DEPARTMENT OF RECREATION

ShipRec
Shippensburg University
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www.ship.edu/recreation

REC HOTLINE
717 - 477 - 1561

#1 - Hours of Operation for ShipRec & Heiges Field House Pool

#2 - Lighting Schedule for Student Recreation Complex & Tennis Courts

#3 - Intramural Schedules

#4 - Club Sport List

#5 - Group Fitness Class Schedules

RECREATION
INTRAMURALS & CLUB SPORTS

2018 - 2019
The Department of Recreation is committed to providing a variety of structured opportunities to the Shippensburg University community which encourage healthy and active lifestyles, social interaction outside of the classroom, and student development through open recreation activities, and involvement with intramural and club sport programming.

Intramurals

Intramural leagues and tournaments are held on the Shippensburg University campus and are open to the University community (students, faculty, and staff).

An informational meeting is held prior to the start of each league and meeting information is shared through all available campus media outlets. Intramural meeting representation is a prerequisite for roster submittal. If an individual does not have a team, he/she may contact the Department of Recreation and request to be listed as a free agent. An attempt will be made by the department to find a team for the individual.

The intramural program consists of men’s and women’s leagues. If the Department of Recreation determines participation by one gender is insufficient to provide an opportunity for quality competition, individuals may be permitted to form co-ed teams.

A summary of intramural policies and procedures is found in the Intramural Participant Handbook located on the Department of Recreation website. Individuals seeking information regarding upcoming intramural meetings are encouraged to email rec@ship.edu and request to be added to the Intramural Distribution List.

Club Sports

The Shippensburg University Club Sports Program provides opportunities for students to participate in competitive sports activities. Club sports programs compete against outside institutions and each club is formed and governed by students within guidelines established by the Shippensburg University Student Government Association and the Department of Recreation. Within this framework, the focus and programming of each club will vary with the dynamics of student leadership.

A summary of club sport policies and procedures is found in the Club Sports Handbook located on the Department of Recreation website. Individuals with questions are encouraged to contact club leadership. Club contact information is located on the department website and club leadership may be identified on the ShipLink portal (requires SU Login).