Home Care & Hospice	Jodi Plitman

BSW Harrisburg Cohort		
Student	Agency	Supervisor
Martha Brown	CRAM, Inc.	Juanita Edrington-Grant
Jahaira DeJesus	SpiriTrust Lutheran Domestic Abuse Solutions	Juanita Sprengle Jones
Benjamin Fierer	Keystone Human Services	Shannon Brough
Jessica Hegedus	Discovery House CTC	Mary Barkal
Ciara Laudenslager	TW Ponessa– Lancaster County	Bethany Kyper
Jacy Luce	NASW—PA	Amy Sagen
Savannah Snyder	United Methodist Home for Children	Meredith Zimmerman
Joslyn Spiegel	Dauphin County Therapeutic After School Program	Lilly Knopic
Brittney Webster	National Alliance for Model State Drug Laws	Cheryl Dondero
Emily Wilson	Dauphin County Children and Youth Services	Rebecca Tweet

(Continues onto next page)

FIELD PLACEMENTS, SPRING 2019

BSW Main Campus Students		
Student	Agency	Supervisor
Charity Ahanonu	The Vista School	Violet Rush
Shannon Beers	Abraxas Youth & Family Services Non-Residential Treatment	James Telesky/Beth Baker
Tori Bender	Franklin County Jail	Jess Sterner
Gabrielle Gnias	VisionQuest	Alicia Grinnion
Haylie Gruntz	The Salvation Army-Carlisle	Trinette Ream
Joshua Hager	Pyramid Healthcare, Inc.	Katherine (Kathy) Beidel
Jordan Hagy	Shippensburg Community Resource Coalition	Laura Masgalas
Tressa Henry	Women in Need (WIN) Services	Becky Swope
Amanda Irwin	Franklin County Veteran Services	Justin Slep
Jonathan Krail	Yellow Breeches Educational Center-Plainfield	Chris Ondeck
Mary Lawshe	Shippensburg Head Start & Pre-K Counts	Linda Butts/Betty Carbo
Yesenia Lopez	Franklin County Children & Youth Services	Liz Johnston
Kathleen Martin	T.W. Ponessa & Associates Counseling Services, Inc.	Bethany Kyper
Katlyn Michaels	Chambersburg Area School District	Brandon Barnhart
Brenda Onzere	Shippensburg Community Resource Coalition	Laura Masgalas
Molly Richardson	Cumberland County Children & Youth Services	Trisha Fisher
Leah Rogers	Aristacare at Woodland Park	Patricia Fritz
Christianna Rudy	Adams County Children & Youth Services	Jessica Coy
Emily Schaefer	Chambersburg Area School District	Brandon Barnhart
Colton Sentz	River Rock Academy	Karly Sprenkle
Marissa Swope	Shippensburg University Head Start	Linda Butts/Betty Carbo
Kaleb Sylvain	Joshua Learning Center	Deb Miller
Catherine Wallace	Dover Area School District	Kirsten Johnson
Alexa Weyant	Twin Lakes Center Johnstown	Kelly Martinek
Eden Yahner	Quincy Village	Olivia Sykes/Stevie Grimm
Elizabeth Ziemba	Dauphin County Children & Youth Services	Amanda Ozenbaugh

Special thanks to all of the field instructors who contribute their time and expertise to help educate the next generation of social work practitioners!

Are you practicing social work and interested in becoming a field instructor for a BSW or MSW intern? Email Dr. Galarza at jgalarza@ship.edu for more information!

Update from the Shippensburg Community Resource Coalition (SCRC)

The Shippensburg Community Resource Coalition (SCRC) has been busy over the past couple of months with our summer and school programming! Our 2018 Summer Lunch Program was a huge success! We had 99 unduplicated youth this summer and served over 1,362 lunches! 24 people in the community volunteered and we had 18 guest presenters that donated their time and talents to teach our youth new skills, crafts, or healthy lifestyle choices. A grant from the Children's Home Foundation allowed us to go to Lake Tobias Wildlife Park for an extended field trip! We distributed 50 camp scholarships to youth in Shippensburg through the Partnership for Better Health's Youth Summer Scholarships. The scholarships ranged from \$40 to \$300, an average of \$199 per youth. Our Hound Packs program provided approximately 62 backpacks with 7 meals in each pack to food-insecure students in the Shippensburg Area School District. The Shippensburg University Homecoming Court selected Hound Packs as their philanthropy and they raised \$12,500! We are so grateful for their support of our program!

The Shippensburg Community Resource Coalition (SCRC) continues to grow with the addition of a Communities that Care grant from PCCD which provides funding for a full-time staff, a graduate assistant and 2 student workers through Shippensburg University. The full-time staff position is a Community Youth Mobilizer who will focus on community assessment, collaboration, and community building with respect to youth programming that is prevention

-orientated.

Laura Masgalas was hired as the Community Youth Mobilizer and Sonja Payne was hired as the Community Health Mobilizer for the Healthy Shippensburg project, funded by the Partnership for Better Health. Sonja will lead the Healthy Shippensburg Coalition, a task-driven coalition focused on the social determinants of health in Shippensburg.

SCRC also added two BSW interns for the fall and spring semesters and an MSW intern for the entire school year. We were excited to have these students working with SCRC Shakir Alexander-Noah, Emily Greene, Brenda Onzere, Jordan Hagy, and Taylore Kerns helped in many ways while gaining valuable generalist social work practice experiences. They helped to conduct stakeholder interviews for our next Community Needs Assessment, organized trainings about the social determinants of health and healthy community building, co-facilitated groups, planned activities and behavior management models, and provided general information and referrals services for people seeking help at Katie's Place.

SU published an insightful article about the SCRC in the Spring 2019 edition. It is available here: <http://www.sumag.org/issue-archive>

For more info about us or our programs, please visit the website: www.shipresources.org or email us at scrc@shipresources.org.

By: Sonja Payne, MSW



Shippensburg Community Resource Coalition



INSINC would like to offer great thanks to all of the guests and speakers that were in attendance at our 4th annual Social Inclusion and Social Justice Conference surrounding Collaborations! This year's conference kicked off with keynote speaker Maria Sotomayor, who is the Deputy Director of the Pennsylvania Immigration and Citizenship Coalition (PICC). Maria leads PICC's youth organizing project and education justice advocacy campaigns. This year's conference break-out sessions included presentations surrounding social inclusion, collaboration, and empowerment in macro social work practice, mental health, the disabilities community, and the aging transgender community. The lunch hour facilitation was a discus-



sion led by Shippensburg University's own Javahn Singleton, and his accompanying family members Mr. Gerald Singleton, his brother, and Ms. Juankenia Williams, his mother. This lunch hour discussion featured Javahn's journey through life as an individual with disabilities who had to overcome a number of adversities with the help and support of his family. Javahn currently represents Shippensburg University on the football team, and within the Communications/

Journalism Department. Students from a variety of states across the nation came and represented their



work through poster presentations that followed the lunch time discussion. Conference attendees were able to connect and collaborate on a number of projects that were displayed through student posters. Unique to this year's conference was the addition and inclusion of Shippensburg University students' poetry which closely tied in to many of the conference break-out sessions related to oppression, mental health, and sexuality. This year's conference had nearly 100 attendees, and was well-favored among professionals and students. As part of an effort toward continued collaboration, many presentations are featured on INSINC's website for anyone who wishes to view them at www.ship.edu/insinc. Thank you to all who helped with conference preparations, and who were able to attend this year's conference!

By: Sarah Herman, MSW

INCLUSIVE BASKETBALL

As the 2018-2019 academic year comes to a close, the Department of Social Work and Gerontology would like to once again reflect on the successes of the Inclusive Basketball program at Shippensburg University. On most Saturdays of the academic semester, students from a variety of majors and organizations joined with community members of varying abilities to play pick-up games of basketball in Henderson Gymnasium. Inclusive Basketball is a Student Senate recognized organization that works to create an inclusive environment for members of all ages regardless of ability or skill level. Particularly familiar with the Inclusive Basketball program are the undergraduate social work students at Ship! Many of these students are regular attendees of Inclusive Basketball and engage with the program far beyond their volunteer expectations as many of these individuals have come to truly enjoy working with participants with disabilities. This year, Jaida O'Neal Sloane (a social work student) has worked alongside of the Graduate Assistant, Sarah Herman, in coordinating fundraising efforts, maximizing student senate involvement, and conducting research on the organization. Jaida serves as the organizations' President, and has helped to bring about new ideas and activities.



On October 27th, the Shippensburg University Men's Basketball Team joined Inclusive Basketball for a Saturday filled with lots of ener-

gy



in

Henderson Gymnasium! This gave participants a chance to really see what being on a collegiate team is all about, and gave the basketball team members an opportunity to share some of their talents as well. Some of the Inclusive Basketball participants even found themselves making great friends and mentors just through a short game of pick-up basketball. This is the second year in a row that the men's team has joined Inclusive Basketball for a game, and with the success this collaboration has shown again this year, Inclusive Basketball is hopeful to collaborate again with the men's team for future events as well. Inclusive Basketball would like to offer special thanks and best wishes to Coach Fite, the entire coaching staff, and the Shippensburg University Men's Basketball Team in their endeavors. In the 2019 spring semester, Inclusive Basketball welcomed the volunteer efforts of the Shippensburg Community Resource Coalition's Teen Leadership Group and the Shippensburg University Panhellenic Council. Continued volunteer efforts came from a number of Greek Life organizations, and as always our dedicated student volunteers.

Inclusive Basketball is continuously grateful for the opportunity to create an inclusive environments for our students and community members!

By: Sarah Herman, MSW

BSW SENIOR PRESENTATIONS

Near the end of the **Fall & Spring semester**, students in the Bachelor of Social Work program presented their research projects that they completed at their field placement agencies. The students shared their experiences of being at their field placement, their findings from their research, their social work journey, and their plans for the future. Faculty, students, field instructors, friends, and family were invited to attend the celebration of the students' hard work throughout the semesters.

Congratulations to the seniors!



Fall 2018

Pictured: Main Campus 2018 BSW seniors with social work faculty



Pictured: Shaker Alexander-Noah and Raymond Cwenar



Pictured: Harrisburg BSW seniors with social work faculty

BSW SENIOR PRESENTATIONS (cont.)

SPRING 2019

Pictured: Main Campus 2019 BSW seniors with social work faculty



Pictured: Shannon
Beers & Catherine
Wallace

ROBERT L. HEWITT VISION FOR EXCELLENCE IN SOCIAL WORK

On December 6th, Dr. Fisher, Department Chair, and Laura Masgalas, Advisory Committee Member, presented two students with the Robert L. Hewitt Vision for Excellence in Social Work Scholarship Award. The scholarship is named in honor of Dr. Robert L. Hewitt, who was a professor in the Department of Social Work and Gerontology for 21 years. The scholarship began in 1997. As the scholarship award has grown, the department has decided to expand the number of students who receive the award. Eligible students apply for the scholarship by writing an essay about what excellence in social work means to them. Applicants must be a senior in the BSW program, have a social work GPA of a 3.0 and an overall GAP of a 2.5 in order to be eligible. The finalists exemplify what excellence in social work means and show promise in the field of social work. This year's recipients were **Emily Greene** and **Cara Link**.



Pictured (left to right) Dr. Fisher, Emily Greene, Cara Link & Professor Laura Masgalas

CONGRATULATIONS TO THE BSW GRADUATES OF FALL 2018!

Shakir Alexander-
Noah

Erin Best

Ava Bonetti

Elías Cabrera

Raymond Cwenar

Sara Fritz

Allison George

Erica Givens

Emily Greene

Mary Hudzinski

Dymon James

Kendall Johnson

Samantha Kalp

Amanda Krashnak

Cara Link

Emilie McMath

Jessica Miller

Angela Presley

Mackensy Rafferty

Laura Shatzer

Rachael Slickers

Taron Townsend

CONGRATULATIONS TO THE BSW GRADUATES OF SPRING 2019!

Charity Ahanonu

Shannon Beers

Tori Bender

Gabrielle Gñias

Haylie Gruntz

Joshua Hager

Jordan Hagy

Tressa Henry

Amanda Irwin

Jonathan Krail

Mary Lawshe

Yesenía Lopez

Kathleen Martin

Katlyn Michaels

Brenda Onzere

Molly Richardson

Leah Rogers

Christianna Rudy

Emily Schaefer

Colton Sentz

Marissa Swope

Kaleb Sylvain

Catherine Wallace

Alexa Weyant

Eden Yahner

Elizabeth Ziemba

CONGRATULATIONS TO THE BSW HARRISBURG COHORT GRADUATES OF FALL 2018!

Martha Brown

Jacy Luce

Jahaira DeJesus

Savannah Snyder

Benjamin Fierer

Joslyn Spiegel

Jessica Hegedus

Brittney Webster

Ciara Laudenslager

Emily Wilson



Shippensburg University's Department of Social Work and Gerontology offer students the opportunity to continue their journey in our Bachelor of Social Work degree completion program at the Dixon University Center (DUC) in Harrisburg, PA. The BSW Cohort offers small classes for an inclusive, experiential learning environment that promotes collaboration between peers and expert faculty. Congratulations to this cohort and we wish them the best of luck!

The next enrollment for the Harrisburg cohort program will be fall 2020. Visit here for info:

https://www.ship.edu/pcde/programs/bsw_cohort/

CONGRATULATIONS TO THE MSW GRADUATES OF 2019!

Morgan Bechdel	Sarah Herman	Christian Rock
Jessica Brangaccio	Victoria Karnas	Rhyan Rodriguez
Jennifer Braun	Taylor Kerns	Elizabeth Shaffer
Alicia Colón	Marissa Kosko-Blyler	Mary Shedleski
Rashad Curtis	Katie Krout	Nathanael Skroban
Daniel Drachbar	Myesha Long	Taylor Stoner
Amber Fitch	Bria Mosley	Pam Underkoffler
Kaitlin Foltz	Kelly Overholtzer	Kara VanHorn
Tori Garber	Sonja Payne	Nicole Weller
Tia Garrison	Phoebe Painter	Brice Williams
Kyrstal Griffiths	Brianna Peck	Anna Wright
Alexis Harbour	Cheyenne Port	Georgianna Yelton
Kayla Hart		



MSW students were able to celebrate with faculty, peers, family and friends at the **MSW Reception** that was held before the graduation ceremony. It was an event filled with a lot of love and support. The department wishes all the graduates the best of luck with their future endeavors!

ALUMNI

Spotlight



Alaysha Rector graduated from the BSW program at Shippensburg University in 2001 and from the MSW program in 2009. Alaysha went on to obtain her LCSW and she currently works as a mental health therapist in private practice and as an adjunct professor at Shippensburg University. Alaysha wanted to get involved in the teaching profession because she wanted to be a leading voice for students who would one day be her colleagues and peers in the social work profession. Alaysha is thankful that the social work programs at Shippensburg University stressed and provided the necessary skills needed to build rapport with clients. This is important because it allows her to not only connect with her clients, but people in general. The ability to relate with others has opened many doors for her as a professional, and others trust her when they need help. Alaysha's daily motto is to help make a difference whether it be big or small, and she strives to help be that big or small difference in the lives of the people around her.

Julianne Craig graduated from Shippensburg University in 2015 with a B.A. in Psychology and she obtained her MSW from Ship in 2017. Currently, Julianne is the Director of Social Services and Marketing at The Shook Home in Chambersburg, PA. Julianne thanks the MSW program at Shippensburg University for the relationships and professional network that she has gained through her cohort and internships. Julianne's specialization year internship was at The Shook Home, which she says provided her with the practice experience that helped her grow professionally as a social worker.

Julianne is also a field supervisor for MSW students interested in nursing home social work and she enjoys being able to contribute back to her alma mater. Julianne is appreciative of her time at Shippensburg University and, like her field supervisors did for her, she enjoys guiding MSW interns as they go through their internship experience and grow as a social worker.



Are you a BSW or MSW alumni? Share what you've been up to since graduation for the next Social Work & Gerontology newsletter!

Email your updates to Dr. Fisher at EAFish@ship.edu

Social Work and Gerontology Advisory Council Plays Important Role in our Programs' Success

Our department Advisory Council provides a valuable resource to all our programs. Made up of social workers throughout the region, many of whom are alumni, (see below) the members of the Council keep us grounded in our relevance to today's social service world in a variety of ways. The Council usually meets once a semester for a dinner meeting on campus. At this meeting, council members hear reports on what is happening in the programs and share feedback and updates from the social workers in the area about what their agencies are doing and how we may work together to better educate students and serve clients. Members of the Council also assist faculty with Professional Standing application review each semester and several serve as either field instructors or adjunct instructors. Additionally, the Advisory Council created the Robert L. Hewitt Vision for Excellence in Social Work BSW Scholarship through the SU Foundation many years ago. Each fall Advisory Council members review the applications of seniors in our BSW program who demonstrate "vision" in regard to social work as a profession and career.

If you would like to become a member of the Advisory Council please contact Linda Butts, our current Council chairperson, at labutts@ship.edu or Dr. Liz Fisher, Dept. Chair, at eafish@ship.edu.

We would like to thank the following recent members of the Advisory Council for their time and commitment to Shippensburg University Department of Social Work and Gerontology.

Dorothy Andrews, MSW	Adjunct Instructor and BSW Alum
Linda Butts, MSW	BSW and MSW Alum, Shippensburg Head Start Director, Chair of Advisory Council
Sue Carbaugh, MSW	BSW Alum, Cumberland County IDD.EI Director
Nicole Crisp, MSW	BSW Alum; Cumberland County Children and Youth Services Director
Dianne Elsom, LCSW	Community Private Practitioner; CenterPoint Counseling and Consulting
Cecilia Luna, MSW	BSW and MSW Alum; PA Department of Health
Laura Masgalas, MSW	BSW and MSW Alum, SCRC Community Youth Mobilizer
Robin Moore, MSW	BSW and MSW Alum
Mary Grace Shearer, MSW	BSW Alum and Administrator, The Episcopal Home
Jim Telesky, MSW	BSW and MSW Alum, Senior Supervisor, Harrisburg Abraxas Student Academy
Becky Van der Groef, MSW	BSW Alum, Hoffman Homes, Vice President of Clinical and Residential Programs
Gail Witwer, BA in Social Work	BSW Alum, Partnership for Better Health, Carlisle
Sam Benbow, Ed.D.	Faculty and BSW Alum
Dara Bourassa, Ph.D.	Faculty, Gerontology Director
Jen Clements, Ph.D.	Faculty, BSW Field Coordinator
Liz Fisher, Ph.D.	Faculty, BSW Director and Dept. Chair
Marita Flagler, Ph.D.	Faculty, MSW Co-Director
Jayleen Galarza Ph.D.	Faculty, MSW Field Co-Coordinator



SOCIAL WORK HAPPENINGS

"Be the change you wish to see in the world" -Ghandi

