Quick Tips to Remember When Scheduling!

- Schedule a meeting with your advisor ASAP! Contact your advisor multiple weeks before the scheduling period begins. They can answer any questions you may have about your coursework.

- Have your schedule planned out and have ideas for possible classes. Check ‘degree audit’ to find the classes you need to fit your major/minor or general education requirements.

- When meeting with your professor make sure to ask for your individual PIN number, write this down, and don’t lose it! Without a PIN you CANNOT schedule classes.

SUMMER 2015 CLASS INFORMATION

Summer courses are a great way to catch up on a few extra credits or jump ahead a few credits! There are two sessions of classes offered for this upcoming summer. As you schedule for the fall semester you can also schedule for summer classes as well. Some of classes are online and some classes are here on Shippensburg’s campus.

THERE ARE TWO SESSIONS OF SUMMER CLASSES

- SUMMER SESSION A: Monday May 18th - June 26th
- SUMMER SESSION B: Monday June 29th - August 7th

Contact ASSA or your advisor for more information!
Spring Semester Important Dates

Friday March 6th: Early Warning grades are Due
Friday March 6th: Spring Break begins at 4:00pm
Monday March 16th: Spring Break ends, classes resume at 8:00am
Monday March 30th: Scheduling for Summer and Fall 2015 Begins
Tuesday March 31st: Final Day to Withdraw from classes

Monday April 27th: Schedule Clean Up begins
Monday May 4th: Finals Week begins
Friday May 8th: Graduate Commencement Ceremony
Saturday May 9th: Undergraduate Commencement Ceremony
Thursday May 14th: Grades are Due Online for Spring 2015

Attention

A big change is coming in 2016. As a Student-Athlete you will be required to hold a QPA of at least 2.0 at all times. A QPA of under a 2.0 will render you ineligible academically and you will not be able to participate in athletics!
The information listed is based on 18 intercollegiate athletics teams. 472 student-athletes represented Shippensburg University during the 2014 fall semester.

- The semester QPA for all student-athletes was a 2.90.
- The semester QPA for men’s athletics was a 2.74.
- The semester QPA for women’s athletics was a 3.11.
- Five percent of all student-athletes earned a 4.0 QPA.
- Twenty-six percent of all student-athletes earned Dean’s List, a QPA of 3.50 or higher.
- Fifty-one percent of all student-athletes earned a 3.0 semester QPA or higher.
- Congratulations to Women’s Cross Country on compiling the highest QPA for the fall 2014 Semester!
A graduate and former student-athlete of Shippensburg University, Stu Singer felt at home while speaking to Shippensburg’s current student-athletes and coaches. With the student-athletes, he addressed the “Fear of Failure” and how it can affect performance in athletics. Singer stated “fear is the prediction of something that may happen, but since no one can predict the future, it is not worth worrying about”. He also focused more on the mental side of training. If you want to be successful you must train your mind to focus on the skills or tasks at hand. Failure happens, but it allows the athlete to “come back stronger than before because that failure taught them to work even harder for a taste of success” said Singer. For the full story check out Shippensburg’s Natalie Eastwood’s full article. (http://www.shipraiders.com/news/2015/2/3/GEN_0203153743.aspx)

On February 11th Shippensburg University hosted a Leadership Conference which focused on the guest speaker Vince Papale. Former Philadelphia Eagle spoke about various adversities he had to overcome to become a free agent. Walking into try outs he was one of the few men that didn’t play college ball. Throughout his life he was told that he was going to fail, especially now. Overcoming and pushing through the negativity he completed his dream of becoming an Eagles football player. Not only did he make the team he became a star athlete and Captain of the Special Teams. Papale spoke about the struggles and successes he faced in his life. The blockbuster film “Invincible” tells his inspirational story, starring Mark Wahlberg. Vince Papale continues to inspire, motivate, and give back to the community in which he grew up in. For more information visit Vince’s website www.vincepapale.com.
Shippensburg University held its fourth annual Scholar-Athlete and Faculty/Staff Luncheon on Mon., Feb. 16, in the Tuscarora Room. The event recognized student-athletes with a cumulative grade-point average of 3.25 or higher and afforded them an opportunity to share their appreciation with a chosen faculty or staff mentor. The program listed 175 SU student-athletes who currently hold "Scholar-Athlete" status. Dr. Alison Dagnes was the keynote speaker and Dr. William Braun received the ‘Faculty of the Year’ award. Both faculty members were recognized for their outstanding mentorship of SU student-athletes.

For the scholar-athlete luncheon program and Bill Morgal’s full article go to:

Thanks to Kate Diltz - Primary Contributor to this edition of Victory Vibe.